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**From:** Andrea Rocha (Mental Health Commission) on behalf of Jennifer Black (Mental Health Commission)  
**Sent:** Wednesday, 15 January 2025 9:30 AM  
**To:** Committee Social Issues  
**Cc:** Jennifer Black (Mental Health Commission)  
**Subject:** Prevalence, causes and impacts of loneliness in New South Wales - Post-hearing responses – 12 December 2024  
**Attachments:** Attachment A\_Corrected Transcript \_Mental Health Commission\_12.12.24.pdf; Attachment B\_Questions on Notice \_ Mental Health Commission\_12.12.24.docx; Attachment C\_MHC Funded Loneliness Pilot Program Reports.zip

Dear Teneale,

Thank you for the opportunity for myself and my colleague Deborah Howe (Acting Director System Reform) to present to the Standing Committee on Social Issues on 12 December 2024 for the inquiry into the prevalence, causes and impacts of loneliness in New South Wales.

Please find attached:

- Corrections to the Hearing Transcript (Attachment A – 1 correction – page 12)
- Answers to questions on notice directed to the Mental Health Commission (Attachment B)
- Mental Health Commissions funded Loneliness Pilot Project Reports (Attachment C - zip file)
- Additional clarification as to the utilisation of data generated by the Mental Health Commission’s, Community Wellbeing Survey. **Hearing Transcript – page 12, Paragraph 5.**

The Commission’s Wellbeing Survey was conducted by consultants Review Partners to understand how people in NSW are finding different parts of their lives. The survey has been run for 4 years and is the Commission’s only current primary source of data on the wellbeing and experiences of the people of New South Wales. The insights from the survey can be used to guide and develop strategic directions, areas of advocacy and highlight the experience of different groups in NSW. Findings from the 2024 survey was based on a sample size of more than 2,000 responses with data collected between March and April 2024. Recruitment of survey respondents was conducted through an online marketing panel. The survey data was weighted using the Australian Bureau of Statistics (ABS) census data to control for certain demographic factors. To ensure anonymity and accuracy, any group with fewer than 30 respondents was excluded from the analysis as small sample sizes may not accurately represent the wider population due to outliers.

Please do not hesitate to reach out if you require any additional information.

Kind regards  
Jennifer

**Jennifer Black**  
Commissioner

Mental Health Commission of NSW

**Mental Health  
Commission  
of New South Wales**

I acknowledge and pay my respects to the traditional owners and custodians on whose land I walk, work and live.