# NSW Institute of Psychiatry

## Annual Report and Financial Statements

## For year ended 30 June 2013





### Letter to the Minister

The Hon. Kevin Humphries, MP Minister for Mental Health

Level 33 Governor Macquarie Tower 1 Farrer Place SYDNEY NSW 2000

Dear Minister,

In accordance with the provisions of the Annual Report (Statutory Bodies) Act 1984, I have much pleasure in enclosing the 49th Annual Report of the New South Wales Institute of Psychiatry for the year ended 30 June 2013 for tabling in Parliament.

Yours sincerely

Judge Helen Syme Chair NSW Institute of Psychiatry Board

### Foreword

I am pleased to present this Annual report detailing the activities of the Institute for the financial year July 2012– June 2013.

The reporting period has seen a significant increase in the number of Customised Off-Campus Courses commissioned and conducted with total participants rising from 480 in the last reporting period to 1,249 for this period. Participation across all Institute education programs combined has increased significantly with greater use of e-technologies. The most significant increase being the number of participants in Special Projects. The Mental Health Online Development Program (MHPOD) ended the reporting period with 3,400 registrations. SAFE START Assessment and Screening Online Training has had 1,679 Health Professionals complete training to date.

The continued development of the Institute's capacity to produce quality programs using online resources including podcasts, webinars, and e-learning modules is central to meeting the workforce needs for accessible mental education for the broader mental health workforce, consumers and the community.

A significant achievement during the reporting period was the successful application for reaccreditation of the Master of Psychiatry program under the new Commonwealth accrediting body, Tertiary Education Quality Standards Agency (TEQSA) for the maximum period, seven years.

It is noteworthy that this reporting period has continued to see an increase in the number and range of projects undertaken at the Institute. Continuing or completed projects, all well received, are noted in the body of this Report. Two innovative new projects warrant mention: Aboriginal Mental Health Workforce Training - Grief & Loss designed to enhance the social and emotional well-being in Aboriginal Communities; and Mental Health Community Assessment and Acute Treatment Services (MHCAATS) Training designed to equip acute care teams to provide person centred, recovery oriented approaches to crisis resolution and intensive home treatment as an alternative to hospital.

The Institute, through its engagement with key stakeholders and its various education programs and projects, will continue to challenge stigma; further the recovery paradigm; promote collaborative partnerships with consumers, carers and families; foster best practice mental health care in the community as a priority option; and promote the right to participate fully in community life and lead meaningful lives for those with mental health concerns.

I would like to commend the members of the Institute Board and committees, all Institute staff, and other contributors for their significant work over the past year. I would also like to thank the many participants undertaking Institute programs for their continuing support of our activities.

Adjunct Professor Ros Montague Director NSW Institute of Psychiatry

## Contents

#### VISION AND MISSION

Our Vision	7
Our Mission	7
Goals and Strategic Priorities	7
Strategic Direction	7
Educational Philosophy	7
Our Charter	7
Aims and Objectives	7
Highlights and Achievements	8

#### PEOPLE, POLICIES AND PLANS

#### EDUCATION AND RESEARCH

Summary of Course Activity 2012-2013	
Multidisciplinary Postgraduate Education	
Continuing Professional Development (CPD)	
Medical Education	
Community, Consumer and Carer Education	
Customised Courses (Off-Campus)	
Special Projects	
Fellowships	51
Research Applications/Ethics Committee	53
World Health Organisation	53
Resources (Database/eLearning/IT/Library/Publications)	
Staff Activities, Memberships and External Teaching	
Committees	
Teaching Personnel	

#### FINANCES

## Vision and Mission

## Vision and Mission

**Our Vision:** Good mental health and optimal mental health care through education and research.

**Our Mission:** The NSWIOP aims to provide a quality learning and research environment to the mental health workforce and the wider community.

#### **Our Goals/Strategic Priorities**

1. To provide education that promotes mental health

- 2. To provide broad access to mental health education
- 3. To deliver high quality mental health education
- 4. To support development of a sustainable mental health workforce

5. To influence support and promote development and delivery of National and State mental health policies

#### **Our Strategic Direction:**

- 1. Promote understanding of mental health and mental illness
- 2. Respond proactively to the needs of our students and other clients
- 3. Foster existing/build new partnerships to promote mental health education
- 4. Make informed choices about technology and other innovative educational strategies
- 5. Support a culture of quality and continuous improvement
- 6. Respond to changing environment and be ready for new risks and opportunities
- 7. Maintain statutory obligations

**Our Educational Philosophy:** The NSWIOP programs provide an integration of contemporary knowledge with clinical skills and ethical practice.

## Charter, Aims and Objectives

**Our Charter:** The New South Wales Institute of Psychiatry was established under the New South Wales Institute of Psychiatry Act, 1964, No. 44. The purpose of this Statutory Body is to promote education in mental health; and to foster research into mental illness and disorders.

**Our Aims and Objectives:** The following are the aims and objectives for which the New South Wales Institute of Psychiatry was established:

- to assist and foster research and investigation into the causation, prevention, diagnosis and treatment of mental illness;

- to assist and foster postgraduate education and training in psychiatry;

- to design programs of training in psychiatry for medical practitioners to meet the requirements and standards of authorities which are recognised by the Institute and which conduct examinations for postgraduate degrees and postgraduate diplomas in psychiatry;

to prescribe programs of training in mental health for non-medical groups approved by the Institute;

- to coordinate, as far as is practicable, programs of research and investigation into the causation, prevention, diagnosis and treatment of mental illness and disorders.

The Institute is a statutory body, independent of any individual university or teaching institution. Under the terms of its Act of Parliament, the Institute is committed to initiating and encouraging research into all aspects of mental health, playing an active role in the training of mental health professionals and fostering the advancement of mental health education in New South Wales.

## Highlights and Achievements

The past reporting period to 30 June 2013 has seen considerable achievements, of which all staff should be justifiably proud. Following are several of the major highlights of the period:

#### National Conference: Advances in Clinical Supervision: Innovation and Practice

In June 2013, an inaugural National Conference on Clinical Supervision was held over three days at the Arial UTS Function Centre. Day 1 consisted of 6 x half-day workshops and the remaining two days consisted of 5 x 90 minute workshops, 2 x 45 minute workshops, 25 x 30 minute papers, 3 x poster presentations. There were 7 invited speakers and 4 keynote addresses. Registrations for all sessions exceeded expectations with over 200 delegates in attendance. All members of the NSWIOP were involved in organizing the conference with the assistance of key committee members. A student scholarship for attendance at the conference was awarded to a Master student (from the Family Therapy program). Attendees were both national and international. The conference generated a profit and further business was generated as a result of the conference. An eMonograph of papers submitted from the conference will be published in October 2013.

#### Aboriginal Mental Health Workforce Training – Grief & Loss

As part of NSW Health's whole of government NSW Suicide Prevention Strategy 2010-2015, the NSWIOP was selected through a competitive tender process to develop and deliver a training, resource and support package. The project aims to support Aboriginal Mental Health Workers in addressing the multiple grief and loss issues for Aboriginal people which have been identified as a significant contributor to the low level of social and emotional wellbeing in many Aboriginal individuals and communities. Achievements to date include learning needs analysis completed (69 respondents), focus groups conducted (60 participants), development of learning materials, and a number of pilot training sessions scheduled for July and August 2013. The full roll-out of the training across NSW will take place during 2014.

#### Higher Education Reaccreditation – Master of Psychiatry and Family Therapy programs

Following successful re-accreditation of the Institute's multidisciplinary postgraduate degrees in the last reporting period, successful re-accreditation of the Master of Psychiatry program was achieved during the period under review. The course was reaccredited with the Tertiary Education Quality and Standards Agency (TEQSA) for the maximum period of seven (7) years. This is a significant achievement for the course and gives students and other stakeholders confidence that the qualification is recognised throughout Australia and internationally as equivalent to a Master's degree from any university. Application for re-accreditation for the Family Therapy Programs (Graduate Certificate, Graduate Diploma and Masters) was submitted to TEQSA at the end of February 2013 and is currently being reviewed.

#### MHPOD (Mental Health Professional Online Development) Project

This program is a National and State priority to support knowledge and skill development within the Mental Health Workforce. In NSW, the Training has had significant uptake, with over 3,400 mental health staff registered on the Learning Management System (to date), and a further 2,000 licences for NSW having been approved. In the near future the 70 hours of training contained in MHPOD (45 topics) is to be enhanced with the addition of 13 new topics (an increase of 20 hours of learning). Currently eight of the 13 new modules have been released; a further 5 are expected later in 2013.

#### MHCAATS (Mental Health Community Assessment and Acute Treatment Services) Project

This project developed a clinically effective and evidence based training program to equip acute care practitioners to work in effective and capable community based teams, to provide person centred, recovery oriented approaches to crisis resolution and intensive home treatment as an alternative to hospital admission.

#### Flourish Festival Parramatta: Mental Health Month Community Event

In October 2012, NSWIOP hosted and facilitated "Flourish Festival Parramatta" a major community event in Parramatta for Mental Health Month. The aim of Flourish Festival Parramatta was to raise awareness and reduce discrimination around issues of mental health in the local community. In conjunction with the theme of mental health month of "Celebrate, Connect and Grow", the NSW Institute of Psychiatry and a number of local organisations worked in collaboration to host a one day festival offering the community a range of performances and activities, from art workshops, laughter yoga, lived experience talks and information and resources, to promotion of discussion about and investment in mental health and wellbeing. In addition to the one day event, several other mental health promotion activities were offered during Mental Health month as a result of collaborations with community organisations, including a mental health film festival.

#### Infrastructure upgrades and renovations

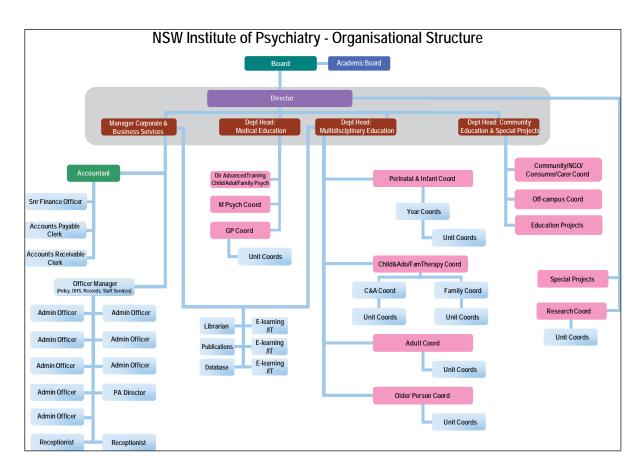
Partial completion of Phase 3 of the major infrastructure upgrade was achieved during the reporting period. Thus far the infrastructure upgrade project has involved: Reconfiguration and design of the entrance area to accommodate a reception, office and waiting area as well the refurbishment of kitchenette; Renovation of lecture rooms and installation of state of the art audio-visual technologies; Major refit of air-conditioning systems; Implementation of a modern lateral filing system; Improved aesthetics of main buildings, with fresh paint and carpet throughout, and upgrades to amenities.

#### AusAid Pacific Public Sector Linkages Mental Health Education and Training Project

This partnership of NSWIOP with AusAID, NSW Mental Health Drug & Alcohol Office and the Ministries of Health of the Federated States of Micronesia, Marshall Islands, Palau and Papua New Guinea aims to increase the capacity of local staff to deliver quality mental health care with respect for human rights. It is a further expansion of NSWIOP's role as a WHO Collaborating Centre supporting the development of quality mental health services in our neighbouring developing countries. During this reporting period a 9-month Mental Health Leadership Development Program was commenced. Each partner country nominated from 3 to 5 people to participate in the program which included attendance at a one-week intensive workshop at NSWIOP in Sydney in April and a requirement to complete a project co-supervised by NSWIOP and home country supervisors.

## People, Policies and Plans

## Organisational Structure



## Membership of the Board

The Board held six regula	ar meetings during	the period. Atter	ndance was as follows:

Her Honour Judge Helen L Syme – Chair	6
Ms Diardra Dunne – Representative of Allied Health Professionals	6
Mr Phil Escott – Consumer Interests	6
Professor Timothy Lambert – University of Sydney	2
Mr David McGrath (or delegate) – NSW Ministry of Health	2
Adj Prof Ros Montague – The NSW Institute of Psychiatry	6
Professor Brian Kelly – University of Newcastle	1
Dr Nicholas O'Connor – Royal Australian and New Zealand College of Psychiatrists	4
Dr Andrew Wilson – Business Sector	4
Ms Joanne Seymour – Australian College of Mental Health Nurses	5
A/Prof Julian Trollor – University of New South Wales	2

Professor Brian Kelly completed his term on the Board in August 2012.

Professor Timothy Lambert resigned from the Board on 21 February 2013.

## Staffing of the Institute

The Institute's team comprising of skilled allied health and professional staff work hard to advance the Objectives of the Institute's Act. The Institute's workforce combine passion and experience to further promote accredited education and training programs of excellence in mental health in Australia. The following Institute staff are employed as at 30 June 2013:

Ms Lauren Arcuri, Project Officer; Mr Peter Bazzana, Education Officer; Ms Martha Birch, Coordinator; Mr Michael Blair, Project Officer - MHPOD; Dr Michael Bowden, Head of Medical Education; Ms Zenaida Brilliante, Senior Finance Officer; Dr Kerri Brown, Head of Multidisciplinary Mental Health Education; Ms Victoria Brown, Administrative Officer; Ms Danielle Byers, Head Community Mental Health Education and Projects; Ms Cherie Carlton, Coordinator Community Mental Health Education; Mr Tim Coombs, Project Coordinator; Ms Rosemary Dickson, AMHOCN Network Coordinator; Ms Marion Cheeseman, Administrative Officer; Mr Darren Cheney, IT Project Officer; Ms Fiona Church, Receptionist; Ms Agnes D'Souza, Administrative Officer; Ms Geraldine Durcan, Office Manager; Ms Julia George, Business Manager; Mr Rich Glover, Accountant; Ms Gail Gregory, Director Corporate Business; Ms Elizabeth Hay, Project Officer; Mr Mike Hayden, Project Officer Mental Health Education; Mr Anthony Hillin, Project Officer; Ms Julie Kane, Project Officer; Ms Erica Khattar, Administrative Officer; Ms Amanda Kiellor, Administrative Officer; Dr Nick Kowalenko, Coordinator Perinatal and Infant Mental Health Programs; Dr Sonia Kumar, Project Coordinator, Master of Psychiatry/Postgraduate Course in Psychiatry; Dr Magella Lajoie, Director of Advanced Training, Child, Adolescent and Family Psychiatry; Dr Ros Markham, Research Coordinator; Adjunct Professor Ros Montague, Director; Ms Joanne Morgan, Receptionist; Mr Alam Muhammad, Accounts Receivable; Ms Luisa Mulholland, Administration Officer; Mr Neil Mulholland, IT Officer; Dr Louise Nash, Project Coordinator, Master of Psychiatry/Postgraduate Course in Psychiatry; Mr Joshua Onikul, Support Project Officer (AMHOCN); Dr Diba Pourmand, Education Officer; Ms Bederina Rayne, Project Officer (AMHOCN); Dr Therese Roberts, GP Consultant/Project Officer; Dr Amanda Rosso Buckton, Course Coordinator Mental Health Education for GPs; Ms Christine Senediak, Senior Project Officer; Mr Manpreet Singh, Accounts Payable Officer; Ms Kathy Solanki, Coordinator; Ms Melanie Walker; Records Officer; Mr Paul Walker, IT Project Officer; Mr David Wong-See, Information Services for Library Project Officer; Ms Megan Wynne-Jones; Aboriginal Grief & Loss Project Officer.

Ms Neda Dusevic, Project Officer (AMHOCN) resigned 15 February 2013.

Dr Amanda Rosso Buckton, Course Coordinator Mental Health Education for GPs commenced on 29 August 2012; Ms Bederina Rayne, Project Officer (AMHOCN) commenced on 14 May 2013, Ms Fiona Church, Contracts Officer commenced on 22 May 2013; Ms Gail Gregory, Director Corporate Business commenced 19 February 2013; Mr Joshua Onikul, Support Project Officer (AMHOCN) commenced on 13 August 2012; Ms Luisa Mulholland, Administration Officer commenced on 3 September 2012; Dr Magella Lajoie, Director of Advanced Training, Child, Adolescent and Family Psychiatry commenced on 16 July 2012; Ms Megan Wynne-Jones; Aboriginal Grief & Loss Project Officer commenced on 18 June 2013 and Ms Melanie Walker, Records Officer commenced on 21 May 2013.

### **Executive Officers**

Number of Executive positions SES Level 1 or aboveat 30/6/131at 30/6/121

Number of female SES Executive Officersat 30/6/131at 30/6/121

## External Coordinators

The Course Coordinators and Unit Coordinators assist with the design, delivery and evaluation of various programs offered. These personnel have extensive expertise and experience in the programs they are contracted to oversee. During the period to 30 June 2013, the following external staff and contractors oversaw the coordination of units and courses:

Ms Toni Ashmore: Trauma and Mental Health 2

Ms Noela Byrne: Infant and Young Child Observations, Perinatal & Infant Mental Health

Dr Raphael Chan: Mental Health Assessment of Infants, Children, Youth and Families

Ms Lisa Clement: Therapeutic Perspectives in Child and Adolescent Mental Health

Ms Judy Coles: Special Topics in Family Therapy

Ms Natalie Cutler: Mental Health Emergency Care

Ms Michelle Everett: Therapeutic Perspectives in Adult Mental Health; Trauma and Mental Health 1 & 2

Ms Daniela Francavilla: Mental Health for Health Care Interpreters

Mr Chris Hardwick: Introduction to Cognitive Behaviour Therapy

Mr David Hong: Clinical Consultation 2 (Family Sensitive Therapy)

Dr Glenn Larner: Simulated Practice; Core Skills in Family Sensitive Practice; Off Campus Family Therapy

Ms Lily Lee: Mental Health Problems of Childhood and Adolescence 2

Ms Chris McCabe: Trauma and Mental Health 1

Ms Regina McDonald: Managing Challenging Behaviours in Old Age

Mr Ron Perry: Clinical Consultation 3 (Family Therapy)

Ms Tiina Poorm: Clinical Consultation 1 (Family Sensitive Therapy)

Ms Leanne Redman: Issues in Child & Adolescent Mental Health

Ms Jenny Shaw: Accredited Persons Project; CAMHS New Workers Training Project; Orientation to Child and Adolescent Mental Health

Ms Rebecca Somervaille: Mental Health Problems of Childhood and Adolescence 1

Ms Vicki Stanton: Management and Leadership Skills in Mental Health Services 1 and 2

Ms Kath Thorburn: Facilitating Recovery; Recovery Oriented Mental Health Practice and Systems

Ms Sandy Watson: Consumer Advocacy Course; Consumer and Carer Rights; Facilitating Recovery;

Self Advocacy Workshop; Recovery Workshop for Consumers; Recovery Workshop for Consumers and Carers; Recovery Oriented Mental Health Practice and Systems; Telling Your Story

Ms Beulah Warren: Clinical Supervision Coordinator, Diploma of Mental Health (Perinatal and Infant) Ms Andrea Worth: Foundations of Family Therapy 1 and 2; Off Campus Family Therapy

## Management and Operations

This year saw significant progress in designing and commencing a change process within the Institute, both in terms of how we manage our business and reviewing the structure we need to support it. The focus is on continuous improvement of systems, governance and planning.

While most of the change will be implemented in the 2013/14 financial year, the ground work was done this year. A new structure has been designed and awaits approval for implementation in the new financial year.

An independent Risk and Audit Committee was established to assist the Institute to meet its governance obligations. This Committee has met twice. The inaugural meeting was 19 December 2012, which adopted Terms of Reference. A second meeting was held on 19 June 2013. Meetings of the Committee will be held every two months. The Finance Committee also meets bi-monthly, prior to meetings of the Members. These two Committees are important to improving financial reporting, transparency and good governance.

Governance improvements have included developing and implementing a suite of policies and procedures to manage financial, human resource and data protection functions.

The Institute's staffing remains steady, with a head count of forty-two (42) and an FTE of 36.58. Twenty-two (22) employees are directly involved with the development and delivery of education courses and related projects. Six (6) administration positions directly support the education and project work. The fourteen (14) remaining positions provide all the corporate services support to the Institute, with the exception of payroll which is outsourced through the Ministry of Health.

## Infrastructure Upgrade

Following approval from the Office of Environment and Heritage NSW, phase 3 of the major infrastructure upgrade commenced and was partially completed during the reporting period. This stage incurred major planning and movement of staff, equipment and office furnishing.

Building 101: The entire internal building has been repainted as well as external windows and doors. The building has been carpeted throughout, excluding kitchen areas where vinyl has been laid. Toilet areas have received a minor facelift with an upgrade to mirrors, toilets seats and accessories in both male and female toilets. Lecture Room 2 has been equipped with improved teleconferencing facilities and a new board table and chairs.

Building 102: Repairs occurred to the tiling in the kitchen area and vinyl flooring replaced.

Building 103: Common areas and toilet have received refurbishment. The common areas, corridors and toilet areas were painted throughout. Common area and corridors have had vinyl replaced. Toilet areas have received a minor facelift with an upgrade to mirrors, toilets seats and accessories in both male and female toilets. A small window in the male toilet has also been replaced with an air vent for better air circulation.

Still to complete from the Phase 3 scope of work is a major refurbishment and upgrade to the disabled toilet to meet current BCA and Premises Standards compliance requirements.

## Multicultural Policies and Services Plan

The Multicultural Policies and Services Plan was provided in the 2010-2011 Annual Report and will be reported on again in the 2013-2014 reporting period, in line with triennial reporting requirements.

## Occupational Health and Safety (OHS)

The Occupational Health and Safety report was provided in the 2010-2011 Annual Report and will be reported on again in the 2013-2014 reporting period, in line with triennial reporting requirements.

## Equal Employment Opportunity (EEO)

The Equal Employment Opportunity report was provided in the 2010-2011 Annual Report and will be reported on again in the 2013-2014 reporting period, in line with triennial reporting requirements..

## Disability Plan

The Disability Plan was provided in the 2010-2011 Annual Report and will be reported on again in the 2013-2014 reporting period, in line with triennial reporting requirements.

## Waste Reduction and Purchasing Policy (WRAPP)

The Waste Reduction and Purchasing Policy was provided in the 2010-2011 Annual Report and will be reported on again in the 2013-2014 reporting period, in line with triennial reporting requirements.

## Privacy and Personal Information

The Institute complies with the requirements of the Privacy and Personal Information Protection Act 1998 in collection of data from our students. A privacy statement is included in the Course Application Form which clearly states:

"The information you supply on this form is needed by the NSWIOP to manage your enrolment and participation. The NSWIOP will also use the information to notify you of the NSWIOP's future courses and events. If you do not wish to receive this information please tick this box. No personal information will be disclosed outside the NSWIOP without your express consent, except where required by law. Enquiries should be directed in the first instance to NSWIOP on (02) 9840 3833."

Information collected is stored securely in a password-protected environment with a secure data backup system. Students may have access to their information upon request and they are encouraged to keep their information accurate and up-to-date through submission of an "Enrolment Variation" Form which is publicly available on the NSWIOP website and which is included in all student learning packages given to students. Education and Research

#### Postgraduate Units – Multidisciplinary & General Practitioner Programs

Unit	Course Code	Duration	Participants
Advanced Clinical Practice 1 (Perinatal & Infant)	SMI132	15 weeks	1
Advanced Clinical Practice 2(Perinatal & Infant)	SMI133	15 weeks	3
Advanced Clinical Practice Project (Older Person)	SM0532	15 weeks	4
Advanced Clinical Practice (GP)	MMV432	15 weeks	5
Clinical Consultation 1 (Family Sensitive Therapy)	SDF620	15 weeks	5
Clinical Consultation 2 (Family SensitiveTherapy)	SDF621	15 weeks	4
Clinical Perinatal & Infant Studies 1	SDI121	15 weeks	11
Clinical Perinatal & Infant Studies 2	SDI124	15 weeks	14
Clinical Supervision (GP)	EMV309-GP	15 weeks	1
Clinical Supervision (Perinatal & Infant)	SDI122	15 weeks	25
Common Disorders of the Older Person 1	SC0512	15 weeks	8
Common Disorders of the Older Person 2	SC0513	15 weeks	7
Core Perinatal & Infant Studies 1	SDI111	15 weeks	18
Core Perinatal & Infant Studies 2	SDI113	15 weeks	23
Core Skills in Family Sensitive Practice	SDF617	15 weeks	7
Current Debates	EVV070	15 weeks	9
Current Debates in Perinatal & Infant Mental Health	SMI131	15 weeks	3
Facilitating Recovery	GCA004	15 weeks	6
Foundations of Family Therapy 1	SDF615	15 weeks	10
Foundations of Family Therapy 2	SDF616	15 weeks	8
Foundations of Mental Health Assessment	MCV005	15 weeks	9
Independent Study	EVV050	15 weeks	1
Infant Observations 1	SDI112	15 weeks	13
Infant Observations 2	SDI114	15 weeks	12
Infant Observations 2A	SDI114A	15 weeks	8
Infant Observations 2B	SDI114B	15 weeks	8
Introduction to Ageing and Health	SC0511	15 weeks	6
Introduction to Attachment Theory	EVV025	15 weeks	9
Introduction to Cognitive Behaviour Therapy	EVV053	15 weeks	6
Issues in Child and Adolescent Mental Health	SCD216	15 weeks	10
Management and Leadership Skills in Mental Health Services 1	EVV015	15 weeks	2
Management and Leadership Skills in Mental Health Services 2	EVV016	15 weeks	4
Management Principles of Mental Health Disorders	MCV006	15 weeks	9
Managing Challenging Behaviours in Old Age	GVA029	15 weeks	5
Mental Health Emergency Care	EVV060	15 weeks	4
Mental Health Problems of Childhood & Adolescence 1	GCC026	15 weeks	13
Mental Health Problems of Childhood & Adolescence 2	GCC027	15 weeks	27
Orientation to Child and Adolescent Mental Health	GCC003	15 weeks x 2	18
Perinatal & Infant Mental Health in Practice	SDI115	15 weeks	9
Population Health Approach to Mental Health Services	GCV001	15 weeks	24
Population Health Approach to Mental Health Services for Rural & Remote	GCV001-R	15 weeks	2
Primary Health Care and the Older Person	SC0516	15 weeks	4

Total – 57 units			469
Trauma and Mental Health 2 (Interventions & Systems)	GVA019	15 weeks	11
Trauma and Mental Health 1 (Impact and Recovery)	GVA018	15 weeks	11
Therapeutic Perspectives in Mental Health of Older Persons 2	SD0524	15 weeks	6
Therapeutic Perspectives in Mental Health of Older Persons 1	SD0523	15 weeks	2
Therapeutic Perspectives in C&A Mental Health	GMC304	15 weeks	2
Substance Use & Mental Health	EVV017	15 weeks	7
Special Topics in Family Therapy	EVV012	15 weeks	4
Simulated Practice (Family Sensitive Therapy)	SDF618	15 weeks	9
Research Project B	EMV306B	15 weeks	2
Research Project A	EMV306A	15 weeks	2
Research Methods 2	EMV305	15 weeks	1
Research Methods - Introduction	EDV036	15 weeks x 2	18
Recovery-Oriented Mental Health Practice and Systems	GCA005	15 weeks	6
Psychological Therapies in General Practice	MCV007	15 weeks	5
Professional and Ethical Issues in Clinical Supervision	EMV312	15 weeks	8

#### **Continuing Professional Development Workshops**

Unit	Course Code	Duration	Participants
Andolfi Workshop for Child Psychiatry	CPD080	1 day	9
Clinical Supervision Training	CPD078	2 days	27
Community Assessment and Acute Treatment in Mental Health	CPD076	5 days	20
Community Assessment and Acute Treatment in Mental Health	CDP077	5 days	18
Facilitating Recovery Workshop	CPD027	3 days	9
Foundations of Mental Health Assessment Workshop	CPD059	2 days	9
Introducing Family Therapy	CPD065	2 days	12
Introduction to Early Psychosis	CPD072	3 days	52
Introduction to CAMHS Practice Training 5	CAMHS5	5 days	19
Introduction to CBT Workshop	CPD033	3 days	17
Mental Heath for Mental Health Care Intrepreters	CPD005	4 days	20
Psychological Therapies in General Practice Workshop	CPD060	3 days	5
Recovery and Risk	CPD075	1 day	19
CAMHS Training for New Workers	CAMHS6	5 days	25
Total – 14 Workshops			261

#### Medical Education – Courses for Medical Practitioners

Unit	Course Code	Duration	Participants
Child, Adolescent and Family Psychiatry	CAFP	2 years	12
Master of Psychiatry	MPSY	3 years	181
Total – 2 courses			193

#### **Consumer, Carer and Community Programs**

Unit	Course Code	Duration	Participants
Consumer Advocacy Course	COM002	3 days	11
Supporting Personal Recovery	COM007	1 day	10
Working with Resistance to Support Change	COM022	1 day	7
Understanding Personality Disorder	COM017	1 day workshop	7
Flourish Festival Parramatta		1 day festival	200
Telling Your Story Workshop – Flourish Festival Parramatta		1⁄2 day	20
Flourish Film Festival		1⁄2 day	20
Total – 7 events			275

#### Conference

Title	Duration	Participants
Pre-Conference Workshop 1: Effective Clinical Supervision: Christine Senediak	1⁄2 day	30
Pre-Conference Workshop 2: Philosophy and pragmatics of ethics: Elisabeth Shaw	1⁄2 day	20
Pre-Conference Workshop 3: Beyond face to face models: Sue Foley	1⁄2 day	14
Pre-Conference Workshop 4: Freedom to conjecture in Balint: Frank Meumann	1⁄2 day	9
Pre-Conference Workshop 5: Use of videotapes in supervision: Craig Gonsalvez	1⁄2 day	24
Pre-Conference Workshop 6: Narrative approaches: David Denborough	1⁄2 day	17
Conference Day 1: Multiple presentations	1 day	199
Conference Day 2: Multiple presentations	1 day	185
Total – 8 events		498

#### **Special Projects**

Unit	Format	Participants
Accredited Persons Online Reaccreditation	Online units	69
AusAid Pacific Public Sector Linkages Program	Workshops	64
AMHOCN Project - Workshops	1-2 day workshops	60
AMHOCN Project - National Conference	3-day conference	158
CAMHS Introduction Workshops	5-day workshops	75
Caring for Young People in PECCs Project	Online/Workshop	143
Mental Health Legislative Framework Training Project	1-day workshops	500
MHCAATS Workshops	Workshops	38
MHPOD Mental Health Online Professional Development	Online units	1900
Safe Start 2 Project	Online units	238
Queensland EdLinQ workshops	2-day workshops	675
Total – 11 Projects		3920

#### **Customised Off-Campus Courses**

Course	Location	Participants
Accredited Persons	Newcastle	26
Disaster Level One Training	Macquarie Hospital	18
Safe Custody – NSW Police	Hurstville	20
Accredited Persons	NSWIOP	26
Mental Health Awareness Training - Dept of Immigration & Citizenship	Canberra	22
Advanced Family Therapy Training	Ballina	23
Drug & Alcohol Treatment Act	NSWIOP	19
Mental Health Awareness Training - Dept of Immigration & Citizenship	Canberra	21
Mental Health Awareness Training - Dept of Immigration & Citizenship	Canberra	23
Safe Custody – NSW Police	Hurstville	20
Mental Health Awareness Training – Dept of Immigration & Citizenship	Canberra	11
Accredited Persons	NSWIOP	31
Mental Health & Intellectual Disability - NSW Police	Collaroy	20
Mental Health in the Emergency Department	Armidale	22
Mental Health Awareness Training - Dept of Immigration & Citizenship	Canberra	21
Recovery Workshop (Days 1 and 2)	Parramatta	22
Drug & Alcohol Treatment Act	NSWIOP	29
Mental Health & Intellectual Disability - NSW Police	Collaroy	20
Safe Custody – NSW Police	Hurstville	20
Self-Care & Resilience Training - Dept of Immigration & Citizenship	Sydney	16
Recovery Workshop (Day 3)	Parramatta	22
Mental Health Awareness Training – Dept of Immigration & Citizenship	Canberra	18
Mental Health & Intellectual Disability - NSW Police	Parramatta	13
Mental Health & Intellectual Disability - NSW Police	Collaroy	20
Self-Care & Resilience Training - Dept of Immigration & Citizenship	Canberra	11
Mental Health Awareness Training – Dept of Immigration & Citizenship	Canberra	11
Mental Health Awareness Training – Dept of Immigration & Citizenship	Canberra	18
Mental Health Act for CAMHS Workers	Sydney	27
Mental Health Awareness Training - Dept of Immigration & Citizenship	Sydney	20
Mental Health & Intellectual Disability - NSW Police	Parramatta	16
Safe Custody – NSW Police	Hurstville	20
Recovery Workshops	Liverpool	18
Mental Health Awareness Training – Dept of Immigration & Citizenship	Perth	19
Mental Health Act	Dubbo	20
Mental Health Awareness Training – Dept of Immigration & Citizenship	Canberra	24
Safe Custody – NSW Police	Hurstville	20
Mental Health Awareness Training - Dept of Immigration & Citizenship	Brisbane	25
Mental Health Awareness Training – Dept of Immigration & Citizenship	Canberra	20
Cognitive Behaviour Therapy	Wagga	30
Self-Care & Resilience Training - Dept of Immigration & Citizenship	Perth	20
Self-Care & Resilience Training - Dept of Immigration & Citizenship	Brisbane	23
Disaster Training - Transcultural Mental Health Centre	NSWIOP	12
Safe Custody - NSW Police	Hurstville	20
Disaster Training – Transcultural Mental Health Centre	NSWIOP	20

Total – 60 programs		1249
Mental Health Awareness Training – Dept of Immigration & Citizenship	Sydney	20
Disaster Training – Transcultural Mental Health Centre	NSWIOP	20
Clinical Supervision	St George	20
Disaster Training – Transcultural Mental Health Centre	NSWIOP	20
Safe Custody – NSW Police	Hurstville	25
Cognitive Behaviour Therapy	Orange	30
Clinical Supervision	St George	17
Mental Health Awareness Training - Dept of Immigration & Citizenship	Darwin	10
Self-Care & Resilience Training – Dept of Immigration & Citizenship	Canberra	22
Mental Health Legislative Framework	Dubbo	38
Accredited Persons	Orange	27
Mental Health & Self Care - Department of Immigration and Citizenship	Canberra	16
Mental Health Awareness Training - Dept of Immigration & Citizenship	Canberra	23
Motivational Interviewing	North Ryde	25
Mental Health Awareness Training - Dept of Immigration & Citizenship	Canberra	25
Case Management - Department of Immigration and Citizenship	Canberra	14

#### Total number of participants attending all programs

6865

#### Graduate Certificate/Graduate Diploma/Masters Programs

The Institute offers a Graduate Mental Health Program which is a professional skills-based program for people working in the mental health field. Courses offered include Graduate Certificates in Mental Health – four units of study (24 credit points); Graduate Diplomas of Mental Health – an additional four units of study (48 credit points in total); and Masters of Mental Health – an additional four units of study (72 credit points in total). This comprehensive and fully accredited multidisciplinary program is offered mainly by distance education. Following are the accredited postgraduate courses current at 30 June 2013:

Graduate Certificate in Mental Health (Adult)	GradCertMH(Adult)
Graduate Certificate in Mental Health (Child & Adolescent)	GradCertMH(C&A)
Graduate Certificate in Mental Health (General Practice)	GradCertMH(GP)
Graduate Certificate in Mental Health (Older Person)	GradCertMH(OlderPerson)
Graduate Certificate in Mental Health (Perinatal & infant)	GradCertMH(PerinatInf)
Graduate Diploma of Family Therapy	GradDipFamTher
Graduate Diploma of Mental Health (Adult)	GradDipMH(Adult)
Graduate Diploma of Mental Health (Child & Adolescent)	GradDipMH(C&A)
Graduate Diploma of Mental Health (General Practice)	GradDipMH(GP)
Graduate Diploma of Mental Health (Older Person)	GradDipMH(OlderPerson)
Graduate Diploma of Mental Health (Perinatal & Infant)	GradDipMH(PerinatInf)
Master of Family Therapy	MFamTher
Master of Mental Health (Adult)	MMH(Adult)
Master of Mental Health (Child & Adolescent)	MMH(C&A)
Master of Mental Health (General Practice)	MMH(GP)
Master of Mental Health (Older Person)	MMH(OlderPerson)
Master of Mental Health (Perinatal & Infant)	MMH(PerinatInf)
Master of Psychiatry	MPsychiatry

Annual Report and Financial Statements 2012/2013

## Multidisciplinary Postgraduate Education

Following are descriptions of the accredited postgraduate courses current at 30 June 2013:

#### Graduate Certificates

#### Graduate Certificate in Mental Health (Adult) – GCADU

This program covers theoretical knowledge and practical skills relevant to recovery-oriented practice in the mental health field. The program introduces candidates to epidemiology of mental health problems and a population health approach to the delivery of mental health care. It provides candidates with the opportunity to explore and develop recoveryoriented practices, and to analyse those factors which influence care and recovery within a mental health environment. Participant numbers are included in the Core and Elective Units section below. *Coordinator: Mr Mike Hayden* 

Administrative Officer: Ms Amanda Kiellor

## Graduate Certificate in Mental Health (Child & Adolescent) – GCCHI

This program introduces candidates to epidemiology and the population health context of mental health problems, and theoretical and practical skills for clinical work with children, adolescents and families. Participant numbers are included in the Core and Elective Units section below. *Coordinator: Ms Christine Senediak Administrative Officer: Ms Amanda Kiellor* 

#### Graduate Certificate in Mental Health (General Practitioner) – GCGP

This course aims to enable students to build on their existing experience within the field of health care delivery to meet the mental health assessment and management needs within their current and future general practice work environment. Participant numbers are included in the Core and Elective Units section below. *Coordinator: Dr Amanda Rosso Buckton Administrative Officer: Ms Belinda Jones* 

#### Graduate Certificate in Mental Health (Older Person) – GCOLD

The Certificate Program provides an overview of general concepts in: mental health of

older persons; healthy ageing; identification; assessment; clinical features; treatment and types of available services for the most common disorders; and prevention and promotion. Participant numbers are included in the Core and Elective Units section below. *Coordinator: Dr Diba Pourmand Administrative Officer: Ms Erica Khattar* 

#### Graduate Certificate in Mental Health (Perinatal and Infant) – GCINF

This course of study provides theoretical and practical knowledge for clinical work using a relationship-based approach with infants, caregivers and families in a variety of settings; and for roles in service and policy development and delivery. Students are required to have work experience in the area of infants/young children and their families. An introduction to assessment and formulation, plus discussion of referral and care pathways is provided. Participant numbers are included in the Core and Elective Units section below. *Coordinator: Ms Martha Birch Administrative Officer: Ms Luisa Mulholland* 

#### Graduate Diplomas

#### Graduate Diploma of Family Therapy – GDFAM

The Diploma Program equips candidates with knowledge of the history & development of family therapy, a solid understanding of the principles of interactional/systemic thinking and ability to apply this critically to the assessment and management of families. A range of interventions is covered enabling participants to work with families with varied presenting problems. Participant numbers are included in the Core and Elective Units section below.

Coordinator: Ms Christine Senediak. Administrative Officer: Ms Erica Khattar

#### Graduate Diploma of Mental Health (Adult) – GDADU

This program of study introduces a range of issues designed to encourage development of knowledge and skills according to the professional interests of the candidate. It also provides opportunities for candidates

24

to explore new areas of interest, in a range of areas including counselling and therapies, rehabilitation, supervision and leadership, and working with specific groups across the lifespan. Participant numbers are included in the Core and Elective Units section below. *Coordinator: Mr Mike Hayden Administrative Officer: Ms Amanda Kiellor* 

## Graduate Diploma of Mental Health (Child & Adolescent) – GDCHI

This program of study introduces a range of professional issues designed to encourage the development of professional knowledge and skills in the area of child and adolescent mental health. Units are selected depending on the professional interests of the candidate. This program of study prepares health professionals to develop their clinical skills and knowledge. Participant numbers are included in the Core and Elective Units section below.

Coordinator: Ms Christine Senediak Administrative Officer: Ms Amanda Kiellor

#### Graduate Diploma of Mental Health (General Practitioner) – GDGP

This course aims to enable students to further build on their existing experience within the field of health care delivery to meet the mental health assessment and management needs within their current and future general practice work environment. Participant numbers are included in the Core and Elective Units section below.

Coordinator: Dr Amanda Rosso Buckton Administrative Officer: Ms Belinda Jones

#### Graduate Diploma of Mental Health (Older Person) – GDOLD

The Graduate Diploma builds on the Graduate Certificate Program of study and aims to broaden students' advanced diagnostic, evaluation and intervention skills in relation to mental health of older persons. Its focus is on history and different contemporary therapeutic interventions in an applied and practical ground. Participant numbers are included in the Core and Elective Units section below. *Coordinator: Dr Diba Pourmand Administrative Officer: Ms Erica Khattar* 

#### Graduate Diploma of Mental Health (Perinatal & Infant) – GDINF

This course of study provides theoretical and practical knowledge for clinical work using a relationship-based approach with infants, caregivers and families in a variety of settings; and for roles in service and policy development and delivery. Students are required to have work experience in the area of infants/young children and their families. Participant numbers are included in the Core and Elective Units section below.

Course Coordinator: Ms Kathryn Solanki Administrative Officer: Ms Luisa Mulholland

#### **Master Programs**

#### Master of Family Therapy – MFAMC, MFAMR

This program is designed to enhance specialist skills in the area of family therapy practice. Candidates specialise in clinical practice in this program.

Sensitivity to culture, difference and power differentials is encouraged and the way these factors influence clinical presentations and response to treatment.

Participant numbers are included in the Core and Elective Units section below. *Coordinator: Ms Christine Senediak Administrative Officer: Ms Erica Khattar* 

#### Master of Mental Health (Adult) – MADUC, MADUR

This program is designed to prepare students to take on positions of leadership in the adult mental health field.

This program emphasises independent study and specialisation and is structured to develop integrated theoretical and practical skills and competencies.

As with the Graduate Certificate and the Graduate Diploma, a recovery philosophy continues to underpin the Masters program. Participant numbers are included in the Core and Elective Units section below.

Coordinator: Mr Mike Hayden Administrative Officer: Ms Amanda Kiellor

#### Master of Mental Health (Child & Adolescent) – MCHIC, MCHIR

This program is designed to prepare students for positions of leadership in the area of child and adolescent mental health. The program emphasises independent study and enquiry and is structured to develop integrated theoretical and practical skills and competencies. Participant numbers are included in the Core and Elective Units section below.

Coordinator: Ms Christine Senediak Administrative Officer: Ms Amanda Kiellor

#### Master of Mental Health (Perinatal & Infant) – MINFC, MINFR

This program is designed to equip professionals working in the area of perinatal and infant mental health with appropriate, comprehensive, clinical and academic skills for providing leadership within the discipline. There is an emphasis on developing students' critical thinking, analysis and awareness of current debates within the area. Participant numbers are included in the Core and Elective Units section below.

Coordinator: Dr Nick Kowalenko Administrative Officer: Ms Luisa Mulholland

#### Master of Mental Health (Older Person) – MOLDC, MOLDR

This program is designed to enhance specialised skills in the area of mental health of the older person. Current, complex and diverse aspects that have an impact on clinical presentations and continuum of care will be covered. Students are required to complete a supervised original project that is feasible within the timeframe. Participant numbers are included in the Core and Elective Units section below.

Coordinator: Dr Diba Pourmand Administrative Officer: Ms Erica Khattar

#### Master of Mental Health (General Practitioner) – MGPC , MGPR

The course builds on students' prior learning to further extend their skills in managing mental health problems in the general practice setting. Candidates will have the opportunity to meet the training requirements for the Better Outcomes in Mental Health Care (BOiHMC) initiative and receive QA&CPD points from the RACGP. Participant numbers are included in the Core and Elective Units section below. *Coordinator: Dr Amanda Rosso Buckton Administrative Officer: Ms Belinda Jones* 

#### Core and Elective Units - Multidisciplinary and GP Postgraduate Programs

Following are details of the core and elective units for the postgraduate programs conducted during the period to 30 June 2013:

## Advanced Clinical Practice 1 (Perinatal & Infant) – SMI132

The unit aims to integrate students' knowledge of infant psychopathology into clinical practice through development of skills in assessment of at-risk families, identification and diagnosis of biopsychosocial pathology and treatment.

Duration: 15 weeks Participants: 1 Coordinator: Dr Nick Kowalenko

## Advanced Clinical Practice 2 (Perinatal & Infant) – SMI133

The focus of this unit is on leadership,

consultancy and advocacy, as responsibilities of the Infant Mental Health Specialist. Duration: 15 weeks Participants: 3 Coordinator: Dr Nick Kowalenko

#### Advanced Clinical Practice Project (Older Person) – SMO532

In this unit, students gain advanced knowledge in identification, assessment and application of different models of intervention and integrate that with their theoretical knowledge.

Duration: 15 weeks Participants: 4 Coordinator: Dr Diba Pourmand

#### Advanced Clinical Practice (General Practitioner) – MMV432

This unit aims to enhance students' knowledge of and exposure to treatment planning, evidence-based practice and the pharmacological and psychotherapeutic interventions for the management of complex comorbid presentations in general practice. *Duration: 15 weeks Participants: 5 Coordinator: Dr Amanda Rosso Buckton* 

## Clinical Consultation 1 (Family Sensitive Practice) – SDF620

This unit focuses on developing confidence and skills in applying family therapy interventions in clinical work and provides face to face supervision of a family, with distance education components. *Duration: 15 weeks Participants: 5 Coordinator: Ms Christine Senediak* 

## Clinical Consultation 2 (Family Sensitive Practice) – SDF621

This unit follows on from SDF620 and focuses on clinical case presentations with students presenting cases for consultation, integrating topic areas covered throughout the course. *Duration: 15 weeks Participants: 4 Coordinator: Mr David Hong* 

#### Clinical Perinatal & Infant Studies 1 – SDI121

This unit aims to build on the knowledge gained in Year 1. The course material connects clinical presentations and psychosocial problems in infants, toddlers and their families, in a range of settings. *Duration: 15 weeks Participants: 11 Coordinator: Ms Kathryn Solanki* 

#### Clinical Perinatal & Infant Studies 2 – SDI124

This unit aims to consolidate knowledge of

the contexts in which psychosocial problems occur in infants, toddlers and families and how problems can be addressed. *Duration: 15 weeks Participants: 14 Coordinator: Ms Kathryn Solanki* 

#### Clinical Supervision (GP) – EMV309GP

This unit aims to provide students with a theoretical framework for reflection and evaluation of therapeutic interventions undertaken in their clinical practice.

Duration: 15 weeks Participants: 1 Coordinator: Dr Amanda Rosso Buckton

#### Clinical Supervision (Perinatal & Infant) – SDI122

Students participate in weekly group supervision. The aim is to assist students to apply theoretical course material to the assessment, formulation and implementation of interventions with infants, toddlers and their families.

Duration: 15 weeks Participants: 25 Coordinator: Ms Kathryn Solanki

## Common Disorders of the Older Person 1 – SCO512

This unit outlines a range of the most prevalent mental health disorders in older persons. It provides a general overview of neuropsychology, specific aspects in clinical interview, delirium, dementia and general issues in working with older people. *Duration: 15 weeks Participants: 8 Coordinator: Dr Diba Pourmand* 

## Common Disorders of the Older Person 2 – SCO513

This subject summarises a range of other prevailing disorders in older persons including: mood disorders, schizophrenia related disorders, anxiety, somatoform symptoms, substance misuse and personality disorders. *Duration: 15 weeks Participants: 7 Coordinator: Dr Diba Pourmand* 

#### Core Perinatal & Infant Studies 1 – SDI111

This unit aims to provide an overview of the field of infant mental health and its theoretical and philosophical underpinnings. Duration: 15 weeks Participants: 18 Coordinator: Ms Martha Birch

#### Core Perinatal & Infant Studies 2 – SDI113

This unit aims to build on the content of SDI111 and examines the principles of a population health approach to practice, as well as current issues in developmental processes from birth to three years of age in a multicultural society.

Duration: 15 weeks Participants: 23 Coordinator: Ms Martha Birch

#### Core Skills in Family Sensitive Therapy – SDF617

This unit covers core skills in working with families, such as engaging the family, interviewing and questioning styles, the first interview and ongoing sessions. The focus is on developing core skills in family work in various child, adolescent and adult mental health settings. *Duration: 15 weeks Participants: 7 Coordinator: Ms Andrea Worth* 

#### Current Debates – EVV070

This cross-disciplinary unit critically analyses contemporary theoretical frameworks for understanding mental health. *Duration: 15 weeks Participants: 9 Coordinator: Cross-discipline* 

#### Current Debates in Perinatal and Infant Mental Health – SMI131

This unit aims to enhance student awareness of critical thinking about complex issues in perinatal and infant mental health and current social and theoretical debates in the field. *Duration: 15 weeks Participants: 3 Coordinator: Dr Nick Kowalenko* 

#### Facilitating Recovery – GCA004

The unit aims to provide students with an appreciation of the diversity of personal recovery experiences and to determine the characteristics of mental health practice that recognise, support and promote people's selfdirected recovery from mental illness.

Duration: 15 weeks Participants: 6 Coordinators: Ms Kath Thorburn/Ms Sandy Watson

#### Foundations of Family Therapy 1 – SDF615

This unit examines the history of family therapy, early models and techniques and the major ideas that have influenced the development of family therapy to the current day. The unit is offered by distance education with on campus workshops and weekly web forums. *Duration: 15 weeks Participants: 10 Coordinator: Ms Andrea Worth* 

#### Foundations of Family Therapy 2 – SDF616

This unit examines family therapy theory and practice of contemporary models of practice in family therapy. *Duration: 15 weeks Participants: 8 Coordinator: Dr Glenn Larner* 

#### Foundations of Mental Health Assessment – MCV005

This unit of study aims to encourage students to reflect on the dynamics of the doctor-patient relationship and to develop an appreciation of the integral role communication skills has in enabling the collection of comprehensive information from any presenting patient.

Duration: 15 weeks Participants: 9 Coordinator: Dr Amanda Rosso Buckton

#### Independent Study – EVV050

This cross-disciplinary unit is designed to accommodate students who have a particular interest or area of inquiry. With the support of a supervisor, students identify a specific area of study, appropriate methods for engaging

28

with the topic and assessment procedures to demonstrate learning. Duration: 15 weeks Participants: 1 Coordinator: Cross-discipline

#### Infant Observations 1 – SDI112

Students establish contact with a family with a baby and begin regular observation of the baby at home, which continues throughout the year. Duration: 15 weeks Participants: 13 Coordinator: Ms Noela Byrne

#### Infant Observations 2 – SDI114

This unit builds on SDI112. Students continue to observe the infant in his or her home and participate in weekly supervision. *Duration: 15 weeks Participants: 12 Coordinator: Ms Noela Byrne* 

#### Infant Observations 2a - SDI114a

This unit builds on SDI112. Students continue to observe the infant in his or her home and participate in weekly supervision. *Duration: 15 weeks Participants: 8 Coordinator: Ms Noela Byrne* 

#### Infant Observations 2b - SDI114b

This unit builds on SDI112. Students continue to observe the infant in his or her home and participate in weekly supervision. *Duration: 15 weeks Participants: 8 Coordinator: Ms Noela Byrne* 

#### Introduction to Ageing and Health – SCO511

The unit introduces general concepts of health and ageing and covers core concepts in normal ageing, demographic characteristics, biology, social theories and psychological aspects of ageing.

Duration: 15 weeks Participants: 6 Coordinator: Dr Diba Pourmand

#### Introduction to Attachment Theory – EVV025

The aim of this unit is to provide an overview of Attachment Theory and a framework

for assessment of infant, child and adult attachment. The relationship between attachment disturbance, child development and adult psychopathology are examined. *Duration: 15 weeks Participants: 9 Coordinator: Ms Martha Birch* 

#### Introduction to Cognitive Behaviour Therapy (CBT) – EVV053

This unit introduces the fundamentals of CBT with an emphasis on the application of theory to practice. *Duration: 15 weeks Participants: 6 Coordinator: Mr Chris Hardwick* 

#### Issues in Child and Adolescent Mental Health - SCD216

This unit examines specific issues that commonly present in the child and adolescent mental health field. *Duration: 15 weeks Participants: 10 Coordinator: Ms Leanne Redman* 

#### Management and Leadership Skills in Mental Health Services 1 – EVV015

This unit aims to provide students with the opportunity to develop skills and knowledge associated with management and leadership and to encourage students to analyse those factors which influence management and leadership within a mental health environment. *Duration: 15 weeks Participants: 2 Coordinator: Ms Vicki Stanton* 

#### Management and Leadership Skills in Mental Health Services 2 – EVV016

Management and Leadership 2 aims to provide students with the opportunity to examine some of the complex and challenging tasks or issues associated with management of mental health services, eg. strategic planning, management of change, clinical governance and health economics. *Duration: 15 weeks Participants: 4 Coordinator: Ms Vicki Stanton* 

#### Management Principles of Mental Health Disorders in General Practice – MCV006

This unit of study follows on from "Foundations of Mental Health Assessment" MCV005. The unit aims to equip the student with skills to promote and facilitate the recovery process from mental illness

Duration: 15 weeks Participants: 9 Coordinator: Dr Amanda Rosso Buckton

#### Managing Challenging Behaviours in Old Age – GVA029

This unit aims to develop assessment and management skills for health professionals who are working with older adults with mental health issues that elicit problematic behaviours. *Duration: 15 weeks Participants: 5* 

Coordinator: Ms Regina McDonald

#### Mental Health Emergency Care – EVV060

This unit is conducted wholly online and provides an opportunity for participants to explore and reflect on key structural, policy and legal contexts of mental health emergency care, and key clinical, professional and interdisciplinary considerations in ensuring the safety, effectiveness and acceptability of contemporary mental health emergency care services.

Duration: 15 weeks Participants: 4 Coordinator: Ms Natalie Cutler

## Mental Health Problems of Childhood & Adolescence 1 – GCC026

This unit is the first of two units providing a comprehensive overview of child and adolescent problems. Duration: 15 weeks Participants: 13 Coordinator: Ms Rebecca Somervaille

## Mental Health Problems of Childhood & Adolescence 2 – GCC027

This unit is the second of two units providing a comprehensive overview of child and

adolescent mental health problems with a specific focus on assessment, classification and treatment of specific emotional and behavioural problems. *Duration: 15 weeks* 

Participants: 27 Coordinator: Ms Lily Lee

Coordinator: Ms Jenny Shaw

#### Orientation to C&A Mental Health – GCC003

This unit provides an overview of the core skills required for clinical practice with children, adolescents and their families *Duration: 15 weeks Participants: 18* 

## Perinatal and Infant Mental Health in Practice – SDI115

This unit provides an introduction to the scope of perinatal and infant mental health practice. It includes an introduction to clinical presentations in a range of health and welfare settings. *Duration: 15 weeks Participants: 9 Coordinator: Ms Martha Birch* 

#### Population Health Approach to Mental Health Services – GCV001

This unit addresses the key principles of a population health model to mental health promotion, prevention of illness and disability and the provision of treatment and rehabilitation.

Duration: 15 weeks Participants: 24 Coordinator: Mr Mike Hayden

#### Population Health Approach to Mental Health Services for Rural and Remote – GCV001R

This unit addresses the key principles of a population health model to mental health promotion, prevention of illness and disability and the provision of treatment and rehabilitation.

Duration: 15 weeks Participants: 2 Coordinator: Mr Mike Hayden

#### Primary Health Care and the Older Person – SCO516

This unit aims to advance the general knowledge of students in core topics of prevention, promotion and primary health care of older persons.

Duration: 15 weeks Participants: 4 Coordinator: Dr Diba Pourmand

#### Professional and Ethical Issues in Clinical Supervision – EMV312

This unit provides students with a comprehensive framework for establishing and maintaining effective models of clinical supervision.

Duration: 15 weeks Participants: 8 Coordinator: Ms Christine Senediak

#### Psychological Therapies in General Practice – MCV007

This unit of study aims to further develop general practitioners' confidence and skills in the delivery of focused psychological strategies to patients in their practice. *Duration: 15 weeks Participants: 5 Coordinator: Dr Amanda Rosso Buckton* 

#### Recovery Oriented Mental Health Practice and Systems – GCA005

This unit explores what it means to work from a recovery orientation. The unit explores what informs current understandings of mental health and mental illness, and explores issues relating to classification and diagnosis. *Duration: 15 weeks Participants: 6 Coordinators: Ms Kath Thorburn/Ms Sandy Watson* 

#### Research Methods - Introduction – EDV036

This unit provides an introduction to research design. The focus is on learning about methods of conducting research and how to critically analyse the research literature. *Duration: 15 weeks x 2* 

Participants: 18 Coordinator: Dr Roslyn Markham

#### Research Methods 2 – EMV305

This unit is compulsory for those students undertaking a research pathway in their Masters year, but may also be taken as a standalone professional development course. The unit aims to extend knowledge of data analysis and research methodology. Duration: 15 weeks Participants: 1 Coordinator: Dr Roslyn Markham

#### Research Project Part a – EMV306a

The aim of the unit is to provide students with research experience including practical skills in conducting critical literature reviews and research formulation through to presentation. *Duration: 15 weeks Participants: 2 Coordinator: Dr Roslyn Markham* 

#### Research Project Part b – EMV306b

The aim of the unit is to provide students with research experience including practical skills in conducting critical literature reviews and research formulation through to presentation. *Duration: 15 weeks Participants: 2 Coordinator: Dr Roslyn Markham* 

#### Simulated Practice (Family Sensitive Therapy) – SDF618

This unit of study provides students with the opportunity to put into practice the core skills of working with families. Duration: 15 weeks Participants: 9 Coordinator: Ms Andrea Worth

#### Special Topics in Family Therapy – EVV012

This unit presents contemporary, commonly presented issues in family therapy. Duration: 15 weeks Participants: 4 Coordinator: Ms Judy Coles

#### Substance Use and Mental Health – EVV017

This unit aims to promote understanding of mental illness and the impact of substance abuse on health care outcomes. *Duration: 15 weeks Participants: 7 Coordinator: Mr Mike Hayden* 

#### Therapeutic Perspectives in C&A Mental Health – GMC304

This unit provides students with the opportunity to critically evaluate current therapeutic models in child and adolescent mental health.

Duration: 15 weeks Participants: 2 Coordinator: Ms Lisa Clement

#### Therapeutic Perspectives in Mental Health of Older Persons 1 – SDO523

The focus of this unit is on providing core skills in working with older persons with empahsis on historical review of aged care therapeutic interventions, psychotherapy for older persons, understanding challenging behaviours and examining the effectiveness of different interventions.

Duration: 15 weeks Participants: 2 Coordinator: Dr Diba Pourmand

#### Therapeutic Perspectives in Mental Health of Older Persons 2 – SDO524

A co-requisite with SDO523, this unit provides an overview of current therapeutic interventions in working with the elderly. *Duration: 15 weeks Participants: 6 Coordinator: Dr Diba Pourmand* 

## Trauma and Mental Health 1 (Impact & Recovery) – GVA018

The experience of trauma is a common feature amongst those receiving mental health care. This core unit will introduce students to the latest research regarding the impact of trauma on mental health across the lifespan. Duration: 15 weeks Participants: 14 Coordinator: Ms Michelle Everett/Ms Chris McCabe

## Trauma and Mental Health 2 (Interventions and Systems) – GVA019

Students completing this elective unit will gain an understanding of the principles of a traumainformed practice framework and be exposed to trauma informed service developments and innovations from Australia and internationally *Duration: 15 weeks Participants: 11 Coordinator: Ms Toni Ashmore/Ms Michelle Everett* 

## Continuing Professional Development (CPD)

The Institute offers an extensive range of Continuing Professional Development (CPD) learning opportunities for students. Short workshops are offered on topics of interest or specific skills. These can be stand-alone workshops developed in response to identified needs or trends in mental health, or workshops which are already linked to one of our units of study. Many of our workshops attract professional development points from associated professional bodies. In the reporting period to 30 June 2013, the following workshops were conducted on-campus:

#### Child Psychiatrists Workshop - Family Therapy with Maurizio Andolfi – CPD080

This 1-day workshop involved a didactic session on Andolfi's style of family therapy, focusing on marginalised families, plus a live interview of a family brought by a treating clinician.

Duration: 1 day Participants: 9 Coordinator: Dr Magella Lajoie

#### Clinical Supervision Training – CPD078

This workshop is designed for supervisors who want to develop and refine core fundamental skills in setting up, developing learning contracts, identifying roles and tasks of supervision and providing feedback. For mental health professionals, GPs & allied health professionals.

Duration: 2 days Participants: 27 Coordinator: Ms Christine Senediak

#### Community Assessment and Acute Treatment in Mental Health – CPD076

This workshop explores clinically effective and evidence based training programs to equip acute care practitioners to work in effective and capable community based teams, to provide person centred, recovery oriented approaches to crisis resolution and intensive home treatment as an alternative to hospital admission.

Participants: 20 Duration: 5 days Coordinator: Dr Kerri Brown

#### Community Assessment and Acute Treatment in Mental Health – CPD077

This workshop explores clinically effective and evidence based training programs to equip acute care practitioners to work in effective and capable community based teams, to provide person centred, recovery oriented approaches to crisis resolution and intensive home treatment as an alternative to hospital admission.

Participants: 18 Duration: 5 days Coordinator: Dr Kerri Brown

#### Facilitating Recovery – CPD027

A 3-day workshop designed for workers in mental health and related fields, which aims to examine key concepts in recovery, identifying practices that recognise, promote and facilitate consumer directed recovery. *Participants: 9* 

Duration: 3 days

Coordinators: Ms Michelle Everett and Ms Sandy Watson

#### Foundations of Mental Health Assessment – CPD059

This 2-day skills based workshop aims to provide an overview of the foundations of mental health assessment in a general practice setting. *Participants: 9 Duration: 2 days Coordinator: Dr Amanda Rosso Buckton* 

#### Continuing Professional Development (continued)

#### Introducing Family Therapy – CPD065

This 2-day workshop provides an introduction to family therapy. This covers the history of the discipline, some of its central ideas and practices like circularity, systemic questioning and using genograms, as well as how to conduct a family therapy interview.

Duration: 2 days Participants: 12 Coordinator: Ms Christine Senediak

#### Introduction to Early Psychosis – CPD072

This 3-day workshop will inspire and inform multidisciplinary and medical staff working, or wanting to work, in the field of early psychosis and youth mental health.

Duration: 3 days Participants: 52 Coordinators: Dr Louise Nash and Dr Diba Pourmand

#### Introduction to CAMHS Practice 5 – CAMHS5

A 5-day workshop for new workers to CAMHS which provides an introduction to CAMHS practice. The workshop introduces participants to a range of mental health clinical presentations in child and adolescent mental health and provides knowledge of assessment and treatment modalities. *Duration: 5 days Participants: 19* 

Coordinator: Ms Christine Senediak

#### Introduction to CAMHS Practice 6 – CAMHS6

A 5-day workshop for new workers to CAMHS which provides an introduction to CAMHS practice. The workshop introduces participants to a range of mental health clinical presentations in child and adolescent mental health and provides knowledge of assessment and treatment modalities. *Duration: 5 days Participants: 25 Coordinator: Ms Christine Senediak* 

#### Introduction to Cognitive Behavioural Therapy – CPD033

This 3-day workshop introduces the fundamentals of Cognitive Behavioural Therapy with an emphasis on the application of theory to practice and provides an opportunity for skill development. Participants will be taught techniques such as thought monitoring, cognitive restructuring, problem solving, relaxation training, thought stopping and activity scheduling. *Duration: 3 days Participants: 17 Coordinator: Mr Chris Hardwick* 

#### Mental Health for Health Care Interpreters – CPD005

This course in mental health for health care interpreters is conducted one day per week over 4 weeks. *Participants: 20 Duration: 4 days Coordinator: Ms Daniella Francavilla* 

#### Psychological Therapies in General Practice Workshop – CPD060

This 3-day workshop and pre-workshop readings are designed to educate and instruct General Practitioners in key Focused Psychological Therapies. *Duration: 3 days Participants: 5 Coordinator: Dr Amanda Rosso Buckton* 

#### Recovery and Risk – CPD075 With Mary O"Hagan

This workshop is for those interested in exploring the challenges associated with risk, rights and recovery, in order to better understand and support the recovery process. *Duration: 1 day Participants: 19 Coordinator: Ms Kath Thorburn* 

## Medical Education

#### Master of Psychiatry(MPSY)/Postgraduate Course in Psychiatry (PCP)

#### Course Coordinators: Dr Sonia Kumar and Dr Louise Nash Administrative Officers: Ms Victoria Brown and Ms Belinda Jones

Dr Louise Nash and Dr Sonia Kumar worked together as joint Coordinators of the Master of Psychiatry / Postgraduate Course in Psychiatry, and Ms Victoria Brown and Ms Belinda Jones continued as the course administrators. In November 2012, an application for reaccreditation of the Master of Psychiatry was submitted to the Tertiary Education Quality and Standards Agency (TEQSA). In 2013 the Master of Psychiatry was re-accredited by TEQSA for the maximum period of 7 years. This major achievement involved a great effort from the whole team and has resulted in significant improvements in the course.

All learning outcomes for the MPSY/PCP course were completely rewritten in 2012 in alignment with the new RANZCP competency-based fellowship program (CBFP). All subject outlines and reading lists were revised and updated, and assignments were updated to reflect the new learning outcomes more closely.

The lecture program was further expanded in 2012-13 to align with the new RANZCP Competency-Based Fellowship Program (CBFP) syllabus. Reaccreditation with the RANZCP is expected to proceed in 2014.

Masters students submitted dissertations covering a wide range of topics, demonstrating new contributions to knowledge in the field of Psychiatry. These include Animal Hoarding and Experiences of Discrimination among Medical Practitioners in South Western Sydney.

In 2013 the course consists of mostly expert lectures and some small-group tutorials, delivered by psychiatrists and allied health professionals from a wide variety of subspecialities, research and clinical practice areas. Experts included academic psychiatrists from the following organisations: University of Western Sydney, University of Sydney, University of New South Wales (including Clinical Research Unit for Anxiety Disorders, Black Dog Institute, Prince of Wales Medical Research Institute, NPI and Service for the Treatment and Rehabilitation of Torture and Trauma Survivors (STARTTS)), Newcastle University, Macquarie University and University of Queensland. Clinical psychiatrists from all teaching hospitals in Sydney, as well as allied health staff, also contributed to the course.

All students have access to course resources via the Moodle website. Live streaming of most lectures is now available on Moodle for rural students and those with exceptional circumstances. Video podcasts of most lectures are available on Moodle for all students for revision purposes.

Students' preparation for RANZCP written examinations was again supported by a written examinations workshop and trial examinations. These were well attended in 2012-13 and received very positive feedback. The trial examination was supported by the NSW Branch Training committee of RANZCP, the Directors of Training and the Health Education and Training Institute (HETI).

A number of Advanced Trainees holding Institute Fellowships contributed to teaching in tutorial programs and lectures based on their research and special projects.

#### Enrolment numbers at 30 June 2013

There was a sharp increase in enrolments in 2013, largely reflecting the increased numbers of medical graduates. There was increased enrolment into the Masters program (52% from 34% in 2012)

Year	Masters	Non-Degree	Total
1	26	20	46
2	25	12	37
3	5	19	24
Total	56 (52%)	51	107
2012 comparison	26 (34%)	50	76

#### Child, Adolescent and Family Psychiatry - CAFP

#### Course Coordinator: Dr Magella Lajoie Administrative Officers: Ms Agnes D'Souza

This two-year course is intended for Medical Practitioners who have completed Basic Training in Psychiatry and who wish to pursue Advanced Training in Child, Adolescent and Family Psychiatry. The course is accredited with the Royal Australian and New Zealand College of Psychiatrists (RANZCP).

The course complements clinical placements in Child and Adolescent Psychiatry and forms the formal education component of the training experience required by the RANZCP Successful completion of the course, along with completion of other RANZCP training requirements, leads to the award of the RANZCP Certificate of Advanced Training in Child and Adolescent Psychiatry and membership of the RANZCP Faculty of Child and Adolescent Psychiatry. The course is also open to Fellows of the RANZCP who wish to further study in this subspecialty, and to Paediatrician trainees who are enrolled in the Dual Fellowships Training Program (DFTP), a program jointly run by the RANZCP and the Royal Australian College of Physicians (Paediatrics). This latter program has been on hold for 2013.

The course attracted new enrolments from four (4) trainees over the year. Three (3) trainees completed training during this period. One (1) trainee returned from a break in training. A total of ten (10) trainees participated in the course over the year. Dr Michael Bowden, highly respected in the role of Director of Training, Child, Adolescent and Family Psychiatry for the last 8 years moved to be the Head of Medical Education. Dr Magella Lajoie assumed the role in July 2012.

Many Psychiatrists, Clinical Psychologists, Social Workers, Allied Health Staff, Paediatricians and Department of Community Services workers, amongst others, contributed their expertise in presenting seminars and supervising the trainees during the year and all made a highly valued contribution that ensured the training program delivered a high standard of education to the trainees. Links with training programs interstate and in New Zealand continued to be developed, with the continuation of regular videoconferences. Drs Ian McCracken, Nisha Samarasinghe, Puja Lal, Azadeh Azadi and Veena Raghupathy all commenced training during this period. Drs Gillian Sanzone, Kylie Gulliford, Mukesh Prabhuswamy and Mohsen Mirzaie all completed the course during this period. Dr Emma Gilbert returned from a break in training during the period. Drs Alex Lim, Mat Coleman and Kumudu Rathnayaka participated in the course during the period.

# General Practitioner Mental Health Education Program

Course Coordinator Postgraduate Programs: Dr Amanda Rosso Buckton General Practitioner Consultant: Dr Therese Roberts Administrative Officer: Ms Belinda Jones

## Highlights and achievements

## Enrolments

- The reporting period saw a large number of enrolments in the Graduate Certificate of Mental Health (GP) course, with 9 General Practitioners enrolling at this level.
- A total of 19 General Practitioners enrolled in the course in 2013.

# Funding

 The NSW Ministry of Health provided ongoing funding for 2012-2013 in the form of scholarships allowing General Practitioners to study mental health at postgraduate level.

## Accreditation

- The Graduate Program in Mental Health for General Practitioners remains accredited with the Australian Government's Tertiary Education Quality and Standards Agency (TEQSA) for 2011-2016) for each of the following courses:
  - Graduate Certificate in Mental Health (GP)
  - Graduate Diploma in Mental Health (GP)
  - Master of Mental Health (GP)
- The NSW Institute of Psychiatry is a registered Accredited Provider with the Royal Australian College of General Practitioners (RACGP) for the 2011 - 2013 triennium.
- Dr Therese Roberts is an accredited Education Activity Representative (EAR) with the RACGP for the 2011-2013 triennium and Dr Amanda Rosso Buckton has submitted a Cat 2 Training Activity to the RACGP as partial fulfilment of EAR accreditation.
- Each course of the Graduate Program in Mental Health for General Practitioners is accredited with the RACGP for the 2011-2013 triennium. All courses are accredited

as Active Learning Modules and students successfully completing these courses receive RACGP Quality Improvement and Continuing Professional Development points.

- All workshops are accredited with the Australian College of Rural and Remote Medicine
- The following workshop is also accredited with the General Practice Mental Health Standards Collaboration:
  - Focussed Psychological Therapies in General Practice

# Graduate Programs in Mental Health for General Practitioners Enrolments

# 2012

In 2012 a total of 18 GPs enrolled in the Graduate Programs in Mental for GPs as follows: Graduate Certificate of Mental Health (GP): 6 Graduate Diploma of Mental Health (GP): 4 Master of Mental Health (GP): 8

# 2013

In 2013 a total of 19 GPs enrolled in the Postgraduate Mental Health Program as follows: Graduate Certificate of Mental Health (GP) 9 Graduate Diploma of Mental Health (GP): 6 Master of Mental Health (GP): 4

# 2013 Graduations

In April 2013 the General Practitioner Program had 13 graduates:

Graduate Certificate in Mental Health (GP): (7) Dr Angela Bascomb, Dr Sangeetha Bobba, Dr Nazih Hamzeh, Dr Enamul Haque, Dr Paula Kitto,

- Dr Felicity Williams, Dr Priscilla Wong.
- · Diploma of Mental Health (GP): N/A
- Master of Mental Health (GP): (6)
- Dr Galina Palachevskaia, Dr Julie Gottlieb, Dr

# Medical Education (continued)

Chun Wah , Dr Michael Tam, Dr Ruanna Levi, Dr Win Myint Than, Dr Yael Cohen

#### General Practitioner Consultant/Editor Project Officer

The GP Consultant/Editor Project Officer Dr Therese Roberts, MMH (GP) has continued to work throughout the year reviewing course materials for the Graduate Certificate program, enhancing its relevance to General Practice. She has been involved in the preparation and delivery of Masters level units by way of managing online web forums and marking assessments. She has also been involved in the design, research and development of new mental health skills training (MHST) and focused psychological strategies skills training (FPS ST) materials.

#### **Consumer and Carer Consultation**

Mental Health Consumer and Carer Consultants continue to be involved in the planning, design, development, delivery, review and evaluation of the education programs offered to GPs. Consumers and Carers provide perspectives from their own lived experience and assist with the promotion of Recovery-oriented care into the GP programs. In 2012 Mr Phil Escott, Consumer Representative and Ms Eileen McDonald, Carer Representative provided consultancy and presented at one onsite workshop: `Psychological Therapies in General Practice' (Graduate Certificate), and Ms Sandy Watson Consumer Representative and Ms Eileen McDonald presented at the `Treatment Based Mental Health Skills for Comorbid Mental Health and AOD' (Masters workshop). In 2013 Mr Phil Escott and Ms Eileen McDonald also provided consultancy and presented at the onsite Graduate Certificate workshop `Mental Health Assessment in General Practice'.

#### Committee

Following the implementation of the revised Graduate Certificate Course in 2012, the General Practitioner Course Advisory Committee was reconstituted as the Course Strategic Development Committee from 2013 onwards with new Terms of Reference approved by the NSW Institute of Psychiatry Academic Board. A list of members of the General Practitioner Course Advisory Committee for the period July 2012 - June 2013 can be found at the back of this report along with the membership of the newly formed Course Strategic Advisory Committee for 2013 onwards.

#### **External Community Education**

Dr Therese Roberts, Dr Michael Bowden and Dr Amanda Rosso Buckton provided extensive consultancy services for Life Force Wesley Mission in the preparation of suicide prevention workshops aimed at General Practitioners and General Practice staff. This project received funding from the Commonwealth Department of Health and Ageing and has been rolled out to a nationwide audience.

Dr Therese Roberts, Dr Michael Bowden and Dr Amanda Rosso Buckton have been invited to join the WentWest Mental Health Reference Group and attended a meeting with WentWest to discuss mutual education goals in GP education within Western Sydney.

# Community, Consumer and Carer Education

#### **Consumer and Carer Education**

During the period under review, the Consumer Education Coordinator, Ms Sandy Watson, wrote a report for the NSWIOP Executive to address emerging issues related to consumer and carer education. As a consequence of this report and its recommendations, the consumer education program underwent significant redevelopment during this period with a shift towards developing a great deal more flexibility in the education offered, and by broadening out the target audience to be more inclusive of carers, mental health workers, senior practice leaders and managers.

This year the focus has been on redesigning consumer education with a shift away from one day workshops offered on campus at NSWIOP, to designing shorter form `consumer perspective' seminars that will be offered for off-campus delivery, an approach better positioned to respond effectively to education needs.

The Consumer Perspective Seminar Series was developed with a view to being available in the second semester of 2013 onwards. It is anticipated that the seminar series will grow in number of seminars available, and in scope. Currently five seminars are available. These are: Values of Mental Health Peer Work; Purposeful Storytelling in Peer Work; Lived Experience of Recovery; Introduction to the Mental Health Consumer Movement, and the Lemon Looning Game.

The Consumer Education Coordinator presented a session on storytelling to a mixed group of consumers and carers during Mental Health Month in 2012 for a community managed organisation in Parramatta. About 20 people were in attendance. The 3 day Consumer Advocacy Course ran in May 2013, and was attended by 11 consumers.

#### **Community Education**

During the reporting period, the Community Education Coordinator, Ms Cherie Carlton engaged in the following community education projects:

- Working on environmental mapping reviewing the community education reach and scope and opportunities to better orient community education to make it more accessible to our target audience.
- Developing tenders for project funding.
- Developing a foundation for collaboration with ARAFMI, which is currently in progress.
- Establishing a working agreement with Mental Health Association NSW, setting out opportunities for collaboration between our organisations.
- Developing a foundation for collaboration with Alzheimer's Australia, which is currently in progress.
- Developing two additional workshops grounded in theories that support Working with Resistance to Facilitate Personal Change and Maintaining Personal Change through Relapse Prevention.
- Growing NSWIOP's off-campus educational opportunities.
- Collaborating with Canterbury Council on a two-month mental health and wellbeing campaign to raise community awareness and contributing to the working group and the communications advisory group.
- Developing a multi-agency working group for Flourish Festival Parramatta for Mental Health Month 2012. Planning and preparation of activities for Mental Health Month Parramatta.
- Successfully coordinating and running Flourish Festival Parramatta and Flourish Film Festival for Mental Health Month in October 2012.

# Customised Courses (Off-Campus)

The Institute designed and developed the following customised training programs in mental health during the reporting period to 30 June 2013.

These customised programs were delivered across Australia by NSWIOP Education Staff and contracted lecturers. Lecturers for these programs are acknowledged in the "Personnel Involved in Teaching" section of this Annual Report.

Accredited Persons – Newcastle Dates: 9-10 Jul 2012 Participants: 26

**Disaster Level One Training – Macquarie Hospital** Date: 12 Jul 2012 Participants: 18

Safe Custody – NSW Police – Hurstville Date: 26 Jul 2012 Participants: 20

Accredited Persons – NSWIOP Dates: 30-31 Jul 2012 Participants: 26

**Mental Health Awareness Training – Dept of Immigration and Citizenship – Canberra** Date: 13 Aug 2012 Participants: 22

Advanced Family Therapy Training – Ballina Dates: 15-16 Aug 2012 Participants: 23

**Drug & Alcohol Treatment Act – NSWIOP** Dates: 20-21 Aug 2012 Participants: 19

Mental Health Awareness Training – Dept of Immigration and Citizenship – Canberra Dates: 28 Aug 2012 Participants: 21

Mental Health Awareness Training – Dept of Immigration and Citizenship – Canberra Dates: 31 Aug 2012 Participants: 23

Safe Custody – NSW Police – Hurstville Dates: 6 Sep 2012 Participants: 20 Mental Health Awareness Training – Dept of Immigration and Citizenship – Canberra Dates: 11 Sep 2012 Participants: 11

Accredited Persons – NSWIOP Dates: 13-14 Sep 2012 Participants: 31

**Mental Health & Intellectual Disability: NSW Police – Collaroy** Dates: 24 Sep 2012 Participants: 20

**Mental Health in the ED – Armidale** Dates: 3 Oct 2012 Participants: 22

**Mental Health Awareness – Canberra** Dates: 8 Oct 2012 Participants: 21

**Recovery Workshop – Parramatta** Dates: 9-10 Oct & 5 Nov 2012 Participants: 22

**Drug & Alcohol Treatment Act – NSWIOP** Dates: 15-16 Oct 2012 Participants: 29

Mental Health & Intellectual Disability: NSW Police – Collaroy Date: 24 Oct 2012 Participants: 20

**Safe Custody – NSW Police – Hurstville** Date: 25 Oct 2012 Participants: 20

Self-Care & Resilience Training – Dept of Immigration and Citizenship – Sydney Date: 31 Oct 2012 Participants: 16

# Customised Courses (continued)

**Recovery Workshop Day 3 – Parramatta** Dates: 5 Nov 2012 Participants: 22

**Mental Health/Self Care – Canberra** Date: 13 Nov 2012 Participants: 18

**Mental Health & Intellectual Disability – NSW Police – Parramatta** Date: 20 Nov 2012 Participants: 13

Mental Health & Intellectual Disability – NSW Police – Collaroy Date: 21 Nov 2012 Participants: 20

Self-Care & Resilience Training – Dept of Immigration and Citizenship – Canberra Date: 21 Nov 2012 Participants: 11

Mental Health Awareness Training – Dept of Immigration and Citizenship – Canberra Date: 23 Nov 2012 Participants: 11

Mental Health Awareness Training – Dept of Immigration and Citizenship – Canberra Date: 27 Nov 2012 Participants: 18

MH Act for CAMHS Workers – Sydney Date: 29 Nov 2012 Participants: 27

Mental Health Awareness Training – Dept of Immigration and Citizenship – Sydney Date: 3 Dec 2012 Participants: 20

Mental Health & Intellectual Disability – NSW Police – Parramatta Date: 4 Dec 2012 Participants: 16

Safe Custody – NSW Police – Hurstville Date: 6 Dec 2012 Participants: 20

**Recovery Workshops – Liverpool** Date: 10 Dec 2012 Participants: 18 Mental Health Awareness Training – Dept of Immigration and Citizenship – Perth Date: 17 Dec 2012 Participants: 19

**Mental Health Act – Dubbo** Dates: 11-12 Dec 2012 Participants: 20

Mental Health Awareness Training – Dept of Immigration and Citizenship – Canberra Date: 7 Feb 2013 Participants: 24

Safe Custody – NSW Police – Hurstville Date: 7 Feb 2013 Participants: 20

Mental Health Awareness Training – Dept of Immigration and Citizenship – Brisbane Date: 25 Feb 2013 Participants: 25

Mental Health Awareness Training – Dept of Immigration and Citizenship – Canberra Date: 1 Mar 2013 Participants: 20

**Cognitive Behaviour Therapy – Wagga** Dates: 5-6 Mar 2013 Participants: 30

Self-Care & Resilience Training – Dept of Immigration and Citizenship – Perth Date: 8 Mar 2013 Participants: 20

Self-Care & Resilience Training – Dept of Immigration and Citizenship – Brisbane Date: 15 Mar 2013 Participants: 23

**Disaster Training: TCMHC – IOP** Date: 22 Mar 2013 Participants: 12

**Safe Custody – NSW Police – Hurstville** Date: 11 Apr 2013 Participants: 20

**Disaster Training TCMHC – IOP** Date: 12 Apr 2013 Participants: 20

# Customised Courses (continued)

**Mental Health Awareness Training – Dept of Immigration and Citizenship – Canberra** Date: 15 Apr 2013 Participants: 14

**Mental Health Awareness Training – Dept of Immigration and Citizenship – Canberra** Date: 22 Apr 2013 Participants: 25

**Motivational Interviewing – North Ryde** Date: 24 Apr 2013 Participants: 25

Mental Health Awareness Training – Dept of Immigration and Citizenship – Canberra Date: 6 May 2013 Participants: 23

Mental Health Awareness Training – Dept of Immigration and Citizenship – Canberra Date: 7 May 2013 Participants: 16

**Accredited Persons – Orange** 

Date: 9-10 May 2013 Participants: 27

Mental Health Legislative Framework – Dubbo Date: 14 May 2013

Participants: 38

Self-Care & Resilience Training – Dept of Immigration and Citizenship – Canberra Date: 17 May 2013 Participants: 22

**Mental Health Awareness Training – Dept of Immigration and Citizenship – Darwin** Date: 17 May 2013 Participants: 10

Clinical Supervision – St George Date: 20 May 2013

Participants: 17

# Cognitive Behaviour Therapy – Orange

Date: 20 May 2013 Participants: 30

#### Safe Custody – Hurstville

Date: 23 May 2013 Participants: 25 **Disaster Training – Transcultural Mental Health Centre – NSWIOP** Date: 31 May 2013 Participants: 20

**Clinical Supervision – St George Hospital** Date: 17-18 May 2013 Participants: 20

**Disaster Training – Transcultural Mental Health Centre – NSWIOP** Date: 21 Jun 2013 Participants: 20

Mental Health Awareness Training – Dept of Immigration and Citizenship – Sydney Date: 24 Jun 2013 Participants: 20

# Special Projects

The Institute has undertaken a record number of Special Projects during the reporting period, all of which serve our broader mission to promote education in mental health and to foster research into mental illness and disorders. Following are detailed reports on the following Special Projects facilitated during the 2012-2013 period:

- Aboriginal Mental Health Workforce Grief and Loss Training Project
- Accredited Persons Online Training and Reaccreditation Project
- AusAID Pacific Public Sector Linkages Program: Mental Health Education and Training Project
- Australian Mental Health Outcomes and Classification Network (AMHOCN)
- Caring for Young People in Adult Mental Health Units
- Child and Adolescent Mental Health Services (CAMHS) Introduction Workshops
- Mental Health Community Assessment and Acute Treatment Services (MHCAATS) Training
- Mental Health Legislative Framework Project
- Mental Health Online Professional Development (MHPOD)
- Queensland Ed-LinQ
- Safe Start High Risk Response Online Training

# Aboriginal Mental Health Workforce Grief & Loss Training Project

Senior Project Officer: Mr Anthony Hillin Project Officer: Ms Megan Wynne-Jones Administrative Officer: Ms Agnes D'Souza

The NSWIOP was selected through a tender process to develop and deliver a training, resource and support package. The aim is to provide training to the Aboriginal mental health workforce around grief and loss to enable the workforce to better support Aboriginal communities deal with grief and loss issues and the flow on effects for the social and emotional well being of Aboriginal communities.

The project began in December 2012, and an Advisory Committee was established to provide expert advice, discussion about factors impacting on the project and to facilitate effective stakeholder engagement for this project.

Achievements to date include learning needs analysis completed (69 respondents), focus groups conducted (60 participants), development of learning materials underway, and pilot training sessions scheduled for July and August 2013 at Taree, Blacktown and Broken Hill.

A literature review and scope of existing grief and loss training is currently being conducted to ensure the project is effectively targeted, to inform the development of resources and to support sustainability.

The full roll-out of the training across NSW will take place during 2014.

# Special Projects (continued)

#### **Accredited Persons Training Program**

Project Coordinator: Mr Peter Bazzana Project Officer: Ms Jenny Shaw

There is provision within the Mental Health Act legislation (sect 136) for the Appointment of Accredited Persons. This provision is designed to improve mental health care in emergency situations, particularly in areas where psychiatrists and experienced medical officers are not available at short notice. The Mental Health Drug and Alcohol Office(MHDAO), Ministry of Health has identified the need to provide a specific training program to appropriately qualified and experienced mental health staff in order for then to gain recognition as an Accredited Person under the NSW Mental Act 2007.

During the reporting period, The New South Wales Institute of Psychiatry (NSWIOP) continued to conduct the Accredited Persons Training Program for the MHDAO. The NSWIOP training program includes a 2 day training program focusing on the legal and clinical issues relevant to the role of Accredited Persons.

After attendance at the training and successful completion of a written assignment designed to demonstrate the participants have attained the relevant knowledge and skills to carry out their responsibilities as an Accredited Person, students are recommended to MHDAO, Ministry of Health to be registered as an Accredited Persons under the NSW Mental Health Act 2007. The successful participants are accredited for 3 years, at which time they are required to undertake an online refresher program to remain accredited.

Over the past 12 months there have been 2 Accredited Persons workshops, one held at the NSWIOP and another in a regional area. A total of 69 people attended these courses. Further Accredited Persons training courses are planned for the next 12 months. In addition an online refresher training course is planned for the next 12 months.

# AusAID Pacific Public Sector Linkages Program: Mental Health Education and Training Project

Project Director: Dr Ros Montague Project Officer: Ms Jan Veitch/Dr Paul Fung Administrator: Ms Marion Cheeseman

The AusAID Pacific Public Sector Linkages Program: Mental Health Education and Training Project is a partnership of the Institute with AusAID, NSW Ministry of Health and the Ministries of Health of the Federated States of Micronesia (FSM), Marshall Islands (RMI), Palau and Papua New Guinea (PNG).

The aim is to increase the capacity of local staff to deliver quality mental health care with respect for human rights. The project is funded by a 3 year grant from the Australian Government AusAID Pacific Public Sector Linkages Program and commenced in November 2011.

It is a further expansion of the Institute's association with AusAID and WHO to support the development of quality mental health services in our neighbouring developing countries.

# Special Projects

## Activity components of the project include:

- Negotiating a coordinated, multi-faceted mental health educational strategy with each partner country;
- Development and delivery of in-country workshops to local staff and community members;
- Customised education experience for targeted members of staff;
- Consultation with an experienced officer to assist with the development of mental health policies and plans;
- Education resources targeted to the specific needs of local mental health staff;
- Provision of mentorship and supervision for targeted members of staff.

Each year the project team consults with each partner country and its health staff to develop a program of study relevant to the needs of their community. Volunteer educators have been recruited to support the delivery of in-country workshops and a website developed to resource these activities. A series of workshops has been delivered in each partner country and consultation has commenced on the development of sustainable approaches to continuing professional education in each of the countries.

Key staff in each country have been identified for additional mentorship and training, commencing with sponsored attendance at the Creating Futures Conference in Port Moresby. Feedback on the activities to date has been very positive demonstrating a strong start to this collaborative project.

#### Activities to 30 June 2013:

- Consultative meetings were held with each country project lead to determine the activity plan for 2013. Meetings were conducted at the Creating Futures Conference in PNG.
- Workshops in Port Moresby 30th September to 10th August conducted by Dr Ilse Blignault two 4 day workshops. One workshop for professional and peer workers from NGOs and one workshop for staff at Laloki Hospital. A total of 31 participants attended these workshops.
- Support for a delegate from each of our 4 partner countries to attend the Creating Futures Conference in PNG September 22-28
- 21–31 August 2012 three one day workshops were held in Koror (Palau) facilitated by Dr Ros Montague and Mr Peter Bazzana. One workshop was specifically for non-mental health trained medical staff, a second for nursing and allied staff. The third workshop was for clinicians working with children and young people. A total of 19 participants attended the workshops. Mentoring of service leader and 2 nominated staff was conducted
- 12-21 January 2013 a two day workshops for mental health and general medical, nursing and drug and alcohol staff was conducted in both Yap and Chuuk (FSM) by Ms Danielle Byers and Mr Mike Hayden. A half day workshop on mental health was conducted for Police in Yap and a similar workshop for NGO staff in Chuuk.
- The one week intensive workshop was conducted at the Institute in April, 2013 as part of the 9-month Mental Health Leadership Development Program. Partner countries nominated from 3 to 5 people to participate in the program with 14 people coming to Sydney to participate in the program. Participants evaluated the workshop very positively and will complete their projects by October with local and IOP mentoring and supervision.

## Acknowledgements of support:

- WHO mhGAP program for permission to use the program resources in the education activities
- Volunteer educators who have developed and delivered the in-country workshops: Mr Mike Hayden, Dr Kerri Brown, Ms Natalie Cutler, Dr Ilse Blignault, Dr Paul Fung and Danielle Byers
- Menzies Institute AIMHI program for permission to use the program resources in the education activities.

#### Australian Mental Health Outcomes and Classification Network (AMHOCN) Project

AMHOCN Training and Service Development: Mr Tim Coombs AMHOCN Network Coordination: Ms Rosemary Dickson AMHOCN Network Administrative Assistant: Ms Lauren Arcuri/Ms Bederina Rayne AMHOCN Project Officer: Ms Neda Dusevic (to February 2013) AMHOCN Project Officer: Mr Josh Onikul (from February 2013)

The NSW Institute of Psychiatry has been contracted by the Australian Department of Health and Ageing to undertake Training and Service Development and Network Coordination activities for the Australian Mental Health Outcomes and Classification Network (AMHOCN). AMHOCN has been funded to support the implementation of routine outcome measurement in Australia's public mental health services. During 12-13, AMHOCN Training and Service Development (TSD), managed by Mr Tim Coombs, conducted a number of jurisdictional training workshops and targeted forums that saw the participation of (number TBA) clinicians, service managers, consumers and carers. Since the beginning of the project, nearly 12,000 people have participated in AMHOCN training.

In July 2012, AMHOCN hosted a two day forum for members of the National Consumer and Carer Forum and the National Register. This provided an opportunity to not only update participants on national work being undertaken in the area of mental health information development, but also obtain advice and feedback on several key projects being undertaken by AMHOCN, including the development of new measures and the review of the National Outcomes and Casemix Collection (NOCC). In June 2013, AMHOCN collaborated with Te Pou, New Zealand's National Centre of Mental Health Research, Information and Workforce Development, to host the 4th Australasian Mental Health Outcomes and Information Conference in Sydney. Key note speakers were Dr Lindsay Oades, Ms Lisa Jones, Dr Barry Welsh and Dr Grant Sara. Conference presentations covered key issues such as the recovery movement, using standard measures in clinical practice, benchmarking and key performance indicators, activity based funding and casemix in mental health, and training in information to improve workforce capability and competence.

AMHOCN has continued collaboration with the Royal Australian and New Zealand College of Psychiatrists on the development of a training module on the use of outcome measurement for psychiatric registrars. Revisions to this resource are currently underway. AMHOCN has also undertaken work on a resource on the use of measurement in mental health - incorporating both measurement of physical health and mental health. AMHOCN has also completed work on the development of new vignettes for use in training resources.

AMHOCN has continued to provide online training in the measures that make up the National Outcomes and Casemix Collection across all age groups. This training can be found at: http://amhocn. org/training-service-development/online-training.Trainees enroll and have access to the online training for one month. Pending successful completion of a knowledge test and attaining 80% concordance with consensus ratings for a vignette, trainees then receive a certificate of completion from the NSW Institute of Psychiatry. AMHOCN has also made available online training for the Mental Health Nurse Incentive Program. 230 people undertook the online training during 2012-2013. During this last year AMHOCN has progressed work on four key projects:

- National Outcomes and Casemix Collection (NOCC) Strategic Directions 2014-2024
- Development of a measure of the social inclusion aspects of recovery;
- Development of a measure of carer experiences of care; and
- Community Mental Health Australia / AMHOCN collaborative project on scoping the use of outcome

# Special Projects (continued)

#### measures in community managed organisations.

NOCC Strategic Directions 2014-2024 has focused on reviewing the measures and the protocols that comprise the National Outcomes and Casemix Collection with a view to developing recommendations for their use in the coming decade. This project has been overseen by the National Mental Health Information Development Expert Advisory Panel (NMHIDEAP). National consultations took place across all states and territories, involving consumers and carers, clinical staff, management, quality and data managers of public mental health services, professional bodies, as well as key partners in the delivery of mental health care in community managed organisations and the primary care sector. Online surveys were also conducted. The final project report will be considered by the Mental Health Information Strategy Standing Committee at their next meeting in October 2013.

AMHOCN has progressed work on the development of a measure of the social inclusion aspects of recovery, known as the Living in the Community Questionnaire (LCQ). Ten mental health services across Australia participated in a trial of the measure during early 2013. This trial was aimed at determining whether the LCQ captures information meaningful to consumers, measures what it is intended to measure and has the capacity to be used in clinical practice. Following analysis of data gathered during the trial, the project's technical advisory committee recommended some additional modifications and limited testing of the revised tool. This will take place through to early 2014. AMHOCN have also progressed work on the development of carer experiences of care measure. This development work was identified as one of the priority initiatives within the 4th National Mental Health Plan. AMHOCN has worked with an Expert Advisory Panel to develop a tool that focuses on carers' experience and engagement with mental health services and which aligns to key elements pertaining to carers in the National Standards for Mental Health Services. AMHOCN has liaised with states and territories regarding the nomination of services to participate in a proof of concept trial. A number of services have indicated an interest and the trial will take place in early 2014 following completion of the ethics approval process.

During this past year, AMHOCN has also collaborated with Community Mental Health Australia (CMHA) on a project to scope the use of outcome measurement in the mental health community managed organisation (CMO) sector. AMHOCN completed a review of the literature to identify measures suitable for use in mental health CMOs. An online survey was completed which identified measures that are currently being used across the sector. A stakeholder workshop was then held to consider these two pieces of work and provide advice on using outcome measures across the CMO sector, taking into account the the variability of the sector in terms of programs and resources. The final report of the project has been completed, including a set of recommendations, and this will be considered by MHISSC at their next meeting in October 2013.

AMHOCN Network Coordination, undertaken by Ms Rosemary Dickson with project and administrative assistance from Ms Lauren Arcuri, has continued to support the training and service development activities of AMHOCN and has also provided secretariat services for the Mental Health Information Development Expert Advisory Panels. Four target population specific panels – Adult, Child and Adolescent, Older Persons, Forensic – and a National Panel have met on a regular basis to provide advice to MHISSC on issues that pertain to the mental health information development agenda, including outcome measurement. The Panels have focussed much time during the past year on the provision of advice relating to the NOCC Strategic Directions project. The Panels have also been undertaking some research and development work e.g. the Child and Adolescent Panel has been working on developing a measure suitable for infants. In addition to work associated with training and service development and coordination of the Expert Panels, AMHOCN components (Analysis and Reporting, Training and Service Development and Data Bureau) have continued to work together on a range of projects, especially relating to data quality and the development of relevant reports.

# Caring for Young People in Adult Mental Health Units

Project Officers: Mr Anthony Hillin and Ms Danielle Byers

This project conducted in collaboration with MH-Kids aimed to conduct a learning needs survey for staff of adult mental health services, and conduct staff in-service presentations and orientation workshops. The project was completed in this financial year.

All components have been delivered including a learning needs analysis for staff of adult mental health services (113 surveyed), the development of five in-service presentations, detailed participant handouts, presenter's guide and comprehensive video material, as well as an orientation day for implementers (30 participants).

## CAMHS (Child and Adolescent Mental Health Services) Introductory Workshops

Project Coordinator: Ms Christine Senediak Administration: Ms Agnes D'Souza

Three workshops were held at the NSWIOP for health workers new to CAMHS. These workshops were refined each session to capture the specific needs of the clinical staff attending. Greater focus on at-risk adolescents and in-patient emergency services for young people. Mental health workers from across the state attended the workshops which ran for one week at the NSWIOP campus. In addition, site visits to either Rivendell, Walker, Redbank or CHW inpatient adolescent units were arranged. Senior representatives from psychology, occupational therapy, social work and nursing provided mentoring regarding discipline specific goals and expectations in the workforce.

## MHCAATS (Mental Health Community Assessment and Acute Treatment Services)

#### Project Officer: Dr Kerri Brown Administration: Ms Amanda Kiellor

This project developed a clinically effective and evidence based training programme, to equip acute care practitioners to work in effective and capable community based teams, to provide person centred, recovery oriented approaches to crisis resolution and intensive home treatment as an alternative to hospital admission. The project:

- Identified the set of generic Core Competences of the CAATS practitioner;
- Validated this by cross-reference to consumer & carer consultation, mental health services provider organizations, policy guidance and the latest available research based evidence;
- Ensured alignment and integration with the emerging NSW state practitioner Competency Framework;
- Developed curriculum for recovery oriented training to underpin the role of the CAATS practitioner.
- Developed a training programme with teaching and learning materials, including material that in later development stages, could be suitable for delivery through web based and e-learning methodologies to enable better team based access.
- Ran two pilot training programs in Western Sydney and Western NSW LHDs.

## Mental Health Legislative Framework Project

Project Coordinator: Mr Peter Bazzana Administrator: Ms Paula McGaulley

The Mental Health Legislative Framework Education Project aims to support mental health workers in NSW to better understand the legislative frameworks in which they practice. During 2011-2012 a series of monthly workshops were presented at the NSWIOP. The workshops are primarily designed for new staff and also to assist those who want to update their current knowledge.

In total this project has provided face-to face training to around 1500 participants.

During the reporting period, a total of 15 workshops were conducted, with just under 500 people attending, as follows:

- Six (6) workshops were conducted at NSWIOP in the first half of the financial year with a total of 182 persons attending. At the end of the year there was a waiting list of over 90 persons. Negotiations are continuing with MHDAO for funds for further workshops.
- A number of Mental Health Act 2007 workshops were conducted outside the scope of this project. They included regular sessions for NSW Police as part of the Mental Health intervention Team training, workshops in Dubbo, and Broken Hill NSW as part of a TAFE qualification in Community Mental Health, a workshop at Macquarie Hospital for CAMHS workers, and a workshop for new Official Visitors.
- Work continues on the development of a website to support these education initiatives.

# MHPOD (Mental Health Professional Online Development)

#### Project Officer: Mr Michael Blair

The Mental Health Professional Online Development (MHPOD) Program is a National and State priority to support the knowledge and skill development within the Mental Health Workforce. The project is a product of the National Mental Health Workforce Advisory Committee (MHWAC) and has been funded by all States, Territories and the Commonwealth Government. The training has also recently received national recognition with a TheMHS Achievement Award 2012 for the project's contribution to workforce education and training.

The training has been available nationally since early 2011 and the Project Officer (based at the NSW Institute of Psychiatry (NSWIOP) commenced in March 2011. Project funding was provided by the NSW Ministry of Health to lead the implementation and roll-out of the training in NSW, to work with Local Health Districts (LHD) and Specialty Network to utilise the training, to seek out opportunities with key stakeholders and to participate at a local and national level on relevant committees and groups.

In NSW, the Training has had significant take up with over 3,400 mental health staff registered on the Learning Management System (to date), and a further 2,000 licences for NSW have been approved. All LHDs and Specialty Networks are actively engaged in the implementation of the training. In the near future the 70 hours of training contained in MHPOD (45 topics) is to be enhanced with the addition of 13 new topics (an increase of 20 hours of learning). Currently eight of the 13 new modules have been released; a further 5 are expected later in 2013.

# Special Projects (continued)

#### **Queensland EDLinQ Project**

Project Officer: Mr Anthony Hillin Administration: Ms Agnes D'Souza

During the reporting period, 15 x 2-day Workforce Development Workshops on the topic of Non-Suicidal Injury workshops and Anxiety workshops were delivered by Mr Anthony Hillin and Dr Robert McAlpine, with approximately 40-45 participants at each workshop.

All workshops have been highly evaluated by participants.

Analysis is underway for a detailed report to Queensland Health.

## Safe Start Online Training and Supporting Families Early 2

Project Coordinators: Dr Justine Ellis and Ms Beth Macgregor IT Project Officers: Mr Darren Cheney and Mr Paul Walker Training Consultant: Ms Karen Raine

The original *Giving Children a Safe Start: The Role of Mental Health and Drug and Alcohol Workers* (Safe Start 1 and 2) online training projects were undertaken in 2010-2011 and were designed primarily for mental health and drug and alcohol workers, with staff from other disciplines such as Allied Health (Primary Health), Sustaining NSW Families Teams (sustained health home visiting) and Keep Them Safe Whole Family Teams benefiting from participating.

During 2012-13, NSWIOP's IT team undertook an exercise to combine the online SafeStart 1 and 2 projects into one combined site, updating content where required. The intent was to open up both programs to a larger audience and to generate better reporting. The team also updated branding of the project that had changed since the original release in 2011. The project was finalised in June 2013.

From March 2013, both learning packages are now available from the one landing page, making it far easier for end users to access and utilise the complete training package. There have been 238 users who have commenced training Safe Start Assessment and Screening, with 85 users completing the training. A further 129 users have commenced the 'Giving Children a SAFE START training, with 36 users having completed the training.

# Fellowships

Training Fellowships in Child and Adolescent Psychiatry, Research and Areas of Need in Psychiatry are allocated each year. The scheme is competitive and successful applicants receive grants for periods of up to 12 months. This scheme is funded by the NSW Ministry of Health and is administered by the Institute. In addition to receiving training, Fellows, who are usually senior clinicians, provide an essential clinical service at hospitals and community centres where they are placed. This service is funded by the fellowship scheme and is provided at no cost to those institutions.

Training Fellowships in Intellectual Disability Mental Health are offered for periods up to 12 months. The Fellowships provide an opportunity for training in the specific area of intellectual disability mental health, primarily in clinical work but may include a research component. They are designed to enable fellows to acquire skills which will not be possible without the Fellowships.

Following are the Fellowships undertaken during the period 1 July 2012 to 30 June 2013.

# Child and Adolescent and Family Psychiatry Fellowships

Dr Kylie Gulliford, Dr Mohsen Mirzaie, Dr Jennifer Harris and Dr Gillian Sanzone completed their Fellowships during the period.

Dr Anita Datta-Chaudhuri, Dr Joey Le and Dr Ian McCracken commenced their Fellowships on 21 January 2013.

Dr Emma Gilbert re-commenced her Fellowship on 11 March 2013.

# **Training in Research Fellowships**

Ms Rachael Birch, Ms Sarah McDonald, Dr Daniel Kuiper, Dr Rosalyn Lai and Ms Lucy Tully completed their Fellowships during this period.

Dr Alison Bautovich commenced her Fellowship entitled "Treating depression in hemodialysis patients: a randomised sham controlled trial of transcranial direct current stimulation (tDCS)" on 31 January 2013.

Ms Rachael Birch commenced her Fellowship entitled "Prevalence and correlates of neuropsychiatric symptoms among premutation carriers of the FMR1 gene" on 3 January 2013.

Dr Genevieve Curran commenced her Fellowship entitled "Correlation of Lithium-Induced Structural and Functional Brain Imaging Findings with Clinical and Cognitive Functioning in Key Brain Regions of Bipolar Disorder Patients" on 21 January 2013.

# Fellowships (continued)

# **Special Training Fellowships**

Dr Matthew Boulton, Dr Elisabeth Cannon, Dr Jane Cass-Verco and Dr Vanessa Rogers completed their Fellowships during the period.

Dr Ghada Abd Elbaky commenced her Fellowship entitled "Women's health: Advanced Training in Adult Eating Disorders and Perinatal Psychiatry" on 21 January 2013.

Dr Chris Cocks commenced his Fellowship entitled "Outcomes following discharge from secure care". A 12 month forensic psychiatry research placement and clinical attachment at The Institute of Psychiatry, King's College, London on 1 February 2013.

Dr Paul Fung commenced his Fellowship "Special Training in Mental Health Service Development in The Asia Pacific" on 14 January 2013.

Dr Elizabeth Paige commenced her Fellowship entitled "Management of Problematic Pharmaceutical Opioid Use" on 21 January 2013 and resigned on 7 June 2013.

# Intellectual Disability Mental Health Fellowships

Fellowships in the field of Intellectual Disability Mental Health are offered by the New South Wales Institute of Psychiatry in conjunction with Ageing, Disability and Home Care.

This is a developing subspecialty area of Psychiatric practice with excellent prospects for growth in the future. Increasingly, all Psychiatrists are contributing to the care of people with intellectual disability.

Training Fellowships in Intellectual Disability Mental Health are offered for periods up to 12 months. The Fellowships provide an opportunity for training in the specific area of intellectual disability mental health, primarily in clinical work but may include a research component. They are designed to enable fellows to acquire skills which will not be possible without the Fellowships.

Dr Keith Johnson and Dr Nadir Hafiz completed their Fellowships during this period.

# Research Applications/Ethics Committee

Judge Angela Karpin chairs the Institute's Research Ethics Committee. The committee is approved by the National Health and Medical Research Council (NHMRC). Dr Roslyn Markham is Secretary of the Committee and Ms Erica Khattar provides administrative support. In the reporting period to 30 June 2013, the following research applications were considered:

"Living in the Community Questionnaire - Test-ReTest Reliability and Sensitivity to Change Study", Mr Tim Coombs: Approved 25 October 2012.

"How well does early intervention in psychosis service manage metabolic syndrome: What are the barriers to effective care?", Dr Allan Martin: Approved 12 December 2012.

"An examination of neuromotor and brain signatures in FMRI permutations carriers", Ms Rachael Birch: Approved 25 February 2013.

"Lithium, Neuroimaging and Cognitive Status in Bipolar Disorder LiNCS-BD", Dr Genevieve Curran: Approved 28 March 2013.

# World Health Organisation

During this reporting period the Institute was redesignated as a World Health Organisation (WHO) Collaborating Centre in Mental Health and Substance Abuse from 29 November 2012 to 28 November 2016.

WHO invited NSWIOP to play a greater role in mental health education with Pacific Island countries, particularly The Republic of Marshall Islands, Federated States of Micronesia and Palau, in addition to the ongoing commitment to PNG. Financial support for this project is provided via a 3-year AusAID grant.

Following a request from WHO, NSWIOP has produced a compilation and summary document of relevant tools and guidance for setting up or strengthening service user and family organisations to lobby, set up self-help groups and promote advocacy more generally.

# Resources

# Database

During 2013 potential issues were identified that would impact historic data within our student database. Several changes have been introduced to prevent these issues from occurring. These changes involved a minor change to the beginning of year processes within this system, however these changes were deemed essential in order to protect data integrity for the past, present, and future of this system.

# eLearning and Information Technology

Following the completion of many of our larger projects in 2011-12, this year has been a year of consolidation and planning for ICT. Some of the key areas Neil Mulholland, Paul Walker and Darren Cheney have been focussing on are:

- Policy review and development – Over the course of the year all ICT policies have been reviewed. This has led to the ongoing process of updating out-dated policies, and new policies being developed where required.

# Resources (continued)

- Moving to a cloud based solution - A proposal has been put to Management to implement SharePoint Online at the Institute. It is believed that this will assist with streamlining many of our processes, improve project management, improve the delivery of information, and lower ongoing ICT costs.

- Video Production - This has been a core process in ICT for some time now, however in 2014 we are looking to use the tools at our disposal to better promote the Institute. It is proposed that this be done through the production of short video promotions to increase our exposure to potential students and customers.

- Web Hosting - Following our move to a dedicated server in 2012 we now have the ability to host the web services of other institutions. This is potentially a good revenue stream for the Institute. We currently host several external projects.

- Staff Development initiative - ICT have proposed investing in a subscription to Lynda.com in order to give staff the opportunity for development without the need to leave the office. The proposal is currently being considered by Management.

- Increasing our reach – ICT has been testing and utilising new technologies such as web conferencing with the aim of enriching the distance education experience for our students. By utilising technologies such as web conferencing it will allow NSWIOP to lower the entry barriers to courses while increasing the richness of the course content for the students.

# Information Technology - Special Projects

#### AMHOCN – Moodle Migration

The AMHOCN project asked that their Learning Management System (Moodle) be hosted on NSWIOP servers. This involved data integrity checking on existing databases and redirection of the existing pages

## AMHOCN – video vignettes

The AMHOCN project required the development of some video vignettes for training purposes. ICT recorded and edited these vignettes in cooperation with AMHOCN staff

## CAMHS Podcasting Project

ICT continues to host and maintain the CAMHS Podcasting Project. MH Kids continue to supply new podcasts which NSWIOP add to the site for continued growth of this site/project.

#### Caring for young people in adult mental health units and PECCs

This project required the development of some video vignettes for training purposes. ICT recorded and edited these vignettes in cooperation Anthony Hillin, staff from PECC units and service consumers. A web based course was created to demo these video vignettes

#### Clinical Supervision Conference

ICT developed a website to promote this event being run by the NSWIOP. In addition ICT promoted the conference through paid Google advertising. During the event ICT filmed a number of the key speakers. In addition, ICT provided the sound equipment for the musical performance given at the conference.

# Resources (continued)

#### ECAV Moodle Training

ECAV recently deployed a new Moodle based Learning Management System and ICT provided training and assistance to them to both train staff and assist them in setting up their courses.

#### Helpdesk

ICT continue to maintain the NSWIOP's online ICT support helpdesk. This provides support to NSWIOP staff and, where applicable, to NSWIOP students and other stake holders.

#### Leadership and Management – PCP

In cooperation with HETI ICT developed a training course to address 8 objectives for trainees. This course required that students be only able to navigate the training materials in a conditional fashion. ICT are also responsible for the enrolment and support of students for this course.

## Mental Health Legislative Framework

Website & Education modules

The MHLF project required the development of a website and some SCORM based eLearning Modules. Both these tasks were initially outsourced but the company was unable to meet the requirements. ICT took over the project and developed a website and the first of the eLearning modules.

#### MHPOD

ICT has now taken a support role for the NSW MHPOD site. ICT is responsible for enrolment of users, and technical support/issues on the NSW MHPOD site.

#### Live Streamed events

ICT continue to facilitate live video streams for NSWIOP students. These include PCP lectures for rural and remote students and block days for the perinatal and infant department.

#### Safestart

The original Giving Children a Safe Start: The Role of Mental Health and Drug and Alcohol Workers (Safe Start 1 and 2) online training projects were undertaken in 2009 – 2011 and were designed primarily for mental health and drug and alcohol workers, with staff from other disciplines such as Allied Health (Primary Health), Sustaining NSW Families Teams (sustained health home visiting) and Keep Them Safe Whole Family Teams benefiting from participating During 2012-13, NSWIOP's IT team undertook an exercise to merge the online Safe Start 1 and 2 projects into one combined site, updating content where required. The intent was to open up both programs to a larger audience and to generate better reporting. The team also updated branding of the project that had changed since the original release in 2011. The project was finalised in June 2013.

## The Queensland Ed-LinQ Initiative

Self-harm in adolescents: Presentation for secondary teachers. In cooperation with Anthony Hillin ICT developed some training materials for this project and made them available on line for prospective stakeholders

# Resources (continued)

# Library

Information literacy and research support are provided by the Institute's librarian, Mr David Wong-See. The Institute's library provides a combination of hard copy and online resources for its staff and students. Some outreach is provided to the larger mental health community and to the general public where requested. There is a formal agreement with the Cumberland Hospital Mental Health Library, allowing extended research and retrieval services for the Institute staff. Below are some key points for the reporting period to 30 June 2013

Online video collection from Alexander Street Press

This newly acquired resource contains videos on counselling, psychology and psychotherapy for our staff and students. The video and audio is supplemented by a searchable transcript which scrolls as the video is played. Both staff and students have password access to this resource and multiple access is possible both on and off-site.

TEQSA (Tertiary Education Quality and Standards Agency)

Assistance was given for the Library and Information component for 2 applications to TEQSA.

- Family Therapy Course renewal accreditation
- Master of Psychiatry Course renewal accreditation

Literature searching guide for local and interstate students. More support for our interstate students was provided by creating a guide to searching the literature and finding resources. This guide provides information which is specific and relevant according to each state (eq. New South Wales, Queensland etc..)

Advances in Clinical Supervision Conference, Sydney, June 2013. Support and assistance was provided for this conference which was organised by the Institute.

#### Updating of course materials

A regular core function has been conducting literature searches and obtaining publications (journal articles, book chapters) for the updating of existing course readings and for the creation of readings for new courses.

#### CIAP (Clinical Information Access Portal)

Instruction and access to CIAP was continued to be given to the staff of the Institute. CIAP provides access to clinical information and published resources to support evidence-based practice and is a heavily used resource by the Institute – kindly provided by NSW Health.

#### Literature Skills Workshop

A Literature Skills Workshop was conducted for our students in the following courses -

- Perinatal and Infant Mental Health
- Older Persons
- Family Therapy
- Masters of Psychiatry/PCP

#### Conference

This conference was attended in July 2013 to stay updated on copyright matters -

• Libraries and Copyright, Australian Copyright Council, Sydney.

# Staff Activities, Memberships and External Education

The Institute's education staff continue to promote mental health education to various external bodies. During the reporting period to 30 June 2013, NSWIOP education staff were involved in the following programs for external bodies and held the following memberships and consultancies:

## Adjunct Professor Roslyn Montague, Director

- Member, Board, NSW Institute of Psychiatry
- Member, Academic Board, NSW Institute of Psychiatry
- Member, Finance Committee, NSW Institute of Psychiatry
- Chair, Standing Committee for Research, NSW Institute of Psychiatry
- Member, Standing Committee for the Training of Psychiatrists, NSW Institute of Psychiatry
- Member, Intellectual Disability Mental Health Fellowships Committee, NSW Institute of Psychiatry
- Member, GP Course Advisory Committee, NSW Institute of Psychiatry
- Member, Psychiatry State Training Council, HETI
- Member, Australian Psychological Society
- Member, College of Clinical Psychologists
- Member, Australian Clinical Psychology Association
- Member, Mental Health Program Council, NSW Ministry of Health
- Member, Child and Adolescent Sub-Committee of Mental Health Program Council, NSW Ministry of Health
- Member, Mental Health Workforce Development Sub-Committee, NSW Ministry of Health
- Chair, Mental Health Education, Training and Support Working Group, NSW Ministry of Health
- Member, Clinical Psychology Program Advisory Committee, Macquarie University
- Member, Djirruwang Executive Group, Charles Sturt University
- Member, HETI Psychiatry State Training Council Working Party Education Support Fund applications
- Member, MHPOD Implementation Steering Group, MHDAO, NSW Ministry of Health
- Member, CEC, School Counsellor Working Party
- Invited Speaker, SB Dowton Medical Leadership Seminar UNSW
- Consultation and conducted workshops for AusAID project in Palau
- Temporary adviser for WHO Forum on suicide prevention in the Western Pacific Region held in Seoul
- Speaker, Creating Futures Conference in Papua New Guina
- Taught Health Care Interpreters Course
- Conducted workshop for Catholic Education Office Lidcombe
- Attended RANZCP Asia Pacific Forum in Sydney
- Conducted Report Writing Workshop for Department of Family and Community Services
- Attended Clinical Supervision Conference
- Conducted workshop on Self-harm for Catholic Education Office Blacktown

## Mr Peter Bazzana, Mental Health Educator

- Education Officer, NSWIOP
- Member, Mental Health Review Tribunal
- Member, Mental Health Workforce Development Sub-Committee, NSW Ministry of Health
- Conjoint Fellow, School of Medicine and Public Health, University of Newcastle
- Member Mental Health Consultation Liaison Nurses Association
- Member, Reference Group, CTO clinical decision-making project, Sydney University, Centre for Values, Ethics and the Law in Medicine
- Member, Mental Health Review Tribunal, Professional Development Education Committee.
- Currently undertaking an International Diploma in Mental Health Law and Human Rights through WHO.

# Ms Martha Birch, Perinatal and Infant Mental Health Coordinator

- Course Coordinator, Perinatal and Infant Mental Health Program, NSWIOP
- National Treasurer of AAIMHI (Australian Association for Infant Mental Health, Inc.)
- State Secretary of AAIMHI (Australian Association for Infant Mental Health, Inc.) NSW Branch
- Consultant Clinical Supervisor, PIFA (Parent, Infant, Family Australia)
- Company Secretary, ANZAP (Australia and New Zealand Association for Psychotherapy)
- Member PACFA (Psychotherapy and Counselling Federation of Australia)
- Member Australian College of Mental Health Nurses
- Credentialed Mental Health Nurse
- Psychotherapist, Infant-Parent Therapist in Private Practice
- Member, Selection Panel to employ a new Administrative Officer, NSWIOP, August 2012.
- Managed some complex and challenging student matters in October.
- Attended Conference: AAIMHI National Conference, Adelaide and co-presented a paper on Developing Core Competencies for PIMH workers, October 2012
- Completed a revised Handbook for Infant Observation Supervisors, November 2012
- Participated in the planning for the Clinical Supervision Conference and attended and presented a paper at this conference, NSWIOP, June 2013
- Participated in workshops as part of the restructure process for NSWIOP.

# Dr Michael Bowden, Head of Medical Education

- Head of Medical Education, NSWIOP
- Senior Staff Specialist Child and Adolescent Psychiatrist, Children's Hospital Westmead
- Clinical Lecturer, Dept of Psychological Medicine and Dept of Paediatrics and Child Health, Western Clinical School, University of Sydney
- Fellow of the Royal Australian and New Zealand College of Psychiatrists
- Member of the Faculty of Child and Adolescent Psychiatry, RANZCP
- Chair, Standing Committee for the Training of Psychiatrists, NSWIOP
- Member, Academic Board, NSWIOP
- Member, Senior Academic Staff Committee, NSWIOP
- Member and Deputy Chair, Psychiatry State Training Council (PSTC), NSW HETI
- Member, NSW Branch Training Committee, RANZCP
- PhD Candidate, Faculty of Medicine, University of Sydney. Research Topic: 'Family Risk and Resilience in Serious Paediatric Liver Disease'.
- Chair, Education Subcommittee, NSW HETI
- Chair, Intellectual Disability Mental Health Fellowships Committee, NSWIOP
- Member, Joint Committee on Intellectual Disability Mental Health, NSW Health and Dept of Ageing, Disability & Home Care
- Taught Master of Mental Health (General Practitioner) students, NSWIOP postgraduate programs
- Taught Perinatal and Infant Mental Health Students, NSWIOP postgraduate programs
- Taught Master of Psychiatry Students, NSWIOP
- Taught Medical Students, Sydney Medical School, Sydney University
- Attended RANZCP Congress, Sydney, NSW
- Co-convenor RANZCP Faculty of Child and Adolescent Psychiatry Annual Conference, Manly, NSW
- Attended International Liver Transplant Society International Conference, Sydney, NSW. Poster presentation, 'Family Risk and Resilience in Pediatric Liver Disease and Transplantation'
- Attended RACGP Annual Conference, Gold Coast, QLD. Workshop presentation with Dr K Veary, 'MSE Skills for General Practitioners'

# Staff Activities, Memberships and External Education (continued)

- Presented to Transplant Nurses Association 'Living on the Roller-Coaster: Looking after kids who have a liver transplant'
- Attended research retreat, 'Qualitative Data Analysis Using NVivo', Dr P Bazeley, Bowral NSW
- Publication: Bowden MR. The Child with Chronic Illness. In: Newman L and Mares S (Eds) Contemporary Approaches to Infant and Child Mental Health. IP Communications, East Hawthorn, 2012
- Co-Convenor, Conference Organising Committee, RANZCP Faculty of Child and Adolescent Psychiatry Annual Meeting, Sydney
- Attended RANZCP Congress, Hobart, Tasmania.

# Dr Kerri Brown, Head of Multidisciplinary Education

- Head of Multidisciplinary Education, NSWIOP
- Member Australian Psychological Society (Clinical Board)
- Clinical Lecturer, Psychiatry, Western Sydney Clinical School, Faculty of Medicine, University of Sydney
- Honorary Research Fellow, Brain Dynamics Centre, WMI
- Member BRAINnet
- Member, Hearts and Minds Research Network
- Member, Mental Health Workforce Development Sub-committee, NSW Health
- Member Chairman of Academic Boards NSA-HE, attended meetings in Sydney, August, 2012 and Melbourne, March 2013
- Chair, Senior Academic Committee, NSWIOP
- Chair, Standing Committee for Multidisciplinary Education, NSWIOP
- Member, Academic Board, NSWIOP
- Chairman, CAATS Curriculum Development Advisory Group and Trainer, RMI, AusAid PPSLP Mental Health Education and Training
- AusAid PPSLP Mental Health Education and Training in the Republic of Marshall Islands, January, 2013 and Leadership course in Sydney, April 2013.
- Attended the Tertiary Education Quality and Standards Agency (TEQSA) briefing, Sydney August, 2013
- Completed Capability Framework training, March 2013
- Attended the Australian Quality Framework (AQF) workshop, Sydney, March 2013
- Published paper: Kozlowska K, Brown KJ, Palmer DM, Williams L.M (2013) Specific Biases for Identifying Facial Expression of Emotion in Children and Adolescents with Conversion Disorders. Psychosomatic Medicine 75(3):272-280
- Taught on DIAC Workshops on Mental Health and Resilience in Canberra and Perth 2012-2013.

# Ms Danielle Byers, Head of Community Education and Special Projects

- Head of Community Mental Health Education & Special Projects, NSWIOP
- Member, Australian Psychological Society
- Member, College of Clinical Psychologists
- Member, Advisory Committee Aboriginal Mental Health Workers Grief and Loss Training
- Member, Advisory Committee, Young People in Psychiatric Emergency Care Centres
- Member, Consumer Education Committee, NSWIOP
- Learning Objectives Workshop, 31 July 2012, Attended
- The Professional Collaboration Project, the Fifth Community Pharmacy Agreement, PricewaterhouseCoopers, 7-9 August 2012, Attended
- Department of Immigration and Citizenship, 31 August 2012, Canberra, Presented
- Exploring better mental & physical health outcomes through collaboration, Mental Health Coordinating Council, 7 September 2012, Attended

# Staff Activities, Memberships and External Education (continued)

- Mental Health Association Annual General Meeting, 18 September 2012, Sydney
- Western Sydney Community Health Forum, 26 September 2012, Parramatta Town Hall, Attended
- Schizophrenia Fellowship meeting, 2 October 2012, Parramatta, Attended
- Mental Health Workforce Consultation Project, 5 October 2012, Sydney, Attended
- Partners in Recovery Community Meeting, 9 October 2012, Macquarie Hospital, Attended
- Self-care and Resilience, 15 November, 2012, St John of God Hospital North Richmond, Presented
- Department of Immigration and Citizenship, Self-care and Resilience, 21 November 2012, Canberra,
  Presented
- AusAid Pacific PSLP Mental Health Education and Training in Chuuk, Federated States of Micronesia, 4-7
  December 2012, 10-14 December, Yap, Federated States of Micronesia
- Management & Development Training, 31 January 2013, Attended
- Department of Immigration and Citizenship, Mental Health Awareness Training, 1 March 2013, Canberra, Presented
- Public Sector Capability Framework Training, 5 March 2013, Attended
- Department of Immigration and Citizenship, Self-care and Resilience Training, 7 March 2013, Perth, Presented
- Department of Immigration and Citizenship, Self-care and Resilience Training, 15 March 2013, Brisbane,
  Presented
- Aboriginal Mental Health Workers Forum, 19 & 20 March 2013, Wagga Wagga, Attended and focus groups conducted
- AusAid Pacific PSLP Mental Health Education Leadership Training in Sydney, April 2013

# Ms Cherie Carlton, Coordinator, Community Education Programs

- Coordinator, Community Education, NSWIOP
- Member, Australian Association of Social Work, Accredited Mental Health Social Worker
- MSc International Addictions Studies, Adelaide University, Virginia Commonwealth University and Kings
   College London, completed
- Member of the Mental Health Association Mental Health Promotion Reference Group
- Member of the Community Education Committee, NSWIOP
- Member, Consumer Education Committee, NSWIOP

# Mr Mike Hayden, Education Officer

- Coordinator, Adult Mental Health Programs, NSWIOP
- Member, Academic Board, NSWIOP
- Member, Senior Education Committee, NSWIOP
- In-Country Coordinator, RMI, AusAid PPSLP Mental Health Education and Training
- Member, CAATS Curriculum Development Advisory Group

## Dr Nick Kowalenko, Coordinator, Perinatal and Infant Mental Health Programs

- Activity Head, Perinatal & Infant Mental health Program, NSWIOP
- Chair, Faculty of Child and Adolescent Psychiatry, Royal Australian & New Zealand College of Psychiatrists
- Senior Clinical Lecturer, University of Sydney at Royal North Shore Hospital
- Deputy Chair, Australian Infant, Child, Adolescent and Family Mental health Association
- Deputy Chair, Tresillian Family Care Centres.
- Presented to Masters of MH (PIMH) students, NSWIOP postgraduate programs
- Presented to Advanced Trainees Child and Adolescent Psychiatry, NSWIOP postgraduate programs

# Dr Sonia Kumar, Joint Coordinator Master of Psychiatry/PCP

- Fellow of the Royal Australian and New Zealand College of Psychiatrists
- Staff Specialist, Ryde Community Mental Health Centre
- Member, Senior Academic Staff Committee, NSW Institute of Psychiatry
- Lecturer, Master of Psychiatry 'Personality Classification, Overview and Assessment'
- Fellowship Supervisor, Special Training Fellowship in Psychotherapy Education 2012
- Paper presentation: RANZCP Congress, Sydney 2013 'Postmodernism for Psychiatrists'
- Publication: 'Looking for Wormholes' UTS Anthology 2013 (regarding history of Institute of Psychiatry building and historic precinct)
- Attended World Psychiatric Association Congress, Prague October 2012
- Chair, Advances in Clinical Supervision, NSW Institute of Psychiatry
- Presented Competency Based Fellowship Programme (CBFP) Supervisors' Workshop for CAFP Advanced Trainees 2013
- Completed Essential Skills in Medical Education (ESME) Course at AMEE Conference 2013
- Student in Postgraduate Certificate of Higher Education, Macquarie University 2013
- Masters student: UTS (Master of Arts in Creative Writing)

# Dr Louise Nash, Joint Coordinator Master of Psychiatry/PCP

- Joint Coordinator, Postgraduate Course in Psychiatry/Master of Psychiatry, NSWIOP
- Clinical Chair for Psychiatry, NSW Health Education and Training Institute
- Rural Coordinator of Training, NSW branch RANZCP
- Fellow of the Royal Australian and New Zealand College of Psychiatrists
- Member, Senior Academic Staff Committee, NSWIOP
- Member, NSW Branch Training Committee, RANZCP
- Member, International Early Psychosis Association
- Member, Standing Committee for Training of Psychiatrists NSWIOP

Conference Presentations:

- Hickie C and Nash L. Teaching to Teach. Advances in Clinical Supervision. New South Wales Institute of Psychiatry, June 2013, Sydney Australia.
- Nash L, Kay M, O'Connor N, Turnbull H, Took A, Saunders D. Symposium on Mandatory Reporting, Negligence and Complaints. Annual Congress of the Royal Australian and New Zealand College of Psychiatrists, May 2013, Sydney, Australia.
- Nash L. Medico-legal matters and Australian Doctors: the impact on health and practice. The World Psychiatric Association, Oct 2012, Prague, Czech Republic
- Hickie C & Nash L. Teaching to Teach. The World Psychiatric Association, Oct 2012, Prague, Czech Republic
- Nash L. Medico-legal matters and Australian doctors focus on anaesthetists. Invited speaker, Australian Society of Anaesthetists, Sept 2012, Hobart, Australia.
- Nash L. Medico-legal matters and Australian doctors. "Workforce: Future force Conference" Invited speaker. Sept 2012, Gold Coast, Queensland, Australia.
- Nash L. Invited panel member on Avant Webinar on Medico-legal case scenario, August 2012, Sydney, Australia.
- Nash L. The impact of medico-legal matters on the health and practice of Australian doctors. Invited Guest Presenter at the AGM of Doctors' Health Advisory Service, August 2012, Sydney, Australia.
- Publications:
- Hickie C, Nash L, Kelly B. The role of trainees as clinical teachers of medical students in psychiatry. Australasian Psychiatry, 2013
- Nash L. Medico-legal matters and Australian doctors : an investigation of doctors' experience of medico-

# Staff Activities, Memberships and External Education (continued)

legal matters, their mental health and their practice of medicine. Electronic copy of doctoral thesis available at: http://ses.library.usyd.edu.au/handle/2123/8385

• In press:

Nash L, Daly M, Van Ekert E, Kelly P. "How do medico-legal matters impact on the doctor: Research findings from an Australian study". In Figley C, Huggard P, Rees C (eds). First Do No Self Harm: Understanding and Promoting Physician Stress Resilience. Oxford University Press.

In submission

Hickie C, Nash L, Kelly B, Lewin T. The teaching experience and teaching capacity of psychiatry trainees - an Australian study. Submitted to Academic Psychiatry

• Grants: Health Workforce Australia and HETI to develop teaching videos (Hickie C, Nash L and Kelly B)

## Dr Diba Pourmand, Coordinator of Older Persons Programs

- Coordinator, Mental Health of Older Person Programs, NSWIOP
- Coordinator: Workshop on Introduction to Early Psychosis, NSWIOP, 29-31 August 2012
- Member: Mental Health Literacy Working Party Meeting, September 2012
- Attended conference on National Dementia Research Forum, September 2012
- Attended conference on Happiness and its Causes, October 2012
- Conducted education sessions on Psychoeducation for Diverse Community Groups on Significance of Culture and Diversity in Mental Health of Older People, October 2012
- Attended conference on: Grief and Loss and Living with Chronic Conditions, Sydney Children's Hospital Lecture Theatre, February 2013
- Attended conference: 11th International Conference on Alzheimer's and Parkinson's Diseases (AD/PD) Italy,
  March 2013
- Attended conference: Advances in Clinical Supervision, NSWIOP, June 2013
- Attended quarterly meetings: Psychologist Aging Interest Group (PAIG)
- Attended monthly sessions: Innovations in Early Intervention
- Co-supervised Masters and PhD theses
- Provided clinical supervision: Intern Psychologists
- Member: NSWIOP Ethics Committee, July 2012-June2013

## Dr Therese Roberts, GP Consultant/Project Officer

- Member, The Hills Private Hospital Accredited Education Activity Representative
- Accredited Education Activity Representative, RACGP 2011-2013 triennium
- GP Representative, Medical Advisory and Credentialing Committee
- Provided GP education sessions held at a number of different Divisions of General Practice
- Built relationships with key stakeholders in GP education
- General Practitioner Consultant, NSWIOP
- Accredited Education Activity Representative, RACGP 2011-2013 triennium

# Dr Amanda Rosso Buckton, Course Coordinator, GP Education Programs

- Coordinator, Graduate Programs in Mental Health for General Practitioners, NSW IOP
- Member, Academic Board, NSWIOP
- Member, Australian Anthropological Society
- Associate Member, European Association of Social Anthropologists
- Member, Modern Greek Studies Association of Australia and New Zealand
- Published: Rosso Buckton, Amanda (2012) "Going to the Saint": journeys to a healing monastery in Greece, in Hyndman-Rizk, Nelia (Ed.) Pilgrimage in the Age of Globalisation : Constructions of the Sacred and

# Staff Activities, Memberships and External Education (continued)

Secular in Late Modernity, Cambridge Scholars Publishing

- Published: Rosso Buckton, A., Interpreting the demonic in everyday life: Greek women's accounts of possession and madness in the social construction of `spoiled identities', The Journal of Mediterranean Studies, submitted for review 23rd August 2012
- Guest Lecturer: The University of Sydney, Department of Anthropology
- Presented a guest lecture to undergraduate medical anthropology students, `Women, madness and possession: social and cultural constructions of illness', April 2013
- Contributed to an expert panel on the development of a national research agenda on mental health and suicide for people from migrant and refugee backgrounds for Mental Health in Multicultural Australia, June 2013
- Attended: Advances in Clinical Supervision: Innovation and Practice, International Conference, The NSW
   Institute of Psychiatry, Aerial UTS Function Centre, Ultimo Sydney, 4-6 June 2013
- Facilitator, Pre conference workshop, 'Freedom to Conjecture within the Balint Group', presented by Dr Frank Meurman: powerful supervision for mental health professionals, Advances in Clinical Supervision: Innovation and Practice, International Conference, The NSW Institute of Psychiatry, Aerial UTS Function Centre, Ultimo Sydney, 3 June 2013.

#### Ms Christine Senediak, Senior Project Officer

- Coordinator, Child and Adolescent Programs, Family Therapy Programs, NSWIOP
- Member, Australian Psychological Society
- Member, Family Therapy Association
- Consultant, Transcultural Mental Health Centre
- Clinical Supervisor, Intern Psychology Training Program: Transcultural Mental Health Centre
- Individual Supervision, Clinical Psychologists, SSWAHS Child and Adolescent Service
- Coordinator, CAMHS Workshops, New to CAMHS Workers Program
- Committee Member, CAMHS Guidelines State-Wide Program
- Australian Psychological Society, Clinical Supervision Training
- Presented, International Family Therapy Conference, Rome, Italy
- Various Publications in Family Therapy

## Ms Kathryn Solanki, Coordinator, Perinatal and Infant Mental Health Programs

- Course Coordinator, Perinatal and Infant Mental Health Program, NSWIOP
- Member, Australian College of mental health Nurses
- Credentialed Mental Health Nurse
- Member, Australian Association of infant Mental Health (NSW Branch President 2010-2012)
- Member, International Association of infant Massage
- Casual Teaching, Perinatal and Infant Mental Health, Faculty of Health, UTS Broadway and University of Sydney Nursing School.

# Committees

# Members of the Institute Board

Her Honour Judge Helen L Syme (Chair) Ms Diardra Dunne – Representative of Allied Health Professionals Mr Phil Escott – Consumer Interests Mr David McGrath (or delegate) – NSW Ministry of Health Adj Professor Ros Montague – The NSW Institute of Psychiatry

Dr Nicholas O'Connor – The Royal Australian and New Zealand College of Psychiatrists

Ms Joanne Seymour – Australian College of Mental Health Nurses

A/Professor Julian Troller – University of New South Wales Dr Andrew Wilson – Business Sector

# Standing Committee for Training of Psychiatrists

Dr Michael Bowden (Chair) – The NSW Institute of Psychiatry

Dr Bruce Boman – Central Sydney Area Health Service Dr Jill Devlin – Student Representative

Dr Alice Dwyer – Student Representative Dr Matthew Hannon – Student Representative Prof Phillipa Hay – University of Western Sydney Dr Sonia Kumar –The NSW institute of Psychiatry Adj Professor Ros Montague – The NSW Institute of Psychiatry

Dr Magella Lajoie – The NSW Institute of Psychiatry Dr Michael Williamson – Private Practitioner

# **Standing Committee for Research**

Adj Professor Ros Montague (Chair) – The NSW Institute of Psychiatry Dr Anthony Harris – The University of Sydney Professor Jane Stein-Parbury – University of Technology Sydney

# Standing Committee for Multidisciplinary Education

Dr Kerri Brown (Chair) – The NSW Institute of Psychiatry

Mr Greg Clark – Australian and New Zealand College of Mental Health Nurses

Ms Diardra Dunne – Representative of Allied Health Professionals

# Standing Committee for Community Outreach & Education

Ms Diardra Dunn (Chair) – Representative of Allied Health Professionals

Ms Danielle Byers – The NSW Institute of Psychiatry Ms Cherie Carlton – The NSW Institute of Psychiatry Mr Phil Escott – Board Member/Community Representative

Ms Sandy Watson – The NSW Institute of Psychiatry Call for new members underway.

# **Academic Board**

Professor Tony Baker (Chair) – University of Technology Sydney Dr Kerri Brown – The NSW Institute of Psychiatry Dr Michael Bowden – The NSW Institute of Psychiatry Mr Michael Hayden – The NSW Institute of Psychiatry Adj Professor Ros Montague – The NSW Institute of Psychiatry Dr Amanda Rosso Buckton – The NSW Institute of

Psychiatry Professor Jane Stein-Parbury – University of Technology Sydney

# State Subspecialty Advanced Training Sub Committee, Child & Adolescent Psychiatry

Dr Magella Lajoie (Chair) – The NSW Institute of Psychiatry

Prof Philip Hazel – Sydney South West Area Health Service

Prof Valsa Eapen – Liverpool Hospital

Professor Florence Levy – Prince of Wales Hospital Professor Florence Levy – Prince of Wales Hospital Dr Choong-Siew Yong – Hunter New England Area Health Service

Dr Nick Kowalenko – Northern and Central Coast Area Health Service

Dr Kannan Kallapiran – Student Representative Dr Emma Gilbert – Student Representative Dr Alex Lim – Student Representative

# Advisory Committee Mental Health Older Person

Dr Jill Floyd – Epping Clinic (Chair) Dr Nazeer Ahmed – Senior Consultant Psychiatrist

# Committees (continued)

Ms Mary Bills - Alzheimers Australia Ms Penny Callaghan - Private Ms Brandi Cole – St Vincent's Hospital Dr Carol Gregory - Cambridge University Correspondent Dr Lee Fay Low – Dementia Collaborative Research Centre, University of NSW Ms Helen McCaskie - Student Representative Ms Regina McDonald – South Western Sydney Area Health Service Dr Louisa Norrie Ms Kate Perry - Private Ms Liz Peters – Private Dr Diba Pourmand – The NSW Institute of Psychiatry Ms Yvonne Santalucia – Area Ethnic Aged Health Adviser, South Western Sydney Area Health Service Ms Danielle White - Alzheimers Australia Dr Joanne Wright – Private Dr Rasiah Yurarajan - Private

## Child & Adolescent Mental Health Course Advisory Committee

Ms Christine Senediak (Chair) – The NSW Institute of Psychiatry Ms Sharon Jones – Greater West Area Health Ms Lily Lee – Clinical Psychologist, South West Local Health District Ms Caroline Rae – Senior Nurse Advisor | MH-Kids, Mental Health and Drug & Alcohol Office

Ms Leanne Redman – South Western Sydney Area Health Service

Rebecca Somervaille – Clinical Psychologist, Rivendell Child and Adolescent Unit

Bernadette Dagg – Manager, Prevention Unit, Mental Health and Drug & Alcohol Office

Lisa Clement – Social Worker, Nepean Child and Family Team

# **Consumer Education Committee**

Ms Sandy Watson (Chair) – The NSW Institute of Psychiatry Dr Kerri Brown - The NSW Institute of Psychiatry Ms Cherie Carlton – The NSW Institute of Psychiatry Mr Phil Escott – Private Mr Ian Hoffman – Private Mr Christopher Mason - Private

# **Ethics Advisory Committee**

Judge Angela Karpin (Chair) Dr Roslyn Markham – The NSW Institute of Psychiatry (Secretary) Dr Michael Bowden - The NSW Institute of Psychiatry Ms Sandra Dayao - Mental Health Library Cumberland Hospital Mr Gordon Foy - South Western Sydney Area Health Service Dr John Franklin – Macquarie University Rev Doug Hutchinson – Goulburn Diocese Dr Roy Laube - Transcultural Mental Health Centre Mr Jeff Lord - Senior HR Consultant, South Western Sydney Area Health Service Dr Steve Matthews - St Vincent's Hospital Ms Tracy McDonald - Mental Health Library, Cumberland Hospital Dr Diba Pourmand – The NSW Institute of Psychiatry Ms Anne Riches – Private

# **Finance Committee**

Dr Andrew Wilson (Chair) Ms Julia George - The NSW Institute of Psychiatry Mr Rich Glover – The NSW Institute of Psychiatry Ms Gail Gregory - The NSW Institute of Psychiatry Adj Professor Ros Montague – The NSW Institute of Psychiatry

# Family Therapy Training Committee

Ms Christine Senediak (Chair) – The NSW Institute of Psychiatry Mr Brian Cade - Private Practice (Overseas Consultant) Ms Judy Coles - Private Practice Ms Kimberley Dickens - Student Representative Mr David Hong - South West Area Local Health District Mr Glenn Larner – Private Mr Ron Perry – Private Ms Tiina Porm – Northern Area Local Health District Ms Andrea Worth – The NSW Institute of Psychiatry

# General Practitioner Course Advisory Committee

Dr Michael Bowden, Dr Patricia Collie, Dr Lucy Cooper, Dr Justine Ellis, Mr Phil Escott, Dr Eric Fisher, Dr Felicity Gemmell-Smith, Ms Jennifer Herron, Dr Catherine Hickie, Dr Elizabeth Hindmarsh, Dr Winston Lo, Adj Prof Ros Montague, Ms Eileen McDonald, Dr Dimity Pond,

# Committees (continued)

Dr Tessa Roberts, Dr Amanda Rosso Buckton, Ms Sandy Watson and Dr Wei-May Su.

#### General Practitioner Course Strategic Development Committee

Dr Michael Bowden, Dr Catherine Chan, Mr Phil Escott, Ms Eileen McDonald, Prof Dimity Pond, Dr Tessa Roberts, Dr Amanda Rosso Buckton, Dr Aline Smith, Dr Wei-May Su and Dr Emma Warnecke.

## Intellectual Disability Mental Health Fellowships Committee

Dr Michael Bowden (Chair) – The NSW Institute of Psychiatry Assoc Prof John Basson Mr David Coyne – Ageing Disability & Home Care Dr David Dossetor – The Children's Hospital, Westmead Adj Prof Ros Montague – The NSW Institute of Psychiatry Assoc Prof Julian Trollor – University of NSW Dr Ramesh Vannitamby

# Perinatal and Infant Mental Health Course Advisory Committee

Dr Nick Kowalenko – The NSW Institute of Psychiatry (Chair) Ms Martha Birch – The NSW Institute of Psychiatry Dr Bijou Blick Ms Noela Byrne – The NSW Institute of Psychiatry Dr Julie Campbell – The University of Western Sydney Dr Robyn Dolby – Macquarie University Dr Richard Fletcher - University of Newcastle Dr Roslyn Markham – The NSW Institute of Psychiatry Ms Marianne Nicholson – Private Practice Ms Kathy Solanki – The NSW Institute of Psychiatry Ms Beulah Warren – Private Practice

# Teaching Personnel

Delivery of the Institute's program of clinically relevant, evidence-based education and training in mental health is provided by senior clinicians, academics, and representatives from the consumer and carer sectors. During the period to 30 June 2013, the following staff and contractors delivered these programs:

## Postgraduate Multidisciplinary Programs

#### Advanced Clinical Practice 1 (Perinatal & Infant) - SMI132

Dr Matt Coleman, Ms Belinda Cooley, Dr Nick Kowalenko, Dr Carolyn Quadrio, Ms Beulah Warren

#### Advanced Clinical Practice 2 (Perinatal & Infant) – SMI133

Ms Alyssa Binger, Ms Martha Birch, Mr Ben Bradley, Dr Sally Cleworth, Dr Robyn Dolby, Ms Ananda Hall, Ms Gemma Harrison, Dr Nick Kowalenko, Ms Rosemary Signorelli, Ms Beulah Warren

#### Advanced Clinical Practice Project (Older Person) - SMO532

Dr Diba Pourmand

#### Clinical Consultation 1 (Family Sensitive Practice) – SDF620 Ms Tiina Porm

#### Clinical Consultation 2 (Family Sensitive Practice) – SDF621

Mr David Hong

#### Clinical Perinatal & Infant Studies 1 – SDI121

Professor Bryanne Barnett, Ms Martha Birch, Mr Peter Blake, Professor Philip Boyce, Ms Chris Burke, Dr Megan Chambers, Ms Fran Chavasse, Dr Matt Coleman, Dr Robyn Dolby, Mr Robin Grille, Dr Nadine Kasparian, Dr Nick Kowalenko, Ms Beth Mah, Ms Kathryn Solanki, Ms Marion Stein, Dr Karen Walker, Ms Beulah Warren

#### Clinical Perinatal & Infant Studies 2 – SDI124

Ms Elke Andrees, Dr Catharine Bailey, Ms Alyssa Binger, Mr Ben Bradley, Ms Cherie Carlton, Ms Fran Chavasse, Dr Sally Cleworth, Ms Judith Edwards, Ms Belinda Friezer, Dr Kerry-Ann Grant, Ms Helen Hardy, Ms Gemma Harrison, Dr Kasia Kozlowska, Ms Sue Morgan, Dr Carolyn Quadrio, Ms Jacqueline Small, Ms Kathryn Solanki, Ms Rebecca Sng, Ms Andrea Worth

#### Clinical Supervision (Perinatal & Infant) – SDI122

Ms Elke Andrees, Ms Vera Auerbach, Ms Maria Kourt, Ms Kathryn Solanki

#### Common Disorders of the Older Person 1 – SCO512

Dr Melissa Bradley, Mr Darren Cheney, Dr Jill Floyd, Dr Ralf Ilchef, Dr Diba Pourmand, Ms Amelia Renu, Mr Paul Walker, Mr David Wong-See

# Common Disorders of the Older Person 2 – SCO513

Dr Diba Pourmand

#### Core Perinatal & Infant Studies 1 – SDI111

Ms Martha Birch, Ms Chris Burke, Mr Rudi Crnec, Ms Judith Edwards, Dr Richard Fletcher, Dr Francis Gibson, Dr Kerry-Ann Grant, Dr Jennifer Harris, Ms Belinda Keating, Dr Nick Kowalenko, Ms Ros Markham, Ms Beth McGregor, Ms Sue Morgan, Dr Amanda Rosso Buckton, Ms Kathryn Solanki, Ms Marion Stein, Ms Jane Suttle, Ms Beulah Warren

#### Core Perinatal & Infant Studies 2 – SDI113

Dr Catharine Bailey, Ms Martha Birch, Ms Belinda Blecher, Dr Michael Bowden, Ms Alice Campbell, Ms Fran Chavasse, Dr Robyn Dolby, Ms Judith Edwards, Ms Belinda Friezer, Ms Trish Glossop, Ms Julie Green, Ms Kristy Holman, Dr Jon Hyett, Ms Janan Karatas, Dr Nick Kowalenko, Dr Stephen Matthey, Ms Beth McGregor, Associate Professor Cathy McMahon, Ms Gabriela Salabert, Ms Rosemary Signorelli, Ms Marion Stein, Dr Beverley Turner

**Core Skills in Family Sensitive Therapy - SDF617** Dr Glenn Larner

**Current Debates – EVV070** Mr Mike Hayden, Ms Christine Senediak. Dr Diba Pourmand, Dr Tessa Roberts

**Current Debates in Mental Health of Older Persons – SMO531** Dr Diba Pourmand

**Facilitating Recovery – GCA004** Ms Kath Thorburn, Ms Sandy Watson

Foundations of Family Therapy 1 – SDF615 Dr Glenn Larner

Foundations of Family Therapy 2 – SDF616 Ms Andrea Worth

**Independent Study – EVV050** Mr Mike Hayden, Dr Nick Kowalenko, Dr Diba Pourmand, Ms Christine Senediak

#### Infant Observations 1 – SDI112

Ms Maureen Armitage, Ms Martha Birch, Ms Noela Byrne, Ms Mary Cameron, Ms Jyotsna Field, Ms Maria Kourt, Ms Laurie Lovell-Simons, Ms Julie Meadows, Ms Janet Rhind

#### Infant Observations 2 – SDI114

Ms Maureen Armitage, Ms Martha Birch, Ms Noela Byrne, Ms Mary Cameron, Ms Jyotsna Field, Ms Maria Kourt, Ms Laurie Lovell-Simons, Ms Julie Meadows, Ms Janet Rhind

Introduction to Ageing and Health – SCO511 Dr Melissa Bradley, Mr Darren Cheney, Dr Jill Floyd, Dr Ralf Ilchef, Dr Diba Pourmand, Ms Amelia Renu, Mr Paul Walker, Mr David Wong-See

#### Introduction to Attachment Theory – EVV025

Dr Catharine Bailey, Ms Martha Birch, Dr Michael Bowden, Ms Fran Chavasse, Dr Robyn Dolby, Ms Judith Edwards, Ms Belinda Friezer, Ms Trish Glossop, Ms Julie Green, Ms Margaret Goldfinch, Ms Kristy Holman, Ms Janan Karatas, Associate Professor Cathy McMahon, Ms Gabriela Salabert, Ms Rosemary Signorelli, Ms Marion Stein, Dr Beverley Turner Introduction to Cognitive Behavioural Therapy – CPD033 Mr Phil Escott, Mr Chris Hardwick, Ms Jayanthi Sundararaman

**Issues in Child and Adolescent Mental Health – SCD216** Ms Leanne Redman

**Management and Leadership Skills in Mental Health Services 1 - EVV015** Ms Vicki Stanton

Management and Leadership Skills in Mental Health Services 2 - EVV016 Ms Vicki Stanton

Mental Health Emergency Care - EVV060 Ms Natalie Cutler

**Mental Health Problems of Childhood & Adolescence 1 – GCC026** Ms Rebecca Somervaille

Mental Health Problems of Childhood & Adolescence 2 – GCC027 Ms Lily Lee

**Orientation to C&A Mental Health – GCC003** Ms Jenny Shaw

Perinatal and Infant Mental Health in Practice – SDI115 Ms Martha Birch, Ms Marion Stein, Dr Anne Vimpani

**Population Health Approach to Mental Health Services – GCV001** Mr Mike Hayden

**Population Approach to Mental Health Services for Rural and Remote – GCV001R** Mr Mike Hayden

Primary Health Care and the Older Person – SCO516 Dr Diba Pourmand

**Professional and Ethical Issues in Clinical Supervision – EMV312** Ms Christine Senediak

Recovery Oriented Mental Health Practice and Systems – GCA005 Ms Kath Thorburn, Ms Sandy Watson

**Research Methods - Introduction – EDV036** Dr Roslyn Markham

Research Project Part a,b – EMV306a,b Dr Roslyn Markham

Special Topics in Family Therapy – EVV012 Ms Judy Coles

Therapeutic Perspectives in C&A Mental Health – GMC304 Ms Lisa Clement

Therapeutic Perspectives in Family Sensitive Practice – SMF632 Ms Christine Senediak

**Therapeutic Perspectives in Mental Health of Older Persons 1 – SDO523** Dr Diba Pourmand

**Therapeutic Perspectives in Mental Health of Older Persons 2 – SDO524** Dr Diba Pourmand

Trauma and Mental Health 1 (Impact & Recovery) – GVA018 Ms Michelle Everett, Ms Chris McCabe

#### **Consumer and Carer Programs**

**Consumer Advocacy Course – COM002** Ms Alison Kokany, Mr Mark McMahon, Ms Sandy Watson

Continuing Professional Development (CPD) Workshops

Facilitating Recovery – CPD027 Ms Kath Thorburn, Ms Sandy Watson

#### **Customised Off Campus Courses**

Accredited Persons Training Mr Peter Bazzana, Ms Jenny Shaw

**Disaster Level 1 Training** Mr Peter Bazzana, Mr Roy Laube

**Safe Custody** Mr Peter Bazzana

Department of Immigration and Citizenship (DIAC) Mr Peter Bazzana, Ms Danielle Byers, Dr Kerri Brown,

Ms Cherie Carlton, Dr Angela Dixon Mr Mike Hayden Mr Anthony Hillin, Mr Etienne Kitto, Dr Ros Montague

Advanced Family Therapy Training Dr Glenn Larner, Ms Christine Senediak

**Drug and Alcohol Treatment Act** Mr Peter Bazzana, Ms Cherie Carlton

MHIT Police Mr Peter Bazzana

**Mental Health in the Emergency Department** Mr Peter Bazzana, Mr Etienne Kitto

**Recovery Workshop** Mr Mike Hayden, Ms Kath Thorburn, Ms Sandy Watson

Mental Health Problems and Intellectual Disability Mr Peter Bazzana, Ms Michelle Everett, Mr Etienne Kitto

Mental Health Act for CAMHS Workers Mr Peter Bazzana

**Mental Health Act** Mr Peter Bazzana

**Cognitive Behaviour Therapy (CBT) - Wagga** Ms Roslyn Phillips, Ms Christine Senediak, Ms Joyce Snedden

**Motivational Interviewing** Mr Peter Bazzana, Ms Cherie Carlton

#### Mental Health Legislative Framework Mr Peter Bazzana

Mr Peter Bazzana

**Clinical Supervision** Mr Roy Laube, Ms Christine Senediak

**Cognitive Behaviour Therapy (CBT) – Orange** Ms Lynne-Maree Crain, Ms Christine Senediak, Ms Rebecca Somervaille

**Trauma Informed Practice - Benevolent Society, Armidale, Liverpool, Mudgee (NSW) Logan (Qld)** Ms Michelle Everett, Ms Kath Thorburn

# **Medical Programs**

#### **General Practitioner Postgraduate Programs**

Dr Michael Bowden, Assoc Prof Grant Blashki, Ms Jenny Brown, Dr Sascha Campbell, Dr Catherine Cahill, Dr Matt Coleman, Dr Lucy Cooper, Dr Angela Dixon, Dr Alice Dwyer, Dr Andrew Ellis Dr Justine Ellis, Mr Phil Escott, Dr Alan Fahey, Dr Elizabeth Hindmarsh, Dr Lisa Juckes, Ms Eileen Macdonald, Dr Wei-May Su, Prof Dimity Pond, Dr Tessa Roberts, Dr Michael Tam, Dr Karen Veary, Ms Sandy Watson

## Master of Psychiatry/PCP

Lecturers: Dr Jonathon Adams, Dr Tanya Ahmed, Professor John Allan, Dr Clive Allcock, Dr Megan Alle, Dr Bruce Allen, Dr Stephen Allnutt, Dr Josey Anderson, Professor Gavin Andrews, Ms Bettina Arndt, Ms Vera Auerbach, Dr Umesh Babu, Dr Elsa Bernardi, Professor Renee Bittoun, Dr Bruce Boman, Dr Matthew Boulton, Dr Michael Bowden, Professor Philip Boyce, Dr Amanda Bray, Dr John Brennan, Dr Sascha Callaghan, Dr Sasha Campbell, Dr Agnes Chan, Dr Martin Cohen, Professor Kate Conigrave, Dr Melissa Corr, Dr Lea Crisante, Professor Kimberlie Dean, Dr Gregory de Moore, Dr Glenys Dore, Professor Brian Draper, Dr Michael Dudley, Dr Alice Dwyer, Dr Graham Edwards, Dr Andrew Ellis, Dr Justine Ellis, Ms Michelle Everett, Mr Jason Fowler, Dr Jim Friend, Dr Gary Galambos, Dr David

Gilfillin, Dr Robert Gribble, Dr Bruce Gynther, Dr Anthony Harris, Mr Dusan Hadzi-Pavlovic, Dr Anthony Harris, Dr Jennifer Harris, Professor Phillipa Hay, Professor Philip Hazel, Professor Ernest Hunter, Dr Alyosha Jacobson, Dr Marianne Jauncey, Dr Michael Jennings, Professor Stephen Jurd, Dr Megan Kalucy, Dr Adrian Keller, Dr Patrick Kelly, Dr Peter Kelly, Dr Beth Kotze, Dr Sonia Kumar, Professor Tim Lambert, Dr Lisa Lampe, Dr Noeline Latt, Dr Jo-Dee Lattimore, Professor Rhoshel Lenroot, Dr George Liangas, Dr Sylvia Lim-Gibson, Professor Colleen Loo, Dr Bill Lyndon, Dr John McClean, Professor Iain McGregor, Dr Loyola McLean, Dr Cathy McMahon, Mr Mark McMahon, Dr Ros Markham, Dr Jeanette Martin, Dr Catherine Mason, Professor Philip Mitchell, Professor Gerald Muench, Dr Liz Newton, Professor Ken Nunn, Dr Oliver O'Connell, Dr Nick O'Connor, Dr Jeremy O'Dea, Dr Maryanne O'Donnell, Professor Gordon Parker, Dr Martyn Patfi eld, Dr Andrew Pethebridge, Dr Neil Philips, Dr Diba Pourmand, Dr Ursula Ptok, Dr Rafe Pulley, Professor Carolyn Quadrio, Professor Antoinette Redoblado Hodge, Dr Sanil Rege, Dr Chris Ryan, Dr Grant Sara, Professor Perminder Sachdev, Ms Kath Thorburn, Dr Tad Tietze, Professor Philip Ward, Dr Grant Sara, Professor Cyndi Shannon Wickert, Dr Jeff Snars, Dr Vladan Starcevic, Dr Zachary Steel, Ms Julie Strukowski, Dr Anne-Marie Swan, Dr Stan Theodorou, Professor Julian Trollor, Professor Garry Walter, Ms Aditi Wahi, Dr Anne Wand, Dr Michael Williamson, Mr David Wong-See

Tutors: Dr Nazeer Ahmed, Dr Peter Anderson, Dr David Bell, Dr Jenny Bergen, Dr Melissa Bradley, Dr Rod Chung, Dr Angela Dixon, Mr Matthew Evans, Dr Joanne Ferguson, Dr Jennifer Harris, Dr Millie Ho, Dr Yael Levy, Dr Eng Ming Lim, Dr Louise Nash, Dr Ursula Ptok, Dr Michael Reed, Dr Deborah Rozea, Dr Tarra Shaw, Dr Clive Smith, Dr Anne Wand, Ms Andrea Worth, Dr Rasiah Yuvarajan

Markers (Dissertations): Dr Josey Anderson, Dr Elsa Bernardi, Dr Bruce Boman, Dr Melissa Bradley, Dr Raphael Chan, Dr Glenys Dore, Dr Andrew Ellis, Dr Paul Haber, Dr Ralf Ilchef, Dr Lisa Juckes, Dr Peter Kelly, Dr Loyola McLean, Dr Sarah Mares, Dr Mark Montebello, Dr Oliver O'Connell, Dr Martyn Patfi eld, Dr Andrew Pethebridge, Dr Doug Subau

*Markers (Other):* Dr Andrew Campbell, Professor Phillipa Hay, Dr Millie Ho, Dr Ralf Ilchef, Dr Lisa Juckes, Dr Oliver O'Connell, Dr Martyn Patfi eld, Dr Ursula Ptok, Dr Yvonne Skarbek.

#### Child, Adolescent and Family Psychiatry

Dr Rob McAlpine, Dr Mark Allerton, Dr Susan Blinkhorn, Dr Michael Bowden, Ms Lara Cheney, Dr David Dossetor, Dr Anjana Ferns, Ms Deborah Fry, Dr Claire Gaskin, Ms Vicki Gibbs, Dr Louise Gyler, Dr Jennifer Harris, Mr Anthony Hillin, Dr Antoinette Hodge, Dr Peter Krabman, Dr Susan LaGanza, Prof Rhoshel Lenroot, Prof Florence Levy, Dr Sarah Mares, Dr Anthony Milch, Adj Prof Ros Montague, Dr Ken Nunn, Mr Ron Perry, A/Prof Carolyn Quadrio, Ms Christine Senediak, Ms Julia Schwarz, Dr Natalie Silove, Prof Digby Tantam, Ms Harmony Turnbull, Ms Andrea Worth

# **Special Projects**

#### AusAid Pacific Public Sector Linkages Program

Dr Ilse Blignault, Dr Kerri Brown, Ms Danielle Byers, Ms Natalie Cutler, Mr Mike Hayden

#### AMHOCN Project - Workshops & Conference

Mr Tim Coombes, Mr Josh Onikul

#### CAMHS Introduction Workshops

Ms Alison Bell, Ms Paola Campos, Ms Carolyn Durrant, Mr David Hong, Ms Lily Lee, Ms Chloe MacDonald, Dr Sarah Mares, Ms Joanne Morris, Ms Lyndal Power, Ms Carolyn Rae, Ms Christine Senediak, Ms Jenny Shaw, Ms Tania Skippen, Ms Rebecca Somerville, Dr Sue Towns, Ms Romina Tucker

#### Mental Health Legislative Framework Training Project

Mr Peter Bazzana

**Queensland EdLinQ** Mr Anthony Hillin, Dr Robert McAlpine

# Financial Report

# **Financial Report**

# The Year in Review 2013

Statement of Comprehensive Income (\$000)		
	2013	2012
Total Revenue	5,062	8,383
Total Expenses	8,343	7,092
Other Gains/Losses	6	4
Net Result	(3,275)	1,295

Revenue for the year is 40% lower than for the prior year. This is mainly due to the Institute in 2013 not receiving a similar level of operating grants from the Government as for 2012.

The expenses for the year are 18% higher than the prior year. This is mainly due to the increase of depreciation in Furniture & Fittings, Plant & Equipment and increase of project expenditure.

Other gains for the year are 44% higher than for the prior year. This is mainly due to the sale of a motor vehicle in 2013.

Statement of Financial Position (\$000)		
	2013	2012
Total Assets	10,452	13,526
Total Liabilities	3,753	3,551
Net Assets (Equity)	6,699	9,975

The Statement of Financial Position shows that Net Assets (Equity) for the year decreased to \$6,699k as compared to \$9,975k for 2012. This represents a decrease of \$3,276k over 2012.

Total liabilities for the year are higher than for the prior year, mainly due to a 23% increase in Non-current (Conditional) Long Service Leave Provision.

Total Assets for the year are 23% lower than the prior year. This is mainly due to 42% decrease in Cash and Cash Equivalents when the Institute is expected to fund the programs using its own available working capital for the year, compared to the prior year when the programs were government funded. The outstanding balance in receivables for the year has been reduced by 75% compared to the balance in the prior year. This also contributed to the decrease of total assets.

## **Government Funding**

The Institute was expected to fund the programs using its available working capital during the year whereas it received \$2.5m grants and contributions for Fellowships, Recurrent and Special Funding in the prior year.

## **External Revenue Source**

The Institute's income from Course fees increased to \$1,907k this year compared to \$1,697k for 2012, an increase of 12%. The Project Income for the year has decreased to \$2,744k compared to \$3,562k in 2012, a decrease of 23%.

## Interest Income

Since the Institute was using its available working capital to fund the programs, this also means that the balance of Cash and Cash Equivalents was running down by 42% as at the end of the year compared to the end of 2012. Consequently this contributed mainly to a lower interest income in 2013: from \$488k in 2012 down to \$298k in 2013.

Dissection of Revenue (\$000)			
	2013	2012	
Grants and Contributions		2,503	
Course/Workshop Fees	1,907	1,697	
Project Income	2,744	3,562	
Other Income	48	69	
Interest Received	298	488	
Acceptance by the Crown Entity of	65	64	
employee benefits			
and other liabilities			
Total Revenue	5,062	8,383	

## Expenses

The total expenses in 2013 were \$8,343k compared to \$7,092k in 2012, an increase of 18%. This is mainly due to a 51% increase in project expenditure and a 181% increase in depreciation for infrastructure such as audio-visual equipment, air-conditioning and lecture theatre refurbishment. This is a consequence of the planned capital expenditure to meet the requirements of accreditation, heritage and updating of information technology.

Personnel services in 2013 were \$4,774k compared to \$4,071k in 2012, increased by \$703k due to the increase of staff, secondment and a yearly salary increment.

The fellowship allowance and expense in 2013 was \$732k compared to \$1,081k in 2012, a decrease of 32% due to the completion of fellowships in 2013.

Other operating expenses in 2013 were \$562k compared to \$430k in 2012, increased by 31% due to an increase in legal, maintenance and software expenses.

Dissection of Expenditure (\$000)			
	2013	2012	
Fellowship Allowances	732	1,081	
Personnel Services	4,774	4,071	
Lecture Fees	656	559	
Project Expenses	1,229	812	
Other Expenses	562	430	
Depreciation	390	139	
Total	8,343	7,092	



#### INDEPENDENT AUDITOR'S REPORT

#### New South Wales Institute of Psychiatry

To Members of the New South Wales Parliament

I have audited the accompanying financial statements of the New South Wales Institute of Psychiatry (the Institute), which comprise the statement of financial position as at 30 June 2013, the statement of comprehensive income, statement of changes in equity and statement of cash flows for the year then ended, notes comprising a summary of significant accounting policies and other explanatory information.

#### Opinion

In my opinion, the financial statements:

- give a true and fair view of the financial position of the Institute as at 30 June 2013, and of its financial performance and its cash flows for the year then ended in accordance with Australian Accounting Standards
- are in accordance with section 41B of the Public Finance and Audit Act 1983 (the PF&A Act) and the Public Finance and Audit Regulation 2010

My opinion should be read in conjunction with the rest of this report.

#### The Board's Responsibility for the Financial Statements

The members of the Board are responsible for the preparation of the financial statements that give a true and fair view in accordance with Australian Accounting Standards and the PF&A Act and for such internal control as the members of the Board determine is necessary to enable the preparation of financial statements that give a true and fair view and that are free from material misstatement, whether due to fraud or error.

#### Auditor's Responsibility

My responsibility is to express an opinion on the financial statements based on my audit. I conducted my audit in accordance with Australian Auditing Standards. Those Standards require that I comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the Institute's preparation of the financial statements that give a true and fair view in order to design audit procedures appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Institute's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the members of the Board, as well as evaluating the overall presentation of the financial statements.

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I believe the audit evidence I have obtained is sufficient and appropriate to provide a basis for my audit opinion.

My opinion does not provide assurance:

- about the future viability of the Institute
- that it has carried out its activities effectively, efficiently and economically
- about the effectiveness of its internal control
- about the security and controls over the electronic publication of the audited financial statements on any website where they may be presented
- about other information which may have been hyperlinked to/from the financial statements.

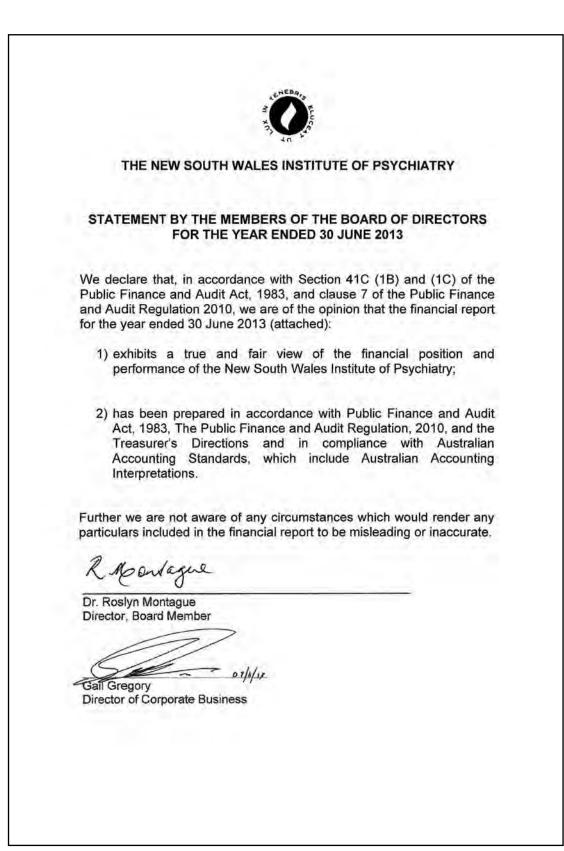
#### Independence

In conducting my audit, I have complied with the independence requirements of the Australian Auditing Standards and other relevant ethical pronouncements. The PF&A Act further promotes independence by:

- providing that only Parliament, and not the executive government, can remove an Auditor-General
- mandating the Auditor-General as auditor of public sector agencies, but precluding the provision
  of non-audit services, thus ensuring the Auditor-General and the Audit Office of New South
  Wales are not compromised in their roles by the possibility of losing clients or income.

Sally Bond Director, Financial Audit Services

12 November 2013 SYDNEY



THE NEW SOUTH WALES	INSTITUTE OF PSYCHIATRY
THE NEW SOUTH WALES	DINGTITUTE OF POTCHIATAT

STATEMENT OF COMPREHENSIVE INCOME FOR THE YEAR ENDED 30 JUNE 2013

	Notes	2013 \$000	2012 \$000
REVENUES			
Grants and Contributions	2	-	2,503
Acceptance by the Crown Entity of employee benefits and other liabilities	5 <b>2</b>	65	64
Course Fees		1,907	1,697
Project Income		2,744	3,562
Other Income	3	48	69
Interest Received	4	298	488
Total Revenues	=	5,062	8,383
EXPENSES			
Personnel Services	5	4,774	4,071
Fellowship allowances and expenses		732	1,081
ecture Fees		656	559
Project Expenditure		1,229	812
Other Operating Expenses	6	562	430
Depreciation	_	390	139
Total Expenses	_	8,343	7,092
DTHER GAINS/(LOSSES)			
Gain/(Loss) on Disposal of Non-current Assets	7	6	4
NET RESULT FOR THE YEAR	_	(3,275)	1,295
TOTAL COMPREHENSIVE INCOME FOR THE YEAR	_	(3,275)	1,295

The accompanying notes form part of these financial statements.

79

STATEMENT OF FINANCIAL POSITION AS AT 30 JUNE 2013

ASSETS	Notes	2013 \$000	2012 \$000
CURRENT ASSETS		\$000	\$000
Cash and Cash Equivalents	8	2,705	4,632
Other Financial Assets	9	6,000	6,000
Receivables	10	347	1,409
TOTAL CURRENT ASSETS	_	9,052	12,041
NON CURRENT ASSETS			
Plant and Equipment	11	1,315	1,446
Intangibles	12	85	39
TOTAL NON-CURRENT ASSETS		1,400	1,485
TOTAL ASSETS	_	10,452	13,526
LIABILITIES			
CURRENT LIABILITIES			
Payables	13	2,526	2,415
Provisions	14	1,170	1,090
TOTAL CURRENT LIABILITIES		3,696	3,505
NON-CURRENT LIABILITIES			
Provisions	15	57	46
TOTAL NON-CURRENT LIABILITIES		57	46
TOTAL LIABILITIES	_	3,753	3,551
NET ASSETS	_	6,699	9,975
REPRESENTED BY:			
EQUITY			
		6,699	9,975
Accumulated Funds	_	0,099	3,373

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2013

	Notes	2013	2012
		\$000	\$000
CASH FLOWS FROM OPERATING ACTIVITIES			
PAYMENTS			
Personnel Services		(4,619)	(5,123)
Suppliers and Other Expenses		(3,291)	(3,058)
	_	(7,910)	(8,181)
RECEIPTS			
Contributions from State			2,503
Course Fees		1,963	1,662
Project Income		3,974	2,543
Interest Received		297	488
Other	_	49	67
	_	6,283	7,263
NET CASH FLOWS FROM OPERATING ACTIVITIES	16	(1,627)	(918)
CASH FLOWS FROM INVESTING ACTIVITIES			
Payment for purchase of Plant & Equipment		(252)	(1,080)
Payment for purchase of Intangible Assets		(62)	
Proceeds from the Sale of Plant and Equipment	_	14	22
NET CASH FLOWS FROM INVESTING ACTIVITIES	_	(300)	(1,058)
		(1.027)	(1.070)
Net Increase/(Decrease) in Cash and Cash Equivalent Held		(1,927)	(1,976)
Cash and Cash Equivalents at the beginning of the financial year		4,632	6,608
Cash and Cash Equivalents at the end of the financial year	8	2,705	4,632
. ,	_		

The accompanying notes form part of these financial statements.

STATEMENT OF CHANGES IN EQUITY FOR THE YEAR ENDED 30 JUNE 2013

	2013 \$000	2012 \$000
Accumulated funds at start of year Surplus/(Deficit) for the year	9,975 -3,275	8,680 1,295
Accumulated funds at end of year	6,700	9,975

The accompanying notes form part of these financial statements.

## 82

#### NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2013

#### STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES

#### **Reporting Entity**

The financial statements are for the New South Wales Institute of Psychiatry (the Institute) under the *New South Wales Institute of Psychiatry Act 1964*. It is scheduled as a statutory body under the *Public Finance and Audit Act 1983*. No other entity is subject to its control.

The financial statements for the year ended 30 June 2013 have been authorised for issue by the Board on 7 November 2013.

#### 1. Accounting Policies

#### (a) Basis of Preparation

The financial statements are general purpose financial statements which have been prepared in accordance with applicable Australian Accounting Standards, (which include Australian Accounting Interpretations) the requirements of the *Public Finance and Audit Act 1983* and Regulation 2010; and Treasurer's Directions.

Property, plant and equipment and certain financial instruments are measured at fair value. Other financial statements items are prepared in accordance with the historical cost convention.

Judgements, key assumptions and estimations management that has made, are disclosed in the relevant notes to the financial statements.

All amounts are rounded to the nearest one thousand dollars (\$1,000) and are expressed in Australian currency.

#### (b) Income Recognition

Income is measured on an accruals basis at the fair value of the consideration or contribution received or receivable. Additional comments regarding the accounting policies for the recognition of income are discussed below.

#### (i) Government Contributions

Government Contributions and Contributions from Other Bodies (including grants and donations) are generally recognised as income when the Institute obtains control over the assets comprising the appropriations/contributions. Control over appropriations and contributions are normally obtained upon the receipt of cash.

## NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2013

### (ii) Sale of Goods

Revenue from the sale of goods is recognised as revenue when the Institute transfers the significant risks and rewards of ownership of the assets.

## (iii) Rendering of Services

Revenue is recognised when the service is provided or KPI's were attained or by reference to the stage of completion (based on labour hours incurred to date).

## (iv) Investment Income

Interest revenue is recognised using the effective interest method as set out in AASB 139 Financial Instruments: *Recognition and Measurement.* 

## (c) Personnel Services

All employees of the Institute reside with the Ministry of Health. Staff costs are shown in the statement of comprehensive income as personnel services in the financial statements of the Institute. Provisions in the Statement of Financial Position represent amounts payable to the Ministry of Health in respect of personnel services.

## (d) Superannuation

The Institute's liability for defined benefit superannuation is assumed by the Crown Entity. The Institute accounts for the liability as having been extinguished; resulting in the amount assumed being shown as part of the non-monetary revenue item described as "Acceptance by the Crown Entity of employee benefits".

The superannuation expense for the financial year is determined by using the formulae specified in the Treasurer's Directions. The expense for certain superannuation schemes (i.e. Basic Benefit and First State Super) is calculated as a percentage of the employees' salary. For other superannuation schemes (i.e. State Superannuation Scheme and State Authorities Superannuation Scheme), the expense is calculated as a multiple of the employees' superannuation scheme).

## (e) Insurance

The Institute's Insurance activities are conducted through the NSW Treasury Managed Fund Scheme of self insurance for Government agencies. The expenses (premium) are determined by the Fund Manager based on past claims experience.

## NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2013

### (f) Rent and Other Costs

The Institute is located on the grounds of Cumberland Hospital. No rent is paid on the premises occupied by the Institute. Estimates provided by commercial property agents in the Parramatta district state that a fair rent for property of a similar size would be about \$600,000 - \$700,000 (\$600,000 - \$700,000; 2011/12) per annum.

## (g) Accounting for the Goods and Services Tax (GST)

Revenues, expenses, assets and liabilities are recognised net of the amount of GST, except the amount of GST incurred by the Institute as a purchaser that is not recoverable from the Australian Taxation Office (ATO). In these circumstances, the GST is recognised as part of the cost of acquisition of an asset or as part of an item of expense.

Receivables and payables are stated with the amount of GST included.

The net amount of GST recoverable from, or payable to, the ATO is included as a current asset or liability in the Statement of Financial Position.

Cash flows are included in the statement of cash flows on a gross basis. However the GST components of cash flows arising from investing and financing activities which are recoverable from, or payable to, the ATO are classified as operating cash flows.

## (h) Acquisition of Assets

The cost method of accounting is used for the initial recording of all acquisitions of assets controlled by the Institute. Cost is the amount of cash or cash equivalents paid or the fair value of the other consideration given to acquire the asset at the time of its acquisition or construction or, where applicable, the amount attributed to that asset when initially recognised in accordance with the specific requirements of other Australian Accounting Standards.

Assets acquired at no cost, or for nominal consideration, are initially recognised as assets and revenues at their fair value at the date of acquisition.

Fair value means the amount for which an asset could be exchanged between knowledgeable, willing parties in an arm's length transaction.

Where payment for an item is deferred beyond normal credit terms, its cost is the cash price equivalent, i.e. the deferred payment amount is effectively discounted at an asset-specific rate.

## NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2013

### (i) Capitalisation Thresholds

Plant and equipment and intangible assets individually costing \$5,000 and above (or forming part of a network costing more than \$5,000) are capitalised.

#### (j) Revaluation of Plant and Equipment

There has been no revaluation of any of the Institute's plant and equipment as they are non-specialised assets. Non-specialised assets with short useful lives are measured at depreciated historical cost, as a surrogate for fair value.

#### (k) Impairment of Property, Plant and Equipment

As a not-for-profit entity with no cash generating units, the Institute is effectively exempted from *AASB 136 Impairment of Assets* and impairment testing. This is because AASB 136 modifies the recoverable amount test to the higher of fair value less costs to sell and depreciated replacement cost. This means that, for an asset already measured at fair value, impairment can only arise if selling costs are material. Selling costs are regarded as immaterial.

#### (I) Depreciation of Plant and Equipment

Depreciation and amortisation is provided for on a straight line basis for all depreciable assets so as to write off the depreciable amounts of each asset as it is consumed over its useful life to the Institute.

Depreciation rates used are as follows:

Plant and Equipment	25% per annum
Motor Vehicles	20% per annum
Furniture & Fittings	20% per annum

#### (m) Maintenance

Day-to-day servicing costs or maintenance are charged as expenses as incurred, except where they relate to the replacement of a component of an asset in which case the costs are capitalised and depreciated.

### (n) Intangible Assets

The Institute recognises intangible assets only if it is probable that future economic benefits will flow to the Institute and the cost of the asset can be measured reliably. Intangible assets are measured initially at cost. Where an asset is acquired at no or nominal cost, the cost is its fair value as at the date of acquisition.

#### NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2013

The useful lives of intangible assets are assessed to be finite. Intangible assets are subsequently measured at fair value only if there is an active market. As there is no active market for the Institute's intangible assets, the assets are carried at cost less any accumulated amortisation

The Institute's intangible assets are amortised using the straight line method at 20% per annum.

In general, intangible assets are tested for impairment where an indicator of impairment exists. However, as a not-for-profit entity with no cash generating units, the Institute is effectively exempted from impairment testing. {See Note 1 (k)}.

## (o) Receivables

Receivables are non-derivative financial assets with fixed or determinable payments that are not quoted in an active market.

Receivables are recognised initially at fair value, usually based on the transaction cost or face value. Subsequent measurement is at amortised cost using the effective interest method, less an allowance for any impairment of receivables.

Short-term receivables with no stated interest rate are measured at the original invoice amount where the effect of discounting is immaterial. An allowance for impairment of receivables is established when there is objective evidence that the entity will not be able to collect all amounts due. The amount of the allowance is the difference between the asset's carrying amount and the present value of estimated future cash flows, discounted at the effective interest rate. Bad debts are written off as incurred.

## (p) Payables

These amounts represent liabilities for goods and services provided to the Institute and other amounts, including interest. Payables are recognised initially at fair value, usually based on the transaction cost or face value.

Subsequent measurement is at amortised cost using effective interest method.

Short-term payables with no stated interest rate are measured at the original invoice amount where the effect of discounting is immaterial.

## NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2013

### (q) Standards and Interpretations issued not yet effective

NSW public sector entities are not permitted to early adopt new Australian Accounting Standards, unless Treasury determines otherwise.

The following new Australian Accounting Standards have not been applied by the New South Wales Institute of Psychiatry and are not yet effective. It is not anticipated that there will be any material impact for the New South Wales Institute of Psychiatry during the period of initial application of these Standards.

AASB NO.	TITLE	ISSUE DATE
1	First-time Adoption of Australian Accounting Standards (for not-for-profit entities)	Dec 2012
7	Financial Instruments: Disclosures (for not-for-profit entities)	Sep 2012
13	Fair Value Measurement	Dec 2012
101	Presentation of Financial Statements (for not-for- profit entities)	Dec 2012
107	Statement of Cash Flows (for not-for-profit entities)	Dec 2012
110	Events after the Reporting Period	Sep 2012
112	Income Taxes (for not-for-profit entities)	Dec 2012
116	Property, Plant and Equipment	Sep 2012
117	Leases	Sep 2012
118	Revenue (for not-for-profit entities)	Dec 2012

THE NEW SOUTH WALES INSTITU NOTES TO AND FORMING PART OF THE FOR THE YEAR ENDED 30	FINANCIAL STATEMENTS	
	2013	201
2. GRANTS AND CONTRIBUTIONS	\$000	\$00
General Administration - Ministry of Health		1,615
Fellowship Programs - Ministry of Health Superannuation Accepted by Crown Entity	- 65	88 6
	65	2,56
3. OTHER INCOME		
Consultancy & Counselling CD & Video Sales	11 1 <b>4</b>	4
Other	<u> </u>	<u> </u>
4. INTEREST RECEIVED		
Interest-WBC Deposits	31	5
Interest-Treasury Call Dep. Interest-Treasury Term Dep.	79 188	16 27
	298	48
5. PERSONNEL SERVICES EXPENSES		
Personnel Services were acquired from the Ministry of Health and the cost compris	es:	
Salaries and Wages Superannuation plan: Define Benefits	3,664 65	3,01
Worker Comp Premiums	18	6
Superannuation plan: Define Contributions Annual and Long Service Leaves	294 346	23 36
Payroll Tax	1 <b>9</b> 3	16
Other Personnel Related Expenses Total Personnel Services Expenses	<u> </u>	22 4,07

THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2013			
6. OTHER OPERATING EXPENSES			
Other Operating Expenses Auditor's remuneration - audit of financial statements	522 40 562	403 27 430	
7. GAIN ON DISPOSAL OF NON-CURRENT ASSETS			
Motor Vehicles Less: Accumulated Depreciation	22 (13)	32 (14)	
Written Down Value Less: Proceeds from Disposal	8 (14)	18 (22)	
(Gain) on Disposal of Non-Current Assets	(6)	(4)	
8. CASH			
Petty Cash Cash at Bank Short Term Deposits	1 1,579 1,125 2,705	1 1,585 3,046 4,632	
9. OTHER FINANCIAL ASSETS			
Term Deposit with NSW Treasury Corporation	6,000 2013 \$000	6,000 2012 \$000	
10. RECEIVABLES			
Receivables - Student Fees Receivables - Project Receivables - Other Receivables - Other Allowances for Impairment Prepaid Expenses Other Receivables - GST Other Receivables - Accrued Interest	3 - - 307 - 34 - 2 347	2 1,346 32 - 28 - 1,409	

#### THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2013

11. PLANT & EQUIPMENT (a) Classes		
Plant and equipment		
Gross carrying amount	860	360
Less: accumulated depreciation	(466)	(270)
Total plant and equipment	395	89
Furniture & Fittings		
Gross carrying amount	1,208	100
Less: accumulated depreciation	(316)	(152)
Total furniture & fittings	892	(52)
Motor Vehicles		
Gross carrying amount	53	75
Less: accumulated depreciation	(25)	(24)
Total motor vehicles	28	51
Asset - Office Aircond WIP		
Gross carrying amount		1,357
Total motor vehicles	· · ·	1,357
Total plant and equipment	1,315	1,446

#### THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2013

(b) Reconciliation of carrying amounts of each class of property, plant and equipment at the beginning and at the end of the reporting period are set out below:

Gross carrying amount	Plant and Equipment \$000	Furniture & Fittings \$000	Motor Vehicles \$000	Work in Progress \$000	Total \$000
Balance at 1 July 2012	360	1,457	\$000 76	\$000	
Additions	360	252	76		1,893 253
Reclassification - transfer in/(out)	501	(501)	-	-	253
Disposal	201	(501)	(22)		(22)
Balanceat 30 June 2013	861	1,208	54		2,124
Balanceat 30 June 2013	861	1,208	54		2,124
Balance at 1 July 2011	277	100	86	421	884
Additions	83	1,357	22	936	2,398
Transfer out of WIP to Furniture & Fittings	-	-	-	(1,357)	(1,357)
Disposal	-	-	(32)	-	(32)
Balance at 30 June 2012	360	1,457	76		1,893
Depreciation					
Balance at 1 July 2012	270	152	25	-	447
Associated Adjustment due to reclassification - transfer in /(out)	34	(33)	-	-	1
Depreciation for the year	162	198	14	-	374
Write back on Disposals			(13)	-	(13)
Balance at 30 June 2013	466	317	26		808
Depreciation					
At 1 July 2011	252	48	23	-	323
Depreciation for the year	18	104	16	-	138
Write back on Disposals	-		(14)	-	(14)
Balance at 30 June 2012	270	152	25		447
Net carrying amounts					
At 1 July 2011	25	52	63	421	561
At 30 June 2012	90	1,305	51	-	1,446
At 1 July 2012	90	1,305	51		1,446
At 30 June 2013	395	892	28	-	1,315

THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY	
NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS	
FOR THE VEAR FAIRER 20 HIME 2012	

FOR THE YEAR ENDED 30 JUNE 2013

bitware       247       184         ross carrying anount       247       (145)         software       85       39         ass       70       185         ass       185       185         ass       247       247         ass       40       40         ass       40       40         ass       40       40         ass       185       185         ass       162       162         ass       162       162         ass       146       146         ass       146       146         ass       146       146         ass       146       146<	2. INTANGIBLES			2013		2012
iross carrying amount     247     184       ess: accumulated depreciation/impairment     (162)     (145)       otal intangible     85     39       otal intangible     5000     5000       t1 July 2012     185     185       dditions     62     62       t1 July 2011     145     145       dditions     40     40       t 1 July 2012     146     146       motisation for the year     16     16       t 1 July 2011     145     146       t 1 July 2011     145     146       t 1 July 2011     146     146       t 1 July 2012     39     -     -       t 1 July 2012     39     -     -       t 30 June 2012     39     -     -	a) Classes			\$000		\$000
size accumulated depreciation/impairment       (162)       (145)         01 intangibles       85       39         02 intangibles       85       39         03 intangibles       85       39         03 intangibles       85       39         03 intangibles       85       39         03 intangible classes movement       5000       5000         iross carrying amount       \$000       \$000         11 July 2012       185       62         12 July 2013       247       247         13 June 2013       247       247         14 30 June 2012       185       185         epreciation       145       145         11 July 2012       146       162         12 July 2012       146       162         130 June 2013       162       162         14 July 2011       145       145         140 wortisation for the year       1       1         140 wortisation for the year       1       1         140 wortisation for the year       1       146         146       146       146         146       146       146         146       146       146						
stal software otal intangibles       85       39         stal intangible classes movement       Software       Total         irross carrying amount       \$000       \$000         11 July 2012       185       62         dditions       62       62         13 0 June 2013       247       247         t1 July 2011       145       145         dditions       40       40         t3 0 June 2012       185       185         epreciation       11       145       146         t1 July 2011       146       146         mortisation for the year       162       162         t1 July 2011       1445       145         t1 July 2011       146       146         mortisation for the year       162       162         t1 July 2011       145       145         t1 July 2011       146       146         t1 July 2011       145       145         t30 June 2012       39       -       -         t30 June 2012       39       -       -       39         t1 July 2011       -       -       -       -         t30 June 2012       39       -						
sol Intangible         85         39           a) Intangible classes movement         Software         Total           iross carrying amount         \$0000         \$0000           11 July 2012         185         185           dditions         62         62           t 30 June 2013         247         247           t 1 July 2011         145         145           dditions         40         40           t 30 June 2012         185         185           epreciation         185         162           t 1 July 2012         146         166           t 30 June 2013         162         162           t 1 July 2011         1445         145           t 1 July 2011         145         146           t 1 July 2011         145         162           t 1 July 2011         146         16           t 1 July 2011         146         146           t 1 July 2011         146         146           t 1 July 2011         1         1           t 30 June 2012         39         -         39           t 1 July 2011         -         -         -           t 30 June 2012         39						
software     Total       ross carying amount     \$000       11 July 2012     185       62     62       130 June 2013     247       14 July 2011     145       14 30 June 2012     185       repreciation       repreciation       16     162       16     162       16     162       11 July 2011     145       16     162       16     162       11 July 2011     145       162     162       162     146       162     146       162     146       162     145       152     162       162     146       162     145       162     146       163     145       164     146       162     146       164     146       145     145       152     146						
Software         Total           irros carrying amount         \$000         \$000         \$000         \$000         \$000         \$85         \$85         \$62         \$64	otal intangibles			85		39
Stoop     Stoop       t1 July 2012     185       dditions     62       t30 June 2013     247       t1 July 2011     145       dditions     40       t30 June 2012     145       t1 July 2011     145       dditions     40       t30 June 2012     146       t1 July 2012     146       t1 July 2012     146       t1 July 2013     162       t1 July 2011     145       t1 July 2011     145       t1 July 2011     146       t1 July 2011     146       t1 July 2011     146       t1 July 2012     146       t1 July 2011     145       t1 July 2012     146       t1 July 2011     145       t1 July 2012     146       t1 July 2011     145       t1 July 2012     146       t1 July 2011     146       t1 July 2012     39     -       t1 July 2012     39     -     -       t1 July 2012     39     -     -	(b) Intangible classes movement					
1 July 2012     185     185       dditions     62     62       t 30 June 2013     247     247       t 1 July 2011     145     40       dditions     40     40       t 30 June 2012     185     185       Repreciation       t 1 July 2012     146     146       mortisation for the year     16     16       t 1 July 2012     145     145       mortisation for the year     16     16       t 1 July 2011     145     145       mortisation for the year     162     146       t 1 July 2011     145     145       mortisation for the year     1     146       t 1 July 2011     146     146       let carrying amounts     1     1       t 1 July 2011     39     -     -       t 30 June 2012     39     -     -						
dditions     62     62       t 30 June 2013     247     247       t 1 July 2011     145     145       dditions     40     40       t 30 June 2012     185     185       epreciation       t 1 July 2012     146     146       nortisation for the year       t 1 July 2012     146     16       nortisation for the year       t 1 July 2012     146     16       nortisation for the year       t 1 July 2011     145     145       nortisation for the year       t 1 July 2011     145     145       nortisation for the year       t 1 July 2011     145     145       nortisation for the year       t 1 July 2012     39     -     -       is a spane"2">a spane"2" and a spane"2"						
247       247         t 1 July 2011       145         dditions       40         t 30 June 2012       185         epreciation       185         t 1 July 2012       146         mortisation for the year       16         t 30 June 2013       162         t 1 July 2011       145         t 1 July 2011       145         t 1 July 2011       145         t 1 July 2011       146         t 30 June 2012       146         t 1 July 2011       145         t 30 June 2012       146         t 1 July 2011       146         t 30 June 2012       39       -       -         t 1 July 2011       -       -       -         t 30 June 2012       39       -       -       -         t 1 July 2011       -       -       -       -         t 30 June 2012       39       -       -       -         t 1 July 2012       39       -       -       -         t 30 June 2012       39       -       -       39						
1 July 2011       145       145         dditions       40       40         1 30 June 2012       146       146         repreciation       16       16         1 July 2012       146       16         mortisation for the year       16       162         1 July 2013       162       162         t 1 July 2011       145       145         mortisation for the year       1       162         t 1 July 2011       145       145         t 30 June 2012       146       146         let carrying amounts       1       1         t 1 July 2011       -       -       -         t 30 June 2012       39       -       -       39         t 1 July 2011       -       -       -       -         t 30 June 2012       39       -       -       39						
40     40       t 30 June 2012     185       repreciation     185       t 1 July 2012     146       mortisation for the year     16       t 30 June 2013     162       t 1 July 2011     145       mortisation for the year     1       t 1 July 2011     145       mortisation for the year     1       t 1 July 2011     145       mortisation for the year     1       t 30 June 2012     146       let carrying amounts     1       t 1 July 2011     -       t 30 June 2012     39       t 1 July 2012     39	at 30 June 2013	247				247
40     40       t 30 June 2012     185       repreciation     185       t 1 July 2012     146       mortisation for the year     16       t 30 June 2013     162       t 1 July 2011     145       mortisation for the year     1       t 1 July 2011     145       mortisation for the year     1       t 1 July 2011     145       mortisation for the year     1       t 30 June 2012     146       let carrying amounts     1       t 1 July 2011     -       t 30 June 2012     39       t 1 July 2012     39	tt 1 July 2011	145				145
til July 2012     146     146       mortisation for the year     16     16       t 30 June 2013     162     162       til July 2011     145     145       mortisation for the year     1     145       t 1 July 2011     145     145       mortisation for the year     1     145       t 1 July 2011     146     146       let carrying amounts     1     146       t 1 July 2011     -     -     -       t 30 June 2012     39     -     -     39       t 1 July 2012     39     -     -     39	dditions	40				40
1 July 2012     146     146       mortisation for the year     16     16       1 62     162     162       1 1 July 2011     145     145       1 30 June 2012     146     145       1 46     145     145       1 1 1     146     146       1 30 June 2012     146     146       1 46     146     146       1 46     146     146       1 46     146     146       1 46     146     146       1 46     146     146       1 46     146     146       1 47     146     146       1 48     146     146       1 49     146     146       1 40     146     146       1 40     146     146	At 30 June 2012	185				185
1 July 2012     146     146       mortisation for the year     16     16       1 62     162     162       1 1 July 2011     145     145       1 30 June 2012     146     145       1 46     145     145       1 1 1     146     146       1 30 June 2012     146     146       1 46     146     146       1 46     146     146       1 46     146     146       1 46     146     146       1 46     146     146       1 46     146     146       1 47     146     146       1 48     146     146       1 49     146     146       1 40     146     146       1 40     146     146						
Incomparisation for the year     I6     I6       t 30 June 2013     162     162       t 1 July 2011     145     145       mortisation for the year     1     145       t 30 June 2012     146     146       let carrying amounts     1     146       t 1 July 2011     -     -     -       t 30 June 2012     39     -     -     39       t 1 July 2012     39     -     -     39	Depreciation At 1 July 2012	146				146
t 30 June 2013     162     162       t 1 July 2011     145     145       mortisation for the year     1     1       t 30 June 2012     146     146       let carrying amounts     1     1       t 1 July 2011     -     -       t 30 June 2012     39     -     -       t 1 July 2012     39     -     -						
Importation for the year     1     1       t 30 June 2012     146     146       Iet carrying amounts     1     146       t 1 July 2011     -     -     -       t 30 June 2012     39     -     -       t 1 July 2012     39     -     -	tt 30 June 2013					
Importation for the year     1     1       t 30 June 2012     146     146       Iet carrying amounts     1     146       t 1 July 2011     -     -     -       t 30 June 2012     39     -     -       t 1 July 2012     39     -     -	at 1 July 2011	145				145
t 30 June 2012 146 146 Iet carrying amounts t 1 July 2011						
t 1 July 2011	at 30 June 2012					
t 1 July 2011						
t 30 June 2012 39 39 t 1 July 2012 39 39						
t 1 July 2012 39 39				-		
	At 30 June 2012	39	•	•	-	39
	at 1 July 2012	39		-	-	39

THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY NOTES TO AND FORMING PART OF THE FINANCIAL STATE! FOR THE YEAR ENDED 30 JUNE 2013		
13. PAYABLES	2013	2012
	\$000	\$000
Personnel Services	151	212
Fellowship Allowance	-	198
Lecturer Fees	-	20
Project Expenses	-	79
Unearned revenue	1,525	1,743
Intellectual Property DVD QNL etc	3	-
Net Goods and Services Tax	6	107
Other Payables	841	31
Audit Fees		25
	2,526	2,415
14. CURRENT PROVISIONS	2013	2012
	\$000	\$000
Superannuation On Cost on Annual Leave	18	16
Annual Leave Accrual While on Leave	15	24
Annual Leave Accrued on LSL	32	30
Current Short Term Annual Leave Provision	201	161
Current Long Term Annual Leave Provision	97	96
Provision for Annual Leave Loading	51	48
Current (Unconditinoal) Long Service Leave Provision	717	677
Super On-cost on LSL Prov	39	37
	1,170	1,090

THE NEW SOUTH WALES INSTITUTE O	F PSYCHIATRY	
NOTES TO AND FORMING PART OF THE FINA FOR THE YEAR ENDED 30 JUNE		
15. NON-CURRENT PROVISIONS	2013	2012
Non-current (Conditional) Long Service Leave Provision	5000 57 57	\$000 46 46
16. RECONCILIATION OF SURPLUS/(DEFICIT) TO NET CASH FLOWS FROM OPERATING ACT	IVITIES	
Surplus/(Deficit) for the year	(3,275)	1,295
Add Back: Non Cash Items Deprediation	390	139
(Gain)/Loss on disposal of non-current assets	(6) (7,890)	(4) 1,430
Increase/(Decrease) in Revenue Received in Advance	57	
Increase/(Decrease) in Employee Entitlements Increase/(Decrease) in GST	90 (100)	
Increase/ (Decrease) in Payables from operating activities (Increase)/Decrease in Receivables from operating activities	156	(1,856) (492)
Interior will be interesting and the providence of the second s	1,263	(2,348)
Net Cash provided by /(Used in) Operating Activities	(1,627)	(918)

		THE NEW SOUTH W	ALES INSTITUTE OF PSYCHIATRY	
			PART OF THE FINANCIAL STATEM EAR ENDED 30 JUNE 2013	IENTS
FINANCI	AL INSTRUM	IENTS		
	financial	v South Wales Institute of Psychiatry principal instruments arise directly from the Institute's itute does not enter into or trade financial inst	operations or are required to finance	
	objective	itute's main risks arising from financial instrum es, policies and processes for measuring and m res are included throughout these financial sta	hanaging risk. Further quantitative an	
	and agre and anal	ector has overall responsibility for the establish sees policies for managing each of these risks. R lyse the risk faced by the Institute, to set risk li is reviewed by the Executive Management Tea	isk management policies are establish mits and controls and to monitor risk	ned to identify
	(a)	Financial Instrument Categories		
			Total carrying amo Statement of Finar	•
			2013	2012
	Financia	I Assets	\$000	\$000
		d Cash Equivalent (note 8) nancial Assets (note 9)	2,705 6,000	4,632 6,000
		ble at amortised cost (note 10) <sup>1</sup>	313 9.017	1,381 12,013
	Financia	l Liabilities		,
	Payables	s ( note13) <sup>2</sup>	825	483
		es statutory receivables and prepayments (i.e. es statutory payables and unearned revenue (i	· ·	

#### NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2013

#### (b) Credit Risk

Credit risk arises when there is the possibility of the Institute's debtors defaulting on their contractual obligations, resulting in a financial loss to the Institute. The maximum exposure to credit risk is generally represented by carrying amount of the financial assets (net of any allowance for impairment).

Credit risk arises from the financial assets of the Institute, including cash and receivables. No collateral is held by the Institute. The Institute has not granted any financial guarantees.

#### Cash

Cash comprises cash on hand, short term deposits and bank balances within the NSW Treasury Banking System. Interest from bank is earned on daily bank balances at a commercial rate determined by the bank. Interest from short term deposits is earned on daily bank balances at monthly average NSW Tcorp 11 a.m. unofficial cash rate, adjusted for a management fee to NSW Treasury.

#### Authority Deposits

The Institute has placed funds on deposit with NSW Treasury Corporation, which has been rated "AAA" by Standard and Poor's. These deposits are similar to money market or bank deposits and can be placed "at call" or for a fixed term. For fixed term deposits, the interest rate payable by 'Tcorp' is negotiated initially and is fixed for the term of the deposit, while the interest rate payable on at call deposits can vary. The interest earned on at call deposit was calculated using weighted average effective cash interest rate and was computed on monthly basis and the average monthly and year end rates were 3.08%, (4.29% for 2011/12) and 2.7%, (3.45% for 2011/12) respectively. The interest earned on a term basis and the average term and year end rates were 3.14%, (4.58% for 2011/12) and 2.95%, (4.25% for 2011/12) respectively. None of these assets are past due or impaired.

#### **Receivables- trade debtors**

All trade debtors are recognised as amounts receivable at balance date. Collectability of trade debtors is reviewed on an ongoing basis. The majority of receivables recognised as trade debtors represent Course fees outstanding. Uncollected fees will result in academic results and certificates not released to students and other participants.

Debts which are known to be uncollectible are written off. An allowance for impairment is raised when there is objective evidence that the Institute will not be able to collect all amounts due. This evidence includes past experience, and current and expected changes in economic conditions and debtor credit ratings. No interest is earned on trade debtors.

The only financial assets that are past due or impaired are 'sales of goods and services' in the 'receivables' category of the statement of financial position. Student fees ineligibles represent the majority of financial assets that are past due or impaired.

	\$000	
	Past due but not	Considered
Total	impaired <sup>3,4</sup>	impaired <sup>3,4</sup>
308	308	-
-	-	-
-	-	-
2	2	-
-	-	-
-	-	-
	308 - - - -	Past due but not impaired <sup>3,4</sup> 308 2 2 2

Notes

<sup>3.</sup> Each Column in the table reports "Gross Receivables".

<sup>4.</sup> The ageing analysis excludes statutory receivables, as these are not within the scope of AASB 7.

		THE NEW SOUTH \	WALES INSTITUTE	OFPSTCHIATRY		
	NOTE		G PART OF THE FI EAR ENDED 30 JU	NANCIAL STATEMEN INE 2013	TS	
(c)	Liquidity Risk					
continuously high quality l	is the risk that the Ins manages risk through iquid assets. The obje , Ioans and other adva	n monitoring future ctive is to maintain	cash flows and m	aturities planning to e	ensure adequate h	olding of
	irrent and prior years, The Institute's exposu ffrisk.			, , ,		
	within the specified tir	ne period, simple in	terest must be pa	•	ess an existing con	tract specifies
otherwise. F may automa	•	ne period, simple in suppliers, the Head r simple interest.	terest must be pa of an authority (o	aid automatically unle or a person appointed	ess an existing con I by the Head of a	here payment tract specifies n authority)
otherwise. F may automa	within the specified tir or payments to other cically pay the supplier	ne period, simple in suppliers, the Head r simple interest.	terest must be pa of an authority (c e Institute's finan	aid automatically unle or a person appointed cial liabilities togethe Interest Rate Exposu	ess an existing con I by the Head of a r with the interest	here payment tract specifies n authority) : rate exposur
otherwise. F may automa	within the specified tir or payments to other cically pay the supplier	ne period, simple in suppliers, the Head r simple interest.	terest must be pa of an authority (c e Institute's finan	aid automatically unle or a person appointed cial liabilities togethe	ess an existing con I by the Head of a r with the interest	here payment tract specifies n authority)
otherwise. F may automa The table bel	within the specified tir or payments to other ically pay the supplier ow summarises the m Weighted Average Effective Interest	ne period, simple in suppliers, the Head r simple interest. naturity profile of th Nominal Amount <sup>3</sup>	terest must be pa of an authority (o e Institute's finan Fixed Interest	aid automatically unle or a person appointed cial liabilities togethe Interest Rate Exposu (\$'000) Variable Interest	ess an existing con d by the Head of a r with the interest re Non-interest	here payment tract specifies n authority) rate exposur
otherwise. F may automa The table bel 2013	within the specified tir or payments to other ically pay the supplier ow summarises the m Weighted Average Effective Interest	ne period, simple in suppliers, the Head r simple interest. naturity profile of th Nominal Amount <sup>s</sup> (\$'000)	terest must be pa of an authority (o e Institute's finan Fixed Interest	aid automatically unle or a person appointed cial liabilities togethe Interest Rate Exposu (\$'000) Variable Interest	ess an existing con I by the Head of an r with the interest re Non-interest Bearing	here payment tract specifies n authority) rate exposur Maturity D < 1 yr

#### THE NEW SOUTH WALES INSTITUTE OF PSYCHIATRY

#### NOTES TO AND FORMING PART OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2013

#### (d) Market Risk

Market risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in the market prices. The Institute has no exposure to foreign currency risk and does not enter into commodity or borrowings contracts.

A reasonably possible change in risk variable has been determined after taking into account the economic environment in which the Institute operates and the time frame for the assessment (that is, until the end of the next annual reporting period). The analysis is based on risk exposures in existence at the reporting date. The analysis is performed on the same basis for 2013. The analysis assumes that all other variable remain constant.

#### Interest rate risk

The Institute has minimal exposure to interest rate risk from its holdings in interest bearing financial assets. The Institute does not account for any fixed rate financial instruments at fair value through profit or loss or as available -for-sale. Therefore, for financial instruments, a change in interest rates would not affect profit or loss or equity. A reasonably possible change of +/- 1% is used, consistent with current trends in interest rates. The basis will be reviewed annually and amended where there is a structural change in the level of interest rate volatility. The Institute's exposure to interest rate risk is set out below.

		-1%		1%	
	Carrying Amount \$'000'	Profit	Equity	Profit	Equity
2013 Financial Assets					
Cash and Cash Equivalent Other Financial Assets	2,705 6,000	(27) (60)	(27) (60)	27 60	27 60
2012 Financial Assets					
Cash and Cash Equivalent Other Financial Assets	4,632 6,000	(46) (60)	(46) (60)	46 60	46 60

The Institute operated under one program with the following objective: "To assist and foster research and investigation into the causation, prevention, diagnosis and treatment of mental illness and diagnosis; assist and foster postgraduate education and training in psychiatry."	NTS
"To assist and foster research and investigation into the causation, prevention, diagnosis and treatment of mental illness and diagnosis; assist and foster postgraduate education and training in psychiatry." 19. After Balance Date Events	
"To assist and foster research and investigation into the causation, prevention, diagnosis and treatment of mental illness and diagnosis; assist and foster postgraduate education and training in psychiatry." 19. After Balance Date Events	
19. After Balance Date Events There are no after balance date events to be included in the financial statements as at 30 Ju	
There are no after balance date events to be included in the financial statements as at 30 J $_{ m c}$	
	une 2013
20. Contingent Assets and Liabilities	
There are no known contigent liabilities or contingent assets as at 30 June 2013	
END OF AUDITED FINANCIAL STATEMENTS	

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Annual Report and Financial Statements 2012-2013 (49th Annual Report of the NSW Institute of Psychiatry).

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