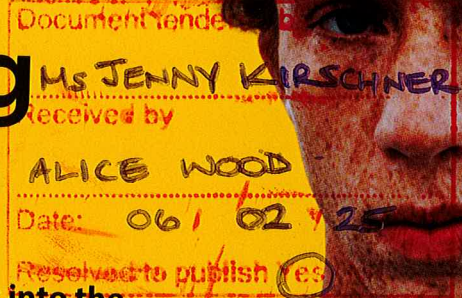


# Pharmacist training on loneliness

**This transformative course goes beyond skill-building; it delves into the essence of human connection, and how its absence can have profound impacts on health and wellbeing.**



PALS is proud to partner with the Pharmaceutical Society of Australia to bring this training program to Australian Pharmacy. Be an early adopter of this groundbreaking pharmacist training program specifically designed to address one of the most pressing issues of our time – loneliness.

Shape the future of pharmacy and set a new standard of care.

## Who is this program for?

This course program is highly suitable for:

- Pharmacists - across all practice settings
- Pharmacy Interns (aim to get this program subsidised by your preceptor)
- Pharmacy Students

## What's in it for you?

After completing this activity pharmacists will be able to define loneliness, appreciate its prevalence, and recognise the groups at greater risk of loneliness within the community. Using the best available evidence, pharmacists will also be able to describe the significance of this complex emotion on health outcomes, social behaviours and medication use.

After this course pharmacists will be confident to assist patients experiencing loneliness. Learn how to identify common causes and signs of loneliness, know how to have supportive conversations with people who are lonely about their social health needs, and help connect them to support in the community, giving advice or referring on where needed. Learn how to address loneliness at the patient, pharmacy and community level.

*Absolutely brilliant... I thought I'd have the media content as background while I did other work, but ended up glued to it. I've never felt compelled to give feedback like this before, so well done!*

Simon Rudderham  
Pharmacist - Change Management Practitioner- MBA -Amazon Best Selling Author

## Course format

### Self paced and self directed

- Content is delivered via an online learning platform in modules with supportive video interviews with key opinion leaders, and subject matter experts to compliment the learning objectives.
- The course is evidence supported.
- There are multiple-choice questions to track and assess the understanding of material, and a certificate of completion.
- Estimated course duration is 5 hours.

## Course overview

- Introduction
- Module 1 – What is loneliness
- Module 2 – How common is loneliness
- Module 3 – Health Impacts of loneliness
- Module 4 – Evidence linking loneliness and medication use
- Module 5 – Spotlight on stigma
- Module 6 – What pharmacists can do at a patient level
- Module 7 – What pharmacists can do at a pharmacy level
- Module 8 – What pharmacists can do at a community level
- Module 9 – Loneliness in pharmacists

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CPD CREDITS  
GROUP 2

This program is **FREE** for PSA members.

**Non PSA members can purchase the program for \$399.**

Scan the QR code for more information.

