

Submission
No 76

**INQUIRY INTO IMPACTS OF HARMFUL PORNOGRAPHY
ON MENTAL, EMOTIONAL, AND PHYSICAL HEALTH**

Name: Name suppressed

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Partially
Confidential

I write as a 29 year old male who's teenage years were crushed by pornography.

Pornography was incredibly easy for me to attain on my devices, to view at school or at home, and this created a culture of degradation of females which took me 10 years to break free of.

Pornography is now not just something in the dark corners of the web, but instead now on the cover page of Netflix movies and every second Instagram reel.

I had to delete all these apps and platforms to ensure I was not exposed to it.

By the grace of God I am now free of this curse on society. The situation is only getting worse and it will be incredibly difficult for the next generation to break free of the free-flow of abuse material, leading to higher levels of domestic violence, sexism and sexual abuse towards women.