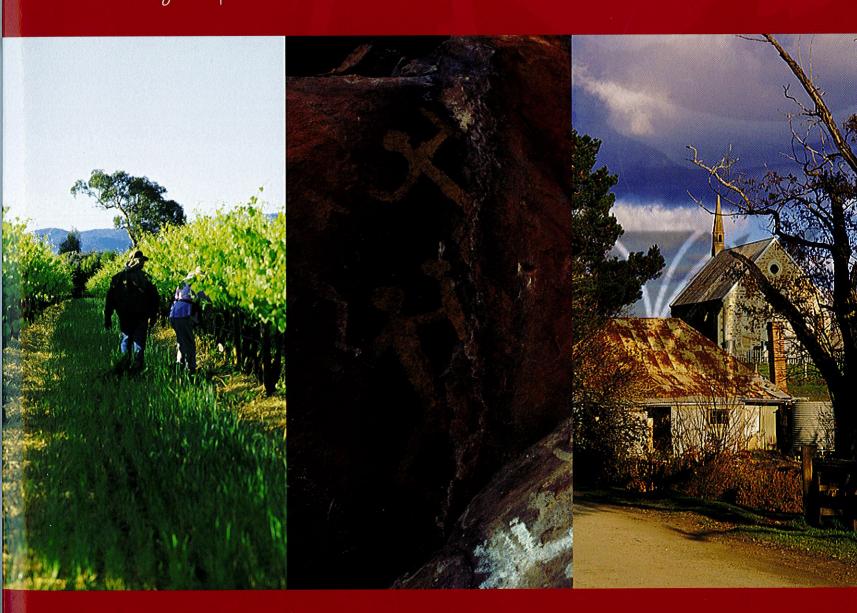


Art, Invention, Nature, Country Folk, Gold Rush, Food & Wine

Discover the fabulous art, fun outdoor activities, fascinating history and fresh farm gate experiences of Central NSW.







Welcome to Central NSW - come and discover our treasures

What are in these tours?

We have carefully selected some of the best attractions from our beautiful region and brought them together in themed tours which you can take across the region or use to discover one particular destination.

Food & Wine Tours

Central NSW is a remarkable food and wine region because of its rich soils, high altitudes and special blend of cultures. The Wiradjuri sourced food from hunting and by trading. Early British settlers brought their traditional farming practices and fruit orchards, Chinese miners started market gardens, the government established agricultural research centres and new European migrants brought their love of food and wine.

Nature Tours

Discover ancient landscapes and rich Aboriginal heritage at Munghorn Gap, Nangar National Park (and many other locations) for this is Wiradjuri country - one of the largest indigenous nations in Eastern Australia. There are rivers, lakes and stunning scenic drives to enjoy.

Science and Invention

These trails showcase the inventiveness of the Wirajduri people, the Colonial settlers as well as developments during the Industrial Revolution. They show developments in science and modern agricultural techniques some of which now focus on the production of chemical free food and the restoration of agricultural land. Both adults and children will enjoy these tours.

Country Folk

Learn about the exploits of bushrangers like 'Bold Jack' Donohoe and Ben Hall and the Lady Bushranger Jessie Hickman. There are museums featuring Henry Parkes, the Father of Australian Federation. You can also visit stately homes which showcase the life of wealthy colonial families, and Prime Minister Ben Chifley and other migrants who settled in the region.

Gold Rush

The Gold Rush Discovery Tour takes you to the

fascinating places where you can see old mine workings (O'Brien's Hill, Lucknow, Hill End), pan for gold (Stuart Town, Ophir, Abercrombie Caves), enjoy the charm of heritage towns (Grenfell and Gulgong), wonder at the tough hard life of miners and their families (Turnkey Creek, Lake Cargelligo)

Arts

Visit local and regional galleries, see sculpture gardens and places that inspired Henry Lawson and Banjo Paterson. There are seasonal events and craft markets as well as legendary Hill End and stunning landscapes with village art galleries and potters.

The significance of Central NSW

Many of the attractions on these tours are of national and state significance and they are often National Trust listed. Other attractions are equally valuable in demonstrating the special local qualities and rich rural way of life in our communities. Together these famous and local features make Central NSW a unique treasure trove of Australian cultural heritage.

How to read this guide

- There are five tours or you can mix and match attractions from the trails to create your own personalised experiences.
- The tours are numbered and the main towns listed, an accompanying road map guides you across Central NSW.
- You connect from one tour to another at key towns that are indicated at the top of the tour sheet. This way you can navigate around Central NSW.
- Follow the attractions tour and it will bring you back to where you started.
- There are side tours if you have more time.
- Restaurants and cafés, whose menus include delicious local produce and part of our 100 Mile Diet experience, are identified, as are vineyards. So there is plenty to sustain you during your travels!
- Accommodation is shown in 'Find Places to Stay' which lists participating accommodation, and helpful contact details.



Taste real fresh food

We encourage cafés and restaurants to buy seasonal local produce from within 100 miles (160 km) so you have the opportunity to taste real, fresh food. You can also buy produce at markets and farm gates – read our 100 Mile Diet brochure for more details.



Grenfell – Forbes – Lake Cargelligo – Condobolin

Open Garden Weekend Throughout the region during April

Henry Lawson's Grenfell

NATURETOU

I Stroll the streets of Grenfell to appreciate this National Trust conservation area, visit Henry Lawson's birthplace and O'Brien's Mine.

LOCATION: Starr Street, Grenfell.

GRENFELL MUSEUM OPEN: Saturday and Sunday 2-4pm.

PHONE: (02) 6343 1930

Henry Lawson Festival

June Long Weekend – five days of entertainment

and activities.

Conimbla National Park

Rising up to 500 metres, the park's waterfalls are a special feature in this otherwise largely flat region. The wonderful spring wildflower display, including local orchids, attract a large number of birds - you might be fortunate to see the threatened glossy-black cockatoo. There are rugged walks and picnic areas.

LOCATION: Major West Road and Warrumba Road, this is unsealed road access to Conimbla National Park.

FACILITIES: Camping (not in picnic areas), toilets, picnic, wood BBQ (bring your own wood), lookout.

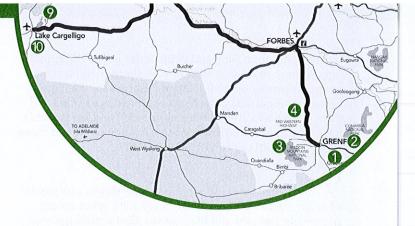
Weddin Mountains National Park

O Weddin Mountains National Park consists of a 19km long crescent shaped range rising sharply above the surrounding plains. This range is broken mid-way along its length by the 'Weddin Gap'. Cliff lines and escarpments dominate the northern and eastern side of the range, while the gentler slopes to the south and west are dissected by many steep gullies. Rich in bird life, you may see the threatened superb parrot, peregrine falcon and wedge tailed eagle or hear the eerie wailing of the bush stone-curlew. There are six walking tracks which range from medium to hard. Two interesting features to the park are Ben Hall's cave and Seaton's Farm. The cave is where Ben Hall is believed to have hidden and spied out for troops. A short walk from the cave is Seaton's Farm, an amazing dilapidated set of buildings, machinery and vegetable garden which shows how resourceful rural families were in the Great Depression. You might meet some grey kangaroos or swamp wallabies who like to visit the Seaton's garden.

LOCATION: Two alternative tours are recommended: 1. Take the Grenfell Bimbi Road for the Weddin Gap walking trail (full day) or Holy Camp Road for the Basin Gully trail, can include Seaton's Farm and Ben Halls Cave (half a day) Holy Camp Road. **FACILITIES:** Camping, picnic, toilets, disabled access, gas BBQ, lookout.

Ochre Arch Farm

Phil and Jan Diprose encourage connection to landscape for visitors by showing them their diverse native vegetation and indigenous heritage-rich farm. They demonstrate how their sheep and cattle are managed using



holistic and low stress stock handling methods to naturally improve land health and foster wildlife. Tours of the 385 hectare, solar and wind powered farm are available.

ACCESSIBILITY: Not suitable for those with physical disabilities.

LOCATION: 761 Goodes Lane, Pinnacle (25 km NW of Grenfell).

OPEN: 7 days by arrangement and weather permitting.

PHONE: (02) 6343 5105

En route

You can see the value of sheep to the region as you notice the heritage listed tiimber sheep yards and sheds throughout the Lachlan Valley. Count how many you see on your travels. Today these sheds are a source of photographic inspirations appearing in books, calendars and post cards.

Gum Bend Lake

Popular with bird watchers who have recorded 36 species including the sacred kingfisher, whistling kite, pacific heron and little pied cormorant. There is a 6 km walking track and you are permitted to fish, swim and canoe.

FACILITIES: Picnic, BBQ, playground toilets and showers.

LOCATION: Bathurst Street, Condobolin.

Wiradjuri Study Centre – Arts and Culture
One of the largest and most progressive Aboriginal

cultural programmes in the region, it includes an inclusive cultural centre with art and crafts exhibition. You can also book Cultural Appreciation courses by appointment.

ACCESSIBILITY: Wheelchair accessible.

LOCATION: Cnr Cunningham & McDonnell Street, Condobolin.

OPEN: Monday to Friday 9am-5pm

PHONE: (02) 6895 4664

West Women Weaving Baskets

Bev Coe is a Wiradjuri woman recognised as an important context artist using traditional Aboriginal techniques. Bev runs short courses which focus on traditional techniques for making bags, baskets and contemporary items. Spiny Sedge Grass has been planted along the Lachlan River bank in Condobolin as part of a regeneration programme 'Save the Sedge'. This grass was used by traditional Aboriginal basket weavers in the area.

LOCATION: 18 Williams Street, Condobolin. **OPEN:** Opening hours vary, so call to check. **PHONE:** Heather Blackley on (02) 6895 3301

Woggoon Nature Reserve and Tollingo Nature Reserve

These reserves contain mixed mallee land that is protected areas of multi stemmed eucalyptus with very deep root systems (some have been found at depths of 28 m). There are over 270 species of mallee in Australia, which are well adapted to harsh climates and survive through their ability to

gather water from wide and deep underground. Woggoon and Tollingo reserves also have scatterings of red box and white cypress woodlands. Nature Reserves are the highest ranked national parks which protect threatened fauna and flora. Both parks attract minimal visitation and are available only for scientific purposes. Visitors intending to go to these reserves should call NPWS (02) 6851 4429.

) Lake Cargelligo

Bird watching at the sanctuary rewards you with sights of great crested grebe, black-winged stilts, great egrets, spoonbills, pelicans and black swans. Bird watching is also good at Lake Curlew to the north. Lake Cargelligo, the largest inland water system in NSW offers opportunities for water skiing, canoeing and swimming right in the heart of the state. There is a walking and cycle path around the lake, enjoy the interpretive signs and beautiful views. All year fishing in the lake and nearby Lachlan River can reward you with cod, silver perch and redfin. Fishing information, birding binoculars and bird watching books are available at the Lake Cargelligo Visitor Centre. While you are there see the Alf Tyack Stone Butterfly and Gem Collection.

ACCESSIBILITY: Wheelchair access and toilet. **LOCATION:** 1 Foster Street, Lake Cargelligo.

PHONE: (02) 6898 1501

Did You Know?

Part of Central NSW's rich history includes the carved trees, a speciality of Aboriginal people to mark the burial site of a celebrated man whose passing had a devastating effect on the community. Normally a single tree makes the site but here there are examples of 5 trees. First the bark is removed and then carvings are cut into the sapwood. It involves great strength and artistry. Each tree is unique and faced the burial site as a warning to passers-by. See examples of this remarkable art at: Lake Cargelligo Historic Museum, Loughnan Street, Lake Cargelligo.

Kejole Koori Art Studio
Specialises in paintings, sculptures, pottery, jewellery, didgeridoos and clapping sticks. See a wide range of Aboriginal arts and crafts made by local Wiradjuri people.

LOCATION: 98 Grace Street, Lake Cargelligo.

OPEN: By appointment. **PHONE:** (02) 6898 1708

Return to Condobolin

1 King's Grave (Goobothery Hill)
Visit the burial site of an Aboriginal chief 'Gerasmus' who drowned while crossing the river in flood. This important site was noted by Surveyor-General John Oxley in 1817 and the carved trees removed in 1913 by Edmund Milne and taken to Sydney Museum. In their place a stone cairn and replica posts were erected. Many early explorers and settlers recognised the artistic value of the carved trees and were fascinated by their cultural significance. The community has successfully installed interpretative signs to respect the importance of the king.

LOCATION: On the Lachlan Valley Way between Condobolin and Euabalong.

Drive to Parkes and visit the Goobang National Park





Banderra Estate

Established in the 1920s, Banderra Estate has been producing quality

wine for over 9 decades. The first 3 owners were French migrants; the vineyard has been owned and operated since 1989 by John Saleh. The Sand Hills Vineyard yields 20 tonnes of grapes per year. 3,000L of wine is made annually comprising Chardonnay, Semillon and Colombard white wines and Cabernet Sauvignon, Merlot and Shiraz red wine. Port is our biggest seller.

ACCESSIBILITY: Wheelchair accessible.

CELLAR DOOR LOCATION: McFeeters Motor Museum, Cnr

Newell Highway and Oxford Streets, Forbes.

VINEYARD LOCATION: 282 Sandhills Road, Forbes (Tastings by appointment only).

OPEN: 10am-5pm 7 days.

PHONE: (02) 6851 2590 or 6852 1437

Dwyer's Fresh

Award winning beef and gourmet sausages. **LOCATION:** 216 Clarinda Street, Parkes.

PHONE: (02) 6862 2019

Places To Stay

Everview Retreat

Two beautifully built stone cottages, using basalt and granite quarried from the site, are fully self-contained and have extensive views across vineyards, olive groves and market gardens taking in Mount Lewis, Mt Canobolas and the Weddin Mountains. Resident alpacas and sheep add to the pastoral views. Meet Kyle, who is a sculptor/potter and Liz the painter. Kyle's sculptures can be seen scattered throughout the extensive landscape architect designed gardens, whilst a sample of Liz's paintings are on display in the DVD/video library area at reception. Both artists are available for commission pieces.

LOCATION: 72 Cultowa Lane, 'The Vines', Canowindra.

PHONE: (02) 6344 3116 or 0428 281 401

Fifield Hotel

Family friendly and pet friendly country pub with bedrooms and shared facilities or camping on the property. Serves fresh good food using organic vegetables and herbs from their garden, the pub also has water wise policies. Meet the locals and hear their yarns. Guitar lessons and live bands, check for details.

LOCATION: Slee Street, Fifield.

PHONE: (02) 6892 7276

Hotel Gracelands

A newly refurbished boutique 4 star hotel with a wide range of bedroom configurations set in the heart of Parkes. Situated in a quiet and convenient location off the Newell Highway, yet close to the town centre.

ACCESSIBILITY: Two queen sized rooms are fully wheelchair accessible .

LOCATION: 7-9 Bushman Street, Parkes.

PHONE: (02) 6862 3459

Visitor Information Centre

Bathurst 1800 681 000 **Blayney** (02) 6368 3534 **Canowindra** (02) 6344 1008 **Cowra** 1800 266 173 **Forbes** (02) 6852 4155

Gulgong (02) 6374 2691

Mudgee 1800 816 304 Molong (02) 6344 1008 Orange 1800 069 466 Parkes (02) 6862 6000 Peak Hill (02) 6869 1981 Wellington 1800 621 614

www.centralnswtourism.com.au

NAIURE IOUR

Cowra to Wellington

Cowra Japanese Garden & Cultural Centre

This is the largest example of Japanese garden design in the southern hemisphere. The gardens are a showcase of Japanese design including landscape, garden and built form design which incorporates six elements: mountain, rocks, mountain waterfalls, mountain lakes, rivers turning into oceans and pine trees. Visitors will experience and gain a greater understanding and appreciation of the Japanese garden and landscape design of by walking the three kilometres of pathways designed to carry the visitor through the mountains of Japan, past the waterfalls in the mountains that flow into the mountain lakes and from there follow the water as it flows into the river and then the ocean. The landscape design includes trimmed hedges and pine trees which are symbolic of the hills, reaching from the mountains to the ocean. Audio tours are available.

ACCESSIBILITY: Wheelchair accessible and toilets. LOCATION: Scenic Drive off Brisbane Street, Cowra.

OPEN: Daily 8.30am-5pm. PHONE: (02) 6341 2233



October - contact the Visitor Information Centre

for details on (02) 6342 433.



En Route

The drive from Cowra to Cudal via Canowindra is the Cudal Scenic Route, listed by the National Trust landscape for its outstanding natural beauty. Look for the yellow canola crops and for other examples of the 'food basket' - produce from the Cabonne Region which helps to feed NSW and ACT.

Authentic farming and food in Canowindra Taste organic wine and olives at Rosnay and learn about their environmental practices. Rivers Road Organic Farms, Canowindra, open by appointment. Phone (02) 6344 3215. Visit this quaint museum with original farming equipment for lucerne, wool and wheat. Ferguson Street, Canowindra, open Saturday 10am-12pm or by appointment. Phone (02) 6344 1747. Now pop into Taste Canowindra to sample some of the modern award winning results of local food producers, many organic vineyards and provedores, an authentic slow food restaurant. 42 Ferguson Street, Canowindra, phone (02) 6344 2332. Or try the Old Vic Hotel with restaurant, gallery and accommodation in heritage listed splendour.

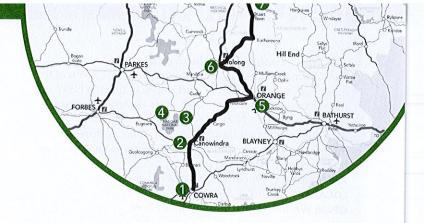
ACCESSIBILITY: All are wheelchair accessible with toilets.

Nangar National Park

A haven for native plants and animals in a productive agricultural landscape. Spend a few days exploring the park while based at the Terarra Creek Camping Area, whether you love picnicking, camping, wildflowers, birdwatching, bushwalking, photography or gazing up at a night sky brilliant with stars this will be a wonderful nature experience. You can walk or drive (4wd required) to the Mount Nangar Lookout where you get spectacular views down into the Murga Valley and beyond.

LOCATION: Turn at the sign about 10 km east of Eugowra on the Escort Way.

FACILITIES: Camping, picnic, toilets, wood BBQs, caravan site. and lookout.



Dripping Rock Homestead - Nangar National

Built in 1928 the farm evolved over the years after a fire. There are remnants of a once luscious garden, bountiful orchard piggery, fallen down hay shed and yards and other ruins which tell the story of early settler life. Its location gives you a sense of the trials for small farmers. There are BBQ facilities and toilets in the park. Visit this rare example of a small farm home conserved in the National Park.

LOCATION: Dripping Rock Road, off Escort Way near Eugowra.

FACILITIES: Camping, picnic, toilets, wood BBQs, caravan site and lookout.

LOCATION: Longs Corner Road.

Mount Canobolas

This is a sacred Wiriadjuri site and there are interpretive displays which outline the cultural heritage. This popular conservation area has panoramic views, the Federal Falls Walk and the Snowgum Walk offer great bird watching and star-gazing opportunities.

ACCESSIBILITY: Wheelchair access (hard) to Federal Falls campgrounds.

LOCATION: Old Canobolas Road, Orange.

FACILITIES: Camping, toilets, picnic, gas/electric wood BBQ (bring your own wood), bring your own water.

En route

The Wiradjuri people used natural resources around them to create tools and weapons. Boomerangs were made from the elbow section of wood like River Red Gum root that was exposed by erosion. Shields were made from wood or bark, spears and digging sticks from branches. Each man would have hunting, fighting, fishing and ceremonial spears at any one time. This would include a 2-4 metre long spear made from Ironbark, Gidgee or Wattles, then spears 1 metre long made from common reed with a wooden or bone point which was used for hunting small animals. The science of heat was used to make spears: newly cut wood was pulled through hot ash, this warmed the sap and made the wood pliable so it could be straightened. Sharp stones, sand or shells were used to make it smooth. The fat from a goanna or emu was spread over the wood to preserve it.

Junior Ranger

Look for a stick and make your own spear. Break off any little twigs. Rub the stick with a stone to make it smooth and then paint it or tie leaves around the top with grasses; or follow you own design. Give it a name and make it a magic stick of your own design. Keep it as a memento of your trip.

NATURE COLURS

Jayes Gallery & Sculpture Gardens Driving from Orange to Molong you pass some of the most beautiful agricultural landscapes in Central NSW. Perhaps the inspiration for art? Jayes Gallery showcases regional artists and has a program of monthly solo exhibitions, a sculpture garden with works in stone and metal, as well as a gallery shop that features hand crafted

glass works, pottery and jewellery.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 31 Gidley Street, Molong. OPEN: Wednesday to Sunday 10am-4pm.

Lake Burrendong, Burrendong Botanic Garden & Arboretum

The lake has 3.5 times the capacity of Sydney Harbour and is a haven for skiing, sailing, rowing and jet skis. You can fish for murray cod, silver perch, catfish and European carp, or enjoy bird watching and seeing the kangaroos, emus and echidnas. Visit the 167 hectare botanic gardens. There is a special collection of Western Australian plants and a white box woodland. For the kids there is a treasure hunt and Fern Gully to explore a cool climate. There is a free guided tour every third Sunday of each month (Mar-Nov) 11 am – 3 pm. You can also buy a range of special souvenirs, buy unusual plants not normally stocked in nurseries and learn new gardening ideas. **LOCATION:** Tara Road, off Fashions Mount Road, Burrendong

PHONE: (02) 6846 7681

Way.

O Wellington Caves

This famous dramatic limestone cave system with its huge arches and ancient stalagmites and modern lighting system creates a great family holiday experience. Explorer Hamilton Hume found the caves in 1828 and over the years scientists have found the fossil discoveries key to learning about Australia's past history making it one of the most significant fossil sites in the world. There is a historic phosphate mine to walk through and a bone cave with marsupial lion bones to see too. After spending time underground why not visit the Osawano Japanese Gardens, adjacent to the Wellington Caves complex, and enjoy the outdoor water cascade and reflection pool for peace and tranquillity.

ACCESSIBILITY: Wheelchair access to the phosphate mine. LOCATION: Caves Road, Mitchell Highway, Wellington. OPEN: 8.30am-5pm call to select tour and time.

PHONE: (02) 6845 2970

Wellington's Beautiful Gardens

In the heart of the town stroll through the beautiful Cameron Park with its refined fountain and manicured beds. Wellington is known for its platypus population and you can see their habitat along the Bell River with runs through this park.

ACCESSIBILITY: Wheelchair accessible. LOCATION: Percy Street, Wellington.

Mt Arthur Reserve

From Mt Arthur's summit in 1817 John Oxley looked down upon the scene and called it Wellington Valley after the Duke of Wellington, who had recently defeated Napoleon at Waterloo. There are several walks which range in duration from 1-4 hours. There are over 400 species of native plants including the endangered small purple pea and 36 species of orchids and 30 burrawang plants.

LOCATION: 1 km on the right after the Showground, Bushranger Creek Road, Wellington.

FACILITIES: BBQ, picnic tables, toilets, no camping.





Hedberg Hill

If you like Cabernet Sauvignon or Riesling then try Hedberg Hill's

Merlot and Late Harvest Riesling. Their Chardonnay is an elegant, vibrant, full flavoured Burgundy style which reflects the character of this wine region. Winemaker Peter Hedberg offers tours focusing on vineyard terroir.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 701 The Escort Way, Orange.

OPEN: Saturday and Sunday 10am-5pm or by appointment.

PHONE: 0429 694 051

Ross Hill Wines

Their Pinnacle Chardonnay is handpicked, traditionally crafted and barrel fermented dry white. Ross Hill also has Pinot Noir, Cabernet Franc and Vintage Brut. Tours of the vineyard can be arranged by prior appointment. During your visit try their Italian and Spanish varieties of olive oil.

ACCESSIBILITY: Wheelchair accessible and disabled toilet.

LOCATION: 134 Wallace Lane, Orange.

OPEN: Daily 10.30-5pm. PHONE: (02) 6365 3223

Places To Stay

The Vineyard Motel

Surrounded by a vineyard, with wide open views on the edge of Cowra, it has six rooms in an off road location. Enjoy peace, quiet and a real sense of staying in a traditional wine growing region.

LOCATION: 42 Chardonnay Road, Cowra.

PHONE: (02) 6342 3641

The Imperial Hotel

Built in 1905, the Imperial Hotel is located in the heart of Cowra and lets you enjoy the atmosphere of a stress free country town. Child friendly.

ACCESSIBILITY: Bar and Bistro, wheelchair accessible and

LOCATION: 16 Kendal Street, Cowra.

OPEN: Monday to Saturday from 11.30am, closed Sunday.

PHONE: (02) 6341 2588

Leloma Bed & Breakfast

Private bedrooms with ensuite and French doors that lead onto the garden this peaceful B&B set opposite a nature reserve and creek.

LOCATION: 27 National Avenue, Orange.

PHONE: (02) 6369 0522

Mookerawa Waters Caravan Park

Located in the beautiful state forest on the banks of Lake Burrendong, enjoy breathtaking views, swimming, fishing, sailing, water skiing, canoeing or golf. Cabins, powered and unpowered sites to choose from.

LOCATION: Mookerawa Rd, Stuart Town.

PHONE: (02) 6846 8426

Visitor Information Centres

Bathurst 1800 681 000 Blayney (02) 6368 3534 Canowindra (02) 6344 1008 Cowra 1800 266 173 Forbes (02) 6852 4155

Gulgong (02) 6374 2691

Mudgee to Abercrombie Caves

Hands on Rock & The Drip

Visit two extraordinary Aboriginal places. At the request of the Wiradjuri people only women and children may visit Hands on Rock, however everyone is welcome to enjoy 'The Drip', a nearby stunning sandstone formation with a 2.4km walk and wonderful scenery. Aboriginal society gave all members equal importance, but the roles were strictly designated to create a smooth functioning society. Birthing for Wiradjuri people followed specific procedures and involved female midwives such as grandmothers who gave physical and emotional support, so removing any fear for the mother. Men had an important role after birth by conducting ceremonies to establish the baby as a "being". It is very important that an Aboriginal child is born on their land which enables them to be a traditional owner and hold a special connection with every living thing in their region. Consider does the place where you were born hold a special meaning to you?

ACCESSIBILITY: Not suited for people with restricted mobility. **LOCATION:** Across the Gulgong River Bridge and 37km up the Ulan Cassilis Road, Bobadeen Road. The Drip is located on the Ulan Road, 50km from Mudgee. Hands on Rock is 52km from Mudgee. Turn off the Ulan Road onto Bobadeen Road.

Munghorn Gap

Australia's second oldest nature reserve offers amazing views from its summit where rock juts out of the landscape like ancient ruins. This is a very important place of the Wiradjuri people and home to over 160 species of birds. Take a walk to Castle Rocks or enjoy a relaxing picnic stop at Moolarben picnic area. Castle Rocks is an easy 8 km return walk with amazing sandstone pagoda features you see at the top. Many of the features you look out across the landscape would be important features for the Wiradjuri people. It is the relationship between the ancient sites and landscape that is expressed as a 'Dreaming Tracks', a powerful spiritual interconnection between land, sites and culture.

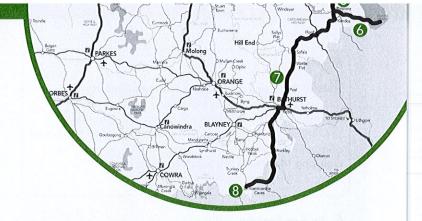
ACCESSIBILITY: Moolarben Picnic Area is wheelchair accessible.

Cooyal and legends

To experience the legends of the country folk take a trip out to Cooyal where Captain Thunderbolt stayed, visit the Munghorn Gap and obtain a copy of Cooyal Stories from Mudgee's Colonial Inn Museum. Captain Thunderbolt (Fred Ward) was an infamous bushranger who worked on the Cooyal Station. 'Adopted' by local Wiradjuri people, he married Mary Ann Bugg. She was half Aboriginal and taught Ward to read and write. While he worked at Cooyal Station he was convicted of stealing horses (he even 'borrowed' a horse to go to his court hearing) and was sent to Cockatoo Island. There are unfounded rumours which suggested Mary helped him escape. From here on he became famous partly for his dash and dare being quicker than the mounted police and partly partly for his disdain of violence. Apparently he never killed anyone but he might have been a poor shot, which added to his reputation of being a Gentleman Bushranger, the last of the 'professional' highwaymen. It is alleged that he lived for some time in one of the larger caverns at Babyfeet Caves Cooyal remains of an old bush bed and huge stone fireplace are said to be evidence.

Junior Ranger

Guess how many crimes Captain Thunderbolt committed? If you were a bushranger what would your name be and what would be your two special powers?



Did You Know?

Thunderbolt's tally of crimes included: robberies of 30 mail coaches, 16 hotels and stores, 16 stations and residences, 6 hawkers, 1 toll-gate, 1 abduction, 1 attempted arson, 1 escape from lawful custody and over 80 thefts of horses (which must of included the racing mare 'Beeswing' which he used to raid the Bonshaw Hotel for 10 pounds) and 5 shootings (firing on police). The good captain was supposed to have committed over 200 crimes.

/ Mudgee Observatory

A variety of telescopes and binoculars are available for visitors to use as well as conducted tours of the night sky. Bookings are essential.

LOCATION: 961 Old Grattai Road, Mudgee.

OPEN: By prior appointment. **PHONE:** (02) 6373 3431

Events in the Night Sky

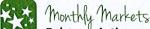
• 4-5 May Eta Aquarids Meteor Shower – 30+ meteors/hour caused by dust released by Halley's Comet.

- 10 May Annular Eclipse of Sun partial eclipse best visible from Northern Australia.
- 24-30 May Mercury, Venus and Jupiter cluster together
- 23 June Perigee Full Moon biggest full moon.
- 12 August Perseid Meteor Shower barely visible on Southern Hemisphere.
- **18 October** Penumbral Eclipse of the Moon not visible in Australia.
- All of October Magellanic Clouds clearly visible with naked eye.
- 3 November Hybrid Eclipse of the Sun.
- All of December Venus will be at its brightest.
- 13 & 14 December Geminid Shower coincides with New Moon.

Riches from the land

Heading south in the Mudgee Region towards Rysltone, you pass through very productive agricultural land which now produces great wines and cheese. Try the Caerphilly or Persian style feta at High Valley Wine & Cheese (137 Ulan Road, 1.5 km from Mudgee, phone (02) 6372 1011) then take the road to Rylstone. On the way visit the Lue Pottery and see what Des and Jan Howard create using local clay in their studio set in a hectare of native gardens. Talk with Des to learn about how the country inspires him (Harpur Street, Lue, phone (02) 6373 6419). Taste and buy local De Beaurepaire wine at their remarkable cellar door at the Bridge View Inn, a restored heritage inn (Louee Street Rylstone, phone (02) 6379 1473).

NATURE COURS



Monthly Markets
Rylstone Artisan and Farmers Market - 2nd

Saturday, locally made art, craft and fresh produce. Mudgee Farmers Markets -3rd Saturday, grounds of St Mary's Catholic Church, Cnr Church and Market Streets, phone 0407 288 979.

Gulgong Markets - 4th Saturday, local fresh food, recycled goods and entertainment.

Dunns Swamp

Dunns Swamp, or Ganguddy as it is known to local Wiradjuri Aboriginal people, is a beautiful, serene waterway on the Cudgegong River, not a swamp at all! This peaceful setting is perfect for bird watching, fishing (murray cod and catfish), canoeing and swimming. While on dry land take the bushwalks which show you remarkable pagoda rock formations. Evidence of the Wiradjuri people can be seen from the hand stencils visible on the Campsite Rocks Walking Circuit.

LOCATION: Narrango Road, 30 km from Rlystone. FACILITIES: Camping, wood BBQ (bring your own), picnic, toilets. Bring your own water.

Drive to Bathurst via Kandos and Sofala

Wattle Flat Heritage Lands South of Sofala is Wattle Flat a peaceful plateau. At one time it saw only the passing of Aboriginal tribes who followed the gorges linking coastal and inland people, then frantic escaping convicts and early settlers' homes. That is until the 1850s when gold fever struck and thousands of gold seekers descended. Today you can see the evidence, following the marked tracks, of mining with five protected deep shafts and the pock-mark remnants of pits inside the Wattle Flat Heritage Lands. The Heritage Lands comprise two sites totalling 250 hectares. Now this sanctuary is home to grey kangaroos, red-necked wallabies and echidnas and many species of birds that live in the while and yellow box, red gums and red stringy bark trees.

LOCATION: Sofala Road, Wattle Flat.

Did You Know?

The Wiradjuri people were not hunter gatherers so much as farmers of the land. Some specific areas were left as breeding ground and hunting was forbidden there. While tribes would move around, a keeper called a Gunjung was left to look after the area to ensure the environment was not exploited. This way the Aboriginal people lived a balanced life sustaining species for thousands of years.

Abercrombie Caves

Be amazed by the largest natural arch in the southern hemisphere. Take a cave guided tour with the kids to explore the richly decorated caves. They are a very important Aboriginal site, shelter for the Ribbon Gang and a hiding place for Ben Hall. Try your hand at gold panning (hire at the visitors centre) at Mt Gray, walk the magnificent Grove Creek Falls or go trout fishing or take a dip in the river yourself.

ACCESSIBILITY: Accessible for disabled.

LOCATION: Bald Ridge Road, off Goulburn Road. FACILITIES: Camping, picnic, and lookout.

www.centralnswtourism.com.au

Local Eating For Global Change.

Skimstone Wines

Their particular focus is on the vibrant food friendly wines you can

sample in their tasting shed, which has extensive views of the hills and river in the Cudgegong Valley.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 1307 Castlereagh Highway, Apple Tree Flat,

Mudgee.

OPEN: Thursday to Monday 11am-5pm.

PHONE: (02) 6373 1321

Lowe Wines

Cellar door and winery are located just outside Mudgee in an idyllic setting enhanced by Lowe's philosophy of sustainable organic winemaking. This means herbicides, insecticides and most fungicides are not used on the grapes, nor chemicals in the winemaking. Learn more at the cellar door, come for one of the Lowe Food events held through the year or try a food platter served during weekends.

ACCESSIBILITY: Wheelchair accessible.

LOCATION: Tinja Lane, Mudgee.

OPEN: Daily 10am-5pm

Places to Stay

The Other House at Little Tallawangra

Set on a working sheep farm this child friendly house has two spacious bedrooms, a bunk room and two bathrooms with solar hot water and slow combustion stove. There are wide views of the orchard, vegetable garden and paddocks and hills beyond with gum trees and sheep. Kids can enjoy the books and games, ride their bikes or play games outside including tennis. Pet friendly.

ACCESSIBILITY: Wheelchair accessible.

LOCATION: 293 Yarrabin Road, Off Hill End Road, Mudgee.

PHONE: (02) 6373 3576

Kirima Cottages

Be inspired by nature, 2 bedroom self-contained cottages on 33 acres of natural bushland. See kangaroos, king parrots and the setting sun from your cottage deck, listen to bird song. Cottages have slow burning combustion fire, reverse cycle a/c linen and fully equipped kitchen.

ACCESSIBILITY: Not suitable for wheelchairs. LOCATION: 282 Hill End Road, Mudgee.

PHONE: (02) 6372 0327

Barcoo's Farmstay & Farm Experience

Settled by the Hamer family in 1834, Wardell is a farm experience run by the 7th generation Hamer family making it unique in Central NSW. See the 200 Merino sheep, 70 breeding cows and several working dogs and 10 horses. There are tractors and other farm machinery to watch, and kids love the farm activities, pony rides and sled rides pulled by Bella their Clydesdale horse. Accommodation options are 2 self-contained units (each sleeping up to nine persons), caravan and camping facilities. Pet friendly, farm tours by appointment.

LOCATION: 1080 Trunkey Road, Perthville.

PHONE: (02) 6337 2383

Visitor Information Centres

Bathurst 1800 681 000 Blayney (02) 6368 3534 Canowindra (02) 6344 1008 Cowra 1800 266 173

Forbes (02) 6852 4155 Gulgong (02) 6374 2691

Cowra – Grenfell – Canowindra

Cowra Regional Art Gallery

Features significant exhibitions (changing every 4 - 6 weeks) from State and national touring exhibitions; the Calleen Art Award, a national art prize for painting, in May each year; and curated regional projects. You can buy souvenirs created by local artists from the gift shop. There is also an educational program for schools, public events and workshops.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION:: 77 Darling Street, Cowra.

OPEN: Tuesday to Saturday 10am-4pm, Sunday 2pm-4pm.

Admission Free. PHONE: (02) 6340 2190

Cowra Japanese Garden & Cultural Centre

Walk around the largest example of Japanese Garden design in the southern hemisphere which uses traditional garden art forms to create a garden of deep spirituality. Widely considered the centre of Japanese culture in Australia, this style of garden seeks to humanise the natural landscape by selecting certain elements considered to be the most perfect. These are astutely composed to appear natural. Sit in the garden's teahouse beside the tranquil pond, and admire its simplicity of design. The performance of a tea ceremony itself is an art form. Audio Guided tour available.

ACCESSIBILITY: Wheelchair accessible and toilets. LOCATION: Scenic Drive off Brisbane Street, Cowra.

OPEN: Daily 8.30am-5pm. PHONE: (02) 6341 2233

Sakura Cherry Blossom Festival

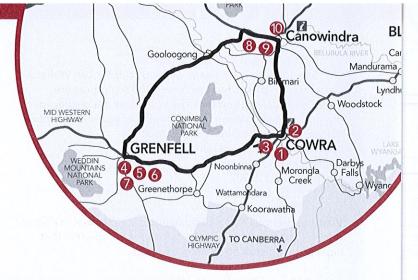
4th weekend of September - Immerse yourself in Japanese culture including performances, martial art displays, traditional food, tea ceremonies and so much more.

Did You Know?

Visit the cultural centre at the gardens to see ceramics, art and a Zen Garden which uses raked stones to bring the timelessness and solidity of the world of nature into a garden. Pilgrims in Japan have been visiting such gardens for over 500 years where they are used to aid disciplined contemplation. Zen Buddhism also heavily influenced the Japanese tea ceremony. The aim is to encourage zazeni, to calm the body and mind so you experience insights and thereby enlightenment.

Cowra Bridge Pylons - Aboriginal Art 3 Cowra Bridge Fyloria - Substance See Beneath the Lachlan River Bridge in Cowra. See contemporary art set in a remarkable urban space. Paintings by Kym Freeman showing the Wiradjuri history prior to European settlement. Notice the 'hand' prints. Members of the Cowra community were invited to add their painted hand print. Thus Aboriginal and non Aboriginal people across a wide age range have been represented. This can be seen as a demonstration of reconciliation perhaps inspired by Cowra's World Peace Bell, awarded to the town for its contribution to world peace.

LOCATION: 77 Darling Street, Cowra.



Drive to Grenfell

Inspiration After you reach Broula the view east back towards Cowra is a landscape of great scenic beauty.

En Route

Many of today's roads may have origins as Aboriginal songlines and so you are actually travelling routes thousands of years old. See the Weddin Mountains to your left, a place of great significance for the Wiradjuri people, where important landmarks could have been identified in the songlines.

Grenfell Art Gallery

The gallery is located behind a heritage exterior, part of Main Street, a heritage conservation area. Inside are displays by local artists, sculptors and a 4.2 metre tapestry stitched by the community. Celebrate the rich heritage of the area. It combines Aboriginal, gold rush, Chinese, European settlement and key landscape features. This regional pride involves the local council encouraging reuse of heritage buildings to keep the character of the town. Consider the architectural character of Main Street, how could the buildings be re-used?

ACCESSIBILITY: Wheelchair accessible and toilets. LOCATION: Main Street, Grenfell.

OPEN: Tuesday to Saturday 10am-4pm.

PHONE: (02) 6343 1864

D A Yates Studio and Gallery

These photographic streetscapes and landscapes capture the essence of this unique region.

ACCESSIBILITY: Wheelchair accessible. LOCATION: 42 Main Street, Grenfell.

OPEN: Monday to Friday 9.30am-5pm and Saturday till 1pm.

PHONE: (02) 6343 2227

Henry Lawson, Australia's greatest writer

His prose and verse captured the humour, and tragedy of the colonial period. See where Henry Lawson was born (in a tent on the Grenfell goldfields). An Obelisk marks the spot, shaded by a sugar gum planted by his daughter Bertha. Listen to his poems at the commemorative bust in the town centre. LOCATION: Obelisk is by the showground on Young Road.

The bust is on Main Street.

Henry Lawson Festival

Come and see the entries of verse, short stories, painting and photography. Participate in bush poetry, damper and billy tea. Held annually on the June long weekend.

Wallangreen Sculpture Garden

See 100 works by award-winning sculptor Len Wallace. Created from discarded machinery, the sculptures are thought provoking and fun. The sculptures are displayed in the one hectare garden that is mindful of water and applies basic organic principles. Guided tour.

LOCATION: Fitch's Lane, Grenfell.

OPEN: By appointment. PHONE: 0427 315 902

SIDE TOUR

Visit the Biennial Kalari-Lachlan River Arts Festival in Forbes during October. There is also a Forbes heritage trail that highlights the striking local architecture.

Drive to Canowindra via Gooloogong

En Route As you drive look to your right, the forests in this region have held carved trees for thousands of years. Created by the Wiradjuri people, these ornate and expressive visual artworks were carved into the sapwood and heartwood of trees once the bark was removed. Almost lost, it's an art form that is being revived today. Consider what

River Bank Art Gallery
David Isbester is the artist in residence, located beside the gallery displaying furniture, pottery, glass and jewellery. Participate in life drawing classes and competitions or just come to catch the art bug - the gallery's aim.

ACCESSIBILITY: Limited.

LOCATION: 71 Gaskill Street, Canowindra. OPEN: Thursday to Monday 10am-4.30pm.

other traditional crafts are making a revival?

PHONE: (02) 6344 2778

The Melissa Barber Galleries

Independent artist Melissa Barber combines stylish abstraction with readily identifiable images. She is deeply influenced by Japanese and Chinese art and aesthetically decorative and spiritually mediative art.

ACCESSIBILITY: Wheelchair accessible and toilets.

LOCATION: 35 Gaskill Street, Canowindra. Entrance through Finn's Store.

OPEN: Thursday to Monday 9.30am-5pm.

PHONE: 0427 636 333

The Old Vic Inn Gallery

See regularly changing displays of local and regional artists set in the National Trust listed building that was originally the Victoria Hotel.

ACCESSIBILITY: Wheelchair access and disabled toilets.

LOCATION: 56 Gaskill Street, Canowindra. OPEN: Thursday to Sunday 10am-3pm.

Canowindra drive back to Cowra or continue to the next trail via Carcoar

Inspiration you will drive down the Lachlan Valley Way, a scenic route of outstanding natural beauty and an inspiration for artists.



Local Eating For Global Change.

Taste Canowindra

Cellar door, restaurant, art gallery and live music venue. Bringing

acclaimed Australian and international musicians to the central west for intimate dinners and show events.

LOCATION: 42 Ferguson Street, Canowindra.

OPEN: 7 days.

PHONE: (02) 6344 2332

The Mill

The Mill has not only the Morton Gallery but also offers local produce. Lunch is available as well as coffee, cake, cheese platters and gourmet pizzas.

ACCESSIBILITY: Ground floor only. LOCATION: 6 Vaux Street, Cowra.

OPEN: Friday, Saturday and Sunday 11am-5pm.

PHONE: (02) 6341 4141

Neila

One of the hatted restaurants in Central NSW, having won eleven consecutive SMH Good Food Guide awards. Elegant and informal BYO serving contemporary cuisine.

ACCESSIBILITY: Wheelchair accessible. LOCATION: 5 Kendal Street, Cowra. **OPEN:** Dinner Thursday to Saturday.

PHONE: (02) 6341 2188 - book to avoid disappointment.

Cowra Farmers and Craft Markets

Third Saturday of every month 8am-12pm, Cowra Showground.

Places to stay

Number Eight Quality Accommodation

Self-contained apartment is a characterful period terrace in the heart of Grenfell. With modern interiors, two rooms each with gueen bed. There's a reading room with CD/DVD/MP3 player and large TV in the lounge. Wake up and brew freshly roasted coffee from Greenethorpe and toast local breads.

ACCESSIBILITY: Not wheelchair accessible. LOCATION: 8 Forbes Street, Grenfell.

PHONE: 0428 748 540

Everview Retreat

Two beautifully built stone cottages, using basalt and granite quarried from the site, are fully self-contained and have extensive views across vineyards, olive groves and market gardens taking in Mount Lewis, Mt Canobolas, and the Weddin Mountains. Resident alpacas and sheep add to the pastoral views. Meet Kyle, who is a sculptor/potter and Liz the painter. Kyle's sculptures can be seen scattered throughout the extensive landscape architect designed gardens, whilst a sample of Liz's paintings are on display in the DVD/video library area at reception. Both artists are available for commission pieces.

LOCATION: 72 Cultowa Lane, 'The Vines', Canowindra.

PHONE: 6344 3116 or 0428 281 401

Visitor Information Centres

Bathurst 1800 681 000 Blayney (02) 6368 3534 Canowindra (02) 6344 1008 Cowra 1800 266 173 Forbes (02) 6852 4155 Gulgong (02) 6374 2691

ARI IOUR Z

Bathurst – Millthorpe – Carcoar

(Continue your travels to Orange, Sofala, and more)

Bathurst Regional Art Gallery

Inspiration and art appreciation have a long tradition in Bathurst. The city has the oldest regional gallery in the State, with special shows, Lloyd Rees Collection, local artists' projects plus the Hill End Artists in Residence works. Entry is free. Fun kids' activities are run in the school holidays.

ACCESSIBILITY: Wheelchair accessible and toilets.

LOCATION: 70 Keppel Street, Bathurst.

OPEN: Tuesday to Saturday 10am-5pm, Sunday 11am-2pm.

PHONE: (02) 6333 6555

) All Saints Anglican Cathedral

Historic stained glass windows conserved from the original cathedral were installed into the new building. These windows show fine detail and wonderful colours. You can also admire the tapestry by John Coburn, who chose religious and spiritual themes in his work. He is considered one of the great Australian abstract artists. The huge colourful tapestry adorns the walls of this modern cathedral.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** Church Street, Bathurst.

OPEN: 8.30am-5pm daily.

Did You Know?

Coburn was inspired by his moral reasoning for much of his work "people need spiritual guidance and I'm a Christian because I learnt Western European culture. If I was born in India I'd be a Hindu or a Buddhist; which are equally as valid as Christianity." Sydney Morning Herald. Although in his early life he felt that art could not act as an agent for change later he recognised that wider appreciation of Aboriginal art was part of reconciliation "Aboriginal art is now popular....and through that Aboriginal people are regarded with a new dignity," Art Collector. Coburn's Tree of Life appears in the Vatican Museum.

2 Bathurst Court House

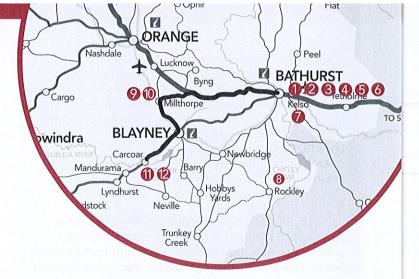
The 1880 Court House is considered one of the finest examples in NSW of Victorian era classic architecture using local sandstone. Designed by James Barnet, the central building has an impressive octagonal domed tower. The two wings were added later for the telegraph and Post Office. **LOCATION:** Russell Street, Bathurst.

Bathurst District Historical Museum & Heritage Trail

Visit the museum to see a treasure trove of all things
Bathurst including a Wiradjuri carved tree. Then join the selfguided heritage tour. Bathrust has an excellent collection of
heritage buildings, Colonial and Georgian design and places
of significance to the community.

LOCATION: Court House Wing, Russell Street, Bathurst. **OPEN:** Tuesday to Saturday 10am-4pm and Sunday 11am-2pm.

COST: Trail booklets are freely available from the Visitors Information centre and Museum. Entry: \$3.



Miss Traill's House and Garden

A rare example of a Victorian era house that has remained largely unaltered it is filled with artworks, trophies, photographs and memorabilia collected over the last 150 years by four generations of the same family. National Trust listed.

ACCESSIBILITY: Not wheelchair accessible. **LOCATION:** Russell and Peel Streets, Bathurst.

OPEN: Saturday, Sunday and public holidays, 12 noon-3.30pm (closed July). Open by arrangement for groups of 10 or more and coach tours.

PHONE: (02) 6332 4232

Did You Know?

Regional art is alive and flourishing – travel the Bathurst Arts Trail on the first weekend of each month and see paintings, sculptures, pottery, glass art, photography, jewellery and much more. Copies of the trail are available at the Bathurst Visitor Information Centre. There are over 30 studios to visit in and around Bathurst. Please note that artists don't have credit card facilities.

Dean Mobbs Gallery & Studio

O This gallery shows multiple media work representing the many elements of life, society and spirituality.

ACCESSIBILITY: Entry requires one step, no ramp available.

LOCATION: 79 Keppel Street, Bathurst.

OPEN: Monday to Friday 1pm-5pm and Saturday 10am-2pm.

PHONE: 0438 602 921

7 Yarralee Gallery

This hosts a unique collection of handmade gifts with jewellery, home decor, sculptures, and gemstones work using the finest quality materials to produce unique items. They also have an orchard and sell peaches, nectarines and apples in summer

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** 279 Marsden Lane, Kelso.

OPEN: first weekend of the month, 10am-4pm.

PHONE: (02) 6334 2070

Inland Sea of Sound Festival

Week long festival of world music in October at the Bathurst Memorial Entertainment Centre, local cafes, and vineyards. Phone (02) 6333 6161. **Rockley Studio & Fine Art Gallery**

This is Tim Miller's own art studio located in the quaint historical village of Rockley, approximately 45 minutes drive south of Bathurst. **See** an extensive display of landscapes and portraits in oil, pastel and pencil sketches and drawings.

ACCESSIBILITY: Wheelchair accessible. LOCATION: 20 Long Street, Rockley.

OPEN: Sunday 10am-4pm and by appointment.

PHONE: (02) 6337 9276 or 0413 037 436

Ada's Place

While in Millthorpe visit Ada's gallery and see her paintings and pottery, and her sister's jewellery and embroidery. Also displayed along with rugs from Kurdistan. Tea and cake is served (large groups need to notify Ada in advance).

ACCESSIBILITY: Wheelchair access from the rear of the building.

LOCATION: 5 William Street, Millthorpe. **OPEN:** Wednesday to Saturday 10am-4pm.

PHONE: (02) 6366 3108

Millthorpe and Golden Memories Museum See the village of Millthorpe with its preserved streets and characterful buildings. Visit the Wiradjuri art at the Golden Memories Museum which is one of the finest collections in the region including a carved tree. There are

several shops selling craft and antiques. ACCESSIBILITY: Wheelchair accessible. LOCATION: 37 Park Street, Millthorpe.

OPEN: The village restaurants are open throughout the week and the museum is open weekends, school and public holidays from 10am. Walking tours by arrangement.

PHONE: (02) 6366 3980

Drive to Millthorpe via Blayney

Curio Art & Vintage Eclectic store with local artists work and vintage furniture and home wares that are given a second life. The quirky nature of the shop makes it especially appealing to consumers who are looking for something different to antique items.

ACCESSIBILITY: Small front step.

LOCATION: 4/7 Belubula Street, Carcoar. **OPEN:** Thursday to Sunday 10am-4pm.

Carcoar vista and School of Arts

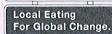
Walk around gorgeous little Carcoar with its courthouse, shops and quaint houses nestled in a valley that inspires. There are many different vistas from the ridges around the village which is National Trust listed, the School of Arts is also listed for its Arts & Crafts style and has a fascinating local mural inside. Carcoar Pottery displays its work at the Old Court House, weekends and public holidays, 10.30am-4pm. Workshops in pottery and rug making can also be arranged. Visit Le Billot de Boucher to admire French style in the kitchen.

SIDE TOUR

If you don't have time to see all the more than 30 galleries on the Bathurst Arts Trail enjoy a drive to historic Kelso and

Return to Bathurst or continue to Cowra





Woodstock Honey

First prize winners of local shows. This award winning family-run business sells honey straight from the hive. You can also buy

their candles and personal care products. ACCESSIBILITY: Partly wheelchair accessible. LOCATION: South Street, Woodstock.

OPEN: Daily 10am-4pm.

Sallydale Organics

On your way from Carcoar to Millthorpe stop here to try Sallydale's local cakes, biscuits, bread, pies, friands, free range eggs, honey, preserves, jam, marmalade, jelly and hazelnuts.

ACCESSIBILITY: Wheelchair accessible. LOCATION: 225 Marshall's Lane, Blayney.

OPEN: Weekends 9.30am-5pm.

PHONE: (02) 6368 2550

Goldfields Honey

On your way from Millthorpe to Bathurst pop in to see a wide range of Australian Bushland Flower honeys, candle making and bees wax. Gift wrapped selections available. Learn about the important role bees have for pollinating fruit crops in the area.

ACCESSIBILITY: Wheelchair accessible. LOCATION: 2319 Mitchell Highway, Vittoria.

PHONE: (02) 6368 7160

Places to Stay

Rydges Mount Panorama

All guest rooms in this modern hotel enjoy spectacular views of the Mt Panorama racetrack (studio, deluxe, 3 bed apartments). Each guest room is smartly appointed with stylish furnishings and features self catering facilities. A large portion of the menu is locally produced including Bathurst's wines. Some guest rooms are pet friendly and feature external access to a grassed area.

ACCESSIBILITY: Wheelchair accessible and some rooms have access to bathrooms.

LOCATION: 1 Conrod Straight, Bathurst.

PHONE: (02) 6338 1888

Bishops Court Estate

Once the residence of the Bishop, now a grand boutique hotel (and Trip Advisor winner) with seven sumptuous rooms, quests are treated to fires and mulled wine in winter. Slow Food advocate and interior designer Christine Le Fevre ensured a generous kitchen was also included in the creation of Bishop's Court Estate, so guests can dine in lavish style to taste the best from the region.

LOCATION: 226 Seymour Street, Bathurst.

PHONE: (02) 6332 4447

Millthorpe B&B

Contemporary interior design, private rooms with guest bathroom, cooked breakfast using local produce. View local art in a local artists gallery and boutique shops in the village.

LOCATION: 11 Morley Street, Millthorpe.

PHONE: (02) 6366 3967

Visitor Information Centres

Bathurst 1800 681 000 Blayney (02) 6368 3534 Canowindra (02) 6344 1008 Cowra 1800 266 173 Forbes (02) 6852 4155

Gulgong (02) 6374 2691

AKILOUKS

Orange – Manildra – Molong

Continue your travels to Candobolin, Stuart Town, Gulgong and more

1 Bowen Terrace

As you drive into Orange from the east you will see the Bowen Terrace, twelve houses of Victorian Italianate design built in 1876. This is a rare example (state heritage listed) of houses of this period. Their current appearance is much cleaner than seen in late 19th century photographs, perhaps demonstrating how we value Australia's architectural heritage today. The Duntryleague House in Orange is another good example of the Italianate style – see 7 below. There are two heritage walks in the city of Orange. Leaflets are available from the Visitor Centre.

ACCESSIBILITY: Wheelchair accessible and toilet at the Visitor Information Centre, 3 -25 Bathurst Road, Orange.

LOCATION: 150 Byng Street, Orange.

OPEN: Daily 9am-5pm.



Music & Arts Week in August, Eisteddfod in August and September. For many more events check with the staff at the Visitor Information Centre.

Did You Know?

The Italianate style was very popular in Australia and great examples can be seen around the world. First developed as a style in Britain around 1802 by John Nash and then by Sir Charles Barry the style drew inspiration from the motifs of Renaissance Italy. Orange's Italian cultural influences also can be enjoyed today, thanks to the migrants arriving from 1948, providing great wine, food and restaurants.

Orange Regional Gallery

This gallery specialises in contemporary Australian painting, self-taught Outsider Art, ceramics and sculpture with an events calendar. Its permanent collection of over 400 works and long-term loan works make this gallery one of the most stimulating in NSW.

ACCESSIBILITY: Wheelchair accessible and toilet.

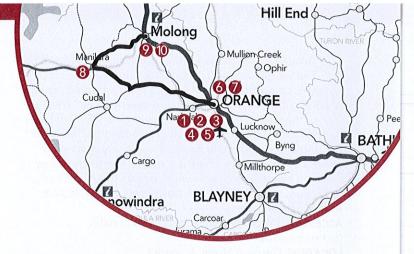
LOCATION: 149 Byng Street, Orange.

OPEN: Tuesday to Saturday 10am-5pm, Sunday and public holidays 12noon-4pm. Closed Monday.

D Banjo Paterson

Celebrate one of Australia's most iconic poets, Banjo Paterson, by visiting attractions which contributed to making this 'Paterson Country'. **Hear** poems recited at the monument in Byng Street. **See** the location of 'Narrambla' where he was born, this is the site of the old Templer's Flour Mill of Paterson's grandfather. The site is commemorated with an obelisk and bust at Banjo Paterson Park. Enjoy video clips of Paterson's work:

www.wallisandmatilda.com.au/VideoClips.shtml



Cook Park Guildry – Handcrafts Centre

Set in Cook Park, Orange, this pretty cottage sells local hand spun wool clothes, pottery, leatherwork, lampshades and delicious local cakes, jams and pickles.

LOCATION: 24 - 26 Summer Street, Orange.

OPEN:: Daily 10am-4pm. **PHONE:** (02) 6362 5850

5 Colour City Creative Artspace – The Barracks Gallery & Studios

This communal art space has special events and all are welcome. Check the Visitors Information Centre for details. Artists like Joy Engelman, work here. She is an Outback painter who captures the desert areas and countryside she loves west of Orange. She is a highly awarded artist. **See** her work and learn more about the region that inspires her.

LOCATION: 2B Peisley Street, Orange.

OPEN: Special events and by appointment to view Joy's work.

PHONE: 0427 618 953

6 Orange Botanic Gardens & Federation Arch (2001)

Designed by Bert Flugelman, whose works are at the National Gallery and in capital cities, this seemingly simple yet complex geometric design celebrates Australia's Federation. Passing along the white path you go through the arch and walk out onto a pink path. This symbolises the transition from one century to another. The arch's construction is to suggest our technological advances in society. Located in the beautiful Orange Botanic Gardens you can also enjoy a rose garden and an expanse of landscaped native trees and shrubs.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 1 Yellowbox Way, Orange.

OPEN: 7.30am to dusk.

Duntryleague – architecture and the Vatican Knight stained glass window

Wealthy retailer James Dalton had well known architect Benjamin Backhouse design this impressive home .The Dalton family were Irish Catholics and republicans and may have sought to emphasise their social standing, remembering the struggles of the convicts. In the hall is a stained glass window presented to Dalton by the Vatican on his investiture as a Papal Knight. The motto "Inter Cruces Triumphans in Cruces" (amid the crosses, triumphing in the crosses) appears on the window and on the leadlight above the front door.

LOCATION: Woodward Street, Orange.

OPEN: Daily 8am-6pm. **PHONE:** (02) 6362 4072

ARI OURS

Amusu Theatre and Film poster shop in Manildra
The art deco Amusu cinema is a state heritage listed
building, being both rare and home to endangered aspects
of NSW cultural history. It has been described as "a living
icon of the importance of film and cinema in NSW". It has the
original carbon projectors, seating including the 'love seat',
flooring and curtains and is oldest continuously running
cinema in the country. There is a special film poster shop/
museum beside the cinema which boasts the Alan Strachan

collection, over 20,000 movie posters many for sale and movie memorabilia.

ACCESSIBILITY: Wheelchair accessible and toilet

(to be opened).

LOCATION: Derowie Street, Manildra. **OPEN:** Saturday to Sunday 11am-3pm.

Manildra to Molong

Jayes Gallery & Sculpture Gardens
This lovely gallery showcases regional a

This lovely gallery showcases regional artists, in a program of monthly solo exhibitions, a sculpture garden with works in stone and metal, as well as a gallery shop that features hand crafted glass works, pottery and jewellery.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 31 Gidley Street, Molong. **OPEN:** Wednesday to Sunday 10am-4pm.

Peter Browne Gallery

Peter's fun fine art symbolises great traditional Aussie values. His work is the culmination of a truly colourful life. Visit the gallery and enjoy delicious Toby's Estate coffee or various teas. The back deck has fine pastoral views over the creek.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: Mitchell Highway, Molong (in the grounds of the

park between the swimming pool and the park).

OPEN: Daily except Tuesdays.

Return to Drange

SIDE TOUR

Travel to Yeoval, where Banjo Paterson spent his childhood, and get to know the area and its people that originally inspired much of Paterson's work. Arrive at Yeoval and take the Poets Walk, lined with slate seats and Paterson's writings. This ¾ km walk leads to the original family homestead. The inscribed picnic seat at the ruins was dedicated to Paterson by actor Jack Thompson. In the centre of town is one of Australia's largest outdoor sculptures, an abstract bronze of Henry Moore created by his apprentice Merin Cherina. **LOCATION:** Buckinbah Creek, Yeoval.

Enroute

While you journey from Molong to Yeoval you will see the character of this part of the country through over 100 popular sculptures 'Animals on Bikes'.

Continue to Parkes or Wellington





Union Bank

This heritage listed building of simple stone construction is home

to a great restaurant that promotes local food and wine. While you savour your meal reflect that in 1980 the building was under threat from demolition. Its conservation today provides Orange with one of its most valuable heritage features.

ACCESSIBILITY: Wheelchair accessible via the courtyard.

LOCATION: Cnr Byng and Sale Streets, Orange.

OPEN: Monday to Saturday 12 noon-late, Sunday 12 noon-5pm.

PHONE: (02) 6361 4441

Orange Farmers Markets

2nd Saturday of the month.

LOCATION: In summer, behind Orange Art Gallery and Library, Cnr March and Peisley Streets. In winter, Orange Showground.

OPEN: 8.30am-12.30pm.

A Slice of Orange

They are passionate in this shop about sourcing only local artisan food including producers and farmers like Nanima Farm Lamb, fresh saltbush lamb cuts, gourmet pies and burgers with native Australian herbs.

ACCESSIBILITY: Wheelchair accessible. LOCATION: 200 Anson Street, Orange. OPEN: Monday to Friday 9am-5.30pm, Saturday 9am-3pm, Sunday 10am-2pm.

PHONE: (02) 6369 0396

Small Acres Cyder

They use true heritage cider apple varieties and draw on traditional production methods. Here you can savour this sparkling wonder, originally from the west country of England. There are also homemade sausages to buy or you can take lunch in the cider house every 3rd Sunday of the month. Book to avoid disappointment.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 12 Akhurst Road, Borenore, 13km from Orange

OPEN: Saturday to Sunday 11am-4pm.

PHONE: (02) 6365 2286

Places To Stay

Arancia Bed & Breakfast

Located just outside Orange with stunning views. Guest lounge with fire and large private bedrooms with ensuite and air conditioning. Full cooked breakfasts with local produce.

LOCATION: 69 Wrights Lane, Orange.

PHONE: (02) 6365 3305

Camelia Cottage B&B

A short stroll into the centre of Orange, this pretty B&B sits in a tree lined street of federation homes. Cosy in winter and cool in summer with a range of bedrooms consisting of kingor twin, and queen with their own bathroom facilities (not suitable for young children). Breakfast provided.

LOCATION: 175 Anson Street, Orange.

PHONE: (02) 6362 8898

Visitor Information Centres

Bathurst 1800 681 000 Blayney (02) 6368 3534 Canowindra (02) 6344 1008 Cowra 1800 266 173 Forbes (02) 6852 4155

Gulgong (02) 6374 2691

Mudgee 1800 816 304 Molong (02) 6344 1008 Orange 1800 069 466 Parkes (02) 6862 6000 Peak Hill (02) 6869 1981 Wellington 1800 621 614

www.centralnswtourism.com.au

ARIIOUR 4

Forbes/Parkes - Condobolin – Lake Cargelligo

Traveling from Torbes

Platypus Gallery

Forbes Art Society is a new group with a gallery showcasing the work of local artists. On display is mostly flat art - ceramics and woodcraft will be increasingly introduced. The society has many imaginative ideas to encourage art in public places. Its gallery is in a formerly vacant shop in a prime location, making it an excellent example of using empty spaces for art and helping to rejuvenate communities. Art classes are regularly held and visitors can enquire about classes by callling (02) 6851 4868.

ACCESSIBILITY: Wheelchair accessible.

LOCATION: 111 Lachlan Street (on the corner of Templar

Street) Forbes.

OPEN: Tuesday to Saturday 10am-4pm.

PHONE: (02) 6851 4868



Visit the Biennial Kalari-Lachlan River Arts Festival in Forbes in October. There is also a Forbes heritage trail that highlights the striking local architecture.

Did You Know?

Part of Central NSW's rich history is the carved trees, a speciality of Aboriginal people to mark the burial site of a celebrated man whose passing has had a devastating effect on the community. Normally a single tree marks the site but here there are examples of 5 trees. First the bark is removed and then carvings are cut into the sapwood. It involves great strength and artistry. Each tree is unique and faced the burial site as a warning to passers-by. See examples of this remarkable art at: Lake Cargelligo Historic Museum, Loughnan Street, Lake Cargelligo, Golden Memories Museum in Millthorpe, Yuranigh's Grave just outside Molong, and Bathurst Historical Museum.

Travelling from Parkes

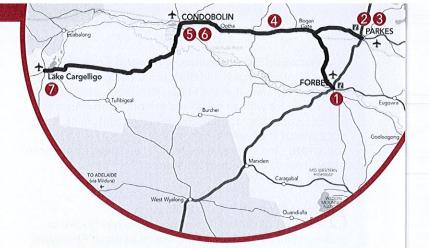
The King's Castle Elvis Museum

Whether you are a fan of 'The King' the artistic quality of the exhibits and their display is impressive. With Parkes being dubbed as the 'Elvis Capital of Australia' this is a mustsee exhibition featuring elaborate jewellery and clothing worn by Elvis, including his Gold Lamé Suit, stunning rings and necklaces, and items from his Graceland home.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: Henry Parkes Centre, Newell Highway, Parkes (near Pioneer Street and beside the Visitos Centre).

OPEN: Monday to Friday 9am-4pm, weekends and public holidays 10am-4pm.



Did You Know?

Greg Page, the yellow Wiggle, has loaned his private collection of genuine Elvis artefacts to the King's Castle. Over time the collection has grown to comprise more than 1500 items including a 10 carat diamond ring gifted to a fan at a concert in 1975!

Parkes Craft Corner

Community run shop with great local art, craft and art works including pottery, woodwork, ceramics, embroidery, toys and paintings. Notice the civic buildings in Parkes, Post Office, Courthouse, Police Station Parkes are impressive examples of late 1800s, Federation style architecture.

LOCATION: 20-22 Dalton Street, Parkes.

OPEN: Monday to Friday 9.30am-4.30pm, and Saturday 9.30am-2pm.

Junior Ranger

Would you like to be a music super star? Or

maybe a costume designer? Design you own super star costume and hand it into the Parkes Visitor Centre and they will put your ideas on display!

Parkes Elvis Festival

With more than 150 events over 5 days, the Parkes Elvis Festival is held during the 2nd week in January each year. Get your blue suede shoes on and head to Parkes for a truly memorable experience!

Utes in the Paddock

A unique celebration of outback life - 20 of Australia's gifted outback artists donated their talents to help create this fun outdoor gallery of painted and sculpted Holden utes including local artists Karen Tooth and young Wiradjuri artists of Condobolin Youth Services.

LOCATION: Tourist Attraction signposts around Ootha provide directions to Utes in the Paddock which is 3km along Mulguthrie-Ootha Road (a dirt road) from Highway 90. From Parkes, travel approximately 70km west on Highway 90 and turn left on Mulguthrie-Ootha Road at Ootha. From Forbes, travel approximately 70km northwest on Burrawang Road to Highway 90, turn left on Highway 90 and left on Mulguthrie-Ootha Road at Ootha. From Condobolin, travel approximately 30km east on Highway 90 and turn right onto Mulguthrie-Ootha Road at Ootha.

ART TOUR 4

Wiradjuri Study Centre – Arts and Culture

One of the largest and most progressive Aboriginal cultural programmes in the region it includes an inclusive cultural centre with art and crafts exhibition. You can also book Cultural Appreciation courses by appointment.

ACCESSIBILITY: Wheelchair accessible.

LOCATION: Cnr Cunningham & McDonnell Street, Condobolin.

OPEN: Monday to Friday 9am-5pm.

PHONE: (02) 6895 4664

West Women Weaving Baskets

Bev Coe is a Wiradjuri women who is recognised as an important context artist who uses traditional Aboriginal basket weaving techniques. She runs short courses in traditional techniques to make bags and baskets. See exhibitions of weaving at Western Plains Regional Development Inc.

LOCATION: 18 Williams Street, Condobolin. **OPEN:** Opening hours vary, so call to check. **PHONE:** Heather Blackley on (02) 6895 3301

Did You Know?

Spiny Sedge Grass has been planted along the Lachlan River bank in Condobolin as part of a regeneration programme 'Save the Sedge'. The grass will be used by traditional Aboriginal basket weavers in the area. Weaving baskets helped to define the knowledge and status of women. The knowledge of weaving was only passed on to women who had earned the right.

En route

Visit the burial site of Goobothery, an Aboriginal chief who drowned while crossing the river in flood. This important site was noted by John Oxley, Surveyor-General in 1817 and the carved trees removed in 1913 by Edmund Milne and taken to Sydney Museum) in their place a stone cairn and replica posts were erected. Many early explorers and settlers recognised the artistic value of the carved trees and were fascinated by their cultural significance.

LOCATION: On the Lachlan Valley Way between Condobolin and Euabalong.

7 Kejole Koori Art Studio

Specialises in paintings, sculptures, pottery, jewellery, didgeridoos and clapping sticks, see this wide range of Aboriginal arts and crafts made by local Wiradjuri people.

LOCATION: 98 Grace Street, Lake Cargelligo.

OPEN: By appointment. **PHONE:** (02) 6898 1708

Junior Ranger

Create your own creative tree art. When you take a break on your journey choose a tree in the bush which you crown your favourite. Arrange sticks around the tree and decorate the crown with other natural materials for fun. Take a picture and post on our Facebook page: facebook/centralNSWtourism





The Dish Café

Fabulous café with an impressive view of The Dish right outside.

Catch them on a special 5 course dinner nights when local fresh ingredients are used like yabbies, olive oil, figs and more. Well known for their beef and red wine pies; scones, jams and relishes are all made in the kitchen. View travelling exhibitions from the CSIRO Discovery Centre.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 585 Telescope Road, Parkes.

OPEN: 8.30am-4.15pm daily. **PHONE:** (02) 6862 1566

Parkes Visitor Information Centre

Promoting Ploughman's Hill Olives, infused oils and beauty care products.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: Henry Parkes Centre, Newell Highway, Parkes. **OPEN:** Monday to Friday 9am-5pm, weekends and public

holidays 10am-4pm. **PHONE:** (02) 6862 6000

Dwyer's Fresh

Award winning beef and gourmet sausages. **LOCATION:** 216 Clarinda Street, Parkes.

PHONE: (02) 6862 2019

Twisted River Winery

Nestled on the edge of Goobang National Park enjoy the crisp, bright and vibrant wines.

LOCATION: 6056 Henry Parkes Way, 14km west of Manildra. **OPEN:** 10am-5pm Saturday to Sunday or by appointment.

PHONE: (02) 6364 5447

Places To Stay

Imperial Hotel Condobolin

Built in 1926, a cozy friendly atmosphere with straightforward accommodation, communal kitchen and bathroom facilities let you meet other travellers and share stories. Authentic Thai restaurant open daily from 6-9pm.

LOCATION: 64 Bathurst Street. PHONE: (02) 6895 2139

The Old Parkes Convent

Spacious and full of character, this 1923 B&B has been restored to its former glory and makes for a remarkable place to stay with its original features and the benefits of large rooms and high ceilings.

LOCATION: 33 Currajong Street, Parkes.

PHONE: (02) 6862 5385

BIG4 Forbes Holiday Park

Friendly park that has eco-friendly principles Silver Gumnut accredited. It has a wide range of accommodation styles to choose from; villas, bungalows, ensuite cabins, lodges and powered/unpowered sites.

ACCESSIBILITY: Not wheelchair accessible.

LOCATION: 141 Flint Street, Forbes.PHONE: 1800 641 207

Visitor Information Centres

Bathurst 1800 681 000 **Blayney** (02) 6368 3534 **Canowindra** (02) 6344 1008 **Cowra** 1800 266 173

Forbes (02) 6852 4155 Gulgong (02) 6374 2691

ARTOUR 5

Wellington - Gulgong

Eris Fleming Gallery

Striking colours inspired by the outback, characterful images with over 30 paintings displayed at any one time, uniquely Australian.

LOCATION: 4 km along Woodside Lane, off Mitchell Highway 40km from Molong or 20kms south of Wellington.

OPEN: Friday to Monday 10am-5pm. After hours by

appointment.

PHONE: (02) 6846 7221



Stuart Town, annually on Easter Saturday

Originally called Ironbarks, this town on the way to Wellington puts on a free celebration; parade with horses, cars and circus performers, billy boiling competition and poetry in the pub, art exhibition, markets, an historic walking trail, an Easter egg hunt and a bush dance to finish off the day. Watch the Wallis and Matilda video 'Man From Ironbark'.

www.wallisandmatilda.com.au

Cactus Café and Gallery

This unique Spanish Mission Style building contains an eclectic mix of gifts, homewares, clothing and jewellery to suit any taste. The menu consists of seasonal dishes, using fresh local ingredients including Alma Organic Beef and Nanima Farm Lamb, which is also available for purchase. Local and regional jams, condiments and dressings are a highlight, as are wines and beers to enjoy with your meal.

ACCESSIBILITY: Wheelchair accessible.
LOCATION: 33-35 Warne Street, Wellington.
OPEN: Tuesday to Saturday 10am-5pm.

PHONE: (02) 6845 4647

Q Wellington Patchwork and Craft

 Selling a range of craft supplies and holds weekly sewing and craft lessons open to everyone. Very popular with visitors and locals.

ACCESSIBILITY: Not wheelchair accessible. **LOCATION:** 146 Percy Street, Wellington.

PHONE: (02) 6845 1271

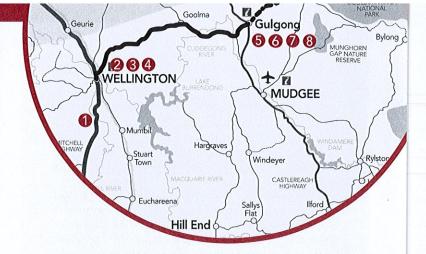
'Put the Kettle On'

Stylish country home wares and gifts, Katrina selects items that are different and characterful and in quantities of only one to two, so they are special to you too. Unique local paintings and garden art exhibited.

ACCESSIBILITY: Not wheelchair accessible. LOCATION: 65 Gobolion Street, Wellington. OPEN: Wednesday to Friday 10am-5.30pm.

Henry Lawson's Gulgong

Amble along this superb and picturesque settlement with its well preserved weatherboard, iron and brick buildings which conjure up the atmosphere of the times of Henry Lawson. One of Australia's first novelists, Thomas Alexander Browne, who was the magistrate during the boom years of 1871-1881, recorded his impression of the town in 'The Miner's Right'. He hosted a lunch for English novelist



Anthony Trollope who is also said to have recorded his impressions. Around 130 buildings are National Trust listed and include the Georgian cottage 'Lansdowne' built by Henry Lawson's father, Henry. Enjoy a picnic at the park and admire the statue of Henry Lawson.

LOCATION: Medley and Herbert Streets, Gulgong.

Henry Lawson Society Centre in Gulgong

The museum features the life, works and times of Henry Lawson, with collectibles, paintings and photos. The volunteers love to share their knowledge and stories of Lawson, the centre has been promoted as 'one of the finest "must see" places in the world for people interested in writing and/or reading! It is the largest collection of Lawson's work outside the Mitchell Library.

ACCESSIBILITY: Not wheelchair accessible. **LOCATION:** 147 Mayne Street, Gulgong.

OPEN: Wednesday to Saturday 10am-3.30pm, Sunday to

Tuesday 10am-1pm. **PHONE:** 02 6374 2049



Henry Lawson Heritage Festival June Long Weekend

A rich variety of activities to celebrate the times of Henry Lawson with street parades, horse drawn vehicles, poetry workshops, food fair ...you can have your own heritage style photograph taken. Watch out for the Henry Lawson Literary Awards held on Saturday night.

7 Pavement art in Gulgong

Discover Gulgong's Symbol Trail - 70 tiles which show the language of swaggers years ago – laid through Gulgong's pavements. For centuries travellers searching for work have used signs to help each other along the way. They originated in Europe and were taken to America and finally brought to Australia by swaggers. During the depression era thousands of workers 'humping the bluey' across the country in search of work, food and a safe rest. The symbols helped the less literate along the way. Local potter Chester Nealie created the tiles using local materials: pebbles and sand from Cudgegong River, clay from Puggoon and then fired in his kiln.

LOCATION: Mayne Street and Coronation Park, Gulgong.



Gulgong Prince of Wales Eisteddfod

Held annually in May

Dance, speech, drama and music competitions, call Rona Pepper on 6374 2603. ARTOUR5

Did You Know?

The Prince of Wales Opera House – Gulgong, is the oldest continually operating opera house in Australia! Built during the gold rush era it hosted some of the leading performers of the times. Henry Lawson, whose first visit to any theatre was to see 'The Pirates of Penzance', recalled "Rough-built theatres and stages where the world's best actors trod, Singers bringing reckless rovers nearer boyhood, home and God, Paid in laughter, tears and nuggets in the drama fortune plays,'Tis the palmy days of Gulgong - Gulgong in the Roaring Days". An example of this might be when Thomas Alexander Browne, the magistrate was said to initially hold court in the assembly rooms, using the piano as the official bench! Guided tours of the Opera House are indicated on the front of the building.

The Front Room Gallery

This is where Australia's ambassador for ceramics, Janet Mansfield, showcased her work. Browse the unique handmade pottery work from local arts Chester and Jan Nealie, books and more.

LOCATION: 139 Mayne Street, Gulgong.

OPEN: Wednesday to Sunday 8.30am-2.30pm or by

appointment.

PHONE: (02) 6374 2000

Did You Know?

Janet Mansfield was responsible for putting Australia on the international stage. She moved to Gulgong for its white kaolin clay. In Gulgong she established a very popular ceramics festival held every three years attracting master international ceramicists. Ms Mansfield's work was exhibited around the world.

Junior Ranger

Create your own secret symbols using stones, sticks or markings in the ground that have special meaning to you and your family – friends. Take some pictures and send them to our Facebook page: facebook/centralNSWtourism

) Hands on the Rock Ulan

Visit an important Aboriginal site which shows rare examples of hand stencils on rock. Hand stencils were created by blowing orche around the hand and are signatures and a link to ancestors. Customs This is an area only for women and children. The Wiradjuri people request that men do not enter this sacred area. Instead men can enjoy 'The Drip', a nearby stunning sandstone formation with a 2.4km walk and wonderful scenery. Wiradjuri people regard the river corridor and surrounding escarpments as a significant cultural landscape, please treat the area with care and respect.

LOCATION: 37km from Gulgong and 10 km north of the Ulan Mine on Ulan Road. Follow the gravel road 100m and turn left into the parking area beside pagoda rock formations. The track is well formed with some steep steps into the cave.



Local Eating For Global Change.

Nanima Farm Lamb

Award-winning saltbush lamb.
Taste the unique lamb burger at the Cactus Café & Gallery, Wellington. The recipe includes fresh Australian native bush herbs. Buy fresh cuts, pies and

burgers at Slice of Orange or Mudgee Corner Store. **LOCATION:** Slice of Orange, 200 Anson Street, Orange or Mudgee Corner Store, 72 Lewis Street, Mudgee.

Mudgee Corner Store

Pop in for locally grown vegetables, fruit, condiments and meats including Nanima Saltbush Lamb, Fish River Roasters coffee and store made soups, pies and more.

ACCESSIBILITY: Not wheelchair accessible.

LOCATION: 72 Lewis Street, Cnr Horatio Street, Mudgee. **OPEN:** Monday to Friday 7am-6pm, Saturday 8am-4pm, Sunday 8am-1pm.

Gulgong Markets

On every 4th Saturday of each month with local fresh food, recycled goods and entertainment.

Mudgee Food and Wine Festival - September

This is when Mudgee showcases its great local producers. Savour the flavour of the region with live music, special tastings, tours of vineyards and special dinners. www.visitmudgeeregion.com.au.

Mudgee Farmers Markets

Mudgee Farmers Market, 3rd Saturday of each month, Grounds of St Mary's Catholic Church, cnr Church and Market Streets.

PHONE: (02) 6372 6594 or 0407 288 797

Places to Stay

Wombadah Guesthouse

Located just outside Mudgee, Wombadah has four guest rooms with king beds, en suite bathrooms and magnificent views. Take a dip in the solar heated swimming pool, enjoy breakfast on the veranda which overlooks the Cudgegong Valley and olive groves, or browse the art and travel books in the library.

ACCESSIBILITY: Wheelchair accessible with accessible bathroom.

LOCATION: 44 Tierney Lane, Mudgee.

PHONE: (02) 6373 3176

Evanslea by the River

5-star private cottages, with spa baths and wood fires. You can ask to book a package which includes a private tasting and tour of Huntington Estate, cheese and produce tasting at Leaning Oak and a dinner and beer tasting at Mudgee Brewery. Evanslea is pet friendly and in walking distance to Mudgee town centre.

ACCESSIBILITY: Not wheelchair accessible. **LOCATION:** 146 Market Street, Mudgee.

PHONE:: (02) 6372 4116

Visitor Information Centres

Bathurst 1800 681 000 Blayney (02) 6368 3534 Canowindra (02) 6344 1008 Cowra 1800 266 173 Forbes (02) 6852 4155

Gulgong (02) 6374 2691

ART TOUR 6

Mudgee – Hill End – Sofala – Kandos – Rylstone

(Connect to Bathurst)

St Mary of the Presentation Mudgee (1876)

Beautiful sandstone church designed by Australian Edward Gell of Bathurst is heritage listed because of fine design, stained glass windows and setting in the centre of Mudgee. It was built by Webb of Tambaroora Hill End and Burns the stonemason from Bathurst. The beautiful stencils inside were made by Cotier and Co of Lyon; the marble for the altar comes from Rockhampton, other marble came from Sweden, and the Stations of the Cross were painted by George de Pyro in London and framed by a Swiss firm in Sydney. The sandstone blocks were quarried at Botobolar and brought by bullock teams. Such design achievements are all the more impressive when one considers that it was local craftsmanship and vision that created this fine church in rural Australia, so far from the centre of gothic style of Europe. It is an inclusive cultural site and visitors are welcome.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** 13 Church Street, Mudgee.

OPEN: Daily 9am-5pm.

Art classes, exhibitions and lectures

Mudgee has a thriving Association of Decorative & Fine Arts. Monthly exhibitions in cafés and wineries, meet the artists. To choose a class or visit an event contact Ray Parle. **PHONE:** 0439 735 424

Mandurah Studio Co-operative

Located in the historic railway station this cooperative arts group exhibits paintings, pottery and photography.

ACCESSIBILITY: Front step to shop.

LOCATION: Cnr Church & Inglis Street, Mudgee.

OPEN: Daily 9am-4pm. **PHONE:** (02) 6372 2822

Fairview Artspace

Specialises in printmaking, sculpture, metalwork, paintings by local artists, jewellery and gifts. There's a cafe, shop specialising in woollen goods and wine tasting.

ACCESSIBILITY: Not wheelchair accessible. **LOCATION:** 6 Henry Lawson Drive, Mudgee. **OPEN:** Thursday to Monday 10am-5pm.

PHONE: (02) 6372 2850

Good place to stop and enjoy a ploughman's lunch with local pickles, enjoy the art show and you can also wander across to the wool shop or Mudgee Small Winemakers Centre.

Colonial Inn Mudgee

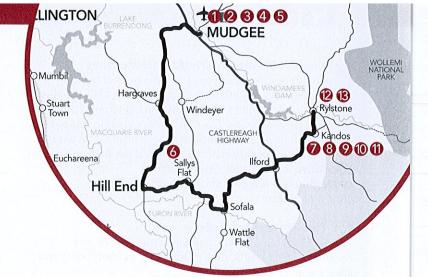
Examine the photographic collection and paintings displayed in this historic building and the precious mid-19th Century German emigrant's sea chest. The Steadson Doll Collection includes 200 dolls with handmade clothes made by local Mudgee woman Eileen Steadson using a 1926 Bebarfalds treadle sewing machine. This display can be seen in the historic church at the back of the museum property.

ACCESSIBILITY: Wheelchair accessible (except first floor).

LOCATION: 126 Market Street, Mudgee.

OPEN: Monday to Friday 10am-3pm, Saturday 2-5 pm,

Sunday 10am-5pm. **PHONE:** (02) 6372 7395



Grathlyn Farm Experience

O See superfine Merino sheep and feel the luxurious wool that goes to make fine Italian suits. Handicraft, baby and adult wool wraps to buy, or watch the dogs, New Zealand huntaways, border collies and miniature dachshunds, enjoy the farm and landscape. Couples or families welcome (adults \$15, kids \$5)

ACCESSIBILITY: Not wheelchair accessible. **LOCATION:** Grathlyn, Hill End Road, 48km from Mudgee and

22km from Hill End.

OPEN: Daily by appointment. **PHONE:** (02) 6373 8518



Mudgee Readers Festival

Held annually in August

Celebrating the joy of reading. You can put questions to authors, enjoy the 'conversation' formats and relax in a friendly comfortable atmosphere. There's a second hand book fair and great venues.

Did You Know?

Hill End is a notable site in Australia's art history being the inspiration for three generations of Australian artists. Its ruined landscape has been painted by some of Australia's most famous artists after WW2: John Olsen, Margaret Olley, Jeffrey Smart and Brett Whiteley. Amazingly Hill End was once the largest inland settlement in NSW with over 10,000 people enjoying 28 hotels, an opium den and oyster bar. The rich cultural mix of so many different nationalities struggling to make their fortune turned the extraordinary Hill End and Sofala into places of rare beauty.

7 Hill End (Hill End Open Day + studio open day)
Jean Bellette Gallery serves to highlight Hill End's

continuing importance as a site of significant Australian cultural development. The exhibition program, developed by Bathurst Regional Art Gallery, features work by artists based in the Hill End area, as well as artists who have participated in the Hill End Artists in Residence Program, and specially curated exhibitions focusing on the presentation and interpretation of Hill End's artistic heritage.

ACCESSIBILITY: Limited wheelchair access to buildings. **LOCATION:** Hill End Visitor Information Centre, High Street, Hill End.

OPEN: Monday to Sunday 9.30am-4.30pm (closed for lunch 12.30-1.30pm).

ART TOUR 6

Kandos Bicentennial Industrial Museum

An interesting example of art, design and building reuse - originally a Methodist Church built in 1919, the design follows American plans brought by the manager of the NSW Cement, Lime and Coal Co. Outside is a striking three panel mural depicting Kandos' industrial age. Inside is an extensive photographic collection of the town and the Rylstone region.

LOCATION: 22 Buchanan Street, Kandos.

OPEN: Friday 3-4.30pm, Saturday and Sunday

10.30am-4.30pm.

The Brown Owl Gallery

Texhibits local artists' paintings, metal work and ceramics. This eclectic range also includes handicrafts and silverware from local artisans.

LOCATION: Angus Avenue, Kandos.

OPEN: Thursday to Friday 11am-5pm, Saturday 10am-1pm or

by appointment. **PHONE:** 0428 313 157

Shady Lady Hats - Milliner

Visit a professional milliner's shop which specialises in hats for race meetings, weddings and special occasions. Designs are made to measure while great care is taken on the choice of style. Willy Hofman explains the art of hat making which covers how to choose the colour and size of a hat to fit your size and height. Learn about the materials used and the history behind hat designs.

ACCESSIBILITY: Not wheelchair accessible.

LOCATION: Angus Avenue, Kandos.

OPEN: Thursday to Friday 10am-5pm, Saturday 9am-1pm or

by appointment. **PHONE:** (02) 6379 4559

11 Kandos Crafters

Alpaca wool and products, local embroidery, patchwork and knitting. Consider that that tradition of textiles and handicraft is kept alive in rural NSW and forms part of our heritage as an artform and a link with the early settlers resourcefulness.

ACCESSIBILITY: Not wheelchair accessible.

LOCATION: Angus Avenue, Kandos.

OPEN: Wednesday 9.30am-12.00pm, Thursday 10am-5pm, Friday 9am-5pm, Saturday 9am-1pm or by appointment.

PHONE: (02) 6379 4174

17 The Good Samaritan Convent (1930)

Considered an architectural gem the Spanish Style convent has gothic pillars, wide verandas

convent has gothic piliars, wide verandas

LOCATION: Fleming Street, Kandos. This is now a private residence, please respect the privacy of the owners.

Rylstone – Bridge View Inn mural

See a very rare mural painted in the 1870s. It was covered over when the inn became a bank! Its restoration is part of the wonderful conservation work on this quaint inn that is now home to a Chinese yum cha eatery, barbershop, De Beaurepaire cellar door, and tourist accommodation. The conservation work is beautifully executed with traditional craft details.

ACCESSIBILITY: Wheelchair accessible via rear courtyard, toilet.

LOCATION: 28-30 Louee Street, Rylstone.

OPEN: Mural may be inspected between 11 am and 3 pm on Fridays, Saturdays and Sundays or by appointment, or during lectures, exhibitions, open days, special events and dinners.

PHONE: (02) 6379 1840 (Museum on Sundays 10am-3pm,

or leave a message).



Local Eating For Global Change.

Logan Wines

Modern architectural designed 'Best Cellar Door Experience'

(Australian Gourmet Traveller magazine) with expansive views of Mudgee. A great spot to indulge with a regional cheese platter and local wines followed by homemade cake and coffee.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: Castlereagh Hwy, Apple Tree Flat, Mudgee.

OPEN: 7 days 10am-5pm. **PHONE:** (02) 6373 1333'

Down The Track

Great café, wine bar, creamery located in the quaint historical railway station of Kandos, gift shop attached. **ACCESSIBILITY:** Wheelchair accessible and toilet in adjacent

park

LOCATION: 63 Davies Road, Kandos.

OPEN: Monday and Wednesday 10am-4pm (closed Tuesday),

Thursday to Sunday 8am-5pm.

PHONE: (02) 6379 4337

Places to Stay

Bridge View Inn Apartment

Top floor of the restored 1870s sandstone inn, two

bedrooms, kitchenette open fire.

LOCATION: 28-30 Louee Street, Rylstone.

PHONE: 0409 516 546

Hill End B&B

As you would expect a classic B&B with period furniture in a 1873 building, Hosies store and café is downstairs. Delicious hot gourmet breakfast awaits.

LOCATION: 1 Clarke Street, Hill End.

PHONE: 6337 8290

Chabara Cottage

Family sized fully self-contained cottage (sleeps 6) with 3 bedrooms and 3 bathrooms, kitchen, BBQ and veranda with panoramic views of the valley. Enjoy a bottle of complimentary wine and admire the sweeping pastoral views.

ACCESSIBILITY: Not wheelchair accessible. **LOCATION:** 203 Rocky Waterhole Road, Mudgee.

PHONE: (02) 6372 1547

Parklands Resort

Set in 30 acres of grounds with manicured gardens and only 1 km from the centre of Mudgee where you can admire the lovely town architecture. Parklands has swimming pool, tennis courts and restaurant. Standard rooms can take up to five, Deluxe have a queen bed and suites have their own bar area and views overlooking the lake and gardens. Gooree Park wine cellar door, on the property, is open Friday to

LOCATION: 121 Ulan Road, Mudgee.

PHONE: (02) 6372 4500

Visitor Information Centres

Bathurst 1800 681 000 Blayney (02) 6368 3534 Canowindra (02) 6344 1008 Cowra 1800 266 173

Cowra 1800 266 173 Forbes (02) 6852 4155 Gulgong (02) 6374 2691

Grenfell - Forbes - Peak Hill

1 O'Brien's Hill

Pastoral families like the Higgins and Woods occupied tracts of land around Emu Creek (later Grenfell) during the 1820s. This quiet country life erupted in 1866 with the discovery of gold by Cornelius O'Brien. Within 8 weeks of O'Brien registering his claim, miners arrived in droves which grew to 10,000 by 1867. The miners' camp followed the contours of the land which later became the streets of Grenfell we see today. Just like Gulgong, the town has its characterful streetscape that reflects its early gold mining history. Visit O'Brien's Hill mine and see the stamp battery used to crush the ore, the mining shafts, the horse works and well. This is a remarkable opportunity to examine a mine close up and get a sense of life as a gold miner. Interpretive signs tell you more.

ACCESSIBILITY: Wheelchair accessible to interpretation centre. **LOCATION:** Endemic Garden, O'Brien's Hill, Grenfell.

Did You Know?

Reef mining was usually undertaken by small syndicates who would peg out their claim and then dig down to follow a quartz reef. This meant excavating a shaft and working the reefs at different levels. Extra investment was needed if the shaft was to be deepened as they would need winding gear to bring up the ore. This means using horse powered pulling mechanisms or later steam engine winding gear.

Grenfell Gold Fest

Annually in October – It celebrates the gold mining era with bush dancing, performances re-enacting historical events, Cobb & Co coach rides, guided tours and bush poetry at the upper end of Main Street.

Henry Lawson's Grenfell

Visit Henry Lawson's birthplace and stroll through the town. Today Grenfell is a National Trust conservation area and Weddin Council actively works to conserve the integrity of the old buildings.

LOCATION: Starr Street, Grenfell. **OPEN:** Saturday to Sunday 2-4pm.

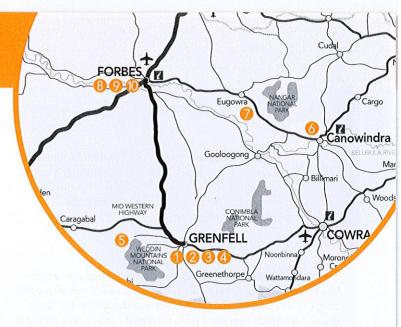
PHONE: (02) 6343 1930

Henry Lawson, Australia's "greatest writer"
It was gold that made Grenfell and it was on these
gold fields that Henry Lawson was born in a tent. Visit
the site which is identified by an obelisk under the shade
of a sugar gum planted by his daughter Bertha (Lawson
Drive by Lawson Oval). On your return to the town centre
stroll through the streets of Grenfell and enjoy the historic
buildings that combined make the town a national treasure
(National Trust conservation area). Listen to Henry Lawson's
poems at the commemorative bust in the town centre.

Grenfell Historical Museum

LOCATION: The bust is on Main Street, Grenfell.

The Grenfell Museum features the 'Above the Shaft' exhibition with original equipment, maps and photos from



the gold rush. The museum also has extensive displays on bushrangers who roamed the area during the gold rush including Ben Hall and Frank Gardiner.

LOCATION: Camp Street, Grenfell.

OPEN: Monday-Wednesday 9am-11am and Saturday and

Sunday 2pm-4pm or by arrangement.

PHONE: (02) 6343 1212



June Long Weekend – five days of entertainment and activities.

☐ Ben Hall's Cave, Weddin Mountains NP

The notorious bushranger, Ben Hall, was said to use this cave as both a refuge and vantage point to spy out for mounted police. Some locals today still believe that there is lost gold hidden in these mountains, the booty from bushranging exploits. That's because they know the Frank Gardiner Gang, responsible for the Escort Rocks robbery came from the Weddin Mountains district. After the robbery the gang went to Wheoga Hill to share their booty, but a police patrol forced them to abandon a pack horse carrying a considerable quantity of gold. Perhaps the gold is still here!

Side Tour to Canowindra

Canowindra Historical Museum

The museum shows the agricultural development of the region from the 1840s with lucerne farm equipment, a reconstructed wool shed and wheat harvesting machinery. There are vintage clothes made with natural fibres, a tiny weatherboard shop and other relocated heritage buildings.

ACCESSIBILITY: Wheelchair accessible and toilet. **LOCATION:** Adjacent to the Visitors Information Centre.

OPEN: Saturday 10am-12pm or by appointment.

PHONE: (02) 6344 1747

7 Eugowra Bushrangers Museum

Here you can see bushranger memorabilia including Johnny Gilbert's pistol. He was a member of the Frank Gardiner Gang who dropped his weapon close to the Escort Rock robbery site. Some of the museum's volunteers are descendants of bushrangers, so you can have fun chatting to them or look through the extensive collection of books and papers on local bushrangers. After the museum visit Escort Rock, the scene of Australia's largest armed gold robbery, 5km from Eugowra.

LOCATION: Pye Street, Eugowra. **OPEN:** Wednesday to Sunday 11am-4pm.



Draw a treasure map of the Weddin Mountains and imagine where you would hide the bushranger's gold. Give your drawings to Grenfell Visitor Centre for display. Take a picutre and upload it to our Facebook page:

facebook/centralnswtourism

En Route

The Lachlan River beds have a layer of gravel which has been built up over millions of years to become 60 metres deep. It was here in 1861 that gold was discovered in large quantities which ignited a gold rush and Forbes was created. During the NSW gold rush it was the thick layers of the ancient river sediments, like the one at Forbes, which often bore some of the best gold finds.

Q Forbes Post Office

Forbes was founded in 1861 as a result of gold discoveries in nearby Black Ridge Diggings. The formidable new Post Office (1881) shows the economic presence of gold mining and the confidence held in the future development of the town. It became the telegraph centre the new technology of the era and so a source of employment for women. The heritage listed building is a beautiful example of Victorian Italianate style and an outstanding example of the Colonial architect James Barnet's work.

LOCATION: Cnr Lachlan Street and Court Street, Forbes.

Forbes Historical Museum

Discover the characters, stories and misadventures which have created the legend of Ben Hall, one of Australia's most famous bushrangers. You can watch the Ben Hall film, take a guided tour or a self-guided tour to view over 20,000 treasures, which document the lives of the early settlers in Forbes. Guided tours and self-guided tours.

ACCESSIBILITY: Not wheelchair accessible but has toilet.

LOCATION: 11 Cross Street, Forbes.

OPEN: Daily 2-4pm (other times by arrangement).

PHONE: (02) 6851 6600

Charitable donations accepted to maintain museum

○ Ben Hall's Grave

"Little needs to be said beyond the fact that... [the burial]... was rather numerously attended - that there was no lack of mourners, or of the manifestation of grief. Prayers were also read by a layman over the departed bushranger." The Herald correspondent reported 7th May 1865. After Hall's death this site became neglected. Notice how well managed the grave is today. Does this show a growing pride in Ben Hall's folklore? What other bushrangers or trackers have been remembered here.? Notice the black marble block to the east of Hall's grave. Now can you find Ned Kelly's sister Kate Kelly?

ACCESSIBILITY: Wheelchair accessible. LOCATION: Bogan Gate Road.

Ben Hall Festival & Heritage Week

Annually in May – celebrating the gold rush period with buskers, shows, market stalls, sheep shearing, children's entertainment, tours, entertainment, guest speakers and open days.







Swinging Bridge: Finn's Store Canowindra

To appreciate the local character of these wines, try their two styles of Chardonnay, the grapes for which were sourced from Canowindra and Orange. They show the difference that elevation and vineyard location can have on wine styles.

ACCESSIBILITY: Wheelchair accessible.

LOCATION: Cellar door, Finns Store 33 Gaskill Street, Canowindra.

OPEN: Friday to Sunday 10am-5pm, Monday and Thursday 10am-4pm sales only or tastings by appointment.

PHONE: 0419 594 873

Banderra Estate

Established in the 1920s, Banderra Estate has been producing quality wine for over 9 decades. The first 3 owners were French migrants; the vineyard has been owned and operated since 1989 by John Saleh. The Sand Hills Vineyard yields 20 tonnes of grapes per year. 3,000L of wine is made annually, comprising Chardonnay, Semillon and Colombard white wines and Cabernet Sauvignon, Merlot and Shiraz red wine. Port is the most popular wine.

ACCESSIBILITY: Wheelchair accessible.

CELLAR DOOR LOCATION: McFeeters Motor Museum, Corner Newell Highway and Oxford Streets, Forbes.

OPEN: 10am-5pm 7 days.

PHONE: (02) 6851 2590 or 6852 1437

Places To Stay

The Calico Duck

A warm welcome awaits you at this cosy period cottage set in a leafy garden, with 1 queen room and 1 double, close to the main street and historic goldfields site. Hosts Bob and Sally prepare a delicious themed country breakfast with locally sourced ingredients.

LOCATION: 62 East Street, Grenfell. **PHONE:** (02) 6343 1402 or 0401 165701

Number Eight Quality Accommodation

Stay in a self-contained apartment in a characterful period terrace with modern interiors in the heart of Grenfell; two rooms each with a queen bed. There's a reading room with CD/DVD/MP3 player and large TV in the lounge. Wake up and brew freshly roasted coffee from Greenethorpe and toasted local breads.

LOCATION: 8 Forbes St, Grenfell.

PHONE: 0428 748 540

Kadina Bed & Breakfast

Get to meet country folk first hand and let B&B owners Helen and Mal take you on a guided tour of a working farm located just minutes from Parkes. They offer a family friendly B&B with modern amenities and comforts including ensuited private bedrooms, and room for extra children in all rooms. Prebook a farm tour and/or a country style dinner.

LOCATION: 22 Mengarvie Road, Parkes. **PHONE:** (02) 6862 3995 or 0412 444 452

Visitor Information Centre

Bathurst 1800 681 000 **Blayney** (02) 6368 3534 **Canowindra** (02) 6344 1008 **Cowra** 1800 266 173 **Forbes** (02) 6852 4155

Gulgong (02) 6374 2691

Parkes - Peak Hill - Lake Cargelligo

Henry Parkes Museum

What was life like during the gold rush period? Visit this museum at the Henry Parkes Centre, set on 7.5 acres to see two village churches, blacksmith's shop, engines and home wares. Talk to Yvonne Hutton about the families and history of Parkes, Trundle and the village of Alectown (genealogy services provided Tel: 0418 674 261). Did you know that Parkes was originally named Bushman's (see below) but was changed in honour of Premier Henry Parkes' visit which auspiciously for a miner, was the day he discovered a 4.1 kg gold nugget at the nearby 'Welcome' claim. **LOCATION:** Newell Highway, Parkes (beside entry through the Visitor Centre).

OPEN: Weekdays 9am-4pm, weekends 10am-4pm.

Bushman's Hill - History Through The Tress
'Gold was discovered in the Parkes area in 1862, and a
further discovery here in 1871 at Bushman's Gold Mine became
one of the richest in the colony. To this day some locals believe
Parkes is built over a major gold field, yet to be discovered!
Take a walk through the park to see the remains of the old gold
mine that gave the area its original name. During your walk see
the Aboriginal signs and paintings about Wiradjuri culture.
There is a scenic view from the top overlooking Parkes.
LOCATION: Newell Highway, Parkes.

Drive to Peak Hill

Did You Know?

The gold found on the surface of earth may have come from space. The theory goes like this. 4.5 billion years ago the earth was just a ball of magma. Like with water, the heavier elements sink to the bottom with the earth they sink to the centre. These heavier parts would be lead, and gold for example which sunk so deep down that we could not possibly mine them. Then 3.9 billion years ago a massive meteor show rained on earth. The surface had cooled a bit so the meteors carrying metals like gold stuck onto the surface. This is the gold we mine today. Meanwhile deep down closer to the centre of earth are apparently enough precious metals to cover the surface of the earth 3 metres thick (National Geographic). Why not step out tonight and enjoy Central NSW's clear night sky and watch for shooting stars.? Don't forget to visit the CSIRO Parkes Radio Telescope 'The Dish' on your way to Peak Hill.

Peak Hill Open Cut Experience

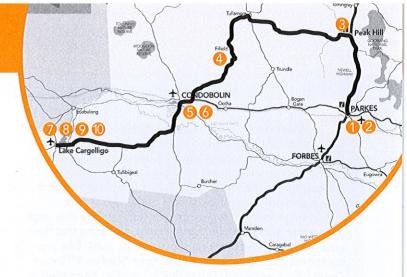
Viewing platforms give you a bird's eye view of this open cut mine where you can see original gold workings dating back to 1890s. The historic Peak Hill produced 60,000 ounces of gold from half a million tonnes of rock between 1893-1917. There are several walks with interpretation and good viewing areas to see 5 spectacular open- cut mines with panoramic views. The mine was re-excavated for gold, and between 1996 and 2002, 145,000 ounces were produced from 4.9 million tonnes of rock!

LOCATION: Mingelo Street, Peak Hill.

OPEN: 9am-4pm daily. Free entry. Guided tours for a minimum of 10 people, bookings essential.

PHONE: (02) 6862 6000

Drive to Fifeld via Tullamore



Tullamore Irish Festival

Annually in March on the Easter Weekend – Irish dancing, food, stalls, street parade and of course Guinness and jokes. Camping facilities are available.

En Route

Jim Tully settled this area in 1895 followed by the Kearley family, they all had roots back in Tullamore Ireland. List how many places you have travelled through that have their origins linked to Ireland. Keep us posted at www.facebook.com/#!/CentralNswTourism?fref=ts

Fifield

The little village of Fiefield (later Fifield) grew from the humble beginnings of gold prospectors who slowly improved their homes. By 1895 the community had a blacksmith's shop, a bakery, post office, stores and butchers, Medcalf's hotel and some huts. Buildings like the stores were of sawn timber with an iron or bark roof. Proclaiming Fifield a village in 1896 encouraged some to invest in the village. This modest beginning contrasts with the rich finds of platinum (far more valuable than gold). You can identify scenes of deep lead alluvial platinum mining by the platinum mounds in Fifield. Meet the locals at the Fifield Hotel and enjoy the fun at the biannual "Back to Fifield" event held over the October Long Weekend and draws a crowd from far and wide.

En route

Gold was discovered close to Bogan Gate in 1880 near Melrose in 1884, Carlisle in 1886 and in 1896 at Overflow station, immortalised in Banjo Paterson's poem 'Clancy of the Overflow'. The Great Condoblin Gold and Copper Mine was started just over 2 km north west of Condobolin from 1898 until around 1910.

The Lachlander Museum

See what newspaper printing was like during the gold rush. Visit The Lachlander one of the last newspapers in Australia operating 'hot metal' printing press (2004). You can view three presses and two intertype machines.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** 46 Bathurst Street, Condobolin.

OPEN: By appointment. **PHONE:** (02) 6895 4010

Condobolin Railway Museum

Housed in the heritage listed barracks where railway workers used to stay this has the largest collection of 'trikes' in the state (railway maintenance vehicles)

LOCATION: Madeline Street, Condobolin.

OPEN: By appointment. **PHONE:** (02) 6895 3301

En Route

Water being essential for life has meant that the Wiradjuri tribes have traditionally met on the shores of Cudjallagong' (Lake Cargelligo). To this day you will sense a strong presence of living Aboriginal culture here, the geographic centre for the Wiradjuri nation. Archeologists have found artifacts on the shores of the lake and an important yellow and red ochre quarry. There is a very large fresh water midden at Deadmans Point indicating that the area was a meeting place for thousands of years. Discover traditional Aboriginal art at Kejole Koori Studios, 98 Grace Street Lake Cargelligo. The orchre quarry can been seen at Frog's Hollow close to Lake Cargelligo town, please treat this area respectfully.

The 'to do' at Lake Cargelligo In 1873 land around Lake Cargelligo was held by Holt and MacKellar, William McFadyen a carpenter was erecting a woolshed for the landowners on Sunday 13th April 1873 when Mrs Charlotte Foster, the wife of a cook at a burr-cutter's camp, found a piece of quartz which showed specks of gold. The men sat on the claim to preserve it, but a man sent to make an official claim for Miner's Rights let slip the news. Once word got out the population of Cudjullagong went 'gold mad' and the town became inundated with prospectors which resulted in violent upheaval. The Foster's Reef Gold Mining Co was established by 1875 and there was a plant with 12 stampers and 'the most modern plant'. There are still shafts many metres deep under houses and shops in the town. **LOCATION:** The original claim is where Reef and Foster Streets now intersect.

Q The Lake Cargelligo Museum

The museum showcases the life and times of Lake Cargelligo after the gold rush and displays agricultural machinery and household memorabilia.

ACCESSIBILITY: Wheelchair accessible **LOCATION:** Holt Street, Lake Cargelligo.

OPEN: Wednesday 10am-3pm, by appointment for groups.

PHONE: (02) 6898 1384

him as 'a gentleman'.

'A gentleman' Bushranger
John Bow, one of Frank Gardiner's gang, is buriedin
Lake Cargelligo cemetery. He was just 14 when he started
working for Gardiner as his 'bush telegraph'. The gang,
responsible for the largest gold robbery at Escort Rock on 5
June 1862 rode away but Bow was arrested on 21 August and
sentenced to be hanged. 15,000 signatures were submitted
three days before the execution date and he was reprieved
to penal servitude for life. He was given a special pardon. He
eventually lived near Lake Cargelligo, later donating land for
the first Catholic Church. The late K.W. MacRae described

LOCATION: Uabba Road, Lake Cargelligo.

Working Draught Horse Museum

See how important horses were in the early years of settlement for farming and transport. Visitors can see original wagons, wonderful draught horse display and a leather shed where the horse equipment is repaired. Learn more about the history of the region and where there are local gold mining sites.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** McInnes Street, Lake Cargelligo.

OPEN: By appointment. **PHONE:** (02) 6898 1384







Visitor Information Centre & Open Cut Gallery at Peak Hill Country Crafts

Discover more about this special region, buy locally made hand crafted souvenirs of your holiday. There are landscape paintings on display which are part of the annual landscape exhibition. Take a look at gold found over 100 years ago. Visit Cossor's Diecast Collectables with one of the largest selections of model cars, trucks and aeroplanes. See the first cement silo built in the southern hemisphere.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** 62 Caswell Street, Peak Hill.

OPEN: 7 days 9.30am-4.30pm

Parkes Visitor Information Centre

This promotes Offers a great range of regional produce including Dish Café Jams and Relishes, Ploughman's Hill Olives, infused oils and beauty care products.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: Henry Parkes Centre, Newell Highway, Parkes. **OPEN:** Monday to Friday 9am-5pm, weekends and public holidays 10am-4pm.

PHONE: (02) 6862 6000

Dwyer's Fresh

Award winning beef and gourmet sausages. **LOCATION:** 216 Clarinda Street, Parkes.

PHONE: (02) 6862 2019

Places To Stay

Hotel Gracelands

A newly refurbished boutique 4 star hotel with a wide range of bedroom configurations set in the heart of Parkes. Situated in a quiet and convenient location off the busy Newell Highway, yet close to the town centre.

ACCESSIBILITY: Two queen sized rooms fully wheelchair accessible.

LOCATION: 7-9 Bushman Street, Parkes.

PHONE: (02) 6862 3459

Fifield Hotel

A family-friendly and pet-friendly, country pub with bedrooms and shared facilities or camping on the property. Serving fresh, good food using organic vegetable and herbs from their garden, the pub also has water wise policies. Meet the locals and hear the yarns. Guitar lessons and live bands, check for details.

LOCATION: Slee Street, Fifield.

PHONE: (02) 6892 7276

Imperial Hotel Condobolin

Built in 1926, this has a cozy friendly atmosphere with straight forward accommodation, communal kitchen and bathroom facilities where you can meet other travellers and share stories. Authentic Thai restaurant open daily from 6-9pm.

LOCATION: 64 Bathurst Street, Condobolin.

PHONE: (02) 6895 2139

Visitor Information Centre

Bathurst 1800 681 000 **Blayney** (02) 6368 3534 **Canowindra** (02) 6344 1008 **Cowra** 1800 266 173 **Forbes** (02) 6852 4155

Gulgong (02) 6374 2691

Lucknow, Ophir & Stuart Town

Chinaman's Bend Heritage Site

Initially Chinese people arrived in NSW as individual prospectors in the early gold rush period and later as members of organised work forces. The harsh mining experiences from prospecting and violent challenges by white diggers meant some preferred to try their hand as market gardeners. Their efforts helped feed the colony and this is a site of one of these market gardens. Before the gold rush this was the site of Fredrick's Valley Government Station in the 1820s, a stoping place between Bathurst and Wellington - the first and second settlements west of the Blue Mountains. The simple huts located here were a welcomed luxury. The station was managed by a small garrison (2 soldiers in 1832) and a small number of convicts who tended the cattle which roamed these hills. The cemetery has six unmarked graves believed to be convicts, 'no inscription records the names of these exiles from their country, and the passing reflections of the traveller are their only requiem' (1841).

LOCATION: Left side of Mitchell Highway before Northern Distributor Road.

Did You Know?

Lucknow gold was discovered in 1851, within two months of Ophir. There have been several sporadic periods of gold prospecting requiring ever more money and dangers, which shows that the prospect of a fortune no matter the effort is a lure some can't resist. A particularly active period was 1864-66 when there were shift mines on 24 claims which produced 6 tons of gold.

2 Lucknow

You can't miss the Wentworth Gold Mine (1890s-1940s) as it stands proudly beside the highway with mounds of sand evidence of excavations. There is a walking track outside the mine and interpretive signage. See the 1870s photographs and learn about the mine and the miners.

ACCESSIBILITY: Wheelchair accessible pathway. **LOCATION:** Newell Highway, Lucknow.

Golden Memories Museum

There are plenty of gold mining exhibits including Trunkey Creek gold stamper and fascinating pictures. View artefacts from John Lister who is buried in Millthorpe and William Tom, famed for finding gold at Ophir, then read about the events surrounding the discovery of the first payable gold in Australia. The museum also has a fascinating history of the famous Cadia Valley iron and copper mine started by Cornish miners.

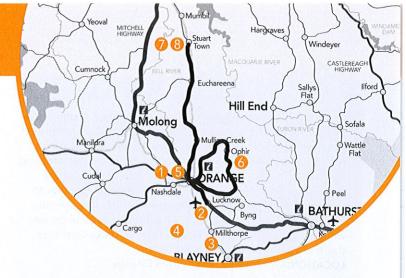
LOCATION: 37 Park Street, Millthorpe.

OPEN: Public holidays, school holidays and Saturday and

Sunday 10am-4pm. **PHONE:** (02) 6366 3980

/ Cadia Hill

This is a rare archaeological site. Cornish miners and Welsh smelters arrived in Cadia in the 1830s to develop a copper and gold industry. As Gaelic speaking people, they created their own communities with a character all their own. Living conditions were very tough; half of the graves in the tiny village were of children. The cemetery was moved



Did You Know?

Fossicking is in fact a Cornish word meaning to look for gold and Cadia Mine is one of the largest open cut mines in Australia, located near Orange.

and sensitively reburied when Newcrest Mining developed the open cast mining site. This was only the second time in Australia that a 19th century graveyard was archaeologically excavated and studied. Fascinating details showed a high number of broken noses and over-developed leg joints, perhaps a result of the tough life as a miner. The new cemetery has been laid beside the rare Cadia Engine House heritage site, so the miners remain in the landscape where they worked. Life as a miner meant wearing a paper mache hat with a candle melted on the rim at the front providing the only protection and light. Guided tours of the modern mine are conducted 1st Friday of each month.

LOCATION: Newcrest Mining, Cadia Road, 30 km south of Orange.

PHONE: (02) 6392 2300

C Duntryleague House

On your way to Ophir visit this grand country house built in 1879 by James Dalton who made his fortune during the gold rush era in Orange through retailing, milling and warehousing. He was a passionate Irish Republican, who became a Papal Knight an honour bestowed by the Papal office, and you can see examples of his values in the house. Visit the impressive home and its substantial gardens which today are home to a golf course. Self guided tour available.

ACCESSIBILITY: Not wheelchair accessible. **LOCATION:** Woodward Street, Orange.

PHONE:(02) 6362 3466

Communication Communication Communication

In 1851 John Lister and William Tom's gold find in Ophir was Australia's first payable discovery. Even though this strike dried up 10 months later, the event sparked Australia's

Did You Know?

The method of using fire to heat rock used by the early Cornish miners at Hill End was also a principle used by Wiradjuri people. They would build fires and place stones into the fire and leave them for a couple of days. When cool they would craft them into sharper and longer tools than those that had not been 'roasted'. Consider today how many processes in manufacturing still require heat.

gold rush era that changed the country forever .Ophir is the biblical name of a mysterious exotic region, which produced gold for King Solomon. At the Ophir Reserve there are hundreds of relics and historic sites with old alluvial, reef and deep lead mines that are easy to see. Pan for gold at the Gunnadoo Gold Mine (the Orange Information Centre can hire you a gold pan), or take the walking trails through this 560 nature reserve. Located in a beautiful, peaceful gorge where the Summer Hill and Lewis Ponds Creeks converge there is a picnic and camping ground.

LOCATION: Ophir Road, 25 km from Orange.

Junior Ranger

Draw a treasure map of the mountains and imagine where you would hide the bushranger's gold. Give your drawings to Orange Visitor Centre for display. Take a picutre and upload it to our Facebook page:

facebook/centralnswtourism

En Route

The Wiradjuri nation conducted mining across the region; on the shores of Lake Cowral they mined stone tools while in Grenfell area they sourced ochre. Both stone tools and ochre were important commodities to trade with other tribes, just as mineral resources are important in modern Australia. Ochre is an important clay used for art including body painting, a key part to ceremonies. Similarly gold is an important mineral used in our culture for adornment and in wedding ceremonies. Being of great value, red ochre was traded by Aborigines along the criss-cross of communication networks. One of these trading 'highways' was the route along the mountains from north of Mudgee to Lithgow, that the Castlereagh Highway follows today.

Man From Ironbark

Stuart Town was originally called Ironbarks, the village Banjo Paterson used for his poem 'Man from Ironbark'. Take the historic village walk and visit the Ironbark Inn for a traditional country pub experience. See Rex Newell's 'Man From Ironbark' mural in the main bar. This was also bushranger territory, as Ben Hall robbed a wine shanty at Mookerawa near Stuart Town, and home to Chinese market gardeners who left the gold fields. It was a rough place indeed. Judge Docker said "This vile place...if I had my way, I'd quarantine it, put a brick wall around it and let no one in and no one come out". Of course today it is a very friendly and fascinating home to some of Australia's gold rush folklore.

The Gold Fields at Ironbarks

Gold was discovered in 1859 at Black Tom's Gully (west of what is now called Stuart Town), but the finds were small and there wasn't a 'rush' as prospectors were digging elsewhere. It was not until the Ironbarks Diggings that the 'rush' was sparked. Between 1875 and 1914 it is estimated that 140,000 ounces of gold was mined here. You can stroll across The Common and see many old mines. There are over 50 mine shafts and a Chinese oven which is evidence of the strong role Chinese miners played in the development of the Central NSW goldfields. Today you can fossick and pan for gold at two sites. Details can be obtained at Mookerawa Waters Caravan Park or purchase a Metal Detecting Map 'Gold Relic Sites – Stuart Town Goldfield'.

Continue on to Gulgong and Mudgee



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Factory Espresso
Come to where the

Come to where the action is, a refurbished mechanical workshop,

where Bills Beans are roasted and packed. Open for breakfast and lunch or buy fresh roasted coffee and hand crafted tea for great gifts.

LOCATION: 133-137 Kite Street, Orange.

OPEN: Monday to Friday 7.30am-4pm and Saturday to

Sunday 8am-4pm. **PHONE:** (02) 6360 2858

Mandagery Creek Venison

The Mandagery Creek Venison Farm Kitchen is set in large gardens, surrounded by paddocks and pine forests. The Farm Kitchen is open for lunch, a farm tour and the opportunity to purchase meat on the second Saturday of each month and by appointment.

LOCATION: Greening Lane, Orange Via Lidster.

OPEN: Second Saturday of every month or by appointment.

PHONE: 0400 032 326

Moodys Wines

The Moody family history itself is vintage. Enjoying their wines is an added bonus. Over wine tasting, talk with the vigneron, Tony Moody who is happy to provide tours of the vineyard and share stories of four generations.

ACCESSIBILITY: Not wheelchair accessible.

LOCATION: 69 Stagecoach Road, off Icely Road, Orange. **OPEN:** Saturday to Sunday and public holidays 10am-5pm.

PHONE: (02) 6365 9117

Places To Stay

Camelia Cottage

Picturesque cottage set on quiet tree lined street. Classically styled B&B (not suitable for young children), in a characterful home with plenty of tips on where to see local gold era attractions. Local produce for your breakfasts.

LOCATION: 175 Anson Street, Orange.

PHONE: (02) 6360 4353

Clifton Gardens Bed & Breakfast

Set in a quiet parkland setting 5 minutes from Orange this B&B provides ensuite bathrooms, a/c, in-ground pool and private lounge areas. Book 2 nights and receive a complimentary bottle of local wine. They offer restaurant drive service, short winery tour of 3-4 hours and in-house dinners Monday to Thursday.

LOCATION: 7 Templar Place, Clifton Grove, Orange.

PHONE: 0419 259 550

Mookerawa Waters Caravan Park

Here in this beautiful location in the state forest on the banks of Lake Burrendong, you can enjoy breath-taking views and have fun in the waters or take to the golf course. You'll be sharing your experience with the local kangaroos, wallabies and abundant birdlife, all set in a rare white box ecosystem.

LOCATION: Mookerawa Road, Stuart Town. **PHONE:** (02) 6846 8426

Visitor Information Centre

Bathurst 1800 681 000 Blayney (02) 6368 3534 Canowindra (02) 6344 1008 Cowra 1800 266 173 Forbes (02) 6852 4155

Gulgong (02) 6374 2691

Abercrombie Caves to Sofala

Abercrombie River & Caves

Soon after gold was first discovered in Ophir near Orange the first shipment of gold was discovered and sent from the Abercrombie area to Goulburn in August 1851. A gold rush ensued and by the time the authorities came to investigate there were 100 prospectors working hard to find a fortune. While the river provided gold, the caves offered sanctuary. One of the most infamous bushrangers was Ben Hall who allegedly used the natural fort of the Abercrombie Caves to hide in. Over twenty years before (1830) the escaped convicted bushrangers The Ribbon Gang hid here. The caves are also an important site for the Wiradjuri people. Take the kids on a magical underground journey. Hire a gold pan at the visitors centre and try your luck fossicking at Mt Gray.

Junior Ranger

Paint a picture of golden meteors raining down on the this beautiful Lachlan region. Share the picture at the Peak Hill visitors centre or scan a copy and share it at facebook/centralnswtourism

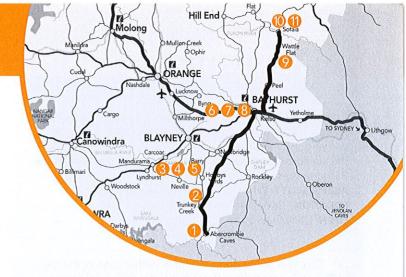
The Gold Mining Village of Trunkey Creek With a large quartz reef discovered in 1868 the tiny village became a wild gold rush centre with 25 hotels selling adulterated liquor, a drink which has used inferior ingredients, definitely not the real McCoy and plenty of bushranger action and greedy speculators. Such was the crisis that a Royal Commission was held in 1870 at Trunkey Creek to resolve the escalating disorder. Today it is a tiny village again with much evidence of a gold rush past through crumbling mud brick cottages, chimneys, old miners cottages Arthur Street is featured in Holtermann photographs of 1872 and mullock heaps, waste material from the mines. If you start exploring for gold watch out for abandoned mine shafts. The new gold though is merino wool, visit the annual show in October to admire the fine rewards from the land. Visit the Black Stump Hotel for some local character and appreciate the Golden Age Hotel (1872). About the Holtermann Collection: In 1951 a hoard of 3,500 glass plate negatives from the nineteenth century were uncovered in a garden shed in Chatswood. They were the work of Beaufoy Merlin and Charlies Bayliss who photographed the Holtermann Nugget (the largest specimen of gold reef) found at Hawkins Hill. Bernhardt Otto Holtermann used some of his new found wealth to employ the two photographers to record events on the gold fields, this included the Trunkey Cottage. These pictures are available at

Side Tour to Carcoar via Neville and Mandurana

Carcoar & Gold = Bushrangers

the State Library of NSW.

With all this gold about it was just too tempting for some of the locals. In 1863 Johnny Gilbert and John O'Meally conducted Australia's first reported bank raid, but left with nothing when the bank teller fired a shot into the bank ceiling. The Commercial Bank is still standing to this day. The Rev. James Adam of Carcoar was held up by Ben Hall, but was not robbed "on account of the good impression he made" (Sydney Morning Herald). And Frank Gardiner required by law to stay in Carcoar broke parole to take up cattle poaching.



Besides the activities of bushrangers, life became hard for Carcoar as the gold rush continued around them and the town became lost in the rush. Thankfully this has left us with a beautifully conserved village for us to enjoy seeing today.

Le Billot de Boucher

The Butcher's Block sells beautiful French inspired wares for the kitchen and the home. From pewter jugs, butter dishes and Paris wine and champagne coolers to decorative glassware for the dining table, pots and soft furnishings.

LOCATION: 1/7 Belubula Street, Carcoar. **OPEN:** Thursday to Sunday 10am–4pm.

PHONE: (02) 6367 3064

Curio Art & Vintage

This is an eclectic store with local artists' work. It includes vintage furniture and home wares that are given a second life. The quirky nature of the shop makes it especially appealing to consumers who are looking for something different or for antique items.

ACCESSIBILITY: Small front step.

LOCATION: 4/7 Belubula Street, Carcoar. **OPEN:**Thursday to Sunday 10am-4pm.

PHONE: 0498 535 971

En Route

Consider that, in the year after payable gold was discovered, 370,000 immigrants arrived to these shores in ten years - that's more than all the convicts over the previous 70 years!

Australian Fossil and Mineral Museum

This contains a world- class display of rare fossils and minerals from around the world, the unique Somerville Collection. See specimens from Australian and world mines, gem minerals and fossils including dinosaur skeletons.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 224 Howick Street, Bathurst.

OPEN: Monday to Saturday 10am-4pm, Sunday 10am-2pm.

PHONE: (02) 6331 5511

7 Cobb & Co

Moving the gold about required the resources of coaching companies. Bathurst became the NSW headquarters for Cobb & Co in 1862 and remained so for 50 years. From here routes spread as far north as Queensland as far west as Bourke and south to Wagga. By 1870 Cobb &

Did You Know?

Travelling from Hill End to Bathurst in the Gold Rush era could have been by Cobb & Co stage coach. What do you think their average speed was? Answer at the bottom.

Co coaches harnessed 6,000 horses a day, travelled 28,000 miles a week and generated 95,000 pounds a year from carrying the mail. One of the secrets to their success was the Californian made coaches. See an original coach in the Bathurst Visitors Centre.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 1 Kendall Avenue, Bathurst.

OPEN: Daily 9am-5pm

Q Bathurst Dining

Discover some great dining in Bathurst; start the day at The Hub voted 'Best Breakfast Cafe' (2 Keppel Street 02 6334 1565), and then treat yourselves to seasonal and regional ingredients at Cobblestone Lane Restaurant, SMH Good Food Guide (2/173-179 George Street (02) 6331 2202).

Wattle Flat
North of Peel is Wattle Flat, a peaceful plateau. At
one time it saw only the passing of Aboriginal tribes who
followed the gorges linking coastal and inland people.
Later frantic escaping convicts passed seeking a passage to
Timor or China. Then it became home to early settlers. That
is until the 1850s when gold fever struck and thousands of
gold seekers descended. Today you can see the evidence of
mining with five protected deep shafts and the pock-marked
remnants of pits inside the Wattle Flat Heritage Lands.
These are two sites, in total 250 hectares where gold can still
be discovered today. Don't forget to take a stroll through
the hamlet. There is a self-guided tour with 31 places to visit.
It was one of the most prosperous mining towns in the area
and even has a race course (1852).

Did You Know?

Sam Poo, the only recorded Chinese Bushranger, was tried and convicted and hanged in Bathurst. Originally working in the gold fields of the Talbragar, Sam Poo thought he would try the less arduous career of bushranging and held up travellers on the Mudgee Road. But an Aboriginal stockman, Harry Hughes, was recruited by the mounted police to find Sam. After some time they managed to find and capture the fugitive.

Consider: What skills would you need to be able to track a bushranger?

Welcome to Australia's oldest surviving gold town (1851) and home to many valuable heritage listed buildings like the Royal Hotel (1862), hospital court house (1874) and Post Office (1879). Sofala's picturesque qualities have inspired artists like Russel Drysdale and Donald Friend. Don't forget to take some pictures, share them with us www.facebook.com/#!/CentralNswTourism?fref=ts

Turon River gold panning
Try your hand at gold panning. Visit the Sofala
Souvenir Shop to rent your pan.

LOCATION: Denison Street, Sofala.

PHONE: (02) 6337 7075

Drive on to Hill End or Mudgee

The Cobb & Co coach's average speed was 9.5 kph.







Winemaker Tony Hatch creates his wines from the exciting Italian grape

varieties grown at 'Vale Creek'. He recommends visitors try his Sangiovese, a medium bodied dry red wine which reflects the region's 'cool climate' character. Along with this you can taste the popular Barbera as well as Dolcetto and Lagrein. White wines include Pinot Grigio, Arneis and Vermentino. These wines are at home with most Mediterranean or Italian menus from pizza to robust gamey dishes. Tony's partner Liz offers light 'grazing platters' most Sundays. Bookings advisable.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 438 Cow Flat Road, Georges Plains, Bathurst. **OPEN:** Weekends 10.30am-4.30pm or by appointment.

PHONE: (02) 6337 2011

Renzaglia Wines

Chardonnay lovers will enjoy their 2012 Dog's Day Chardonnay. Their Cabernet/Merlot 2011 best reflects the regional character. It's a dry medium bodied red table wine great with red meats, lamb and beef as well as pastas served with red sauces. Mark Renzaglia the winemaker is happy to provide a tour of the vineyard when practical.

ACCESSIBILITY: Wheelchair accessible and toilet. LOCATION: 38 Bosworth Falls Road, Bathurst. OPEN: By appointment, 0413 196 036.

Places To Stay

Neville Siding Unique Accommodation

Why not sleep in a train, or a post office, a railway station or house? This imaginative and fun holiday experience with self-contained accommodation is a perfect way to experience the railway history of Central NSW. They also have BBQ facilities, outdoor chess and a tennis court.

LOCATION: 12 Crouch Street, Neville.

PHONE: (02) 6368 8455

Bishop's Court Estate

With just seven sumptuous rooms, guests are treated to fires and mulled wine in winter. Slow Food advocate and interior designer Christine Le Fevre ensured a generous kitchen was also included in the creation of Bishop's Court Estate, so guests can dine in lavish style.

ACCESSIBILITY: No wheelchair access. LOCATION: 226 Seymour Street, Bathurst.

PHONE: (02) 6332 4447

BIG4 Bathurst Holiday Park

This is themed on the Gold Rush era with a range of accommodation from 2 bedroom Miners Huts and Settlers Cottages, cosy 1 bedroom Fossicker Cabins to en-suite sites, powered sites and tent sites. The Park has a solar heated pool, jumping pillow, large games room and playground to keep the kids occupied.

ACCESSIBILITY: Wheelchair accessible family bathroom in amenities block.

LOCATION: 250 Sydney Road, Kelso.

PHONE: (02) 6331 8286

Visitor Information Centre

Bathurst 1800 681 000 **Blayney** (02) 6368 3534 **Canowindra** (02) 6344 1008 **Cowra** 1800 266 173 **Forbes** (02) 6852 4155

Gulgong (02) 6374 2691

Gulgong to Hill End

Red Hill Gold Mine

The gold rush started late for Gulgong, and it was not until 1870 that Tom Saunders a prospector found traces of gold at Red Hill. Stroll up Flirtation Hill and see the outdoor mining museum of Red Hill which is in the heart of Gulgong. The town's gold rush was called the last of the small man's gold rushes because of the large amounts of gold close enough to the surface to permit basic mining with hand tools. Prospectors searched the twisting turns of streams that ran out from Red Hill 'like the head of the golden octopus'. By 1871 10,000 miners and their families had arrived in Gulgong. Like Grenfell its main street follows the contours of the miners' tents which later became permanent structures.

Level to be the Debug on the United States

Qulgong Pioneer Museum
Learn about the gold rush era and the times of Henry
Lawson by exploring this extensive museum which takes up
almost two blocks of the town. There are cottages, a barber's
shop, bakery and many rooms furnished to display the
changing styles and history during colonial and federation era.

ACCESSIBILITY: Wheelchair accessible and toilets. **LOCATION:** 73 Herbert Street, Gulgong.

OPEN: Daily 9am-5pm

Gulgong Prince of Wales Eisteddfod

Annually in May – Dance, speech, drama and music competitions, call Rona Pepper on 6374 2603.

Did You Know?

The Prince of Wales Opera House in Gulgong is the oldest, continually operating opera house in Australia! Built during the gold rush era it hosted some of the leading performers of the times. Henry Lawson, whose first visit to any theatre was to see 'The Pirates of Penzance', recalled "Rough-built theatres and stages where the world's best actors trod, Singers bringing reckless rovers nearer boyhood, home and God, Paid in laughter, tears and nuggets in the drama fortune plays,'Tis the palmy days of Gulgong - Gulgong in the Roaring Days".

3 Henry Lawson Society Centre in Gulgong
The museum features the life, works and times of
Henry Lawson, with collectibles, paintings and photos. The
volunteers love to share their knowledge and stories of
Lawson. The centre has been promoted as one of the finest
"must see" places in the world for people interested in
writing and/or reading.

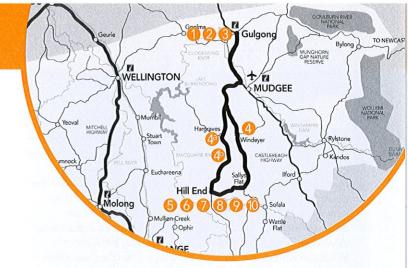
ACCESSIBILITY: Not wheelchair accessible. **LOCATION:** 147 Mayne Street, Gulgong.

OPEN: Wednesday to Saturday 10am-3.30pm, Sunday to

Tuesday 10am-1pm. **PHONE:** 02 6374 2049

Drive to Hill End via Mudgee

Then two alternative routes: Hill End either via Windeyer or Hargraves.



OPTION ONE VIA WINDEYER

Take the Pyramul Road

/ Windeyer

Visit the 1911 heritage listed hotel. Very much a relic of its former goldmine self, the town has a beautiful setting.

Did You Know?

Between 1852 to 1862 there were 6 main settlements in Windeyer with numerous Chinese tent villages, 29 hotels, 10 schools and many Chinese joss houses, which was a place of worshipping Hon Sing the founder of the Ming dynasty, who preached the three virtues of unity, courage and honesty. The Chinese were often badly treated and tensions in 1854 exploded into riots. The Chinese were hard workers using inventive technology (a 2 km aqueduct built out of river stone) to extract the ore, which may have caused jealousy. It is claimed the bones of the Chinese dead were hollowed out and filled with gold. There are theories that this is because they thought the gold would be useful in the afterlife or because bodies were exhumed and returned to China.

OPTION TWO VIA HARGRAVES

Take the Hill End Road

Grathlyn Farm Experience
They will show you the the luxurious wool that goes to make fine Italian suits and will share their story of working the land. You can buy handicrafts including baby and adult woollen wraps, watch the Border Collie dogs, the New Zealand Huntaways and the Miniature Daschunds or simply enjoy the farm and landscape. Couples or families welcome and fees apply.

ACCESSIBILITY: Not suitable for wheelchairs.

LOCATION: Grathlyn, Hill End Road, 48 km from Mudgee and 22 Km from Hill End.

OPEN: Daily by appointment.

PHONE: 6373 8518

Hargraves 'the veteran goldmining town'

Hundredweight' nugget was discovered (1272 ounces of gold) by an Aboriginal shepherd. So large was the nugget that it had to be cut into pieces so it could be shipped to Bathurst. The old wooden school house 1 km out of town is believed to be the first national school established west of the Blue Mountains. (directions from the general store).

While travelling from Windeyer or Hargraves

En Route

Chinese Gold Miners arrived at the Turon River in 1856 and were noted for their industrious natures and successes in areas where Europeans were not. Unlike the original labourers in Victoria who came on their own, in many cases in NSW they arrived as organised groups of 30 to 100 men under the direction of a leader. Their camps had vegetable gardens where they also grew flowers. They applied significant engineering skills like the rare heritage listed aqueduct near Windeyer. There are also reports of trading between the Wiradjuri who provided food for glass. The glass was then sharpened and used as spear heads and tools. The influence even extended to the only known Chinese bushranger Sam Poo who held up travellers on the Mudqee Road.

5 Hill End Village

Plan to stay two days at unique Hill End, one of the oldest surviving living cultural heritage sites in Australia. Visit the town's original buildings and museum. Join a Village Tour or a guided tour of Craigmoor House and see what life was like in the 1870s. After the gold rush, when there were thousands of miners and plenty of pubs, the town reverted to a quieter more tranquil setting. Its rare beauty has and continues to inspire many famous Australian artists. Today it offers remarkable experiences.

ACCESSIBILITY: LaPaloma Pottery, General Store, Great Western Store, Visitor Centre, Northey's store, post office and Presbyterian Church are wheel chair accessible.

VISITOR CENTRE OPEN: Daily 9am-4.30pm (closed 12.30-1.30pm).

FACILITIES: Picnic tables, toilets, drinking water and free electric BBQs.

PHONE: (02) 6337 8206

What you can see at Hill End:

6 Bald Hill Mine and Walking track from Hill End village

Kids will love the guided tour that lets them explore the mines underground and climb the ladders to see the different levels of workings.

FACILITIES: Picnic, water and toilet facilities.

PHONE: (02) 6337 8206

Golden Gully
Observe the first gold mining at Hill End and the environmental erosion this caused at Golden Gully.

Valentines Mine
Inspect an extensive mining site which includes a poppet head, stamper battery, water supply and mullock heaps.

LOCATION: On the Mudgee Road 1 km from the village.

LOCATION: 5kms from Hill End.

Cornish Quartz Roasting Pits
See the rare Cornish quartz roasting pits, the oldest stamper battery building erected for gold mining in Australia.

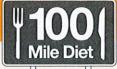
ACCESSIBILITY: Not wheelchair accessible.

History Hill Museum
This provides an insight into the rough and ready existence of miners from all different parts of the world.

LOCATION: 2 km from Hill End on the Sofala Road.

OPEN: Weekends, long weekends, school holidays 10am-

4pm or by appointment. **PHONE:** (02) 6337 8222







Angela's Edibles

Here you can buy authentic Mudgee fare because Angela's

emphasis is on using produce from her own garden, her family's garden, local area gardens and Mudgee produce that she picks herself. This might include a product made from a single source, a favourite fruit tree, the cumquat trees from her garden or from a small grove of quince trees growing along the Cudgegong River. You will find her edibles at the Mudgee Farmers Market, Mudgee Visitor Centre, Mudgee Corner Store, High Valley Wine and Cheese.

Gulgong Markets

These are held on every 4th Saturday of each month with local fresh food, recycled goods and entertainment.

Mudgee Farmers Markets

Mudgee Farmers Market are held on the 3rd Saturday of each month.

Robert Oatley Wines

'Craigmoor' is Mudgee's oldest winery was established in 1858. Their best known local red is the multi-award winning Montrose Black Shiraz.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** Craigmoor Road, Mudgee.

OPEN: Daily 10am-4pm **PHONE:** (02) 6372 2208

Places To Stay

Kirima Cottages

Be inspired by nature. These 2 bedroom self-contained cottages are on 33 acres of natural bushland. See kangaroos, king parrots and the setting sun from your cottage deck, listen to bird song. Cottages have slow burning combustion fire, reverse cycle a/c, linen and fully equipped kitchen.

ACCESSIBILITY: Not suitable for wheelchairs. **LOCATION:** 282 Hill End Road, Mudgee.

PHONE: (02) 6372 0327

Parklands Resort

Is set in 30 acres of grounds with manicured gardens and only 1 km from the centre of Mudgee where you can admire the lovely town architecture. Parklands has swimming pool, tennis courts and restaurant. Standard rooms can take up to five, deluxe rooms have a queen bed and suites have their own bar area and views overlooking the lake and gardens. Gooree Park Wines cellar door, on the property, is open Friday to Sunday.

LOCATION: 121 Ulan Road, Mudgee.

PHONE: 6372 4500

Hill End B&B

As you would expect, this is a classic B&B with period furniture in a 1873 building - store and café (Hosies) downstairs. Delicious hot gourmet breakfast awaits.

LOCATION: 1 Clarke Street, Hill End.

PHONE: (02) 6337 8290

Visitor Information Centre

Bathurst 1800 681 000 **Blayney** (02) 6368 3534 **Canowindra** (02) 6344 1008 **Cowra** 1800 266 173 **Forbes** (02) 6852 4155

Gulgong (02) 6374 2691

Cowra – Grenfell – Forbes

Kalari Wines

From the three grape varieties the winemaker creates a range of wine styles: dry, semi-sweet and fortified. Varieties include Verdhelho, Rosé, full bodied Shiraz and lightly oaked Chardonnay. Local craft and regional art is on sale at the cellar door.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** 120 Carro Park Road, Cowra.

OPEN: Saturday to Sunday 10am-5pm and by appointment.

PHONE: (02) 6342 1465



Held annually in July – one of Australia's top wine shows, it also ranks as the country's third largest organic wine show, with international judges and many events such as gourmet markets and special events at wineries. Buy tickets at Cowra Visitor Centre (02) 6342 4333. This is followed by the Extra Virgin Olive Oil Show in September and the Cowra Agricultural Show - a 2 day event held every September.

Prisoner of War Camp & surrounds

The site tells a fascinating story of the Cowra Prisoner of War Camp and the infamous Japanese POW breakout. But the site is also an excellent point to view the Cowra district countryside.

Consider that this view of modified countryside and many like it has been profoundly influenced by the Cowra Agricultural Research Station, which for over 100 years has tested crops to identify what could be successfully grown across the region. The view is in fact a 'food basket' which has helped feed NSW and the ACT in the past and our growing population in the future.

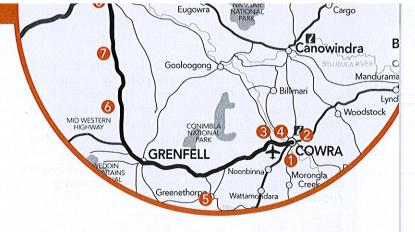
ACCESSIBILITY: Wheelchair accessible. **LOCATION:** Sakura Avenue, Cowra.

Windowrie at the Mill

The O'Dea family of Windowrie Estate established the first major vineyard in the region. The building is the oldest one in Cowra, was originally a flour mill and offers a range of experiences including wine tasting and the Morton Gallery. Windowrie's Pinot Gris was listed as one of the best in Australia by Wine Titles, their Shiraz, Cabernet Sauvignon and Chardonnay are highly regarded. The Chardonnay is rich and tropical with some buttery-ness from the oak treatment - 50% is fermented in French oak barrels. The early picking of the grapes and the less oaked wine adds to the acidity and texture; great with rich foods cooked with cream or butter, or truffles and aged cheese. While Cowra is known for its Chardonnay, consider Windowrie's Shiraz, their vines are now coming of age

Cowra Picnic Races

Held annually in July – The racecourse is visible from the Lachlan Bridge. Horse races horses were perhaps the first competitive sport early settlers enjoyed. The relaxed fun attitude of today's Picnic Races make them a great place to unwind, where you can park under a tree and set up a feast to enjoy the day. It is part of the living culture of Central NSW. There are great local food and wine events throughout the year, check with the staff at the Visitor Centre and visit the Cowra Farmers Market, 3rd Saturday each month from 8am-12pm at Cowra Showground.



(25 years) offering greater complexity and quality of the fruit. Vineyard tours for group bookings.

ACCESSIBILITY: Ground floor wheelchair accessible and toilet.

LOCATION: 6 Vaux Street, Cowra.

OPEN: Friday, Saturday and Sunday 11am-5pm.

PHONE: (02) 6341 4141

River Park Wines

Their Chardonnay and Cabernet Sauvignon can be tasted at their vineyard overlooking the Lachlan River (vineyard tours available). Their gardens are a joy to wander and their property is often chosen as a romantic wedding venue.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 88 River Park Road, Cowra.

OPEN: By appointment. **PHONE:** 0427 423 596

Travel to Grenfell and Forbes

En Route

You are travelling through one of early wine regions of Australia. In 1865, 24 acres of grape vines were planted producing 20 gallons of wine. By 1879 the region was producing 3,000 gallons. By the 1980s the Cowra Chardonnay was nationally acclaimed and today the region is a national environmental leader with many organic wines.

□ Iandra Estate

Walk the gardens of the landra Estate and explore the 'castle'. This is home to some of the most progressive wheat farming practices that started in Australia. Here the Greene family introduced shared farming in the 1890s, across their 32,000 acres. This meant no rent but a share in profits. At one time the property had 19,000 sheep, produced 10,000 tonnes of wheat and involved 600 farm hands. The feudal like practices conducted at landra and nearby Greenethorpe village are very rare in Australia. Brief introductory tour is provided.

ACCESSIBILITY: Wheelchair accessible moderate and toilet.

LOCATION: Greenethorpe, near Grenfell.

OPEN: Long Weekends of Festival days at Grenfell.

PHONE: (02) 6383 9241

Grenfell Agricultural Show

Two day event held annually in **August** and Grenfell Picnic races held annually in **April**.

Ochre Arch Farm

Truly unique farm tour experience where Phil and Jan Diprose will show you holistic ecological practices and infrastructure on their diverse native vegetation sheep and cattle farm. They aim to naturally improve the health of the land with low stress livestock methods, maintain wildlife and

encourage connection to landscape for visitors. Tours of the 385 hectare solar and wind powered farm are customised for both content and duration, from 2 to 4 hours to suit visitor interests and available time (from 2 to a small group). Visitors should wear robust walking shoes or boots and sunsafe clothing to suit the prevailing weather conditions. Not suitable for those with physical disabilities.

LOCATION: 761 Goodes Lane, Pinnacle (25 km NW of Grenfell). **OPEN:** 7 days by arrangement and weather permitting.

PHONE: (02) 6343 5105

En Route

Many of the roads in rural NSW were originally Travelling Stock Routes. Before the age of steam and truck, farmers would move their stock along wide corridors to market. Notice how wide boundary fences are on some roads and the rich range of plants and trees that thrive here. TSRs are no longer used so the ecology along the routes is very rich.

Gibson Grove Olives
Started in 1996 with 300 trees, now there are over 2000 trees producing 50 tonnes of olives for extra virgin olive oil and 12 tonnes of table olives. This is a labour of love by Greg and Clare Gibson who do not take short cuts in processing the table olives by using natural ingredients like salt, spring water, vinegar, herbs and extra virgin olive oil. The table

olives are handpicked.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** Henry Lawson Way, Forbes.

OPEN: By appointment only. **PHONE:** (02) 6853 7247

Did You Know?

It's the Mediterranean diet, with 30% of their total energy intake from olive oil, that contributes to their lower level of heart disease and cancer.

Forbes Pavilion

Although cattle were farmed after settlement in the central region, sheep gained popularity in the drier areas. Then as the original large properties broke up over time so wool became a mainstay for smaller properties supported by wheat growing. The importance of sheep to the community can be seen in the National Trust heritage listed Sheep Pavilion at Forbes showground. Come and see the Forbes Country Show annually in September or visit the field days (check with the Visitor Information Centre)

LOCATION: Show Street, Forbes.

Return to Cowra via Eugowra

Side Tour to Parkes, Trundle and Manildra
See the telescope and enjoy a meal at The Dish Café
in Parkes, Visit the Parkes Agricultural show held annually in
August and see heritage agricultural equipment at the Henry
Parkes Museum. Travel to Trundle for the agricultural show
in August, enjoy the Bush Tucker Day, 6th – 8th September
and while you are there see the iconic Trundle Hotel and
visit Jean's Cottage for craft and art. Location: 36 Brookview
Street, Trundle. Go to Clarkes Garage for supplies. Return
eastwards to visit Twisted River Vineyard and the Manildra
flour mill, see the Mill and Rail Museum by appointment
(02) 6364 5003.



Local Eating For Global Change.

The Quarry Restaurant & Cellar Door

Enjoy dinner or lunch amongst the vines to talk about your discoveries of the day. The menu is created by chef Paul Loveridge, combines local fresh produce form the Cowra region – contemporary style. SMH Good Food Guide recommended.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** 7191 Boorowa Road, Cowra.

OPEN: Cellar door Tuesday to Sunday 10am-4pm; lunch Thursday to Sunday; dinner Friday and Saturday.

PHONE: (02) 6342 3650

Lot 31 Restaurant & Bar

Very generous portions and friendly service and menu features locally butchered meats and fresh vegetables.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** 31 Kendal Street, Cowra.

OPEN: Lunch Thursday to Friday 12-2pm; dinner Tuesday to

Saturday 6-9pm. **PHONE:** (02) 6342 2770

Neila

One of the hatted restaurants in Central NSW, having won eleven consecutive SMH Good Food Guide awards. Elegant and informal BYO serving contemporary cuisine.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** 5 Kendal Street, Cowra. **OPEN:** Dinner Thurday to Saturday.

PHONE: (02) 6341 2188 – bookings essential.

Places To Stay

The Vineyard Motel

Surrounded by a vineyard, with wide open views on the edge of Cowra, it has six rooms in an off road location. Enjoy peace, quiet and a real sense of staying in a traditional wine growing region. Pets very welcome. Winner 2012 Trip Advisor Certificate of Excellence.

LOCATION: 42 Chardonnay Road, Cowra.

OPEN: (02) 6342 3641

The Calico Duck

A warm welcome awaits you at this cosy period cottage set in a leafy garden, with 1 queen room and 1 double, close to the main street and historic goldfields site. Hosts Bob and Sally prepare a delicious themed country breakfast with locally sourced ingredients.

LOCATION: 62 East Street, Grenfell. **OPEN:** (02) 6343 1402 or 0401 165701

Number Eight Quality Accommodation

Stay in a self-contained apartment in a characterful period terrace with modern interiors in the heart of Grenfell; two rooms each with queen bed. There's a reading room with CD/DVD/MP3 player and large TV in the lounge. Wake up and brew freshly roasted coffee from Greenethorpe and toast local breads.

LOCATION: 8 Forbes St, Grenfell.

OPEN: 0428 748 540

Visitor Information Centres

Bathurst 1800 681 000 **Blayney** (02) 6368 3534 **Canowindra** (02) 6344 1008 **Cowra** 1800 266 173 **Forbes** (02) 6852 4155

Gulaona (02) 6374 2691

Canowindra – Carcoar

Toms Waterhole

Their bottle fermented sparkling Chardonnay is said to be the best example of local character in this variety of wine. You can also try their Semillon 2010, Cabernet Sauvignon 2009 and Shiraz 2010, but the sparkling Chardonnay is produced by the Methode Traditionale so it's similar to a Champagne and great to enjoy with seafood, salads and of course their Champagne Breakfast, after a balloon flight. Chat to Graham Kerr, the winemaker, to learn more about their wines.

ACCESSIBILITY: Wheelchair accessible and toilet. **LOCATION:** 752 Longs Corner Road, Canowindra.

OPEN: Daily 10am-4pm. **PHONE:** (02) 6344 1819

SIDE TOUR

Dripping Rock Homestead – Nangar National Park Visit this rare example of a small farm home conserved in the National Park. Built in 1928 the farm evolved over the years. After a fire there are remnants of a once luscious garden, bountiful orchard, piggery, fallen down hay shed and yards and other ruins which tell the story of early settler life. Its location gives you a sense of the trials for small farmers. There are BBQ facilities and toilets in the park.

LOCATION: Dripping Rock Road, off Escort Way near Eugowra.

En Route

You can see how important sheep are to this country, notice the heritage listed wooden sheep shearing sheds throughout the Lachlan Valley. Count how many you see on your travels. Today these sheds are a source of photographic inspirations appearing in books, calendars and post cards.

3 Canowindra's Historic Station & Age of Fishes Museum

Close to the centre of town is a remarkable intact heritage station and wheat silo complex. It was part of an elaborate network in the late 19th century that crossed the Lachlan Valley. This rail yard is state heritage listed because it shows how a rail yard worked with almost intact features. **Consider:** there are plans to resurrect the Lachlan Railways to transport agricultural produce – rail has become once again recognised for its efficiency. The Age of Fishes Museum is a renowned museum which shows fossils of giant fish found in the local area when Canowindra was under the ocean 360 million years ago.

ACCESSIBILITY: Wheelchair accessible and toilet, hearing loop and large print brochures.

LOCATION: Museum, corner of Gaskill Street and Ferguson Street, Canowindra.

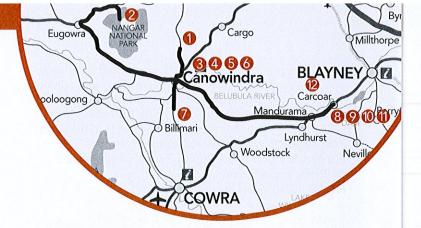
OPEN: Daily 10am-4pm. **PHONE:** (02) 6344 1008

Swinging Bridge: Finn's Store Canowindra

For local character try their two different Chardonnays, of the same vintage, from Canowindra and Orange. They show the difference that elevation and vineyard location can have on wine style. Meet Tom Ward the winemaker at the cellar door. He suggests you try the Pinot Gris and enjoy it with a cheese platter. The cellar door is located in the old general store that was built by Tom's great great grandfather in 1887.

ACCESSIBILITY: Wheelchair accessible.

LOCATION: Cellar door, Finns Store 33 Gaskill Street, Canowindra.



OPEN: Friday to Sunday 10am-5pm, Monday and Thursday 10am-4pm sales only or tastings by appointment.

PHONE: 0419 594 873

Taste Canowindra

Choose to buy or dine at this popular restaurant & gourmet shop. The menu includes fresh orangic vegetables from Gaskill Greens and Block 11. All cooking is done using local olive oil sourced within 20km. Meat selection is Stockinbingal grain-fed beef from Young. Cheese is sourced locally and includes Jannei Goats cheese. Wide choice of local wines to enjoy. Bob Craven, restaurateur is proudly developing a 'Canowindra VS Australia' degustation menu to showcase the fine wines and fresh produce of the region. There are also plenty of cultural events if you needed another great reason to visit this regional award winner.

ACCESSIBILITY: Wheelchair accessible and toilet. **LOCATION:** 42 Ferguson Street, Canowindra.

PHONE: (02) 6344 2332

Did You Know?

The Wiradjuri people's diet adjusted to the season; after winter floods in the hills they enjoyed yabbies, mussels and crayfish, later moving to the flat plains where they ate kangaroos and emus. When it rained native grasses grew and the seeds were a reliable source of food.

∠ Hot Air Ballooning

While Cowra has its genteel picnic races Canowindra has hot air ballooning. The Australian National Balloon Championships and the Canowindra Balloon Festival are held annually in April. Local restaurants can run special wine and food matching degustation challenges or other events to celebrate local fair. Take off in a balloon for 30-45 minutes for a sun rise flight and then enjoy a beautiful Champagne breakfast with flight certificate at Tom's Waterhole Winery.

En Route

Canowindra is located on the Cudal Scenic Route (Canowindra Rd) running from Cudal to Cowra. This is a listed National Trust landscape noted for its outstanding natural beauty created from the valley shape. Look for the yellow canola crops and for other examples of the 'food basket' - produce from the Cabonne Region which helps to feed NSW and ACT.

7 Rosnay Organic Wine & Olives

If you like Cabernet Sauvignon then try Rosnay's 2008 Cabernet Sauvignon, winner of the Greg Johnson Trophy for Best Cowra Wine in 2012. Their Sparkling Vintage Chardonnay 2011 is a new take on the region's most famous **ACCESSIBILITY:** Wheelchair accessible and toilet. **LOCATION:** Rivers Road Organic Farms, Canowindra.

OPEN: By appointment. **PHONE:** (02) 6344 3215

Travel on to the heritage town of Carcoar

En Route

Many of the roads in rural NSW were originally Travelling Stock Routes. Before the age of steam and truck, farmers would move their stock along wide corridors to market. Stock grazed as they travelled. **Notice:** how wide boundary fences are on some roads and the rich range of plants and trees that thrive here.

Did You Know?

Officially male convicts were entitled to a ration 1lb of meat per day, 1 to 2 lb of flour or cornmeal to make damper. The meat was rarely fresh. Tea, sugar and the opportunity to buy tobacco and rum was possible. Female convicts got 2/3 the male ration. Convicts were fed by the master as a condition of assignment; what they actually got depended on their true circumstances. Many convicts escaped and rioted against cuts in rations. Those that managed to escape like the Ribbon Gang in Bathurst came to a deadly end.

Carcoar Village
The village is listed as a

The village is listed as a conservation area. **See** historic shop fronts in Belubula Street and visit the Tea Rooms.

Le Billot de Boucher

The Butcher's Block sells beautiful French inspired wares for the kitchen and the home. From pewter jugs, butter dishes and Paris wine and champagne coolers to decorative glass wear for the dining table, pots and soft furnishing.

LOCATION: 1/7 Belubula Street, Carcoar. **OPEN:** Thursday to Sunday 10am-4pm.

The Carcoar Bridge Tea Rooms
Freshly made snacks and meals, using local seasonal

fruit are made in this original 1927 corner building looking out to the bridge and beautifully restored courthouse.

ACCESSIBILITY: Wheelchair accessible. **OPEN:** Tuesday to Saturday 10am-4.30pm.

PHONE: (02) 6367 3064

Stoke Stable Museum

See the old agricultural exhibits and the fascinating photographs from yesteryear. The building itself, built in 1849, by convicts for the Stoke House hotel is a rare example of such structures.

LOCATION: Naylor Street, Carcoar.

OPEN: Daily 10am-4pm. **PHONE:** (02) 6367 3142

Old Errowanbang Woolshed

See the blade sheering display in Spring and Autumn. **LOCATION:** 385 Meribah Road, Errowanbang near Carcoar.

PHONE: 0448 033 055



Local Eating For Global Change.

Moorbel Hall Markets

Fresh vegetables, cakes,
preserves and hand made crafts

Destination NSW

are a highlight of this marke which is on the first Saturday of every month.

LOCATION: Auxilliary Street, Canowindra.

Sallydale Organics

On your way from Carcoar to Millthorpe stop here to try Sallydale's local cakes, biscuits, bread, pies, friands, free range eggs, honey, preserves, jam, marmalade, jelly and hazelnuts.

ACCESSIBILITY: Wheelchair accessible. LOCATION: 225 Marshall's Lane, Blayney.

OPEN: Weekends 9.30am-5pm. **PHONE:** (02) 6368 2550

Place To Stay

Everview Retreat

Two beautifully built stone cottages, using basalt and granite quarried from the site, are fully self-contained and have extensive views across vineyards, olive groves and market gardens taking in Mount Lewis, Mt Canobolas and the Weddin Mountains. Resident alpacas and sheep add to the pastoral views. Meet Kyle, who is a sculptor/potter and Liz the painter. Kyle's sculptures are scattered throughout the gardens.

LOCATION: 72 Cultowa Lane, 'The Vines', Canowindra.

PHONE: (02) 6344 3116 or 0428 281 401

Old Vic Inn

National Trust listed characterful inn on the main street of Canowindra with 15 spacious rooms. King size beds, ensuites and family rooms. Central heated and a/c with bar and restaurant (Thursdat to Saturday).

LOCATION: 56 Gaskill Street, Canowindra.

PHONE: (02) 6344 1001

Canowindra Riverview Motel

Walking distance from main street, motel rooms have queen size beds, ensuite bathrooms and tea/coffee making facilities, or you can choose their 4 bedroom Riverview Cottage which sleeps up to 10.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** 3 Tilga St, Canowindra.

PHONE: (02) 6344 1633

Dairy Park

Stay at the source of your food, Dairy Park is a B&B/cabin farm stay on a 1100 hectare working farm which has been held in the same family since the 1820s. Using holistic management Grant and Liz farm in a manner to help create biodiversity, grazing sheep and cattle. Staying in the 2 bedroom cabin means you can take supplies of fresh eggs and seasonal vegetables and buy home grown beef and lamb - BBQ available.

LOCATION: Hilton Lane (unsealed), off Mandurama Neville Rd, between Cowra and Carcoar.

PHONE: (02) 6367 5264

Visitor Information Centres

Bathurst 1800 681 000 **Blayney** (02) 6368 3534 **Canowindra** (02) 6344 1008

Cowra 1800 266 173 Forbes (02) 6852 4155 Gulgong (02) 6374 2691

Bathurst - Rockley - Millthorpe

Legall Patisserie and Café

French-born owner Philippe Legall insists on using quality ingredients as "It makes all the difference", and his legion of fans agree. Indulge in mouthwatering croquembouche, lemon tarts and vanilla slices, or savour tasty pies and quiches freshly baked on site.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 56 Keppel Street, Bathurst.

OPEN: Tuesday to Friday 9am-5pm, Saturday 9am-2pm.

PHONE: (02) 6331 5800

Head for Millthorpe

En route

With four distinct seasons the views across the gentle rolling landscape from Bathurst to Millthorpe via Blayney are always changing. The fields you pass have famously produced potatoes, peas and wheat, and given us the pretty farming village of Millthorpe which looks much as it did in the late 1800s. Consider that it is in fact the farmers, who maintain the land, that freely give us the joy of pastoral landscapes.

Millthorpe Wine Centre

Mixing wine pleasure with the business of transport (railways have been key to taking the produce of Central NSW to Sydney and beyond) the Millthorpe Wine Centre is imaginatively located in the heritage listed railway station. As a cellar door it is also promotes 2 vineyards: Edgecombe and Coffee Hill Wines.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: Station Place, Millthorpe. **OPEN:** Friday to Sunday 11am-5pm. **PHONE:** 0437 574 137, 0400 210 189

Q Golden Memories Museum

Millthorpe's agricultural history, founded on potatoes and hay making, can be seen in this beautifully presented museum filled with farm machinery and treasures from the Victorian and Edwardian eras.

LOCATION: 37 Park Street, Millthorpe.

OPEN: Public holidays, school holidays and Saturday and

Sunday 10am-4pm. **PHONE:** (02) 6366 3980

Drive to Newbridge and then to Georges Plains

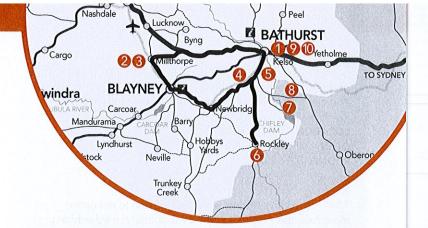
Vale Creek Wines

Winemaker Tony Hatch creates his wines from the exciting Italian grape varieties grown at 'Vale Creek'. He recommends visitors try his Sangiovese, a medium bodied

Millthorpe Village & Markets

First Sunday in April and First Sunday in

December – Quiet during the week, Millthorpe offers a range of cafes and restaurants. The heritage listed village is well worth a stroll through to enjoy the charming village's character. Twice a years if also offers one of the best local markets in the region, the markets have gourmet, fresh produce, cake stalls and crafts and collectables. Bathurst Farmers Markets - 4th Saturday each month and National Cool Climate Wine Show - October.



Did You Know?

Early bush rangers were escaped convicts trying to reach the great inland sea or Timor. They were ill prepared for the journey and there are many accounts of white men exchanging items like hats with Wiradjuri tribes for a roasted possum to keep them alive. These were some of the first encounters Wiradjuri had with Europeans... trading and eating together.

dry red wine which reflects the region's 'cool climate' character. Along with this you can taste the popular Barbera as well as Dolcetto and Lagrein. White wines include Pinot Grigio, Arneis and Vermentino. These wines are at home with most Mediterranean or Italian menus from pizza to robust gamey dishes. Tony's partner Liz offers light 'grazing platters' most Sundays. Bookings advisable.

ACCESSIBILITY: Wheelchair accessible and toilet. LOCATION: 438 Cow Flat Road, Georges Plains, Bathurst. OPEN: Weekends 10.30am-4.30pm or by appointment.

PHONE: (02) 6337 2011

Stone Pine Distillery

Set in beautiful pastureland, Bev and Ian Glen have established a distillery that incorporates local native plants into a unique range of spirits, such as Wild Lime Vodka. Their most popular brew is Bathurst Dry Gin and they also produce three rums, two grappa varieties and a vodka infused with Dutch cocoa, fresh Colombian coffee beans from nearby Fish Rivers Roasters and cream. What's more, the distillery has a sustainable spirit, relying on solar power and harvested rainwater. Free customised distillery tours are available for small groups. Charges apply for pre-booked large group tours.

ACCESSIBILITY: Wheelchair accessible and toilet .

LOCATION: Gorman's Hill Road, Bathurst.

OPEN: Saturday to Sunday 12-4pm, or by appointment.

PHONE: (02) 6332 1517

SIDE TOUR

Rockley Village

Visit historic Rockley Village, listed by the National Trust, and see Rockley Mill & Stable Museum, one of the best examples of a late Georgian style mill (1864) which used a traditional millstone. The museum has three floors of displays and the original steam engine and flywheel of the mill.

LOCATION: Budden Street, Rockley.

OPEN: Sunday and public holidays 11.30am-3.30pm.

PHONE: (02) 6337 9279 or (02) 6337 9381

7 Chifley Dam

Great spot to enjoy a picnic and taste some local

produce you bought in Millthorpe or Bathurst. There are electric BBQs, toilets, shelters and a safe swimming beach. You can go fishing to catch your lunch of Golden Perch, Rainbow Trout, Murray Cod and Silver Perch.

LOCATION: Lagoon Road, Bathurst.

OPEN: Daily 7.30am-6pm. **PHONE:** (02) 6332 1444

En Route

The early settlers were often driven to eat native mammals, this included stuffed wombat and fried echidna, though they seemed to have preferred raising European animals and producing crops. Bathurst was the early market garden that supplied Sydney. The Bathurst Agricultural Research Station has played a prominent role in helping farmers produce the food we eat. In 2001 it became the state's centre of organic farming. Today groups like the Bathurst Community Climate Action Network meet at the station in their pursuit of sustainable living. Consider the Wiradjuri people spent around 5 hours a day sourcing fruit, seeds, plants (collected by women) and game (hunted by men). Their diets adjusted to what was available through the seasons.

Did You Know?

While flour was the staple of settler's early diets, usually made into bread or damper, the Wiradjuri people made their own damper from grinding seeds like Wattle.

Renzaglia Wines

Chardonnay lovers will enjoy their 2012 Dog's Day Chardonnay. Their Cabernet/Merlot 2011 best reflects the regional character. It's a dry medium bodied red table wine great with red meats, lamb and beef as well as pastas served with red sauces. Mark Renzaglia the winemaker is happy to provider a tour of the vineyard when practical.

ACCESSIBILITY: Wheelchair accessible and toilet. LOCATION: 38 Bosworth Falls Road, Bathurst.

OPEN: By appointment, 0413 196 036

Restaurants in Bathurst

The Hub

Having been named Australia's 'Best Breakfast Café' in the 2011 Restaurant & Catering Awards, this is the place to head first thing. The modern café menu includes Italian, Asian and Southern American dishes, along with great coffee, specialty teas and fresh juices.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 2 Keppel Street, Bathurst.

OPEN: Monday to Saturday 7am-5pm, Sunday 7am-3pm.

PHONE: (02) 6332 1565

Cobblestone Lane Restaurant

Using seasonal and regional ingredients, chef Heath Smith serves up modern Australian cuisine at this restored Webb & Co store, which overlooks picturesque Machattie Park in central Bathurst. Listed in the SMH Good Food Guide since 2008, the restaurant's fine dining menu has a great wine list to match, with locally produced varietals sold by the glass.

ACCESSIBILITY: Wheelchair accessible and toilet. **LOCATION:** 173–179 George Street, Bathurst. **OPEN:** Tuesday to Saturday for lunch and dinner.

PHONE: (02) 6331 2202



Local Eating For Global Change.

Bathurst Wholefood Co-operative

Destination NSW

Discover the multiple benefits of wholefoods and see the extensive variety of locally grown fruit and vegetables sourced only from farms in the Bathurst region.

ACCESSIBILITY: Wheelchair accessible, toilet is available in the local shopping centre.

LOCATION: Shop 5, Macquarie Plaza, 49 William Street, Bathurst

OPEN: Thursday to Friday 9.30am-5.30pm,

Saturday 9.30am-2.30pm.

1859 Beer at the Beekeeper's Inn

Try this new boutique brewery's ales produced from old English style vats; brewer Mark Lockwood has just released a Pale Ale and Summer Ale. You can also buy Goldfields Honey and other local provedores treats.

ACCESSIBILITY: Wheelchair accessible and toilet. **LOCATION:** 2319 Mitchell Highway, Vittoira.

OPEN: Daily 9am-5pm. **PHONE:** (02) 6368 7382

Places To Stay

Millthorpe B&B

Contemporary interior design, private rooms with guest bathroom, cooked breakfast using local produce. Dine at awardwinning cafes and restaurants and taste local wines in the village.

LOCATION: 11 Morley Street, Millthorpe.

PHONE: (02) 6366 3967

Bishop's Court Estate

With just 7 sumptuous rooms, guests are treated to fires and mulled wine in winter. Slow Food advocate and interior designer Christine Le Fevre ensured a generous kitchen was also included in the creation of Bishop's Court Estate, so guests can dine in lavish style.

ACCESSIBILITY: No wheelchair access. LOCATION: 226 Seymour Street, Bathurst.

PHONE: (02) 6332 4447

Rydges Mount Panorama

A large portion of the menu is locally produced including Bathurst's wines. Guest room options are studio, deluxe and 3 bed apartments, some guest rooms are pet friendly.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** 1 Conrod Straight, Bathurst.

PHONE: (02) 6338 1888

Buddens Guesthouse

Formerly the Rockley Bank, now a Bed & Breakfast and more. Take lunch and afternoon tea on the veranda overlooking the weir or in the old bank chambers. Breakfast or candlelight dinner provided to guests staying in one of the 5 guest rooms in the main house or in the 2 bedroomed cottage in the gardens. Menus include seasonal food from the orchards, truffles and wines.

LOCATION: 18 Budden Street, Rockley.

PHONE: (02) 6337 9279

Visitor Information Centres

Bathurst 1800 681 000 **Blayney** (02) 6368 3534 **Canowindra** (02) 6344 1008 **Cowra** 1800 266 173 **Forbes** (02) 6852 4155

Gulgong (02) 6374 2691

FOOD & WINE TOUR 4

Orange – Parkes – Trundle



Orange Apple Festival is in **May**; Frost Fest is in **August**; Wine Week is in **October**; Slow Summer is in **February** and FOOD Week in **April**.

Mandagery Creek Venison

The Mandagery Creek Venison Farm Kitchen is set in large gardens, surrounded by paddocks and pine forests. The Farm Kitchen is open for lunch, a farm tour and the opportunity to purchase meat on the second Saturday of each month and by appointment.

LOCATION: Greening Lane, Orange Via Lidster.

OPEN: Second Saturday of every month or by appointment.

PHONE: 0400 032 326

Twisted River Winery

Nestled on the edge of Goobang National Park, and part of the Central Ranges (Geographical Indication - wine region), enjoy the crisp, bright and vibrant wines: Cabernet, Chardonnay and Viognier. The wines are medium bodied, crisp fruit driven with a hint of spice. Try their 2011 Gold Medal, Trophy winning Shiraz, with a hint of white pepper and spice it goes beautifully with red meats. Take a vineyard tour and then taste and buy their wines.

ACCESSIBILITY: Wheelchair accessible.

LOCATION: 6056 Henry Parkes Way, 14 km west of Manildra. **OPEN:** Saturday and Sunday 10am-5pm; or by appointment.

PHONE: (02) 6364 5447

SIDE TOUR TO MANILDRA, PARKES AND TRUNDLE

The Manildra flour mill (you can't miss it) is the largest in the Southern Hemisphere, see the Mill and Rail Museum by appointment (02) 6364 5003. Annually in August, one of the biggest agricultural shows in NSW is held in Parkes. See the Parkes Agricultural show (one of the biggest west of the Blue Mts) and see heritage agricultural equipment at the Henry Parkes Museum. Visit the telescope and enjoy a delicious meal at The Dish Cafe. Travel to Trundle for the agricultural show 13-14th August or enjoy the Bush Tucker Day 6th – 8th September (running for 26 years), with cooking competitions, celebrity chef, live entertainment, tastings and market stalls. Visit the iconic Trundle Hotel with the longest covered veranda in NSW. Go to Clarkes Garage for supplies. Take at look at Jean's Cottage for craft and art. Location: 36 Brookview Street, Trundle.

Return to Drange via Borenore

Q Abilene Grove

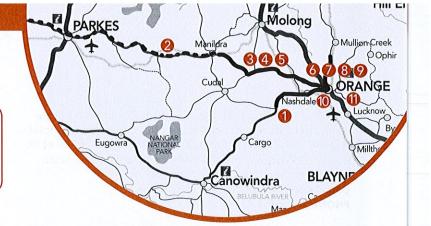
In the foothills of Mount Canobolas, Abilene Grove produces award winning extra virgin olive oil –Gold Medal and Best Oil in the 2012 National Show no less. "The secret of our success is in the freshness (olives are pressed within 48 hours of picking), the varietal mix and the volcanic soil", says John Milla. John and his wife Lorraine planted 700 olive trees between 1994 and 2002 and now enjoy the fruits of their labour. You are welcome to tour the olive grove, taste and purchase the olive oil as well as Verjus from Orange Mountain Wines.

ACCESSIBILITY: Wheelchair accessible.

LOCATION: 1529 The Escort Way, Borenore.

OPEN: By appointment.

PHONE: (02) 6365 2265 or 0402 146 740



Borenore Agricultural Field Days

Held annually in October – Australian National Field Days, Borenore. Discover the source of great food with exhibitions and demonstrations, events and inventions. Visit the Molong Sheep Dog Trials in April or one of the local Agricultural Shows in September.

Small Acres Cyder

They use true heritage cider apple varieties drawing on traditional production methods. Here you can savour this sparkling wonder, originally brought from England and France. For beer lovers taste their Pomme or Poire. If you prefer light wine try their Somerset Still, Norfolk Still or Appscato. Their Appscato best matches the character of Orange with its rich and intense flavour and the aroma of apple blossom. Appscato is an invention of Small Acres Cyder and is a full medium sweet drink that is lighter than wine at 7% alcohol. Match with pancakes or a fresh fig and goats curd salad. Meet Gail or James, the cider makers, who run the cellar door and discover more. Take lunch in the cider house every 3rd Sunday of the month (book to avoid disappointment).

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 12 Akhurst Road, Borenore, just outside Orange. **OPEN:** Saturday and Sunday 11am-4pm (buy their home made sausages to enjoy with the cider).

PHONE: (02) 6365 2286

☐ Hedberg Hill

If you like Cabernet Sauvignon or Riesling then do try Hedberg Hill's Merlot and Late Harvest Riesling. Their Chardonnay is an elegant, vibrant, full flavoured Burgundy style which reflects the character of this wine region. It's best enjoyed with pasta, chicken, veal and cheese. At the solar powered cellar door you will find winemaker Peter Hedberg who offers tours focusing on vineyard terroir. Peter has written 'Orange Region Terroir' which you also can buy to expand your tour.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 701 The Escort Way, Orange.

OPEN: Saturday and Sunday 10am-5pm or by appointment.

PHONE: 0429 694 051

∠ Orange Botanic Gardens

Celebrating Orange's fruit and cider heritage see the 76 apple varieties and 25 crab-apple and some pears. There are a number of historic apple varieties including trees budded from the original Macarthur orchard at Belgenny Farm SW of Sydney. The 17 hectare garden has exotic trees, shrubs and roses as well as Australian plants.

ACCESSIBILITY: Wheelchair accessible. LOCATION: 1 Yellowbox Way, Orange.

OPEN: 7.30am till dusk.

FOOD & WINE TOUR 4

Drange Restaurants

Parkview Hotel Orange

Try the delicious Nanima Farm Lamb and lamb burger (saltbush lamb with native herbs) in this casual friendly hotel located in the heart of Orange. Still carrying the charm of its heyday, 1865, enjoy the sun-drenched courtyard for lunch and dinner Monday to Saturday.

LOCATION: 281 Summer Street, Orange.

PHONE: (02) 6361 7014

Distro Ceello

French flair and modern Australian cuisine meet to create an indulgent menu to be enjoyed with fine local wines, 13 are available by the glass. Look out for their upcoming events with creative menus celebrating seasonal ingredients, all enjoyed in a relaxed atmosphere.

LOCATION: 179 Anson Street, Orange.

OPEN: Wednesday to Saturday evenings, Friday lunch 12-2pm.

PHONE: (02) 6361 1179

) Lolli Redini

A collaborative family project, this hatted restaurant serves contemporary Italian and French influenced food using mostly local produce and other specially sourced items that conform to a highly selective criteria which is seasonal, organic, sustainable, low food mile and ethically farmed produce. Award winning wine list features the best of the locals.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** 48 Sale Street, Orange.

PHONE: (02) 6361 7748

Travel south then east to see more vineyards

Ross Hill Wines
Try their Pinnacle Chardonnay which is handpicked, traditionally crafted and barrel fermented dry white. Ross Hill also have Sauvignon Blanc, Pinot Gris, Pinot Noir, Shiraz, Cabernet Sauvignon, Cabernet Franc and Vintage Brut. Their wines for a second year running have been awarded five stars by James Halliday Australian Wine Companion. Meet Phil Kerney the wine maker and tours of the vineyard can be arranged (both by appointment). During your visit try their Italian and Spanish varieties of olive oil. You can also book for their memorable Long Lunches (special events run through the year).

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 134 Wallace Lane, Orange.

OPEN: Daily 10.30-5pm. **PHONE:** (02) 6365 3223

Moody's Wines

The Moody family history itself is vintage, enjoying their wines is an added bonus. Their award winning 2010 Shiraz and 2012 Sauvignon Blanc are great varietal examples. Also try the Moody's Vin d'Orange, a fortified Rosé steeped in oranges to a Provencal recipe. Their cool climate Shiraz reflects their region and is great with roast Central Tablelands lamb, pizza and pasta. Over wine tasting talk with the vigneron, Tony Moody who is happy to provide tours of the vineyard and share stories of four generations of Moodys in the wine business.

LOCATION: 69 Stagecoach Road, off the Icely Road. **OPEN:** Saturday, Sunday and public holidays 10am-5pm.

PHONE: (02) 6365 9117



Local Eating For Global Change.

A Slice of Orange

They are passionate in this shop about sourcing only local artisan

food including producers and farmers like Nanima Farm Lamb, fresh saltbush lamb cuts, gourmet pies and burgers with native Australian herbs.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** 200 Anson Street, Orange.

OPEN: Monday to Friday 9am-5.30pm, Saturday 9am-3pm,

Sunday 10am-2pm. **PHONE:** (02) 6369 0396

Huntley Berry Farm

Award winning community support initiative which runs the farm where you can pick the berries (Nov-May), relax at the café or BBQ under shady trees and watch the free range chooks foraging nearby and buy delicious gourmet preserves.

LOCATION: Huntley Road, Huntley.

OPEN: Monday to Friday 9am-4pm, Saturday and Sunday

10am-4pm.

PHONE: 0427 252 308

Greentrees Preserves

Made the traditional way by hand with 24 varieties of jam,6 marmalades, 3 jellies and 11 condiments. You can also buy 8 varieties of bottled fruit, made from fresh peaches, pears, apricots and more preserved and sealed in tall jars. The traditional way of enjoying fruit out of season, available at Orange Farmers Market 2nd Saturday on the month at the Orange Showground, or stay at Greentrees Guest House.

LOCATION: 6 Lysterfield Road, Orange.

PHONE: (02) 6361 4546

Brittle Jacks Chestnut Farm

David Ogilvy has been farming eight different varieties of fresh chestnuts, including Red Spanish and the Italian Marone, for over 30 years. Picking and farm tours, March through to the end of April.

ACCESSIBILITY: Wheelchair accessible LOCATION: Lookout Road, Mullion Creek.

OPEN: By appointment. **PHONE:** (02) 6365 8353

Places To Stay

Clifton Gardens Bed & Breakfast

Set in a quiet parkland setting 5 minutes from Orange this B&B provides ensuite bathrooms, a/c, in ground pool, private lounge areas. Book 2 nights and receive a complimentary bottle of local wine. They offer a driver service, short winery tour 3-4 hours and in-house dinners Mon-Thurs.

LOCATION: 7 Templar Place, Clifton Grove, Orange.

PHONE: 0419 259 550

Arancia Bed & Breakfast

Located just outside Orange with stunning views. Guest lounge with fire and large private bedrooms with ensuite and air conditioning. Full cooked breakfasts with local produce.

LOCATION: 69 Wrights Lane, Orange.

PHONE: (02) 6365 3305

Visitor Information Centres

Bathurst 1800 681 000 Blayney (02) 6368 3534 Canowindra (02) 6344 1008

Cowra 1800 266 173 Parkes (0 Forbes (02) 6852 4155 Peak Hill

Mudgee 1800 816 304 Molong (02) 6344 1008 Orange 1800 069 466 Parkes (02) 6862 6000 Peak Hill (02) 6869 1981

FOOD & WINE TOUR 5

Mudgee

Monthly Markets
Rylstone Artisan and Farmers Market - 2nd Saturday - locally made art, craft and fresh produce. Mudgee Farmers Markets – 3rd Saturday, Grounds of St Mary's Catholic Church, cnr Church and Market Streets, phone 0407 288 979. Gulgong Markets - 4th Saturday of each month with local fresh food, recycled goods and entertainment.

High Valley Wine & Cheese Company

One of the joys of wine is savouring its style with cheese. Grosvenor Francis, the cheesemaker at High Valley Wine & Cheese, produces a wonderful crumbly Caerphilly that he says "makes a perfect partner to enjoy with the best of Mudgee's Shiraz, Cabernet Sauvignon, or Chardonnays". Patrons to the café can ask Ro or Grosvenor their recommendations from the wine list to match the menu items (salads, pates, tarts and heavier dishes) to enjoy a full Mudgee regional experience. They also make a very popular Persian style feta (creamy, soft and less acidic than traditional Greek feta). Also try their Caerphilly which is a sharp crumbly young cheese - white mould rind on the cheese gives a subtle mushroom flavour to the rich yellow curd, perfect to enjoy with local wines. By prior arrangement, talks with the vigneron and cheesemaker are available and include tastings. Charges and minimum numbers apply.

ACCESSIBILITY: Wheelchair accessible and toilet. LOCATION: 137 Ulan Road (1.5 km from Mudgee CBD). OPEN: Monday to Friday 10am-5pm, Saturday and

Sunday 8am-5pm. PHONE: (02) 6372 1011

Robert Oatley Wines

'Craigmoor' is Mudgee's oldest winery, established in 1858, just north of the township, not far from the 'Montrose' vineyard and part of the family's 500 hectares of Mudgee's vineyards which lie on rich volcanic soils. Their best known local red is the multi-award winning Montrose Black Shiraz whilst the new Robert Oatley Finisterre Chardonnay, from a 40 year old block at Craigmoor, currently enjoying critical acclaim. Also try their famous 'Wild Oats', at the cellar door where you can also buy Frog Rock Honey, Grape Alternative jellies, and Luciano's mustards.

ACCESSIBILITY: Wheelchair accessible. LOCATION: Craigmoor Road, Mudgee.

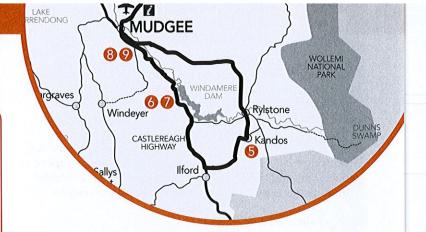
OPEN: Daily 10am-4pm. PHONE: (02) 6372 2208

Lowe Wines

 Cellar door and winery are located just outside Mudgee in an idyllic setting enhanced by Lowe's sustainability philosophy of organic winemaking. This means that there is minimal use of fungicide, insecticide and herbicide, and that no chemicals are used in their winemaking. The Lowe reds include a Reserve Merlot and Shiraz for enjoying now and Zinfandel for cellaring. Learn more at the cellar door, come for one of the Lowe Food events held through the year or try a food platter served during weekends.

LOCATION: Tinja Lane, Mudgee.

OPEN: Daily 10am-5pm. PHONE: (02) 6372 0800



Leaning Oak Cheese & Wine

European style small farm and dairy making a range of farmstead cheeses from sheep and goat's milk. Cheese can be tasted and bought. You can also try their wines which include Merlot, Semillon and Chardonnay.

LOCATION: Cnr Ulan and Buckaroo Roads, Mudgee.

OPEN: Thursday to Monday 10am-4pm.

PHONE: 0420 744 810

SIDE TOUR TO RYLSTONE AND KANDOS

Travel to Lue and pop into Lue Pottery to see hand-thrown, wood fired ceramics from locally sourced clays, then drive to Rylstone and admire the Bridgeview Inn, the heritage building recently restored. It is now home to a traditional Yum Cha eatery which offers dine-in and takeaway Chinese dumplings. Rylstone holds an annual Street Feast where you can sample the wide range of local treats; over 12,000 plates were served in 2012!

Mudgee Wine & Food Festival

September - When Mudgee showcases its great local producers and you savour the flavour of the region with live music, special tastings, tours of vineyards and special events.

Did You Know?

The Wiradjuri's diet adjusted to the season; enjoying yabbies, mussels and crayfish after winter floods in the hills, to eating kangaroos and emus from the plains, grass and seeds after rains.

Down The Track

A great stop to enjoy a selection of delicious fresh food, award winning local wines, fresh coffee, soft drinks and quality ice cream. Set in the original heritage railways station the memorabilia makes it an nostalgia fun.

ACCESSIBILITY: Wheelchair accessible, toilet in park opposite.

LOCATION: 63 Davies Road, Kandos.

OPEN: Monday to Wednesday 10am-4pm (closed Tuesday), Thursday to Sunday 8am-5pm.

Return to Mudgee along Castlereagh Highway

En Route

The early settlers were often forced to eat native animals. This included stuffed wombat and fried echidna, though they preferred raising European animals and producing crops. Bathurst and Wellington became early market garden regions to supply Sydney. The Bathurst

Agricultural Research Station has played a prominent role in helping farmers produce the food we eat. In 2001 it became the state's centre of organic farming. Today groups like the Bathurst Community Climate Action Network meet at the station in their pursuit of sustainable living. Consider Wiradjuri farming meant people spent around 5 hours a day sourcing fruit, seeds, plants collected by women and game hunted by men. Their diets adjusted to what was available through the seasons as they moved around their region.

Skimstone Wines

Their focus is on the vibrant food-friendly wines including Italian varietals - Sangiovese and Barbera which are available for tasting from their tasting room. Take in the expansive views of the river and the Cudgegong Valley. All the wines are made from the family vineyard at Apple Tree Flat, with its own unique soil, climate and topography. Josh Clementson, the viticulturist/winemaker, will share his experiences of developing wines in this part of the Mudgee Region.

ACCESSIBILITY: Wheelchair accessible and toilet. **LOCATION:** 1307 Castlereagh Highway, Apple Tree Flat, Mudgee.

OPEN: Thursday to Monday 11am-5pm.

PHONE: (02) 6373 1321

7 Logan Wines

Husband and wife team, Peter and Hannah Logan, craft wines from grapes grown in the Central Ranges, that's Mudgee and Orange. Visit their Tasting Room and you will enjoy a large selection of varieties and blends from across the range of Logan brands: Ridge of Tears, Logan, Weemala and Apple Tree Flat. Try their new Ridge of Tears Mudgee Shiraz. It has a spicy, floral and dark berry aroma with classic Mudgee grainy tannins and fresh acidity with earthy mixed berry and plum flavours. Being medium bodied it is great to eat with slow roasted shoulder of lamb (consider Nanima saltbush lamb). Winemaker Peter Logan is available to meet at the cellar door.

ACCESSIBILITY: Wheelchair access and disabled toilet. **LOCATION:** 1320 Castlereagh Highway, Apple Tree Flat, Mudgee.

OPEN: Daily 10am-5pm. **PHONE:** (02) 6373 1333

O Tour of Historic Mudgee

Local historian and heritage expert of the Mudgee region John Broadley provides personalised walking tours that tell the story of the early years of the town and the characters that lived there. Or visit the Colonial Inn Museum to discover what was used in the kitchen 100 years ago.

LOCATION: 126 Market Street, Mudgee.

OPEN: Daily.

PHONE: By appointment 0429 708 218

Mudgee Brewing Co.

Enjoy your beer at the point of brewing inside what was originally a wool and skin store, to take in the character of historic Mudgee. Mudgee 'Wheat', 'Porter' and 'Pale Ale' are now joined by 'Mudgee Mud', all made the traditional way with no preservatives. Taste the beers while eating in the restaurant or courtyard.

ACCESSIBILITY: Wheelchair accessible and disabled toilet.

LOCATION: 4 Church Street, Mudgee.

OPEN: Daily from 8am till late (except Monday and Tuesday closes at 5.30pm).

PHONE: (02) 6372 6726



Local Eating For Global Change.

Mudgee Corner Store

Pop in for local vegetables, fruit, condiments and meats (including

Destination NSW

Nanima Saltbush Lamb), Fish River Roasters coffee and store made soups, pies and more.

LOCATION: 72 Lewis Street, cnr Horatio Street, Mudgee. **OPEN:** Monday to Friday 7am-6pm, Saturday 8am-4pm, Sunday 8am-1pm.

Angela's Edibles

Angela's emphasis is on using produce from her own garden, her family's garden, local area gardens and Mudgee produce that she picks herself. This might include a product made from a single source, a favourite fruit tree, the cumquat trees from her garden or from a small grove of quince trees growing along the Cudgegong River. You will find her edibles at the Mudgee Farmers Market, Mudgee Region Tourism Office, Mudgee Corner Store and High Valley Wine and Cheese.

Places To Stay

Wombadah Guesthouse

Located just outside Mudgee, Wombadah has 4 guest rooms with king beds, en suite bathrooms and magnificent views. Take a dip in the solar heated swimming pool, enjoy breakfast on the veranda which overlooks the Cudgegong Valley and olive groves. Located close to Mudgee's northern vineyards.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 44 Tierney Lane, Mudgee.

PHONE: (02) 6373 3176

Parklands Resort

Set in 30 acres of grounds with manicured gardens and only 1 km from the centre of Mudgee where you can admire the lovely town architecture. Parklands has swimming pool, tennis courts and restaurant. Standard rooms can take up to 5, Deluxe have a queen bed and suites have their own bar area and views overlooking the lake and gardens.

ACCESSIBILITY: Wheelchair accessible. LOCATION: 121 Ulan Road, Mudgee.

PHONE: (02) 6372 4500

Chabara Cottage

Family sized fully self-contained cottage with 3 bedrooms and 3 bathrooms, kitchen, BBQ and veranda with panoramic views of the valley.

LOCATION: 203 Rocky Waterhole Road, Mudgee.

PHONE: (02) 6372 1547

Evanslea by the River

5 Star private cottages, with spa baths and wood fires. You can ask to book a package which includes a private tasting and tour of Huntington Estate, cheese and produce tasting at Leaning Oak and a dinner and beer tasting at Mudgee Brewery. Evanslea is pet friendly and in walking distance to Mudgee town centre. Breakfasts are prepared as far as possible with local produce, their own eggs and vegetables. **LOCATION:** 146 Market Street, Mudgee.

PHONE: (02) 6372 4116

Visitor Information Centres

Bathurst 1800 681 000 **Blayney** (02) 6368 3534 **Canowindra** (02) 6344 1008 **Cowra** 1800 266 173

Forbes (02) 6852 4155

Mudgee 1800 816 304 Molong (02) 6344 1008 Orange 1800 069 466 Parkes (02) 6862 6000 Peak Hill (02) 6869 1981

Cowra – Grenfell – Weddin Mts

(Continue your travels to Forbes and beyond)

Cowra Breakout Hologram

Watch the fascinating story of the Japanese prisoners of war breakout at the POW Camp at Cowra. A local girl explains the history and the effect of the famous breakout on the local community in a free hologram presentation.

ACCESSIBILITY: Wheelchair accessible and toilets.

OPEN: Daily 9am-5pm.

LOCATION: Cowra Visitor Information Centre, Cnr Lachlan

Valley Way and Mid Western Highway, Cowra.

PHONE: (02) 6342 433

Cowra Prisoner Of War Camp

Listen to the POW Guard Tower audio stream the story of the Breakout as you look out across the site. This is one of Australia's most significant military heritage locations. During WW2 Cowra was also home to an important military training camp that became a major migrant camp for thousands who came seeking a better life in Australia after the war.

SIDE TOUR

Visit the Cowra Japanese Garden and Cultural Centre where you can enjoy the largest example of Japanese Garden design in the southern hemisphere. Traditional garden art forms are used to create a place of deep spirituality that is recognised as the centre of Japanese cultural heritage in Australia, Audio presentation available.

ACCESSIBILITY: Wheelchair accessible. LOCATION: Sakura Avenue, Cowra.

PHONE: (02) 6341 2233

Did You Know?

Some of the Japanese soldiers managed to escape but after travelling without provisions they arrived tired out at a small homestead. There the good natured housewife made them all tea before calling police.

Japanese Cemetery

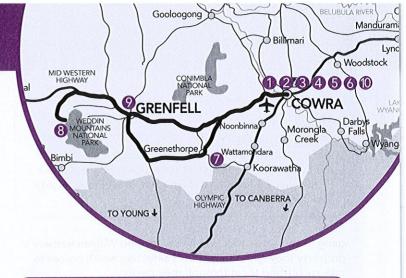
The only Japanese war cemetery in Australia where 234 soldiers from the breakout are laid to rest. Next to it is Cowra's War Cemetery. Together they are linked to the POW Camp along an avenue of cherry blossom trees. Consider that despite some uneasy feelings for many, Cowra has forged a reputation for peace and friendship. What challenges might the community have faced in demonstrating forgiveness and respect in this way? Every year Cowra welcomes families from Japan who visit the cemetery and hold a festival devoted to international understanding.

ACCESSIBILITY: Wheelchair accessible. LOCATION: Doncaster Road, Cowra.

Australian World Peace Bell Cowra has been honoured with a replica of the World Peace Bell, which sits outside the United Nations headquarters in recognition of the town's passion for peace and international understanding. Audio presentation.

ACCESSIBILITY: Wheelchair accessible.

LOCATION: Darling Street, Cowra.



Festival of International Understanding Annually in March - Each year a different guest nation shares its cultural heritage, with events, parades, street stalls.

Lachlan Valley Railway

The railway changed Cowra, and at one point it was one of the town's biggest employers, thanks to the extensive engine workshops. Visit the working engine depot with heritage trains and see the heritage listed Cowra station close by. Museum staff will tell you the stories of the railway works and give you a unique glimpse into life in rural NSW and how the railways changed lives. The station was the main embarkation point for newly trained young soldiers recruited from Central NSW to go to war. Consider if you feel Cowra's history has given it a tranquil, peaceful atmosphere unlike other towns.

ACCESSIBILITY: Not wheelchair accessible.

LOCATION: Campbell Street, Cowra.

PHONE: (02) 6342 4999

The Mill

Three generations of the O'Dea family have worked to produce organic wines, winning the Gold Medal for 'Pig in the House Shiraz 2011'. Enjoy wine tasting at The Mill, and meet members of the family to learn about how they restored one of Cowra's oldest buildings and their plans to return 100,000 sq metres of land by the winery to a natural

LOCATION: 6 Vaux Street, Cowra.

OPEN: Friday to Sunday. PHONE: (02) 6341 4141

Iandra Estate Greenethorpe

Walk the gardens of the landra Estate and visit inside the 'castle'. This is home to some of the most progressive wheat farming practices in Australia. Here the Greene family introduced shared farming in the 1890s, across their 32,000 acres. This meant no rent but a share in profits. At one time the property had 19,000 sheep, produced 10,000 tonnes of wheat and involved 600 farm hands. These feudal-like practices of landra and nearby Greenthorpe village are very rare in Australia. Brief introduction provided.

ACCESSIBILITY: Wheelchair accessible moderate and toilets.

LOCATION: Greenethorpe, near Grenfell.

OPEN: Long weekends of Festival days at Grenfell.

PHONE: (02) 6383 9241

En Route

One of the first sports enjoyed by the early European settlers was horse racing. Young men would dash through the open landscape for the glory of winning. Ben Hall's



Annually in July – Bring a picnic basket and enjoy the company of country folk; watch the judging of the Fashions On The Field, the crowning of Miss Cowra Picnic Races, Most Outstanding Hat, Most Elegant Lady and Best Dressed Gent.

gang liked horses too. When they robbed William Rothery's property they spent three hours selecting which horses to take by putting them through their paces!

Ben Hall's Cave, Weddin Mountains NP
The notorious bushranger, Ben Hall, was said to use this cave as both a refuge and vantage point. Some say there is still gold hidden in the mountains because the Frank Gardiner Gang, responsible for Australia's largest armed gold robbery at Escort Rock, came from the Weddin Mountains district. After the robbery the gang went to Wheoga Hill to share their booty, but a police patrol forced them to abandon a pack horse carrying a considerable quantity of gold.

SIDE TOUR

A short **walk** from the cave is Seaton's Farm, an amazing dilapidated set of buildings, machinery and vegetable garden which shows how resourceful rural families where in the Great Depression. You might meet some grey kangaroos or swamp wallabies who like to visit the Seaton's garden.

ACCESSIBILITY: Not wheelchair accessible.

LOCATION: Weddin National Park 28 km from Grenfell.

Henry Lawson's Grenfell
It was gold that made Grenfell and it was on the gold
fields that Henry Lawson was born. Visit O'Brien's Mine,
Henry Lawson's birthplace, and the museum to learn about
the town's first thirty years. Consider that in the year after
payable gold was discovered, 370,000 immigrants arrived on
these shores in ten years - that's more than all the convicts
over the previous 70 years! Today Grenfell is a National Trust
conservation area and Weddin Council actively works to
conserve the integrity of the old buildings.

LOCATION: Starr Street, Grenfell.

GRENFELL MUSEUM OPEN: Saturday and Sunday 2-4pm.

PHONE: (02) 6343 1930

Return to Cowra or visit Forbes

The Imperial Hotel Cowra Come and meet the locals at this family owned pub, built in 1905. Part of the community the Imperial is family friendly and supports local sporting groups. They run regular musical events, have a 'no gambling' policy and aim to buy as much local produce as they can. Sydney Morning Herald Good Pub Guide recommended.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 16 Kendal Street, Cowra.

OPEN: Monday to Saturday from 11.30am and Sunday

by appointment. **PHONE:** (02) 6341 2588

Henry Lawson Festival Grenfell

June Long Weekend - five days of entertainment

and activities.





Local Eating For Global Change.

Kalari Wines

Kalari is best known for its Verdelho, which is a speciality of

the region. Local craft and regional art is on sale at the cellar door.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 120 Carro Park Road, Cowra.

OPEN: Saturday to Sunday 10am-5pm and by appointment.

PHONE: (02) 6342 1465

Rosnay Organic Wine & Olives

Try Rosnay's 2008 Cabernet Sauvignon, winner of the Greg Johnson Trophy for best Cowra Wine in 2012. Their Sparkling Vintage Chardonnay 2011 is a new take on the region's most famous variety enjoy with Rosnay's own organic olives.

ACCESSIBILITY: Wheelchair accessible and toilet. **LOCATION:** Rivers Road Organic Farms, Canowindra.

OPEN: By appointment. **PHONE:** (02) 6344 3215

The Quarry Restaurant & Cellar Door

Enjoy dinner or lunch amongst the vines, with a menu created by chef Paul Loveridge and combines local fresh produce from the Cowra region – contemporary style. SMH Good Food Guide recommended.

ACCESSIBILITY: Wheelchair accessible. LOCATION: 7191 Boorowa Road, Cowra.

OPEN: Cellar door Tuesday to Sunday 10am-4pm; lunch

Thursday to Sunday; dinner Friday to Saturday.

PHONE: (02) 6342 3650

Learn About Family History and times gone by

Learn about distant relatives through the genealogy services of the Cowra Historical Society.

LOCATION: Cowra Visitor Information Centre, Olympic Park, Mid Western Highway, Cowra.

PHONE: (02) 6342 2558

Places To Stay

The Calico Duck Grenfell

A warm welcome awaits you at this cosy period cottage set in a leafy garden, with 1 queen room and 1 double, close to the main street and historic goldfields site. Hosts Bob and Sally prepare a delicious themed country breakfast with locally sourced ingredients.

LOCATION: 62 East Street, Grenfell. **PHONE:** (02) 6343 1402 or 0401 165701

The Vineyard Motel Cowra

Surrounded by a vineyard, with wide open views on the edge of Cowra, it has six rooms in an off road location, so you can enjoy peace, quiet and a real sense of staying in a traditional wine grape growing region.

LOCATION: 42 Chardonnay Road, Cowra.

PHONE: (02) 6342 3641

Visitor Information Centres

Bathurst 1800 681 000 **Blayney** (02) 6368 3534 **Canowindra** (02) 6344 1008 **Cowra** 1800 266 173

Cowra 1800 266 1/3 **Forbes** (02) 6852 4155 **Gulgong** (02) 6374 2691

Forbes - Eugowra - Parkes

(Continue your travels to Molong and Grenfell)

Forbes Spring Races

Annually in October – community race day

Annually in October – community race day combining fashions and local culture.

Forbes Historical Museum

Discover the characters, stories and misadventures which have created the legend of Ben Hall, one of Australia's most famous bushrangers. You can watch the Ben Hall film, take a guided tour or a self-guided tour to view over 20,000 treasures which document the lives of the early settlers in Forbes. Guided tours and self guided tours.

ACCESSIBILITY: Not wheelchair accessible but has toilet.

LOCATION: 11 Cross Street, Forbes.

DAILY: 2-4pm (other times by arrangement).

PHONE: (02) 6851 6600

Charitable donations accepted to maintain museum.

Did You Know?

There is controversy about how Ben Hall actually died. Was he shot trying to escape or was he in fact murdered? The Aboriginal tracker with the police called Billy Dargin told John McGuire, Hall's brother-in-law, that they had "crept up in the darkness, put a revolver to Ben's head and shot him dead". A month after these comments Billy was dead.... Judge for yourself by visiting the museum. **Read** the booklet "I'm wounded, shoot me dead" Ben Hall

The heritage listed Forbes CBD
Drive through the streets of Forbes and you can't help but notice the elegant Post Office. The discovery of gold brought at one time 28,000 people to the area in 1861. While this dropped back to 3,500 by 1863 it did not dent the

while this dropped back to 3,500 by 1863 it did not dent the confidence of the community and this new post office was planned, symbolising their positive vision for the future, (which is just as well as costs grew from 1,200 pounds to the final 4,500 pounds. Post Offices were important sources of employment for women (only retailing was an alternative. By 1900 the manual telephone exchange was added with 29 lines.

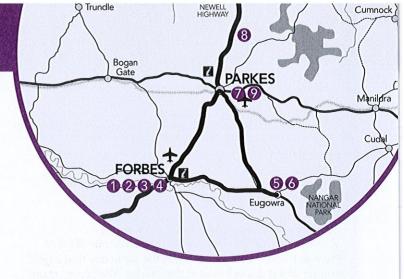
SIDE TOUR

Take a self guided heritage tour of Forbes, collect a copy of the guide from the Visitor Centre located in the historic railway station (daily 9am-5pm). **Hear** the Bushwackers Band or Marian Henderson sing "The Streets of Forbes" on YouTube. This song is attributed to Ben Hall's brother-in-law, John McGuire. Visit

http://www.youtube.com watch?v=a1Ef0A5HcmE

Ben Hall's Grave

"Little needs to be said beyond the fact that... [the burial] ...was rather numerously attended - that there was no lack of mourners, or of the manifestation of grief. Prayers were also read by a layman over the departed bushranger." The Herald correspondent reported 7th May 1865. After Hall's death this site became neglected. Notice how well managed the grave is today. Does this show a growing pride is Ben Hall's folklore? What other bushrangers or trackers have been remembered



here. Notice the black marble block to the east of Hall's grave. Now can you find Ned Kelly's sister Kate Kelly?

ACCESSIBILITY: Wheelchair accessible.

LOCATION: Bogan Gate Road.

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Ben Hall Festival and Forbes Heritage Week

Annually in May – celebrating the gold rush period with buskers, shows, market stalls, sheep shearing, children's entertainment, tours, entertainment, guest speakers and open days.

✓ Wiradjuri Dreaming Centre

Appreciate the integrated philosophy of the Wiradjuri people that interconnects them with all livings things and the land. It is this interconnection which binds them to the wildlife and requires them to care for their Country. Learn about the Wiradjuri history, language, tools and bush tucker. Consider if you were to select an Australian animal and plant to be your totem what would they be and why? The Dreaming philosophy means that animals are much more than simply totems to Aboriginal people, can you sense how this works?

En Route

The NSW Government was so frustrated in trying to catch Ben Hall and other bushrangers, they introduced the Felons Act 1865. If you suspected a bushranger you were permitted to shoot and ask questions later. **Consider** what drove young men to become bushrangers, was it only because they might have been ruthless robbers?

Eugowra Bushrangers Museum

See bushranger memorabilia including Jonny Gilbert's pistol. He was a member of the Frank Gardiner Gang who dropped his weapon close to the Escort Rock robbery site. Some of the museum's volunteers are descendants of bushrangers, so you can have fun chatting to them or look through the extensive collection of books and papers on local bushrangers.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: Pye Street, Eugowra. **OPEN:** Wednesday to Sunday. **PHONE:** (02) 6859 2820

SIDE TOUR - ESCORT ROCK

The scene of Australia's largest armed gold robbery, 5km from Eugowra. On the old coach road to Orange, Frank Gardiner's gang including Ben Hall blocked the road and forced the coach with gold destined for Bathurst. The four police gave up while the gang rode off with 14,000 pounds of gold (worth \$8 million today) into the night. This event led to more police recruitment for rural areas and greater security for coaches. However, the police were city folk and poor horsemen, no match for the bushrangers like Hall and Captain Thunderbolt.

The Lady Bushranger, Eugowra

Taste the trademark scones and cream or stop for a light lunch. Located in a quaint 1908 building.

ACCESSIBILITY: Wheelchair accessible.

OPEN: Wednesday to Sunday.

LOCATED: 51 Nanima Street, Eugowra.

PHONE: (02) 6859 2900

Henry Parkes Museum

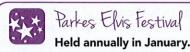
'Bushmans' but renamed Parkes in honour of NSW Premier Henry Parkes' visit. It was the same day that a gold nugget of 4.1kg was found at the nearby "Welcome" claim. Some say that there is a huge gold deposit still hidden under the town of Parkes today, but there are also cultural treasures above ground. See this 7.5 acre museum with two village churches, blacksmith shop, engines and homewares.

LOCATION: Newell Hwy, Parkes (beside Visitors Centre). OPEN: Monday to Friday 9am-5pm, Saturday to Sunday 10am-

4pm.

funior Ranger

Draw a new Elvis costume or a car of your dreams. Take a pic and upload to facebook/centralnswtourism.



'The Dish', Parkes Observatory

Learn what the scientists do at 'The Dish', explore the galaxies at the theatres and try your hand at some of the exhibits in the visitors centre. Before you arrive, please turn off you mobile phone. 3D theatre show.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 20km north of Parkes on the Newell Highway.

Open: Daily.

PHONE: 1300 363 400

Is it true?

In the film 'The Dish' the astronomers played cricket on the dish. Did this really happen? The Wiradjuri people call 'The Dish' The Ear. Is this true or false? Ask the Visitor Centre team.

Junior Ranger

This telescope has the power to hear a mobile phone ringing on Pluto. If aliens had their own telescope pointed at earth what do you think they would find most interesting to listen to? Also try out the AstroKids Scavenger Hunt.

History Through The Trees, Bushman's Hill Walk through the park and see the Aboriginal signs and

paintings. Trees were carved to mark important graves. The patterns illustrated part of the Wiradjuri's spiritual beliefs, representing ancestors, kin and places. They also used wood from Myall (strangers or enemies) and Yarran (friends) trees to make weapons. During your walk see remains of the old gold mine that gave Parkes its original name.

LOCATION: Bushman's Hill, Newell Hwy, Parkes (south of the Visitor Centre).







Gibson Grove Olives

Started in 1996 with 300 trees, now has over 2000 trees producing 50 tonnes

of olives for extra virgin olive oil and 12 tonnes of table olives. The table olives are handpicked and use only natural ingredients of salt, spring water, vinegar, herbs and extra virgin olive oil.

ACCESSIBILITY: Wheelchair accessible. LOCATION: Henry Lawson Way, Forbes.

OPEN: By appointment only. PHONE: (02) 6853 7247

Visitor Centre - Henry Parkes Centre

Promotes and sells locally grown Ploughman's Hill olives, extra virgin olive oils, infused oils and beauty care products. ACCESSIBILITY: Wheelchair accessible and toilets.

LOCATION: Pioneer Park, Newell Highway Parkes (beside the

Visitors Centre).

OPEN: Monday to Friday 9am-4pm; weekends and public

holidays 10am-4pm. PHONE: (02) 6862 6000

Learn About Family History Parkes and District Historical Society

Speak with Yvonne Hutton about the families and history of Parkes, Trundle, and the village of Alectown and more. Genealogy services provided.

LOCATION: P.O. Box 812, Parkes NSW 2870.

PHONE: 0418 674 261

Places To Stay

The Old Parkes Convent

Spacious and full of character, this 1923 B&B has been restored to its former glory and makes for a remarkable place to stay with its original features and the benefits of large rooms and high ceilings. LOCATION: 33 Currajong Street, Parkes.

PHONE: (02) 6862 5385

Kadina Bed & Breakfast

Get to meet country folk first hand and let B&B owners Helen and Mal take you on a guided tour of a working farm located just minutes from Parkes. They offer a family friendly B&B with modern amenities and comforts including ensuited private bedrooms, and room for extra children in all rooms. Prebook a farm tour and/or a country style dinner.

LOCATION: 22 Mengarvie Road, Parkes. PHONE: (02) 6862 3995 or 0412 444 452

BIG4 Forbes Holiday Park

Friendly park that has eco-friendly principles being Silver Gumnut accredited. It has a wide range of accommodation styles to choose from; villas, bungalows, ensuite cabins, lodges and powered/unpowered sites.

LOCATION: 141 Flint Street, Forbes.

PHONE: 1800 641 207

Visitor Information Centres

Bathurst 1800 681 000 Blayney (02) 6368 3534 Canowindra (02) 6344 1008 Cowra 1800 266 173 Forbes (02) 6852 4155

Gulgong (02) 6374 2691

Orange - Molong - Wellington

The Banjo Paterson Memorial

Hear narrations of Banjo Paterson's works read by Justin Byrne, Frank Daniels, Meg Simpson, Tom Capell and Lauren Flaker. Read the leaflet 'Memorial to Banjo Paterson' to learn more of his connection to the region. You can take three heritage walks in Orange: Orange Heritage Trail, Cook Park and East Orange Heritage Trail. These brochures are available from the Visitor Information Centre.

ACCESSIBILITY: Wheelchair accessible and toilet at Visitor Centre.

LOCATION: 151 Byng Street, Orange.

PHONE: 1800 069 466

SIDE TOUR

Visit Banjo's place of birth, Narrambla homestead site of Templer's flour mill, now Banjo Paterson Memorial Park (Ophir Road). Self guided tour.



Festivals of Drange Includes Slow Summer, FOOD Week, Frost Fest, Orange Apple Festival and Wine Week. 1800 069 466.

Migrants Orange Tour

Look around at the passersby. Can you can tell they originated from many countries? Migrants escaping the destruction of Europe after WW2 headed for the 'new world'. They arrived safely and were hopeful of an opportunity to start a fresh new life. The people of Orange you see today may have ancestors from Hungary, Poland, Yugoslavia, Ukraine, Holland, Italy, Germany, Greece and the UK. When the migrant workers arrived, the men would be allocated work in Orange. Many lived in 'Tent City' and travelled by train to visit their wives and children in camps at Cowra and Parkes. Families were split up because of the scarcity of housing. Read the Orange Migration Heritage Trail. Compare life as a migrant from war torn Europe to those born in the 'lucky country'. Self guided tour.

LOCATION: Visitor Information Centre, 151 Byng Street, Orange.

PHONE: 1800 069 466

A Slice of Orange

Indulge yourself at this shop after your walk around Orange with a cup of excellent local coffee. While you are there sample some of the region's gourmet treats like truffles, venison, figs, cheese and honey. Every month the proprietor visits one of their lovely local producers. Patrons can go too and meet the people behind the scenes to discover what drives them to be food producers! Telephone to make a booking.

ACCESSIBILITY: Wheelchair accessible. LOCATION: 200 Anson Street, Orange.

OPEN: Monday to Friday 9am-5.30pm, Saturday 9am-3pm,

Sunday 10am-2pm. PHONE: (02) 6369 0396

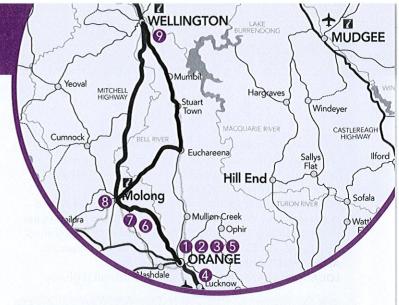
Moodys Wines

The Moody family history itself is vintage, enjoying their wines is an added bonus. Over wine tasting talk with the vigneron, Tony Moody who is happy to provide tours of the vineyard and share stories of four generations.

ACCESSIBILITY: Not wheelchair accessible.

LOCATION: 69 Stagecoach Road, off the Icely Road. OPEN: Saturday to Sunday and public holidays 10am-5pm.

PHONE: (02) 6365 9117



The Papal Knight at Duntryleague House One Irish migrant family from the colonial period built their fortune on retailing, milling and warehousing to construct Duntryleague House in 1879. James Dalton, a passionate Irish Republican, was invested as a Papal Knight and received a stained glass window which can be seen in the house. It carries the word "Inter Cruces Triumphans in Cruces" (amid the crosses, triumphing in the crosses). Visit this impressive home with substantial gardens. Explore the gardens and learn about the house and family. Self guided tour available.

ACCESSIBILITY: Not wheelchair accessible.

LOCATION: Woodward Street, Orange.

PHONE: (02) 6362 3466

Did You Know?

The Papal Orders are one of the most prestigious distinctions a Pope can bestow on an individual. They are given to those who have Roman Catholic faith, Christian denominations or other beliefs in recognition of service to their faith or community.

En Route

The route could guite possibly have been an original Wiradjuri songline as government surveyors were guided by trackers who would follow traditional paths. 5km east of Orange you pass the British colonial historic site of Fredrick's Valley, a government stock station (1820s). This is a half-way point between the first settlement Bathurst and the second Wellington. Here a cemetery for the early British and Irish convicts was established, later being renamed Chinaman's Bend Cemetery because of the Chinese market gardens beside the site (1880s). The Chinese miners could well have stayed in the region following the gold era to become farmers.

Cornish Migrants

Close to Orange on your right are traditional orchards. Cornish settlers established the first orchards in the region and planted hawthorns. See some of the heritage apple trees in the Orange Botanic Gardens.

LOCATION: 1 Yellowbox Way, Orange.

Did You Know?

'Fossicking' is in fact a Cornish Gaelic word meaning finding gold. The Cornish and Welsh miners also brought with them a belief that there were fairies in the mines who would tap on the mine walls to indicate where the gold or copper was.

Return to Wellington and Molong

Carved tree at Yuranigh's Grave, Molong Visit the unique grave site of Yuranigh. He was a Wiradjuri man who accompanied surveyor Sir Thomas Mitchell in 1846 to the tropical interior of Australia. Following Yuranigh's death in 1850, four trees were carved demonstrating Wiradjuri respect. Mitchell, upon hearing the news, had a headstone placed on the grave. This combined Aboriginal and European burial site is unique in Australia.

ACCESSIBILITY: Wheelchair accessible.

LOCATION: 4 km south of Molong, off Mitchell Highway.

Did You Know?

Cobb & Co owned six major properties in NSW for breeding horses. The company harnessed 6,000 horses daily to maintain services and employed hundreds of local people; blacksmiths, saddlers, wheelwrights, farriers, stable hands, and coach builders. Consider how resourceful rural communities were in the 1870s providing the power (horses), materials (wood and leather) and skills (local employment) for the key role of delivering gold, money and people around the state.

Cobb & Co House, Molong

Part of the original staging post see inside the restored building to discover the Bicentennial Embroidered Screen explaining the history of Molong and its people. Some 60 ladies and 5 men designed the work, spun and dyed the wool using traditional and natural processes. The embroidery alone took over 2 years to complete. Hear the 20 minute audio. Note the walls at the back of the building where the original horse stables were.

LOCATION: Behind the Craft Cottage, Village Green, Molong. **OPEN:** Daily 10am–4.30pm.

En Route to Wellington

Pass through Stuart Town. This was originally called Ironbarks, the village Banjo Paterson used for his poem 'Man from Ironbark'. There is a historic village walk. Visit the Ironbark Inn for a traditional country pub experience. This was bushranger territory, as Ben Hall robbed a wine shanty at Mookerawa near Stuart Town. It was also home to Chinese market gardeners.

Wellington Convict Station

Maynggu Ganai is a symbol of reconciliation. This is a very important place because it was the furthest British outpost for many decades and later became the first inland Anglican Mission. Stand at the top of the site and look down the valley to the green fields beyond. This view is strikingly similar to what you would have seen in 1826. Little has changed. The station, built in 1823, took the more educated transported workers to labour in this remote agricultural station. Many Wiradjuri passed though the mission or camped outside. Recently the site has been renamed Maynggu Ganai (people's land) intending to recognise the whole community and a gesture of reconciliation. Visit the Oxley Museum which has period themed rooms and an extensive collection of photographs and documents.

ACCESSIBILITY: Not wheelchair accessible.

MAYNGGU GANAI LOCATION: Corner of Mitchell Highway and Barton Street

OXLEY MUSEUM: Cnr Warne and Percy Street, Wellington. Charitable donations accepted to maintain museum.





Small Acres Cyder

Orchard trees and cider apples were originally brought over to Orange

by West Country folk from England. Meet Gail or James, the cider makers, who run the cellar door and try heritage apple varieties in a range of different ciders. Join their 'Hands on Cider Making Classes' run during FOOD week in April.

ACCESSIBILITY: Wheelchair accessible and toilet.

OPEN: Saturday to Sunday 11am-4pm.

LOCATION: 12 Akhurst Road, Borenore, 13km from Orange.

PHONE: (02) 6365 2286

Cactus Cafe and Gallery

The menu consists of seasonal dishes, using fresh local ingredients including Alma Organic Beef and Nanima Farm Lamb from Wellington, which is also available for purchase. Local and regional jams, condiments and dressings are a highlight, as are wines and beers to enjoy with your meal.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** 33-35 Warne Street, Wellington. **OPEN:** Tuesday to Saturday 10am-5pm.

PHONE: (02) 6845 4647

Orange Farmers' Markets

Buy seasonal fresh fruit, nuts and vegetables and meats, honey olive oils and much more.

OPEN: 8.30am-12pm, 2nd Saturday of each month.

PHONE: 0425 259 350

Wellington Markets

OPEN: 8am-1pm, 4th Saturday of the month. **LOCATION:** 8 Foster Street, Wellington.

Places To Stay

Mookerawa Waters Caravan Park

Located in the state forest on the banks of Lake Burrendong State Park you will enjoy breathtaking views, have fun in the waters or take to the golf course. You'll be sharing your experience with the local kangaroos, wallabies and abundant birdlife, all set in a rare white box ecosystem. There are cabins, powered and unpowered sites to choose from. The kiosk provides main supplies.

LOCATION: Mookerawa Road, Stuart Town.

PHONE: (02) 6846 8426

Leloma Bed & Breakfast

Private bedrooms with ensuite and French doors that lead onto the garden. This peaceful B&B, set opposite a nature reserve and creek, is located just 8 minutes walk to the centre of Orange.

LOCATION: 27 National Avenue, Orange.

PHONE: (02) 6369 0522

Camelia Cottage

Picturesque cottage set on a quiet tree lined street just minutes from Orange's CBD. Classically styled B&B (not suitable for young children) in a characterful home with plenty of tips on things to see. Local produce for your breakfast.

LOCATION: 175 Anson Street, Orange.

PHONE: (02) 6360 4353

Visitor Information Centres

Bathurst 1800 681 000 **Blayney** (02) 6368 3534 **Canowindra** (02) 6344 1008

Cowra 1800 266 173 Forbes (02) 6852 4155 Gulgong (02) 6374 2691 Mudgee 1800 816 304 Molong (02) 6344 1008 Orange 1800 069 466 Parkes (02) 6862 6000 Peak Hill (02) 6869 1981 Wellington 1800 621 614

www.centralnswtourism.com.au

Gulgong - Mudgee Region

Gulgong Henry Lawson Centre

The struggles of ordinary folk during the colonial and early federation periods have best been captured by Henry Lawson, considered by some to be Australia's greatest writer. Lawson lived his childhood and teenage life between Gulgong and Mudgee. The background and details of Lawson's main concerns of the day were justice for workers, a Republic, the plight of the poor and the emancipation of women. Consider which Australian writers today cover similar weighty social issues?

ACCESSIBILITY: Wheelchair accessible and toilets.

LOCATION: 147 Mayne Street, Gulgong.

OPEN: Monday to Saturday 10am-3.30pm, Sunday 10am-1pm

PHONE: (02) 6374 2049

Did You Know?

Lawson's Federation Australia of 1901 compared with contemporary Australia: Annual average income in 1901 was \$60 per annum, in 2001 it was between \$15,000-\$20,000. The percentage of population employed as 'professionals' in 1901 was 3%, 38% were women. In 2001 18% were employed as professionals, 55% were women. 360,000 migrants came looking for gold in over ten years, compared with 140,000 convicts arriving over seventy years. Overseas migration in 2001 was 135,700. The 1901 Federation census excluded Aboriginal people. In 2000 the People's Walk for Reconciliation a protest march was 300,000 strong (today's census records over 425,000 people with Aboriginal origin).

Gulgong Pioneers Museum

See Lawson's era by exploring this extensive museum which takes up almost two blocks of the town. There are cottages, a barbers shop, bakery and many rooms furnished to display the changing styles and history during colonial and federation era including the famous Holtermann Collection of photographs. Bernard Otto Holtermann commissioned the American and Australasian Photographic Company (Beaufoy Merlin and Charles Bayliss) to document gold towns in New South Wales and Victoria from 1872 to 1875 and Gulgong was included.

ACCESSIBILITY: Wheelchair accessible and toilets. LOCATION: 73 Herbert Street, Gulgong.

OPEN: Daily 9am-5pm.

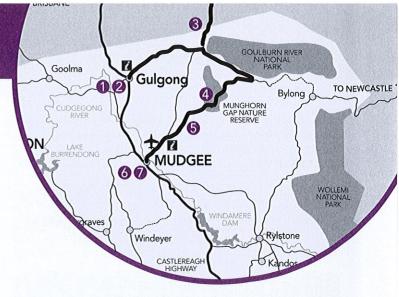
Junior Ranger

Choose your favourite display, then imagine you and your family are living at that time. What clothes would you have worn and what job would your father and mother have had? Ask and find out what food you would have eaten. Draw a picture of how you would have looked, take a picture and upload to:

facebook/centralnswtourism

Hands on Rock and The Drip Customs Hands on Rock is an area for women and children

only. The Wiradjuri people request that men do not enter this sacred area. Instead men can enjoy 'The Drip', a nearby



stunning sandstone formation with a 2.4km walk and wonderful scenery. Aboriginal society gave all members equal importance, but the roles were strictly designated to create a smooth functioning society. Birthing for Wiradjuri people followed specific procedures and involved female midwives such as grandmothers who gave physical and emotional support, thus removing any fear for the mother. Men had an important role after birth by conducting ceremonies to establish the baby as a "being". It is very important that an Aboriginal child is born on their land which enables them to be traditional owners and hold a special connection with every living thing in their region. Consider does the place where you were born hold a special meaning to you? Henry Lawson was born in Grenfell, spending just 6 months of his life there, yet he wrote "you were born on Grenfell goldfields and you can't get over that".

ACCESSIBILITY: Not suited for people with restricted mobility. LOCATION: Across the Gulgong River Bridge and 37km up the Ulan Cassilis Road, Bobadeen Road.

Henry Lawson Festival

June Long Weekend – festival filled with music verse, dancing and displays along the main streets. With people dressed in costumes of the time and surrounded by the heritage buildings you can immerse yourself in Australian living history. PHONE: (02) 6374 2049.

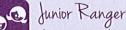
Enroute

Captain Tunderbolt (Fred Ward) was an infamous bush ranger who worked on the Cooyal Station. Adopted by local Wiradjuri people he married Mary Ann Bugg. She was half Aboriginal and taught Ward to read and write. While he worked at Cooyal Station he was convicted of stealing horses (he even 'borrowed' a horse to go to his court hearing) and was sent to Cockatoo Island. From here on he became famous partly for his dash and dare being quicker than the mounted police and partly because of his dislike of violence. It is alleged that he lived for some time in one of the larger caverns at Babyfeet Caves Cooyal remains of an old bush bed and huge stone fireplace are said to be evidence.

Munghorn Gap

Munghorn Gap is Australia's second oldest nature reserve where you can marvel at amazing views where rocks jut out of the landscape like ancient ruins. This is a very important place for the Wiradjuri people and home to over 160 species of birds. Take a walk to Castle Rocks or enjoy a relaxing picnic stop at Moolarben picnic area. Castle Rocks is an easy 8 km return walk with amazing sandstone pagoda features at the top. Many of the features across the landscape could be important features for the Wiradjuri people. It is the relationship between the ancient sites and landscape that form 'Dreaming Tracks',

powerful spiritual interconnection between land, sites and culture. **Consider** what animals or plants have been used by companies or sporting groups that you know of and why? **ACCESSIBILITY:** Moolarben Picnic Area is wheelchair accessible.



If you were a bush ranger what would your name be and what would be your two special powers?

Did You Know?

Thunderbolt's tally of crimes included: robberies of 30 mail coaches, 16 hotel and stores, 16 stations and residences, 6 hawkers, 1 toll-gate, 1 abduction, 1 attempted arson, 1 escape from lawful custody and over 80 thefts of horse, which included the racing mare 'Beeswing' that he used to raid the Bonshaw hotel for 10 pounds, 5 shootings (firing on police). The captain was supposed to have committed over 200 crimes.

Old Cooyal Hotel

Meet the locals at the Old Cooyal Hotel in Cooyal 30kms from Mudgee. Notice the impressive timber table made from old railway sleepers by Richard Nagel, a local craftsman who creates furniture from recycled wood and metalwork. In 1887 it was reported in the Mudgee Independent and reprinted in major city newspapers that strange stones had fallen from the ceiling leaving no marks of a cottage for several days, making the report one of the earliest poltergeist sightings in Australia. The family had been terrified and the police described them as 'ghost missiles'. Consider can you recall any ghost stories from the bush?

Did You Know?

The most valuable exhibit in the Colonial Inn Museum in Mudgee is a demonstration of early settlement superstition; a child's and adult's boot were found in a wall cavity of an old house. Research suggests it might be encouraging good luck.

Colonial Inn Museum, Mudgee

O Investigate some of the 60,000 items on display which include a hotel, church and replica slab hut. What is the most valuable item in the collection?

LOCATION: 126 Market Street, Mudgee.

OPEN: Monday to Friday 10am-3pm, Saturday 2pm-5pm, and

Sunday 10am-5pm. **PHONE:** (02) 6372 7395

Tour of Historic Mudgee

Local historian and heritage expert John Broadley provides personalised walking tours which tell the story of the town's early years and the characters who lived there. For bookings, call 0429 708 218.

Mudgee Food & Wine Festival

Annually in September – 35 wine tasting rooms, gourmet food providers, special events and markets. Phone Mudgee Visitor Centre 1800 816 304.







Mudgee Brewing Co.

Enjoy your beer at the point of brewing, inside what was originally

a wool and skin store and take in the character of historic Mudgee.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** 4 Church Street, Mudgee.

OPEN: Daily from 8am till late (except Monday and Tuesday,

closed 5.30pm). **PHONE:** (02) 6372 6726

Mudgee Corner Store

Pop in for locally grown vegetables, fruit, condiments and meats (including Nanima Saltbush Lamb), Fish River Roasters coffee and store-made soups, pies and more.

ACCESSIBILITY: Not wheelchair accessible.

LOCATION: 72 Lewis Street, cnr Horatio Street, Mudgee. **OPEN:** Monday to Friday 7am-6pm, Saturday 8am-4pm, Sunday 8am-1pm.

Angela's Edibles

Authentic Mudgee fair because Angela's emphasis is on using produce from her own garden, her family's garden, local area gardens and Mudgee produce that she picks herself. This might include a product made from a single source, a favourite fruit tree, the cumquat trees from her garden or from a small grove of quince trees growing along the Cudgegong River. Her aim is to capture the flavours of Mudgee in a jar. You will find her edibles at the Mudgee Farmers Market, Mudgee Region Tourism Office, Mudgee Corner Store, High Valley Wine and Cheese.

Learn About Family History

Family History Research can be done at the Colonial Inn Museum using their family history records and pictures.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** 126 Market Street, Mudgee.

OPEN: Weekdays 10am-3pm, Saturday 2-5pm and Sunday

10am-5pm.

PHONE: (02) 6372 6726

Places to Stay

Evanslea

5 Star private cottages, with spa baths and wood fires. Evanslea is pet friendly and in walking distance to Mudgee town centre. Breakfasts are prepared as far as possible with local produce, their own eggs and vegetables.

LOCATION: 146 Market Street, Mudgee.

PHONE: (02) 6372 4116

Chabara Cottage

Family sized fully self-contained cottage (sleeps 6) with 3 bedrooms and 3 bathrooms, kitchen, BBQ and veranda with panoramic views of the valley. Enjoy a bottle of complimentary wine and local produce available.

ACCESSIBILITY: Not wheelchair accessible. **LOCATION:** 203 Rocky Waterhole Road, Mudgee.

PHONE: (02) 6372 1547

Visitor Information Centres

Bathurst 1800 681 000 **Blayney** (02) 6368 3534 **Canowindra** (02) 6344 1008

Cowra 1800 266 173 **Forbes** (02) 6852 4155 **Gulgong** (02) 6374 2691

Rylstone - Kandos - Hill End

Lue Pottery

Nestled in the village of Lue between Rylstone and Mudgee, Des and Jan Howard create unique hand crafted pottery at the studio set in a hectare of native gardens. Most of the materials are sourced locally. Talk with Des to learn about how the country inspires him.

LOCATION: Harpur Street, Lue. OPEN: Daily 10am-5pm. PHONE: (02) 6373 6419

Bridge View Inn & Cottage Museum, Rylestone The 1871 Bridge View Inn is an example of sympathetic restoration of a NSW Heritage and National Trust listed building managed by the local Historical Society. Inside there are 29 Nine 99, a Chinese gift shop and traditional yum cha eatery, De Beaurepaire cellar door, the Barber's Barn barber shop and the Bridge View Inn Apartment, tourist accommodation on the first floor. The Bridge View Inn has many stories to tell including the discovery, in 2010, of a broken plate in the wall of the kitchen building at the rear. It is now displayed in the dining room. Was this placed there as a good luck talisman? A rare 19th century painted mural in the main dining room downstairs is one of the few remaining examples of this type of work still in existence. Outside you can admire the restored stone work, shingle roof on the detached toilet, and vegetable garden. Beyond is the museum with an array of local family history and domestic memorabilia. Rylstone itself is a lovely town with eleven other heritage listed buildings. Pick up a Rylstone Historic Walk brochure from the tourist centre or in front of the Memorial Hall.

ACCESSIBILITY: Both buildings are wheelchair accessible via the rear courtyard, toilet.

LOCATION: 28-30 Louee Street, Rylstone.

MUSEUM TELEPHONE (MESSAGES): (02) 6379 1840

Museum entry by gold coin donation.

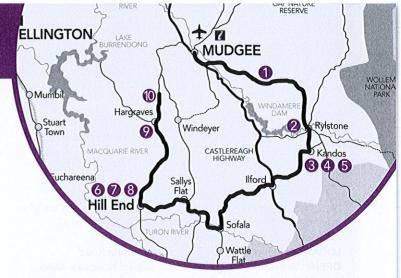
MUSEUM OPEN: Sundays 10am-3pm. Bridge View Inn Mural can be viewed Friday to Sunday 11am-3pm or by appointment.

Junior Ranger

There is a wall painting inside the Bridge View Inn that shows a man fishing in the river with cows nearby with the old Rylstone Bridge in the background. What have you seen on your journey that you would like to have on your wall. Send us a photograph for our Facebook page facebook/centralnswtourism or draw a picture of your favourite view to put on your wall at home.

Eating in Rlystone or Kandos Try the Lady Bushranger Bistro at the Rylstone Hotel or Down The Track. Great café, wine bar, creamery located in the quaint historical railway station of Kandos, gift shop.

Shady Lady Hats - Milliner Visit a professional milliner's shop. Designs are made to measure while great care is taken on the choice of style. Willy Hofman explains the art of hat making, how to choose the colour and size of a hat to fit your size and height. Learn about the materials and the history behind hat designs. ACCESSIBILITY: Not wheelchair accessible.



Rylstone Artisan and Farmers Market

This is the real McCoy where you can meet the artists and see original art, jewellery, photography, ceramics, textiles, knitting, weaving, woodwork, writing, leatherwork, sculpture, mosiacs, live music and meet local food producers.

LOCATION: Rylstone Memorial Hall.

OPEN: Second Saturday of each month; 9am-1.30pm.

Did You Know?

A number of shoes have been found inside the walls of buildings in Rylstone, discovered when the building was renovated. It is believed this practice was to ward off evil spirits. This appeared to be a common practice from various different countries. Thankfully the early Rylstone dwellers weren't from Suffolk because it was their custom to put dead rats and cats in walls to keep the evil spirits away!

LOCATION: Angus Avenue, Kandos.

OPEN: Thursday to Friday 10am-5pm; Saturday 9am-1pm or

by appointment.

PHONE: (02) 6379 4559

Jessie Hickman Exhibition at the Kandos **Bicentennial Museum**

In the Kandos Bicentennial Museum is a display of the most surprising bushrangers, Jessie Hickman, the 'Lady Bushranger' who took to bush living around Dunns Swamp. She was a circus acrobat and was able to fire her rifle by leaning backwards on her horse to fire at chancing troopers. After seeing the Jessie Hickman exhibition, take a Side Tour and drive to Dunns Swamp (Ganguddy) which is a picturesque nature area with lake and spectacular pagoda rock formations. There is a network of walking tracks. Jessie Hickman was riding this landscape only 80 years ago. Watch Elizabeth Jessie Hickman, The Lady Bushranger, a short feature on You Tube.

ACCESSIBILITY: Wheelchair accessible and toilets.

LOCATION: 22 Buchanan Street, Kandos.

OPEN: Friday 3-4.30pm, Saturday and Sunday 10.30am-4.30pm.

PHONE: (02) 6379 4600

Charitable donations accepted to maintain museum.

Travel to Hill End via Sofala

One of the oldest surviving living cultural heritage sites in Australia. Visit the town's original buildings and museum. Join a guided tour of Craigmoor House and see what life

was like in the 1870s. After the gold rush, when there were thousands of miners and plenty of pubs, the town reverted to a quieter more tranquil setting.

PHONE: Visitor Information Centre on (02) 6337 8206.

7 History Hill Museum

This museum is fun for all ages and provides an insight into the rough and ready existence of miners from all different parts of the world.

LOCATION: 2 km from Hill End on the Sofala Road. **OPEN:** Weekends, long weekends, school holidays 10am–4pm or by appointment.

PHONE: (02) 6337 8222

Hill End (Hill End Open Day + studio open day)
Jean Bellette Gallery serves to highlight Hill End's continuing importance as a site of significant Australian cultural development. The exhibition program, developed by Bathurst Regional Art Gallery, features work by artists based in the Hill End area, as well as artists who have participated in the Hill End Artists in Residence Program, and specially curated exhibitions focusing on the presentation and interpretation of Hill End's artistic heritage.

LOCATION: Hill End Visitor Information Centre, High Street. **OPEN:** Monday to Sunday 9.30am-4.30pm (closed for lunch

12.30-1.30pm). **PHONE:** (02) 6337 8206

) Grathlyn Farm Experience

Meet the Rayner family who farm superfine Merino sheep. They will show you the the luxurious wool that goes to make fine Italian suits and will share their story of working the land. You can buy handicrafts including baby and adult woollen wraps, watch the Border Collie dogs, the New Zealand Huntaways and the Miniature Daschunds or simply enjoy the farm and landscape. Couples or families welcome and fees apply.

ACCESSIBILITY: Not wheelchair accessible.

LOCATION: Grathlyn, Hill End Road, 48 km from Mudgee and 22 Km from Hill End.

OPEN: Daily by appointment. **PHONE:** (02) 6373 8518

Hargraves 'the veteran goldmining town' Gold mining started in 1851 when Kerr's Hundredweight nugget was discovered (1272 ounces of gold) by an Aboriginal shepherd. So large was the nugget that it had to be cut into pieces so it could be shipped to Bathurst. The old wooden school house 1 km out of town is believed to be the first national school established west of the Blue Mts. (directions from the General Store). Make the return trip to Mudgee via Windeyer (take the Pyramul Road) and visit the 1911 heritage listed hotel. Very much a relic of its former goldmine self, it has a beautiful riverside setting and is picturesque in Spring.

Did You Know?

Between 1852 to 1862 there were 6 main settlements in Windeyer, numerous Chinese tent villages, 29 hotels, 10 schools and many Chinese joss houses. It is claimed the bones of the Chinese dead were hollowed out and filled with gold. Was it because they thought the gold would be useful in the afterlife or because bodies were exhumed and returned to China?





Local Eating For Global Change.

Logan Wines

Family owned and operated boutique wine producers. Try their

new Ridge of Tears Mudgee Shiraz. It has a spicy floral and dark berry aroma with classic Mudgee grainy tannins and fresh acidity with an earthy mixed berry and plum flavour. Talk to Peter Logan, the winemaker, at the cellar door.

ACCESSIBILITY: Wheelchair accessible and toilets.

LOCATION: Castlereagh Highway, Apple Tree Flat, Mudgee.

OPEN: Daily 10am-5pm. **PHONE:** (02) 6373 1333

Leaning Oak

Meet country folk Alan and Gloria Cox who were inspired by small farming provedores in Europe to recreate the experience near Mudgee. Try and buy the soft and creamy sheep milk or a range of fresh goat milk cheeses, along with their Merlot, Semillon and Chardonnay wines.

LOCATION: Cnr Ulan and Buckaroo Road, 5km from Mudgee.

OPEN: Thursday to Monday 10am-4pm.

PHONE: 0420 744 810

Mudgee Farmers Markets

Mudgee Farmers Market, 3rd Saturday, Grounds of St Mary's Catholic Church, cnr Church and Market Streets.

PHONE: (02) 6372 6594

Places To Stay

The Other House at Little Tallawangra

Set on a working sheep farm this child friendly house has two spacious bedrooms, a bunk room and two bathrooms with solar hot water and slow combustion stove. There are wide views of the orchard, vegetables garden and paddocks and hills beyond with gum trees and sheep. Kids can enjoy the books and games, ride their bikes or play games outside including tennis. This is the real McCoy that creates farm holiday memories. Pet friendly.

ACCESSIBILITY: Wheelchair accessible.

LOCATION: 293 Yarrabin Rd, Off Hill End Road, Mudgee.

PHONE: (02) 6373 3576

Hill End B&B

As you would expect a classic B&B with period furniture in a 1870s building - store and café (Hosies) downstairs. Delicious hot gourmet breakfast awaits.

LOCATION: 1 Clarke Street, Hill End.

PHONE: (02) 6337 8290

Kirima Cottages

Be inspired by nature, 2 bedroom self-contained cottages on 33 acres of natural bushland. See kangaroos, king parrots and the setting sun from your cottage deck, listen to bird song. Cottages have slow burning combustion fire, reverse cycle air conditioning, linen and fully equipped kitchen.

ACCESSIBILITY: Not suitable for wheelchairs. **LOCATION:** 282 Hill End Road, Mudgee.

PHONE: (02) 6372 0327

Visitor Information Centres

Bathurst 1800 681 000 Blayney (02) 6368 3534 Canowindra (02) 6344 1008 Cowra 1800 266 173 Forbes (02) 6852 4155

Gulgong (02) 6374 2691

Kelso – Bathurst – Rockley – Abercrombie Caves

Holy Trinity Church

Kelso was developed from 1818. The church here is the oldest west of the Blue Mts., and the first church to be consecrated by a bishop in Australia. It has many graves from the convict era (they are nearest the church). See in some cases later descendants have returned to acknowledge the graves and place signs that link the generations. Notice the wall to the north of the church which has modern personalised markings of love and loss. Positioned on the hill, the view across the plains would have made it a very prominent building in the past. LOCATION: 81 Gilmour Street, Kelso.

Did You Know?

When assistant surveyor George Evans looked west from the Blue Mts. he momentarily mistook the rippling grass of the plains as an inland sea. The authorities nurtured the idea of an inland sea as a deterrent to convicts planning an escape. But the idea of an inland sea was held by many up until 1844, when Charles Sturt left Adelaide with a boat in his attempt to cross the central region of Australia.

Windradyne 'fiery fellow'

Windradyne Tiery Tellow
Visit Windradyne's grave in Peel. He was a strong leader of the Wiradjuri people who fought to protect their lands from settlers clearing land, raising stock and crops. Two years of bitter fighting including martial law declared in Bathurst in 1824 resulted in surrender. Windradyne then walked 200 km with 140 of his people to Parramatta and was pardoned by Governor Brisbane. The grave site is on private land where the Suttor family have protected Windradyne's grave for nearly 200 years. Visitors must telephone the Suttor family and seek permission to visit the grave.

LOCATION: Peel Road, Peel. PHONE: (02) 6337 6508

Abercrombie House

Abercrombie House
This is an architectural treasure for Australia which has been restored by the Morgan family. It is a symbol of colonial expansionism where a successful pastoralist sought to demonstrate his wealth and success through the construction of a Scottish styled mansion. It has 29 fireplaces, 7 staircases, 52 rooms and a ballroom with 7.6 m ceilings.

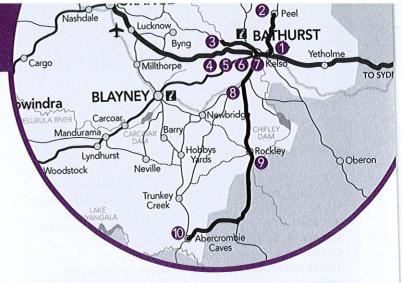
LOCATION: 311 Ophir Road, Bathurst.

OPEN: Contact Bathurst Visitor Information Centre for times.

PHONE: (02) 6331 4929

Ribbon Gang Lane

The last mass hanging in Australia involved the 10 members of the Ribbon Gang. Rebelling against the unfair treatment of reduced rations and harsher working conditions these convict bushrangers sought escape from their intolerable lives. Although Ralph Entwhistle was from Bolton in England, the gang took to wearing a hat with ribbons as an Irish Republican sign of rebellion. The scene of their demise is found opposite one of the grandest buildings, the Bathurst Courthouse. Consider was the investment in building the courthouse and prison at Bathurst a statement to counteract the lawlessness of the bush? In the 1800s, such



Did You Know?

In the convict camps in Sydney and along the coast rumours persisted that an independent society of white people flourished a few hundred miles inland. Encounters with Aboriginal groups continued to suggest mysterious white colonies. Perhaps it was the rare occasions when convicts like Richard Kippas and early explorers like Evans and Oxley met with the Wiradjuri that stimulated this belief. The convict escapes over the Blue Mts. are perhaps where Australia's folklore history originates and evolved to include Jack Donahoe inspired plays and poems and the rebellious song "Wild Colonial Boy".

structures would have seemed amazing against the slab huts of the convict early settlers.

Bathurst District Historical Museum

See the tree trunk that was carved by George Evans to mark his arrival at the Lachlan River. There are Wiradjuri crafts, and copies of almost every issue of the local Bathurst newspaper since 1848. The range of 3000 photographs and archive- press materials makes it one of the largest regional collections in Australia. The changing thematic exhibition runs throughout the year. Situated as part of the Bathurst Courthouse you can also enjoy the ornate architecture. LOCATION: East Wing, Bathurst Court House, Russell Street.

OPEN: Tuesday to Saturday 10am-4pm, Sunday 11am-2pm.

SIDE TOUR

Take a trip to see Old Government House, a small dwelling on Stanley Street which is one of the oldest brick buildings west of the Macquarie River.

Miss Traill's House and Garden

A National Trust listed property which shows the charming additions made to a family home over the decades. Set in a shady garden in central Bathurst, you can take a guided tour to learn more about Miss Traill's life and the important personal collection of paintings, artworks, trophies, photographs, memorabilia and books. It provides a wonderful insight into refined Bathurst life since 1845.

ACCESSIBILITY: Not wheelchair accessible. LOCATION: 321 Russell Street, Bathurst.

OPEN: Weekends and public holidays 12–3.30pm.

PHONE: (02) 6332 4232

Chifley Home

Bathurst has a number of important sites which reflect the life and times of Ben $\dot{\text{C}}$ hifley, the well-respected Australian prime minister after the second World War.

Visit his house and note the frugal nature of the home he shared with wife Elizabeth. This unpretentious lifestyle of his simple home also matched the plain speaking character and the political views of the politician. **Visit** the Chifley Engine outside the Bathurst Railway station and learn about the struggles of the railway workers and Chifley's strike campaign. **Pass** the site of the Knickerbocker Hotel where Chifley made speeches, and King's Parade.

ACCESSIBILITY: Education Centre is wheelchair accessible.

LOCATION: 10 Busby Street, Bathurst. **OPEN:** Saturday to Monday 10am–2pm.

TOURS CONDUCTED BY APPOINTMENT: 1800 681 000

En Route

In 1822 Irishman William Poole planned his escape from Bathurst to Timor. With the help of a small group they built a hideout and over time accumulated clothing and blankets and a bible. Having escaped for 13 days they came across a river and no crossing, so they returned to Bathurst to collect an axe. Think what five key items would you escape with?

Mary MacKilllop

O The Sisters of St Joseph of the Sacred Heart was founded in 1886 by St Mary MacKillop and Fr Julian Tenison Woods. A foundation of The Sisters of St Joseph was set up in Bathurst in 1872. A bust of St Mary is the centrepiece of a shrine dedicated to the first Catholic Saint of Australia and is located in the Convent Chapel.

LOCATION: Goulburn Road, 10km from Bathurst.

OPEN: 9am-5pm weekdays and weekends by appointment.

PHONE: (02) 6337 2420

Did You Know?

Bushrangers Jack Holmes & Jack Donahoe robbed Hassall's store in Bathurst in 1827 taking all the hats, linen, tea, sugar, tobacco, salt, soap, boots, guns and nearly all the knives, razors, flour, packsaddlers, horse hobbles, some sheep and horses. They also took all the books, except the Bible which they made a point of leaving 'for the use of the parson' (Hassall's eldest brother was a well-known parson).

Rockley Museum

Rockley has been home to convicts, bushrangers and a copper mine. It has witnessed the gold rush and colonial troops trying to keep the peace. It is also home to a distinctive flour mill, which is now a museum, located in the centre of this heritage listed village. Its prized main exhibits include the old mill machinery, police records, which are available to study and old clothing of early settler timers.

ACCESSIBILITY: Not wheelchair accessible.

LOCATION: Budden Street, Rockley.

OPEN: Sunday 11.30am-3.30pm and groups by appointment.

PHONE: (02) 6337 9279, 6337 9357, 6337 9381

Abercrombie Caves

These are easily accessed caves with dramatic scenery where the Ribbon Gang was cornered and held out until escaping through the 'exit hole'. Two were wounded and two days later the ten were arrested. **See** the History Channel film on You Tube that explores the history behind the caves.

LOCATION: Bald Ridge Road, off Goulburn Road.

OPEN: Self guided tours 9am-5pm daily.

PHONE: (02) 6368 8603







Bathurst Wholefood Co-operative

Discover the multiple benefits of wholefoods and see the extensive variety of locally grown fruit and vegetables sourced only from farms in the Bathurst region.

ACCESSIBILITY: Wheelchair accessible, toilet is available in the local shopping centre.

LOCATION: Shop 5, Macquarie Plaza, 49 William Street, Bathurst.

OPEN: Thursday to Friday 9.30am-5.30pm, Saturday 9.30am–2.30pm.

Stone Pine

Set in beautiful pastureland, Bev and Ian Glen have established a distillery that incorporates local native plants into a unique range of spirits, such as Wild Lime Vodka. Free tours are available to small groups (charge applies for larger group bookings made in advance).

ACCESSIBILITY: Wheelchair accessible and toilets.

LOCATION: Gorman's Hill Road, Bathurst.

OPEN: Saturday to Sunday 12–4pm; or by appointment.

PHONE: (02) 6332 1517

Renzaglia Wines

Chardonnay lovers will enjoy their 2012 Dog's Day Chardonnay. Mark Renzaglia, the winemaker is happy to provider a tour of the vineyard when practical.

ACCESSIBILITY: Wheelchair accessible and toilet. LOCATION: 38 Bosworth Falls Road, O'Connell.

OPEN: By appointment. **PHONE:** 0413 196 036

Learn About Family History Bathurst District Historical Society

This museum has extensive newspaper, photographic and family history records.

LOCATION: East Wing, Bathurst Court House, Russell Street, Bathurst.

OPEN: Tuesday to Saturday 10am-4pm; Sunday 11am-2pm.

Places To Stay

Dairy Park

Stay at the source of your food, Dairy Park is a B&B/cabin farm stay on a 1100 ha working farm which has been held in the same family since the 1820s. Buy home grown beef and lamb - BBQ available.

LOCATION: Hilton Lane (unsealed), off Mandurama Neville Road, between Cowra and Carcoar.

PHONE: (02) 6367 5264

Buddens

Formerly the Rockley Bank, this 1872 Georgian building was restored with a National Trust Award and is now a B&B and a two bedroom cottage. Take lunch and afternoon tea on the veranda. Breakfast or candlelight dinner provided to guests. **LOCATION:** 18 Budden Street, Rockley.

PHONE: (02) 6337 9279

Visitor Information Centres

Bathurst 1800 681 000 Blayney (02) 6368 3534 Canowindra (02) 6344 1008 Cowra 1800 266 173 Forbes (02) 6852 4155

Gulgong (02) 6374 2691

Cowra and surrounds

Darby Falls Observatory, Wyangala

Explore the distant galaxies with Mark Monk, who offers several telescopes to view the night sky (family tickets). The observatory includes a 20 inch F5 Newtonian omnidirectional ball scope, which automatically tracks the planet you are viewing, or select from the many other telescopes and refractors to explore the night sky.

LOCATION: Observatory Road off Darby Falls Road, en route

to Wyangala Dam.

OPEN: Winter 7pm-10pm, Summer 8.30pm-11pm. Pre

bookings esential. PHONE: (02) 6345 1900

Wyangala Dam

 Constructed in 1935, it was one of the last dams to be built using a railway system. The dam height is 85 metres and can hold twice the water of Sydney Harbour (1.2 million megalitres - how many gigalitres is that?) and supplies towns and farmers from Cowra to Lake Cargelligo and beyond. The hydroelectricity generated is enough to supply 11,000 people every year. See the historic images on a presentation at Wyangala Waters Caravan Park reception.

LOCATION: Wyangala Waters State Park, Wyangala Road, 38km from Cowra.

PHONE: (02) 6345 0877

Did You Know?

Under the dam water there is a hidden village and this was originally a gold mining area: 1 million litres is a megalitre; 1,000 megalitres is one gigalitre; the drought of 2009 reduced the water storage to 4.5%.

Lachlan Valley Railway

This is a railway enthusiast's dream! Cowra Locomotive Depot is home to one of the last remaining steam-era roundhouses in NSW. Come and see steam and diesel locomotives large and small, and some of the original sleeping carriages that ran overnight from Sydney to the regions. The war memorial fountain uniquely demonstrates the bond of railway workers. Sitting poignantly in the central garden it ensures that local railwaymen who paid the supreme sacrifice for their country are not forgotten. Museum staff will give you a glimpse into life in the days of steam and tell you how the railways changed the lives of every resident of country NSW. Guided tours by appointment.

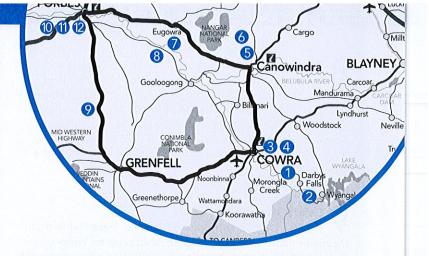
LOCATION: Campbell Street, Cowra.

PHONE: (02) 6342 4999

Cowra Railway Bridge

Built during the economic boom period of the late-1800s, this heritage-listed railway bridge was made in sections and brought from England at great expense. It shows how important the government felt it was to export agriculture by rail from Central NSW and was the final link in the state's first crosscountry line from Blayney to Harden. This bridge and the 11 other lattice girder bridges built for trains in NSW are considered among the most important built during colonial time. Whilst timber truss bridges were constructed frequently, they were not suitable for wider crossings such as this one over the Lachlan River. The three main spans cross 159 feet - 48.4 metres.

LOCATION: Lachlan Valley Way.



Did You Know?

In 1922 Charles Kingsford Smith and Ken Richards flew under the old Cowra Road Bridge with just 18cm clearance on either side. They were then about to attempt the same escapade on this railway bridge when Richards noticed the telephone wires crossing the river. They pulled out of their dive with seconds to spare.

Canowindra's Historic Station & **Age of Fishes Museum**

Close to the centre of town is a remarkable intact heritage station and wheat silo complex that is heritage listed. This is because it shows how a rail yard, now with almost intact features, worked. It was part of an elaborate network in the late 19th century that crossed the Lachlan Valley. Consider: There are plans to resurrect the Lachlan Railways to transport agricultural produce and the railways have become recognised once again for their efficiency. In the 1900s Canowindra's cinema film and Worth's Circus used to arrive by rail. Visit the Age of Fishes Museum, which shows 360 million year old fossils of giant fish found in the local area.

ACCESSIBILITY: Wheelchair accessible and toilet, hearing loop and large print brochures.

LOCATION: Rail yard is on Mill Street and the museum just behind on Gaskill Street, Canowindra.

OPEN: Daily 10am-4pm PHONE: (02) 6344 1008

Balloon Joy Flights

Take an early morning flight to reveal this magnificent landscape for an unforgettable experience. Small groups (6 plus) and family flights can also be arranged (family group package). Book your balloon flight.

LOCATION: 752 Longs Corner Road, Canowindra.

PHONE: (02) 6344 1819

SIDE TOUR

Eugowra Bushrangers Museum

Here you can see bushranger memorabilia including Johnny Gilbert's pistol. A member of the Frank Gardiner Gang he dropped his weapon close to the Escort Rock robbery site. Some of the museum's volunteers are descendants of bushrangers, so you can have fun chatting to them or look through the extensive collection of books and papers on local bushrangers.

LOCATION: Pye Street, Eugowra.

OPEN: Wednesday to Sunday 11am-4pm

Paytens Bridge

O Travel south on the Eugowra Grenfell Road and you cross the Lachlan Bridge which is National Trust and State heritage listed. Named after Joe Payten, a soldier settler, who petitioned for the bridge, it is a rare example of an American Allan bridge design built in 1926 and shows how Australia was accepting new designs above those from the 'old country'.

LOCATION: Grenfell Eugowra Road.

Ochre Arch Farm

This is a unique farm tour experience. Here Phil and Jan Diprose encourage connection to landscape for visitors by showing them their diverse native vegetation and indigenous heritage-rich farm. They demonstrate how their sheep and cattle are managed using holistic and low stress stock handling methods to naturally improve land health and foster wildlife. Tours of the 385 hectare solar and wind powered farm are customised for both content and duration, from 2 to 4 hours to suit visitor interests and available time (from 2 to a small group). Visitors should wear practical walking shoes or boots and sun-safe clothing to suit the prevailing weather conditions.

ACCESSIBILITY: Not suitable for those with physical disabilities.

LOCATION: 761 Goodes Lane, Pinnacle (25 km NW of Grenfell)

OPEN: 7 days by arrangement and weather permitting.

PHONE: (02) 6343 5105

1 Forbes Historical Museum

This houses an extensive range of vintage farm machinery. Discover the characters, stories and misadventures which have created the legend of Ben Hall one of Australia's most famous bushrangers. Watch the Ben Hall film. There are also many other treasures (20,000 exhibits) of how people lived during the early life of Forbes. Guided tours and self guided tours.

ACCESSIBILITY: Not suitable for wheelchairs.

LOCATION: 11 Cross Street, Forbes.

OPEN: Daily 2-4pm (other times by arrangement).

PHONE: (02) 6851 6600

11 Wiradjuri Dreaming Centre

Appreciate the integrated philosophy of the Wiradjuri people that connects them with all livings things and the land. It is this connection which binds them to the wildlife and requires them to Care for Country. Learn about the Wiradjuri history, language, tools and bush tucker. Consider if you were to select an Australian animal and plant to be your totem what would they be and why? The Dreaming philosophy means that animals are much more than simply totems to Aboriginal people, can you sense how this works?

ACCESSIBILITY: Wheelchair accessible.

LOCATION: Footbridge at the end of Cross Street, Forbes.

1) McFeeters Museum

Those of you who love great car design can wander through the exhibits from vintage to classic cars and street rods. Afterwards enjoy the Banderra Estate cellar door, gift shop and café serving breakfast, lunch and tea.

ACCESSIBILITY: Wheelchair access and toilets.

LOCATION: Corner Oxford Street and Newell Highway 0.5km South of Forbes.

OPEN: Daily 9am-5pm.





Cowra Food

Daily tastings of local pistachios, roasted hazelnuts, flavoured salts,

relishes, sauces and jams which are for sale every day at the Cowra Visitor Information Centre.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: Cowra Visitor Information Centre, Olympic Park,

Mid Western Highway, Cowra.

OPEN: Daily 9am-5pm, phone 1800 266 173

The Lady Bushranger

Taste the trademark scones and cream or stop for a light lunch. Located in a quaint 1908 building.

ACCESSIBILITY: Wheelchair accessible.
LOCATION: 51 Nanima Street, Eugowra.

OPEN: Wednesday to Sunday. PHONE: (02) 6859 2900

Rosnay Organic Wine & Olives

Visit this award winning vineyard and learn about their environmental practices as an example of modern farming that is chemical free. See how they manage their ecology to produce delicious wine like their Cabernet Sauvignon or their naturally sparkling Chardonnay 2011. Talk to winemakers Richard or Sam Statham about their organic wines.

ACCESSIBILITY: Wheelchair accessible and toilet. **LOCATION:** Rivers Road Organic Farms, Canowindra.

OPEN: By appointment. **PHONE:** (02) 6344 3215

Places To Stay

The Imperial Hotel

Built in 1905, the Imperial Hotel is located in the heart of Cowra and lets you enjoy the atmosphere of a stress free country town. Child friendly, they have a range of accommodation options to cater for families. They have a 'no gambling' policy and their restaurant (with a family section) offers traditional pub-style meals using local produce **ACCESSIBILITY:** Bar and Bistro, wheelchair accessible and toilet

LOCATION: 16 Kendal Street, Cowra.

OPEN: Monday to Saturday from 11.30am, closed Sunday.

Canowindra Riverview Motel

This is in walking distance from the main street. Motel rooms have queen size beds, ensuite bathrooms and tea/coffee making facilities, or you can choose their 4 bedroom River View Cottage which sleeps up to 10.

ACCESSIBILITY: Wheelchair accessible room. LOCATION: 3 Tilga Street, Canowindra.

PHONE: (02) 6344 1633

BIG4 Forbes Holiday Park

Friendly park that has eco-friendly principles being Silver Gumnut accredited. It has a wide range of accommodation styles to choose from; villas, bungalows, ensuite cabins, lodges and powered/unpowered sites.

LOCATION: 141 Flint Street, Forbes.

PHONE: 1800 641 207

Visitor Information Centres

Bathurst 1800 681 000 **Blayney** (02) 6368 3534 **Canowindra** (02) 6344 1008

Cowra 1800 266 173 Forbes (02) 6852 4155 Gulgong (02) 6374 2691

Forbes – Condobolin – Parkes

First visit the McFeeters Motor Museum with its range of vintage, classic and street rod cars, then look at the wonderful vintage agricultural machines at the Forbes Historic Museum. Don't forget to see the film about bushranger Ben Hall, and then learn about the interconnection of nature and Aboriginal people at the Wiradjuri Dreaming Centre. Now head for Condobolin or to Parkes.

Warroo Bridge

Completed in 1909 this is an early example of a Dare timber truss bridge and is state heritage listed. Bridges like this have played a significant role in providing a road system that helped to get the farmers' produce to market. Before such bridges were built, river crossings were very dangerous in times of rain, so the price of transport was high for agriculture and mining. Only the highly priced wool producers of the time could afford the extra costs of transport in periods of flood.

LOCATION: Warroo Bridge Road, 200m from the Forbes Road.

West Women Weaving Baskets Reeds are a very important resource for the Wiradjuri. They make fishing nets and mats, as well as baskets. Bev Coe is a Wiradjuri woman and an important textural artist. She employs traditional Aboriginal basket weaving techniques to make bags and baskets for comtemporary uses. She runs short courses in traditional basket weaving at Western Plains Regional Development Inc. where weaving exhibits are also on display. LOCATION: 18 Williams Street, Condobolin.

PHONE: For lessons, contact Heather Blackley (02) 6895 3301.

Wiradjuri Study Centre - Arts and Culture Art is a very important part of Aboriginal culture. It is not just decorative but holds many meanings. The Aborigines invented tools to do tree carvings and a processing method to use ochre (a special clay used for body painting). They also made a brush from a green stick by chewing the end to open up the fibres. One of the largest and most progressive Aboriginal cultural programmes in the region includes an inclusive cultural centre with an art and crafts exhibition. Cultural Appreciation courses can be booked by prior arrangement.

ACCESSIBILITY: Wheelchair accessible.

LOCATION: Cnr Cunningham and McDonnell Streets,

Condobolin.

OPEN: Monday to Friday. PHONE: (02) 6895 4664

Condobolin Railway Museum

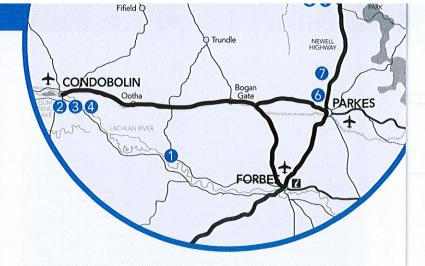
Housed in the heritage listed barracks (where railway workers used to stay) Condobolin has the largest collection of 'trikes' in the state (railway maintenance vehicles).

LOCATION: Madeline Street, Condobolin.

OPEN: By appointment. PHONE: (02) 6895 3301

Utes in the Paddock

This is a unique celebration of outback life – 20 of Australia's gifted outback artists donated their talents to help create this fun outdoor gallery of painted and sculpted Holden utes, including local artists Karen Tooth and young Wiradjuri artists of Condobolin Youth Services.



LOCATION: Condobolin, travel approximately 30km east on Highway 90 and turn right onto Mulguthrie-Ootha Road at Ootha. Drive for 3km.

Bush Tucker Day

2 day event held annually in September (running

for 26 years) – Here there are cooking competitions, celebrity chefs, live entertainment, tastings and market stalls. Join in fun activities for children and special rates for families. Camping is available.

Trundle Abba Festival

20th July - Visit the iconic Trundle Hotel with the longest covered veranda in NSW. Go to Clarkes Garage for supplies. Take at look at Jean's Cottage for craft and art. LOCATION: 36 Brookview Street, Trundle.

Travel to Parkes

6 Henry Parkes Centre Museums
There is a fabulous range of classic cars to admire. See this 7.5 acre museum with two village churches, a blacksmith shop, farm equipment and tractors. Smile at the amazing King's Castle Elvis exhibit featuring genuine Elvis Artefacts owned by Greg Page (former Yellow Wiggle). Located within the complex, the Visitor Information Centre has a great range of regional produce to choose from as well as Parkes and Elvis souvenirs to commemorate your trip.

ACCESSIBILITY: Wheelchair Accessible, disabled toilets and baby change facilities.

LOCATION: Newell Higway, Parkes (near Pioneer Street). **OPEN:** Monday to Friday 9am-4pm, weekends and public holidays 10am-4pm.

'The Dish' - CSIRO Parkes Radio Telescope Marvel at the iconic CSIRO Parkes Radio Telescope, a piece of Australian history responsible for scientific breakthroughs and made famous in the hit movie 'The Dish'. Learn what the scientists do at 'The Dish', visit the 3D theatre showing adventures across the solar system, enjoy the interactive exhibits and visit the gift shop and café.

Junior Ranger

This telescope has the power to hear a mobile phone ringing on Pluto. If aliens had their own telescope pointed at earth what do you think they would find most interesting to listen to? Also try out the AstroKids Scavenger Hunt.

The telescope is used by scientists who come from around the world so before you arrive please turn off your mobile phone. ACCESSIBILITY: Wheelchair access and disabled toilets.

LOCATION: 20km north of Parkes on the Newell Highway.

OPEN: Daily 8.30am-4.15pm.

Did You Know?

There is a Central West Astronomical Society which meets on the first Friday of the month at The Dish from 7:30 pm. People of all ages and experience are welcome to attend these monthly meetings. No prior knowledge of astronomy nor ownership of a telescope is required. All you need is a keen interest in, and an enthusiasm for, astronomy and the night sky. The programme also includes guest speakers, films, discussions and observation reports. In addition, separate monthly observation nights enable members to interact and pass on their observational skills and knowledge of the night sky.



Events in the Night Sky

- 4-5 May Eta Aquarids Meteor Shower 30+ meteors/hour/ annual event caused by dust released by Halley's Comet.
- 10th May Annular Eclipse of Sun partial eclipse best visible from Northern Australia.
- 24-30 May Mercury, Venus and Jupiter cluster together
- 23rd June **Perigee Full Moon** biggest full moon.
- 12th August Perseid Meteor Shower barely visible in the Southern Hemisphere.
- 18th October Penumbral Eclipse of the Moon not visible in Australia.
- All of October Magellanic Clouds clearly visible with naked eye.
- 3rd November Hybrid Eclipse of the Sun.
- All of December Venus will be at its brightest.
- 13th & 14th December Geminid Shower coincides with New Moon.

Peak Hill Open Cut Experience

Peak Hill mine started in 1889 and is a huge open cut mine where you can now freely visit to see the methods used to extract the gold ore. There are original gold workings dating back to 1890s. There are several walks with interpretation and good viewing areas to see 5 spectacular open cut mines with panoramic views.

OPEN: 9am-4pm daily, entry free. Guided tours for a minimum of 10 people, bookings essential.

PHONE: (02) 6862 6000

Peak Hill Country Crafts Inc & Visitor Information Centre

Discover more about this special region and buy locally made hand-crafted souvenirs of your holiday. The Gallery Wall shows local and district Art, including landscapes of the area. An Annual Landscape Award competition is held near Easter. Take a look at a gold cradle used over 100 years ago. Visit Cossor's Diecast Collectables with one of the largest selections of model cars, trucks and aeroplanes. See the first cement silo built in the southern hemisphere.

ACCESSIBILITY: Wheelchair accessible LOCATION: 62 Caswell Street, Peak Hill.

OPEN: 9.30am-4.30pm





Smeaton's Bakery

A good old fashioned country bakery for all the family with

delicious pies, breads, cakes and slices made on site. There is also a lolly counter where you can mix and match and buy a lolly bag - just like when you were a kid and Mum sent you to the corner store.

LOCATION: 184 Clarinda Street, Parkes.

The Dish Café

Fabulous Award winning café with an impressive view of The Dish right outside. Menu includes seasonal and local produce.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 585 Telescope Road, Parkes

OPEN: 8.30am-4.15pm daily.

Dwyer's Fresh

Award winning beef sausages and gourmet sausage.

LOCATION: 216 Clarinda Street, Parkes.

Places To Stay

Imperial Hotel Condobolin

Built in 1926, this has a cosy friendly authentic atmosphere with straight-forward accommodation, communal kitchen and bathroom facilities. You can meet other travellers and share stories. Thai restaurant open daily.

LOCATION: 64 Bathurst Street, Condobolin.

PHONE: (02) 6895 2139

Fifield Hotel

Family friendly and pet friendly country pub with bedrooms and shared facilities or camping on the property. Serves fresh food using organic vegetable and herbs from their garden, and the pub also has water wise policies. Meet the locals and hear the yarns. Guitar lessons and live bands, check for details.

LOCATION: Slee Street, Fifield.

PHONE: (02) 6892 7276

The Station Motel, Parkes

A very contemporarily designed 4 star motel with high speed broadband, individually controlled a/c, ensuite bathrooms and Austar cable TV. There is also a café and restaurant (Mon-Thurs) on site.

ACCESSIBILITY: Wheelchair accessible rooms.

LOCATION: 82 Peak Hill Road (Newell Highway), Parkes.

PHONE: (02) 6862 8444

Kadina Bed & Breakfast

Helen and Mal, who run this B&B, can also show you a working farm (which they formerly owned) outside Parkes. They offer a family friendly B&B with private bedrooms with ensuites, that can cater for extra children. All rooms, have modern amenities and comforts. Ask to visit the farm and see the machinery and learn what it does. You can also prebook a country style dinner.

LOCATION: 22 Mengarvie Road, Parkes. OPEN: (02) 6862 3995 or 0412 444 452

Visitor Information Centres

Bathurst 1800 681 000 Blayney (02) 6368 3534 Canowindra (02) 6344 1008 Cowra 1800 266 173

Forbes (02) 6852 4155

Mudgee 1800 816 304 Molong (02) 6344 1008 Orange 1800 069 466 Parkes (02) 6862 6000 Peak Hill (02) 6869 1981

Bathurst to Abercrombie Caves

Western Highway

The city of Bathurst would not have been built if it were not for the road over the Blue Mts. Cox built the road in just six months, at 4 miles a week, with a team of 30 convicts guarded by 8 troops. The road had to be cleared 20 feet wide and 'grubbed' up to 12 feet wide. The method was basic and involved making an alignment created by blazing trees along a route which presented least difficulties. A track was cleared, grubbed, bridges and culverts built and in rare cases it might have been fenced. The route was not graded and, in sections like Mount York, logs were tied behind carts to steady them down the steep hill. At the bottom the log was untied, so inevitably a pile of unwanted logs were strewn across the trail. When matters got really bad a team of convicts was sent to clear the logs, and using bullocks, pulleys and heavy straps fastened to rocks, the convicts reassembled the pile of logs at the top. LOCATION: Travelling from the Blue Mountains to Bathurst.

Cobb & Co

Bathurst became the NSW headquarters for Cobb & Co in 1862 and remained so for 50 years. From here routes spread as far north as Queensland as far west as Bourke and south to Wagga Wagga. By 1870 Cobb & Co coaches harnessed 6,000 horses a day, travelled 28,000 miles a week and generated 95,000 pounds a years from carrying the mail. One of the secrets to their success was the Californian made coaches. While the English built coaches with open body were heavy, and had steel springs, the American design was enclosed and slung on a thick leather support. This stretched the entire space between the front and back wheels which were secured with 6 to 8 inch leather thongs suspended from jacks at either end. The coach's body rested in a cradle fashion and was therefore more comfortable to travel in, was a lighter coach and could travel up hills much easier. Cobb & Co carried the mail, passengers and luggage but also the gold. See the inventive coach design that changed transport and communication in Australia at the Bathurst Visitors Centre.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 1 Kendall Avenue, Bathurst.

OPEN: Daily 9am-5pm.

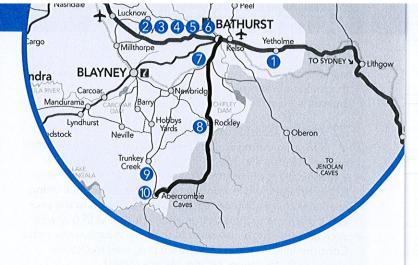
Q Denison Bridge

This was a pillar of the region's economy because it provided a safe crossing for over 120 years linking Sydney to its food basket of Central NSW. It is rare being the fifth oldest metal truss bridge in Australia and second oldest in NSW. Bathurst had no bridge over the Macquarie River until a long timber bridge was built in 1856. To celebrate, the Governor William Dension opened the bridge and then sat down to eat a roasted bullock with 3,000 other guests. Down-stream 11 days later, an entrepreneur George Ranken opened his own bridge. But in 1867 a flood destroyed the first wooden bridge and the debris also destroyed Ranken's bridge. So Bathurst was again forced to use ferries. Eventually an iron bridge was chosen to be permanent.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** Bridge Street, Bathurst.

Chiftley Train

Visit the Chifley Engine outside the Bathurst Railway Station and learn about the struggles of the railway workers and Chifley's strike campaign. Restored over 20 years the D50 class steam locomotive number 5112 was driven by Ben Chifley (engine driver) who became Australia's 16th Prime Minister.



Consider what type of transport you would expect a current Prime Minister to have driven as a profession before entering Parliament? Take a look at the heritage station, this Italianate impressive design is different from any other on the whole system, reflecting the importance in which Bathurst was held. The whole station is one of the most important railway sites in NSW because of the collection of buildings, yards and its presence in the city. In the late 1800s this place embraced some of the latest technologies that led Australia, and later forged a Prime Minister. Note the Rocket Street overbridge which was the first steel truss bridge to be used on the state rail network. **LOCATION:** Keppel Street, Bathurst.

Mount Panorama

The innovation of road building means you can charge down the hill at Mt Panorama at 250km/h today. Originally a dirt racing track, then a scenic drive, it is now the home of the Australian Motor Racing. It is a formidable challenge with a long 174metre climb, very tight corners at the top of the mountain and then a long downhill straight. Judge for yourself, at a leisurely pace (60km/h) around the 6km circuit. Race days include a range of categories: Formula 3, closed cars and motor cycles. Mt Panorama is also a very important Aboriginal site 'Waluu' which means 'to watch over', where Wiradjuri men would look across their lands and observe travellers. From the top you have a breath-taking view of Bathurst and Central NSW. **LOCATION:** Panorama Avenue, Bathurst.

National Motor Racing Museum

The Bathurst 1000 is a central feature of the Museum, but you can also see the history of speedway, solar, drag, rallying, open wheeler and sport cars. Facilities include BBQ and kids playground, family tickets available.

ACCESSIBILITY: Wheelchair and toilet.

LOCATION: Murray's Corner, beside Mt Panorama entrance.

OPEN: Daily 9am-4.30pm

En Route

Many of today's roads may have their origins as
Aboriginal Songlines. These are routes known to the
Aboriginal people and recalled through song (did you know
that it is often easier to remember information as a song?). The
Songlines may have been routes taken by trackers who led
early European explorers, which subsequently were surveyed
and eventually in some cases became the road system we

Junior Ranger

Draw your own map of your tour featuring the important natural landmarks you see on the way. Write a song linking them together - keep it as a souvenir.

Destination NSV

follow today. In effect you could be travelling routes which are thousands of years old. Important land formation, plants and animals were included in the Songlines.

7 Queen Charlotte's Bridge

On your journey to Rockley you will cross this iron lattice bridge at Perthville. The heritage bridge was built in 1892, is technically sophisticated and one of only two single span lattice bridges. While wooden truss bridges were still being used and cost \$1,500 per square metre (indexed to the year 2000) the more expensive iron lattice bridge at \$9,000 was seen as being better because of their low maintenance costs. Consider in which instances are we prepared to choose higher costs for longer lasting designs today?

LOCATION: Bridge Road, Perthville.

Q Rockley Village

Visit historic Rockley village (listed by the National Trust) and see Rockley Mill Museum, one of the best examples of a late Georgian style mill (1864) which used a traditional millstone. The museum has three floors of displays and the original steam engine and flywheel of the mill.

LOCATION: Budden Street, Rockley.

OPEN: Sunday and public holidays 11.30am-4.30pm.

PHONE: (02) 6337 9279, 6337 9357, 6337 9381

Abercrombie Caves

Visit the naturally formed 'fort' that protected the Ribbon Gang. They were a group of convicts struggling to survive in 1830. Things came to a head when they were chased by the police to this cave complex. The 39th Regiment marched from Sydney and mounted police were called for from Goulburn (see below). Like all good 'forts' there was a secret exit, and the Ribbon Gang managed to escape, but two days later with nowhere to go, the convicts were caught and then hanged. It was the last mass hanging in Australia (allegedly at Ribbon Gang Lane in Bathurst). The caves are also an important Wiradjuri site. See the largest natural arch and take the kids on a magical underground journey. You can also relive gold mining at Mt Gray. Hire a gold pan at the visitors centre and try your luck fossicking.

LOCATION: Bald Ridge Road, off Goulburn Road.

Did You Know?

The Allan truss bridges were a big improvement over the McDonald trusses because they were \$205 cheaper to build, could carry 50% more and were easier to maintain. 82 timber truss bridges survive from the 400 built in the country.

1 Abercrombie Bridge

This is a unique bridge because its truss sizes are irregular. The centre spans 27.4 metres while the two sides span 21.6 metres, this design reflects a lost style amongst bridges of this type. The granite masonry piers are from a previous bridge built in 1879, while the Allan timber truss bridge section is a rare example of this engineering design built post WW1 in 1919.

11 Convict Road Building

To see an example of an original convict road and culverts travel south towards Tuena. The 48th mounted police travelled along this road from Goulburn to capture the Ribbon Gang.

LOCATION: 5km south of the Abercrombie Bridge.



Local Eating For Global Change. Legall Patisserie Café

French-born owner Philippe Legall insists on using quality

ingredients as "It makes all the difference", and his legion of fans agree. Indulge in mouth-watering croquembouche, lemon tarts and vanilla slices, or savour tasty pies and quiches freshly baked on site.

ACCESSIBILITY: Wheelchair accessible and toilet.

LOCATION: 56 Keppel Street, Bathurst.

OPEN: Tuesday to Friday 9am-5pm, Saturday 9am-2pm.

PHONE: (02) 6331 5800

Places To Stay

Rydges Mount Panorama

A large portion of the restaurant menu is locally produced including Bathurst's wines. Guest room options are studio, deluxe and 3 bed apartments, some guest rooms are pet friendly.

ACCESSIBILITY: Wheelchair accessible and toilets.

LOCATION: 1 Conrod Straight, Bathurst.

PHONE: (02) 6338 1888

Barcoo's Barn Farmstay and Retreat

Settled by the Hamer family in 1834, Wardell is a farm experience run by the 7th generation Hamer family making it unique in Central NSW. See the 200 Merino sheep, 70 breeding cows and several working dogs and 10 horses. There are tractors and other farm machinery to watch, and kids love the farm activities, pony rides and sled rides pulled by Bella their Clydesdale horse. Accommodation options are 2 self-contained units (each sleeping up to nine persons), caravan and camping facilities. Children to be supervised, pet friendly, farm tours by appointment.

LOCATION: 1080 Trunkey Road, Perthville.

PHONE: (02) 6337 2383

Neville Siding Unique Accommodation

Why not sleep in a train, or a post office, a railway station or house? This imaginative and fun holiday experience with self-contained accommodation is a perfect way to experience the railway history of Central NSW. They also have BBQ facilities, outdoor chess and a tennis court.

LOCATION: 12 Crouch Street, Neville.

PHONE: (02) 6368 8455

Buddens

Formerly the Rockley Bank, this 1872 Georgian building was restored with a National Trust Award and is now a B&B and a two bedroom cottage. Take lunch and afternoon tea on the veranda. Breakfast or candlelight dinner provided to guests.

LOCATION: 18 Budden Street, Rockley.

PHONE: (02) 6337 9279

Visitor Information Centres

Bathurst 1800 681 000 **Blayney** (02) 6368 3534 **Canowindra** (02) 6344 1008 **Cowra** 1800 266 173

Forbes (02) 6852 4155 Gulgong (02) 6374 2691

Blayney – Orange – Manildra

Blayney Railway Station

Innovations in wheat varieties and machinery had a huge influence on the landscape of Central NSW as farmers turned from stock to crops. The growth in wheat farming coincided with the arrival of all things steam; steam engines, steam mills and steam tractors. Steam also changed the landscape of this region as the railways stretched across Central NSW. The road system was poorly maintained, made worse with the additional heavy gold rush traffic. The status of roads declined...for a time. The Blayney Railway station is a good example of railway heritage. It is significant because its 1888/9 design includes a separate booking office which is rare. The importance of the railway arriving here in 1874 changed Blayney's future as it became the regional hub, while Carcoar which railway arrived 1888 never regained its status as a centre. Consider what innovations could today change a town's fortunes.

ACCESSIBILITY: Wheelchair accessible. LOCATION: Railway Lane, Blayney.

Playney Wind Farm

Learn about generating electricity from wind at what in was 2000 the largest wind farm in Australia. Visit the viewing area with interpretation at picturesque Lake Carcoar. Its capacity can supply the annual needs of 3,500 average size homes. The wind farm will avoid 400,000 tonnes of CO2 over its 20 year life by generating electricity from 15 turbines using blades that have a diameters of 47 metres.

ACCESSIBILITY: Wheelchair accessible. **LOCATION:** Carcoar Dam Road.

Did You Know?

To find the best location for a wind farm engineers study the 'Wind Atlas' of Australia

Carcoar Station

Heritage listed, like the town, this station sits on the hillside offering views across the valley. Its prominence in the village emphasises the importance that railways had at that time. The station buildings, a complete Victorian station complex, give you a real sense of the period. Carcoar is on the Blayney to Demondrille line created to encourage exports south (see the Lachlan Valley Railway in Cowra). Carcoar was seriously considered as a site for the new national capital but the final choice of Canberra meant that this little village has been left intact for us to enjoy today.

Stoke Stable Museum

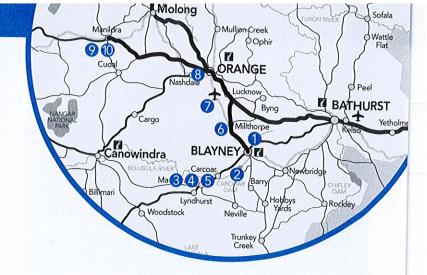
See the old agricultural exhibits and the fascinating photographs from yesteryear. The building itself, built in 1849, by convicts for the Stoke House hotel is a rare example of its type. The simple shape and limestone rubble walls reflect the style of the region, however, the use of the building for animals, and its position so close to the town, is unusual.

LOCATION: Naylor Street, Carcoar. **OPEN:** Daily 10am-4pm.

PHONE: (02) 6367 3142

Bridge Tea Rooms, Carcoar

Freshly made snacks and meals, using local seasonal fruit, are made in this original 1927 corner building that



overlooks the bridge and beautifully restored courthouse.

ACCESSIBILITY: Wheelchair accessible.

OPEN: Tuesday to Saturday 10am-4.30pm.

PHONE: (02) 6367 3064

En Route

Many of today's roads may have origins as Aboriginal Songlines. These are routes known to the Aboriginal people and recalled through song (did you know that it is often easier to remember information as a song?). The Songlines may have been routes taken by trackers leading early European explorers, which subsequently were surveyed and eventually, in some cases, became the road system we follow today. In effect you could be travelling routes which are thousands of years old. Important land formations, plants and animals were included in the Songlines. Consider landmarks you see on your journey that you would identify on a map.

Golden Memories Museum

Watch the history of the famous Cadia Valley iron and copper mine where originally men used just pick and shovel, while today it has become the site of one of Australia's largest gold mines. There are plenty of gold mining exhibits that include a Trunkey Creek gold stamper and fascinating pictures. Millthorpe's agricultural history founded on potatoes and hay making can be seen in this beautifully presented museum which is filled with farm machinery and Victorian and Edwardian treasurs.

LOCATION: 37 Park Street, Millthorpe.

OPEN: Public holidays, school holidays and Saturday and

Sunday 10am-4pm. **PHONE:** (02) 6366 3980

7 Cadia Hill

This is a rare archaeological site. Cornish miners and Welsh smelters arrived in Cadia in the 1830s to develop a copper and gold industry. As Gaelic speaking people, they created their own communities with a character all their own. Living conditions were very tough; half of the graves in the tiny village were of children. The cemetery was moved and sensitively reburied when Newcrest Mining developed the open cut mining site. This was only the second time in Australia that a 19th century graveyard was archaeologically excavated and studied. Fascinating details showed a high number of broken noses and over-developed leg joints, perhaps a result of the tough life as a miner. The new cemetery has been laid beside the rare Cadia Engine House heritage site, so the miners remain in the landscape where they worked. Life as a miner meant wearing a paper maché hat with a candle melted on the rim at the front providing the only protection and light. Guided tours of the modern mine are conducted 1st Friday of each month.

LOCATION: Newcrest Mining, Cadia Road, 30 km south of

Orange

PHONE: (02) 6392 2300

Did You Know?

The Cadia Hill copper mine's steam engine, buildings and chimney are of national significance because so much of the original elements of this rare cultural mining method are intact. Wood was burnt at a rate of 1,000 tons a month. Today the conservation of this site, by Newcrest Mining, is used by the Heritage Council as an example of best practice.

O Gnoo Blas & Classic Cars

Visit the classic car show on the second Saturday in February in Sir Jack Brabham Park, which is close to the original Start/Finish line of the original Gnoo Blas motor racing circuit. Racing started in 1951 and ran for ten years and involved famous names such as Bob Jane, Stan Jones and Reg Hunt. The Orange Visitors Centre has an information leaflet on the circuit.

LOCATION: Forest Rd/Huntley Road and Bloomfield Road, Orange.

Manildra Flour Mill and Railway Museum

7 From the 1870s new steel roller technology arrived in flourmills, replacing stone rollers, which gave much finer results. Come and see the Manildra flour mill (you can't miss it) it is the largest in the Southern Hemisphere. A guided tour lets you appreciate modern milling methods first hand. Manildra's location on the rail line is perfectly suited to process Central NSW's wheat because farming, revolutionised by new varieties, was able to be grown in new areas. The western fringes of wheat growing were Grenfell in 1904 which became Condobolin by 1912. Trundle and Tullamore were the fringes in 1900 but the heart of prime wheat land by the 1920s. The drier climate increased the gluten content and this improved baking quality which boosted export value. The innovations of Australia's wheat farming and milling are demonstrated here.

LOCATION: Kiewa Street, Manildra.

OPEN: By appointment. **PHONE:** (02) 6364 5003

Amusu Theatre and Film Poster Shop in Manildra

The art deco Amusu cinema is a state heritage listed building, being both rare and home to endangered aspects of NSW cultural history. It has been described as "a living icon of the importance of film and cinema in NSW". It has the original carbon projectors, seating including the 'love seat' flooring and curtains and is the oldest continuously running cinema in the country. There is a special film poster shop/museum beside the cinema which boasts the Alan Strachan collection, over 20,000 movie posters (many for sale) and movie memorabilia.

ACCESSIBILITY: Wheelchair accessible and toilet (to be opened).

LOCATION: Derowie Street, Manildra. **OPEN:** Saturday and Sunday 11am-3pm.

SIDE TOUR TO PARKES

The Parkes Agricultural Show is held annually in August. Here you can see heritage agricultural equipment at the Henry Parkes Museum and The Dish.



Local Eating For Global Change.

Sallydale Organics

On your way from Carcoar to Millthorpe stop here to try

Sallydale's local cakes, biscuits, bread, pies, friands, free range eggs, honey, preserves, jam, marmalade, jelly and hazelnuts.

ACCESSIBILITY: Wheelchair accessible. LOCATION: 225 Marshall's Lane, Blayney.

OPEN: Weekends 9.30am-5pm.

PHONE: (02) 6368 2550

Beekeeper's Inn

The Beekeeper's Inn is a unique treasure trove encased in an historic inn, originally a Cobb & Co. stop-over built in 1859. This tourist destination features a café/restaurant serving modern Australian cuisine cooked and baked on the premise, local Orange and Bathurst wines and 1859 beer brewed on site. The establishment also offers local farm produce including Goldfields honey, gift ware, skin care products, a nursery and range of antiques and collectables. 1859 Beer Garden and Wedding Reception Area opening in November 2013 and taking bookings now!

ACCESSIBILITY: Wheelchair accessible and toilet. **LOCATION:** 2319 Mitchell Highway, Vittoira.

OPEN: Daily 9am-5pm. **PHONE:** (02) 6368 7382

A Slice of Orange

They are passionate about sourcing only local artisan food including producers and farmers like Nanima Farm Lamb (fresh saltbush lamb cuts, gourmet pies and burgers with native Australian herbs).

ACCESSIBILITY: Wheelchair accessible. LOCATION: 200 Anson Street, Orange.

OPEN: Monday to Friday 9am-5.30pm, Saturday 9am-3pm,

and Sunday 10am-2pm. **PHONE:** (02) 6369 0396

Places To Stay

Leloma Bed & Breakfast

Private bedrooms with ensuite and French doors that lead onto the garden. This peaceful B&B set opposite a nature reserve and creek is located just 8 minutes walk to the centre of Orange.

LOCATION: 27 National Avenue, Orange.

PHONE: (02) 6369 0522

Arancia Bed & Breakfast

Located just outside Orange with stunning views. Guest lounge with fire and large private bedrooms with ensuite and air conditioning. Full cooked breakfasts with local produce.

LOCATION: 69 Wrights Lane, Orange.

PHONE: (02) 6365 3305

Millthorpe B&B

Contemporary interior design, private rooms with guest bathroom, cooked breakfast using local produce. Dine at award winning cafes and restaurants and taste local wines in the village. **LOCATION:** 11 Morley Street, Millthorpe.

PHONE: (02) 6366 3967

Visitor Information Centres

Bathurst 1800 681 000 Blayney (02) 6368 3534 Canowindra (02) 6344 1008

Cowra 1800 266 173 Forbes (02) 6852 4155 Mudgee 1800 816 304 Molong (02) 6344 1008 Orange 1800 069 466 Parkes (02) 6862 6000 Peak Hill (02) 6869 1981

Hill End - Sofala -Kandos - Mudgee

En route

Many Cobb & Co routes were driven at night. Drivers had to be familiar with the roads and would have had to have excellent knowledge of every bend, tree stump and creek bed. The drivers had to be first class 'whips' to manage the careering coach and horses round tight bends, through bogs, up hills with winding, stony paths. They needed to be constantly watchful to know all the 'bad places' along the bumpy journey. The box seat next to the driver was prized, passengers preferring the risk of a storm than being juggled about inside. Horses were changed every 15 to 30 miles. In wet weather the mud could be above the axles and the driver, waist deep, would try to guide them out. There were stops at inns for meals. It was the duty of male passengers to jump off to open and close gates. With all these interruptions the pace was on average 6-7 miles per hour. See an original Cobb & Co coach at the Bathurst Visitors Centre.

Junior Ranger
How many kilometres to a mile? When did Australia require all cars to have km reading speedometers? Name two countries which still use miles? Answer on reverse

Hill End Village

Plan to stay two days at unique Hill End, one of the oldest surviving living cultural heritage sites in Australia. Visit the town's original buildings and museum. Join a Village Tour or a guided tour of Craigmoor House and see what life was like in the 1870s. After the gold rush, when there were thousands of miners and plenty of pubs, the town reverted to a quieter more tranquil setting. Its rare beauty has and continues to inspire many famous Australian artists. Today it offers remarkable experiences. Facilities include picnic tables, toilets, drinking water and free electric BBQ's. ACCESSIBILITY: LaPaloma Pottery, General Store, Great Western Store, Visitor Centre, Northey's store, Post Office and Presbyterian Church are wheel chair accessible. VISITOR CENTRE OPEN: Daily 9am-4.30pm (closed 12.30-1.30pm).

History Hill Museum

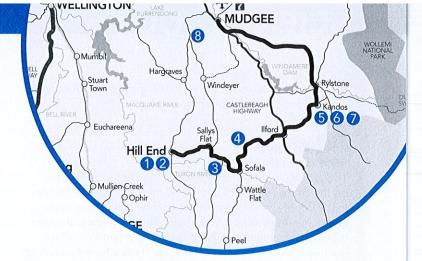
This museum is fun for all ages and provides an insight into the rough and ready existence of miners from all different parts of the world.

LOCATION: 2 km from Hill End on the Sofala Road. **OPEN:** Weekends, long weekends, and school holidays 10am-4pm or by appointment.

PHONE: (02) 6337 8222

Junior Ranger

Take the Ghost Tour (2 hours) or join the Easter Egg Hunt, There are NPWS Discovery activities to enjoy (during school holidays and Long Weekends), bring your bike and explore Hill End's historic streets and trails.



Wallaby Rocks Bridge

One of the oldest examples of the Allan timber bridges. which were the first truly scientifically engineered timber truss bridges and incorporated American design ideas for the first time in Australia. This shows the slow increase in accepting new ideas from America. Another example was the Cobb & Co stage coaches designed in California which would have travelled over this bridge. Without the crossing it meant high expense and delays for freight to and from this region. Wood like iron bark, is a third of the strength of cast iron, so timber bridges built with native trees was a good alternative to sourcing iron.

Did You Know?

Bridges like this were so prominent on the roads that NSW was known as the "timber truss bridge state" at the time.

Turon Technology Museum - Museum of Power See the development of engines from steam to internal combustion to turbines. The extensive collection includes a rare horizontal steam engine 1845 and 1866 Marshall portable engine and a 61 ton electric diesel engine with 2,200 Brake Horse Power.

ACCESSIBILITY: Wheelchair accessible. LOCATION: 5833 Ilford Road, Sofala.

OPEN: Selected Saturday and Sundays (call to confirm

opening times), groups by appointment.

PHONE: (02) 6358 8434

En Route

By 1895 the railways had stretched far across NSW but the stage coach was still important as a feeder service. A Cobb & Co coach hauled by a team of 5-7 horses carried five passengers plus the driver on the outside, six to nine people inside, their luggage and the mail. Larger horses were used as 'polers' for heavy work and smaller, lighter ones were leaders to 'set the pace'. Today diesel engines for construction and agricultural machines used in Central NSW generate the equivalent of more than 600 horses.

Down The Track

A great stop on your technology tour is this café located in the quaint historical railway station of Kandos. Examine all the railway memorabilia (ticket stamping machines, level crossing bells and more) sit on train seating and then select delicious fresh food, award winning local wines, fresh coffee, soft drinks and quality ice cream. There is also a gift shop that sells toys. ACCESSIBILITY: Wheelchair accessible, toilet in park opposite.

LOCATION: 63 Davies Road, Kandos.

OPEN: Monday to Wednesday 10am-4pm (closed Tuesday),

Thursday to Sunday 8am-5pm.

PHONE: (02)



The Wiradjuri nation conducted mining across the region; on the shores of Lake Cowral they mined stone tools while in the Grenfell area they sourced ochre. Both stone tools and ochre were important commodities to trade with other tribes, just as mineral resources are important in modern Australia. Ochre is an important clay is used for art including body painting, a key part to ceremonies.

Kandos Bicentennial Museum

Filled with industrial and cultural exhibits, the museum is an interesting record of the importance of industry and cement to this little town.

ACCESSIBILITY: Wheelchair accessible and toilets.

LOCATION: 22 Buchannan Street, Kandos. OPEN: Friday 3-4.30pm, Saturday and Sunday

10.30am-4.30pm. PHONE: (02) 6379 4600

Charitable donations accepted to maintain museum.

Bikes & Buds

Considered one of the best collections of Harley

Davidsons in the Southern Hemisphere. **LOCATION:** 71 Angus Avenue, Kandos.

OPEN: Monday to Friday 9am-5pm, Saturday and Sunday

8am-3 pm, closed Tuesday. PHONE: (02) 6379 4575

Wiradjuri Mining
The Wiradjuri nation conducted mining across the region; on the shores of Lake Cowral they mined stone tools while in the Grenfell area they sourced ochre. Both stone tools and ochre were important commodities to trade with other tribes, just as mineral resources are important in modern Australia. Ochre is an important clay is used for art including body painting, a key part to ceremonies. Gold is an important mineral used in our culture for jewellery and in wedding ceremonies. Red ochre was traded along the criss-cross of communication networks in this region far and wide. One of these trading 'highways' is the route to your east which runs from where Lithgow is now to north of Mudgee.

Mudgee Observatory

Mudgee Observatory is located just outside the small town of Mudgee NSW. The observatory is situated 15 minutes drive to the west of Mudgee in a location with little light pollution from the town lights and those of the Ulan mines. The theatre and flat screen planetarium run several features on the night sky and the Sun as well. A variety of telescopes and binoculars are available for visitors to use as well as conducted tours of the night sky. Bookings are essential.

LOCATION: 961 Old Grattai Road, Mudgee .

OPEN: See web site for costs and times.

PHONE: (02) 6373 3431

Robert Stein's Motorcycle Museum

Enjoy wine tasting and admire the collection of classic motorcycles, rare collectables and photographs.

ACCESSIBILITY: Wheelchair accessible. LOCATION: Pipeclay Lane, Mudgee.

OPEN: Daily 10am-4.30pm.



Local Eating For Global Change.

Leaning Oak

European style small farm and dairy making a range of farmstead

cheeses from sheep and goat's milk. Cheese can be tasted and bought. You can also try their wines which include

Merlot, Semillon and Chardonnay.

LOCATION: Cnr Ulan and Buckaroo Roads, Mudgee.

OPEN: Thursday to Monday 10am-4pm.

PHONE: 0420 744 810

Lowe Wines

Cellar door and winery are located just outside Mudgee in an idyllic setting enhanced by Lowe's philosophy of sustainable organic winemaking. This means herbicides, insecticides and most fungicides are not used on the grapes nor chemicals in the winemaking.

LOCATION: Tinja Lane, Mudgee.

OPEN: Daily 10am-5pm. PHONE: (02) 6372 0800

Places To Stay

Glendora Campground and The Village Campground

Beside the village or at Glendora you will find great picnic facilities, wake to meet the grazing kangaroos and hear the king parrots. Powered sites and tent sites.

ACCESSIBILITY: Wheelchair accessible (easy: The Village, hard: Glendora), toilet and shower.

LOCATION: Village camping beside Warrys Road and Glendora is 1 km north west of Hill End on the way to Bald Hill lookout.

Hill End B&B

As you would expect a classic B&B with period furniture in a 1873 building - store and Hosie's Cafe on the ground floor. Delicious hot gourmet breakfast awaits.

LOCATION: 1 Clarke Street, Hill End.

PHONE: (02) 6337 8290

Macleay Duff Apartment

Self contained 2 bedroom apartment with queen bed, double bed, family sized kitchen and linen supplied. A private secluded garden just 6 blocks from the town centre.

LOCATION: 2/9 Thomas Clark Place, Mudgee.

PHONE: (02) 6372 1547

The Other House at Little Tallawangra

Set on a working sheep farm this child friendly house has two spacious bedrooms, a bunk room and two bathrooms with solar hot water and slow combustion stove. There are wide views of the orchard, vegetables garden and paddocks and hills beyond with gum trees and sheep. Kids can enjoy the books and games, ride their bikes or play games outside including tennis. This is the real McCoy that creates farm holiday memories. Pet friendly.

ACCESSIBILITY: Wheelchair accessible.

LOCATION: 293 Yarrabin Rd, Off Hill End Road, Mudgee.

PHONE: (02) 6373 3576

Visitor Information Centres

Bathurst 1800 681 000 Blayney (02) 6368 3534 Canowindra (02) 6344 1008

Cowra 1800 266 173

Forbes (02) 6852 4155

Mudgee 1800 816 304 Molong (02) 6344 1008 Orange 1800 069 466 Parkes (02) 6862 6000 Peak Hill (02) 6869 1981



VISITOR INFORMATION CENTRES

Bathurst 1800 681 000

Blayney (02) 6368 3534

Canowindra (02) 6344 1008

Cowra 1800 266 173

Forbes (02) 6852 4155

Gulgong (02) 6374 2691

Mudgee 1800 816 304

Molong (02) 6344 1008

Orange 1800 069 466

Parkes (02) 6862 6000

Peak Hill (02) 6869 1981

Wellington 1800 621 614

