

**Submission
No 4**

RELIGIOUS EXEMPTIONS FOR THE WEARING OF HELMETS

Name: Mr Robert Heron

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Partially
Confidential

To the committee,

Helmets save lives. I don't see an issue with decriminalizing the wearing of a turban in lieu of a helmet so long as the extended legal framework in which such concessions exist is respected, "Where a turban can legally be worn instead of protective headgear, the risk is uniformly and without recourse transferred to the turban wearer who has to accept full and sole responsibility for his decision and the impact it may have on his health or life." To carefully explain this review of the literature helmets are proven to reduce injury. Turbans are not. Consequently please refer the matter to an accredited laboratory for testing as this has never been attempted before. Somewhere like an ANCAP facility.

Spennemann, D.H. (2021) 'Turbans vs. helmets: A systematic narrative review of the literature on head injuries and impact loci of cranial trauma in several recreational outdoor sports', *Sports*, 9(12), p. 172. Institute for Land, Water and Society, Charles Sturt University, Albury. doi:10.3390/sports9120172.

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Robert Heron

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