

Submission
No 1

**INQUIRY INTO PREVALENCE, CAUSES AND IMPACTS OF
LONELINESS IN NEW SOUTH WALES**

Name: Name suppressed

Date Received: 28 August 2024

Partially
Confidential

That young people receive a few weeks of national service training (not compulsory) and then do a few weeks with the Army, Navy, Air Force, SES or a charitable organisation. Those who complete the course get a weekly pay and a reward such as first home owners grant, tax rebate or a grant of vacant land in a regional area.

The benefits would be that many "kids" would develop life-long friendships by being bonded by national service. They would gain confidence whilst developing life skills and friendships through teamwork.

Some young adults are "prisoners" to their own friends, families or social circumstances. A program like this would break the cycle and provide an outlet for them to gain independence and self-esteem.